Junior and Senior Divisions (Grades 6 to 12)

Groups:
- Junior Division: Grades 6, 7, 8 and 9
- Senior Division: Grades 9, 10, 11 and 12

NOTE: Grade 9’s have the option to play in either the Jr or Sr Division
NOTE: Grade 6’s have the option to play in our 5 on 5 Youth League

Format: 5 on 5 Flag Football

Registration: Participants will register as individuals, with the ability to name 6 friend requests.

Cost: $175 per Individual

Where: Foote Field (Dome) - U of A South Campus: 11601 68th Avenue, Edm, AB

Times: JR Division - Tuesdays 7:00 PM to 9:30, SR Division - Wednesdays 7:00 PM to 9:30

Dates: Week of January 9-11, 2018 to Week of March 20-22, 2018

Games: 10 Guaranteed

Uniforms: Teams provide their own.

Equipment: No equipment. Cleats Only. Flags and footballs provided at games.

Coaches: Parents are encouraged to identify coaching interest at the time of registration

Manuals: Coaches and teams will receive a manual to assist with rules / drills.

The Flag Football League is located at Foote Field (below) in our new Air-Supported Dome.

Our Camps are dedicated to the overall development of football athletes. Skills taught are progressive, focus on the fundamentals of the game and follow Football Canada’s Long Term Athlete Development Model.

Registration Information

Call the University of Alberta Registration Desk:
Customer Service Centre at 780-492-2231

Questions?
Call the Golden Bears Football Office at 780-248-5691