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COMPETITION VENUES

Van Vliet Complex (Clare Drake Arena, Universiade Pavilion, West Pool & Main Gym)
   Ice Hockey, Swimming, Track & Field, Wrestling
   87th Ave & 114th Street, Edmonton
   Phone: 780-492-2327 (Customer Service Centre) or 780-492-3276 (Facility Services)

Saville Community Sports Centre
   Basketball, Curling, Tennis & Volleyball
   11610 65 Avenue NW, Edmonton
   Phone: 780-492-1000

Foote Field
   Football & Soccer
   11601 68 Avenue, Edmonton
   Phone: 780-492-6868

VEHICLE RENTALS

The following companies are available through the Edmonton International Airport:

- **Enterprise** is our preferred transportation company with an office located on site at the Edmonton International Airport: (780) 980-2338

Other vehicle rental companies if needed:
- Avis - 1.800.879.2847
- Budget - 1.800.661.7027
- Hertz - 1.800.263.0600
- Thrifty - 1.800.847.4389
- National - 1.800.227.7368

All car rental companies are located in the Parkade, Level P1.

PARKING

North (Main) Campus
   Visiting team vehicles may park in any car park on campus at the regular daily and evening rates. For any questions or concerns regarding parking you can contact the Director of Parking Services at (780) 492-7275.

   **Rates:** Monday-Friday 6:00am-4:30pm is $15.00, 4:30pm-6:00am is $5.00
   Saturday-Sunday is $5.00

South Campus
   Parking on south campus is limited. Visiting Team vehicles may park in the lots on South Campus. For questions regarding parking at South Campus, please contact Customer Service at (780) 492-1000.

   **LRT Fare Rates:** $3.25 cash per single trip or $9.25 day pass

   **Buses:** May park in the gravel parking lot on the left side as you enter the Saville Community Sport Centre parking area. Buses are unable to park overnight.
MEDIA RELATIONS & CREDENTIALS

Visiting Media should contact the University of Alberta Sports Information Office at (780) 492-7214.

VISITING TEAM TICKETS

Tickets can be pre-purchased in advance by calling the Customer Service Sales Office (780) 492-2231 or purchased online at www.bears.ualberta.ca. These tickets will be left at the Sales Office under Will Call located at 1-213 Van Vliet Complex on game day or at the Ticket Booth in Saville Community Sport Centre under Will Call an hour prior to game start.

Conference game ticket prices:

**Football, Basketball, Volleyball & Men’s Hockey Conference games:**
Adults $16, Students $10, Family (2 adults & 3 children) $40

**Women’s Ice Hockey Conference and Playoff games:**
Adults $10, Students $5, Family (2 adults & 3 children) $25

**Football, Basketball, Volleyball & Men’s Hockey Playoff games:**
Adults $18, Students $12, Family (2 adults & 3 children) $45

A 40% off regular price is available for organized adult groups of 30 or more (only available in the Customer Service Centre – 1-213 Van Vliet Complex).
The following information will clarify the medical and therapy services available during your stay at The University of Alberta. Should you have any questions, please contact me by phone or E-mail. We look forward to hosting you and your team on the University of Alberta campus.

### Field Services Provided

- The UA Hosting Therapist (may be student or designated First Aid personnel) will discuss the appropriate emergency action plan and protocol with the visiting medical staff prior to competition time.
- Hosting Medical will act as a First Responder, will be on site during all scheduled CW conference competitions. There will be no host medical services during visiting team practices – Facility staff will assist in EAP in event of emergency.
- A physician will be on site for all CW competitions for men’s ice hockey, men’s football, women’s rugby and wrestling. UA therapist or student therapist will be on site for CW conference competitions.
- If you do not have a dedicated medical representative or team therapist travelling with your team, notify us prior to your arrival as we would then be acting as team medical representative. Indicate if any arrangements need to be made to assist in pre-game & post-game preparations. Fees will be forwarded to your institution regardless of whether medical services are utilized or not (as per Canada West Medical Policy & Procedures).
- All supplies must be provided by the visiting team or a charge back of supplies used will apply. Any supply requests to On-site therapist.
- Should emergency transport to the Hospital be required, the EAP will outline the protocol via ambulance transport. UA will not be responsible for any charges associated with emergency transportation of visiting athletes, team staff or spectators.
- For Non-emergency transportation, the EAP will outline services to assist your athlete – these transportation costs will be the responsibility of the visitor requesting (visiting athlete or team member) payable at time of service provided.

### Emergency Equipment

- Emergency equipment will be provided at each venue site; the host therapist will review the list and location of supplies prior to competition;
- Emergency telephone access at facility desk at all sites
- Ice & ice bags onsite; Water will be supplied to visiting teams (no cups or water bottles supplied).
- In case of emergency, competition sites have: Crutches; Quick & Speed splints (small); Blanket; Oxygen; AED; Spine board & accessories; Wound care supplies. Host will outline to location of the equipment.
- Team Towels to be signed out at facility with I.D.
- Any costs associated with destruction of any equipment due to vandalism or misuse will be billed to the visiting team Athletics Program.

### Training Room

- Visiting therapists may use the site training rooms located on Main Campus (Van Vliet Complex) OR at Foote Field (Fall sports) OR at the Saville Centre (for court sports) OR a designated first aid/taping room. See hosting therapist
for locations upon arrival. In the event that there may be space conflicts, availability to the training rooms may change, but an alternative will be set up.

- Each training room has taping tables. No visiting athlete access to modalities, hot packs or cold (hydrotherapy) tubs.

**Clinical Services:**

- Access to Physician and Physiotherapy staff may be available for visiting athletes requiring services, by appointment only during the regular operating hours of the *Glen Sather Sports Medicine Clinic*. Located in the Kaye Edmonton Clinic building, 11400 University Avenue, Level 2. Hours are Monday to Friday, 0800-1700 hours. Contact 780-407-5160 for appointment. All athletes must present their **Provincial Health Care Insurance number** when registering and will be responsible for regular fees.

- Visiting athletes who request therapy assessment or treatment when at UA require prior written notification from their Head Therapist. Costs incurred will be the responsibility of the visiting athlete.

**Physician Services**

- Physician On-site at CW Competitions: Football, Men’s Ice Hockey, Wrestling, Rugby. All visiting athletes must present Provincial Health care numbers and complete the CW Injury Form. Residents with Quebec Health care will be asked to pay for Physician services in this province. Quebec residents can submit to Quebec Health individually.

- If Physician is unavailable, Medi-centre Walk-in clinics can be accessed.

- For assistance, Speak directly with on-site physician as needed.

**Injury Communication**

- CW Injury Report Form will be used for any injured athlete reviewed at competition site. Copy given to injured athlete upon request.

**Hospital**

- University of Alberta Hospital (114 Street & 87 Avenue) emergency department for medical or dental emergency. Note: There are other emergency hospitals or after-hours emergent care centres in the city that athletes may be transported to.

- For Non-emergency transportation, the EAP will outline services to assist your athlete – these transportation costs will be the responsibility of the visiting athlete/team.

- A copy of the nearest Medi-centre (Clinics – Medicentres) is available from host therapist ([www.medicentres.com](http://www.medicentres.com))

**Medi-centres / Clinics**

*After-hours Emergent Care Centres:*

Northeast Community Health Centre (Open 24 hours): 14007-50 street, Edmonton

Strathcona Community Hospital: 9000 Emerald Dr, Sherwood Park, AB T8H 0J3

**Pharmacy**

- Shoppers Drug Mart Open 24 hours, Whyte Av & 109 St.
  8210-109 Street, Edmonton AB, phone: 780-433-2424

**Important Phone Numbers**

- Emergency: 911 (from campus phone, dial 9 for outside service: 9-911)
- Campus Security: 780-492-5050
- Hospital: 24hrs- University of Alberta Hospital Emergency: 8440-112 Street, Edmonton. Phone: 780-407-6662
- Athletic Director Ian Reade: 780-492-8273
- Head Therapist: Joan Matthews White
  Email: Joan.MatthewsWhite@ualberta.ca Phone: 780-492-3466

**Edmonton Taxi Services:**

- Co-Op Taxi 780-425-2525
- Yellow Cab 780-462-3456
- Capital Taxi 780-423-2425
PRACTICE TIMES (Court Sports)

Volleyball

Practice times for **Friday** Games (Saville Community Sports Centre – Competition Gym)

**Golden Bears** 10:00 am - 11:00 am  
**Pandas** 11:00 am - 12:00 noon  
**Visiting Men** 12:00 noon - 1:00 pm  
**Visiting Women** 1:00 pm - 2:00 pm

Practice times for **Saturday** Games (Saville Community Sports Centre – Competition Gym)

**Visiting Women** 9:00 am - 10:00 am  
**Pandas** 10:00 am – 11:00 am  
**Golden Bears** 11:00 am -12:00 noon  
**Visiting Men** 12:00 noon -1:00 pm

Basketball

Practice times for **Friday** Games (Saville Community Sports Centre – Competition Gym)

**Visiting Women** 10:00 am – 11:00 am  
**Pandas** 11:00 am – 12:00 noon  
**Visiting Men** 12:00 noon – 1:00 pm  
**Golden Bears** 1:00 pm – 2:00 pm

Practice times for **Saturday** Games (Saville Community Sports Centre – Competition Gym)

**Visitors Women** 9:00 am – 10:00 am  
**Pandas** 10:00 am – 11:00 am  
**Visiting Men** 11:00 am – 12:00 noon  
**Golden Bears** 12:00 noon – 1:00 pm
LOCKER ROOMS

***Although team rooms are dedicated and secure, break-ins have occurred in our team rooms. Teams are advised NOT to leave any valuables in the team locker room during your games as theft may occur. It is recommended that valuable items are brought to the bench area during your game.

North (Main) Campus - Visiting team rooms are available. The assigned locker room number and a key or code can be obtained from the Facility Services desk (1-241 Van Viet Complex) if your event is being held in the main gym.

South Campus (Saville Community Sport Centre) - Visiting team rooms are available and will be assigned to each team for the duration of the weekend. The team rooms do have full lockers but locks are not provided on site. When a team arrives on site, the assigned locker room and respective access code will be available at the Customer Service Desk located in the main foyer of the Saville Community Sport Centre.

For Universiade Pavilion or Main Gym events, please contact (780) 492-6820.
For Saville Community Sport Centre events, please contact (780) 492-1000.
For events held at the Clare Drake Ice Arena, please contact (780) 492-5801.
For Foote Field events, please contact (780) 492-6835.

Please note, visiting teams will be charged for any towels that are borrowed and not returned to University of Alberta facilities.
# GAME/MATCH SCORECLOCK COUNTDOWNS

## MEN’S HOCKEY COUNTDOWN

- Opening Face Off @ 7:07 PM FRIDAYS
- Opening Face Off @ 6:07 PM SATURDAYS

### CLOCK COUNTDOWN

- 99:59 mins – Countdown start @ 5pm or 4pm
- 20 mins - Warm-up
- 0 mins – Teams leave ice
- 20 mins – Flood
- 0 mins - National Anthem & Intros @ 7pm or 6pm
  (7 mins after hour is Opening Face Off)

- First Period Intermission (16 mins)
- Second Period Intermission (16 min)

*If promotional activities are planned, intermissions could be 18 minutes. You will be notified prior to game start.*

## WOMEN’S HOCKEY COUNTDOWN

- Opening Face Off @ 7:07 PM FRIDAYS
- Opening Face Off @ 6:07 PM SATURDAYS

### CLOCK COUNTDOWN

- 60 mins – Countdown starts @ 6pm or 5pm
- 35 mins – Warm up
- 20 mins – Teams leave ice
- 20 mins – Flood
- 0 mins – National Anthem/Intros @ 7pm/6pm
  (7 mins after hour is Opening Face Off)

## BASKETBALL COUNTDOWN

- Tip off 6:07 & 8:00 PM FRIDAYS
- Tip off 5:07 & 7:00 PM SATURDAYS

### Pandas – CLOCK COUNTDOWN

- 60 mins - Countdown starts @ 5pm or 4pm
- 20 mins - Warm-up
- 2 mins - 2 minute warning
- 0 mins - Warm-up ends @ 6pm or 5pm
- 0 mins - National Anthem
- 6:07 pm or 5:07 pm Tip Off

- 12 minute Half-time break
- 2 minute warning

### Golden Bears

End of Pandas game Countdown starts
- 20 mins - Warm up
- 2 mins - 2 minute warning
- 0 mins - Warm-up ends
- 0 mins - National Anthem
- Tip off

- 12 minute Half-time break
- 2 minute warning

## VOLLEYBALL COUNTDOWN

- Match start 6:07 & ~ 7:30 PM FRIDAYS
- Match start 5:07 & ~ 6:30 PM SATURDAYS

### WOMEN’S

First Match – CLOCK COUNTDOWN
- 60 mins - Facility available - warm up (5pm)
- 10 mins – Five and Five
- 0 mins – Team leaves floor (6pm)
- 0 mins – National Anthem & Intros

If 2nd match – CLOCK COUNTDOWN
- 20 mins – Warm up begins
- 10 mins – Five and Five
- 0 mins – Team leaves floor
- 0 mins – National Anthem & Intros

### MEN’S

First Match – CLOCK COUNTDOWN
- 60 mins –Facility available warm up (4:05pm)
- 15 mins – Five and Five
- 5 mins – Teams leave floor (5pm)
- 3 mins – National Anthem

If 2nd match – CLOCK COUNTDOWN
- 20 mins – Warm up begins
- 15 mins – Five and Five
- 5 mins – Teams leave floor
- 3 mins – National Anthem & Intros
The countdown for the football game is as follows:

(Kickoff will be at 7 minutes after the hour)
97 mins - Warm-up starts on clock
21 mins - Teams Clear field for 10 minutes
6 mins - Team introductions Kick Off
4 mins - Introduction officials / Coin Toss
2 mins - National Anthem
Kick Off @ 7 mins after the hour

**NOTE:** Visiting team coaches will be advised of any ceremonial or promotional game-day events or changes to the above protocol by University of Alberta Events Staff prior to competition. Event Staff will ensure promotional events will not interfere with game play or warm up.

*Countdown subject to change if game is televised – information will be circulated to these teams in advance.*
VISITING TEAM HOTEL INFORMATION

Coast Edmonton Plaza Hotel

10155 105 Street
Edmonton, AB T5J 1E2
(10 minute drive to the U of A)

PHONE: (780) 423-4811 Fax: (780) 423-3204

For reservations, please contact:

Alex Deschenes
(780) 423-7532
a.deschenes@coasthotels.com
*Ask for University of Alberta Athletics Group Rate

Campus Tower Suite Hotel

11145 87 Avenue
Edmonton, AB T6G 0Y1
(Located on U of A campus)

PHONE: (780) 439-6060 Toll Free: 1-800-709-1824 Fax: (780) 433-4410

For reservations, please contact:

Laura Ternan
(780) 431-4554
l.ternan@coasthotels.com
# ATHLETICS STAFF CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director of Athletics</td>
<td>Ian Reade</td>
<td>(780) 492-3365</td>
</tr>
<tr>
<td>Associate Director</td>
<td>Vang Ioannides</td>
<td>(780) 492-5603</td>
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<tr>
<td>Associate Director</td>
<td>Katie Spriggs</td>
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<td>Associate Director</td>
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<tr>
<td>Events Manager / Marketing</td>
<td>Jon Krywulak</td>
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<tr>
<td>Sports Information</td>
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<td>(780) 492-7214</td>
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<tr>
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<tr>
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<td>Sharon Kaminecki</td>
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<tr>
<td>Glen Sather University of Alberta Sports Medicine Clinic</td>
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<tr>
<td>Facility Services Van Vliet Complex</td>
<td></td>
<td>(780) 492-3276</td>
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<tr>
<td>Customer Service Sales Office</td>
<td></td>
<td>(780) 492-BEAR (2327) / (780) 492-2231</td>
</tr>
<tr>
<td>Saville Community Sports Centre</td>
<td></td>
<td>(780) 492-1000</td>
</tr>
<tr>
<td>Clare Drake Arena</td>
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<td>(780) 492-3569</td>
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<tr>
<td>Foote Field</td>
<td></td>
<td>(780) 492-6868</td>
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<tr>
<td>Pool Office</td>
<td></td>
<td>(780) 492-3570</td>
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<tr>
<td>Sport</td>
<td>Name</td>
<td>Email</td>
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