

## SAMPLE ITINERARY – ARW INDIA 2015 PROGRAMME

<b>University of Alberta Service and Learning Programme</b>		
<b>February 12 - 23, 2015</b>		
<b>Date</b>	<b>Time</b>	<b>Programme</b>
Saturday	03:30 am - 04:00 am	Arrival at Fireflies, Bangalore
	10:30 - 11:30 am	Fireflies campus tour
	01:00 pm	Lunch
	04:30 pm - 05:30 pm	Introduction to the Pipal Tree programmes
	05:30 pm - 06:00 pm	Visit to the cow ashram (optional)
	07:30 pm	Dinner
Sunday	08:30 am	Visit to Fedina project area – Interaction with garment workers
		Lunch in the city
		Shopping
	08:00 pm	Documentary: The Bee, the Bear and the Kuruba
Monday	08:00 am	Leave for Kabini
	11:00 am – 11.30 am	Srirangapatna sightseeing
	01:30 – 02:00 pm	Reach Mysore
	02:30 pm	Lunch at Mysore
	03:30 pm	Mysore Palace
	07:30 pm	Reach Blue Waters, Kabini
Tuesday	Morning	Preparation of compost bed and jeevaamrutha (liquid manure) PRA (Participatory Rural Appraisal) exercise with a tribal Farmers Association on changing cultivation and food pattern and its impact on health and environment.
	Evening	Safari if the forest is open. (additional cost)
Wednesday	Morning	Visit a tribal women's group and identify & document uncultivated food available in the locality. Interact with them on the health, education, economic marginalization of the community.
	Evening	Reflection and documentation
Thursday	Morning	Develop a kitchen garden for the Children's College
	Evening	Interact with the children at the Children's College
Friday	Morning	Work in the kitchen garden
	Afternoon	Preparation of document / paper consolidating the learning
	Evening	Coracle ride
Saturday	Morning 05:30 am	Return to Bangalore
	Noon onwards	Attend the February Dialogues
Sunday	Morning	Reflections and Farewell
	10:00 pm	Departure

**Flights for Edmonton to Bangalore, via Calgary and Frankfurt, departure Feb. 12, 2015 at 1pm/arrival Feb. 14, 2015 at 1:55am.**

**Return flight from Bangalore to Edmonton, via Frankfurt and Calgary: Feb. 23, 2015, 3:45am – 5:23pm.**