GOLDEN BEARS & PANDAS CURLING

U16 TEAM PROGRAM

What? Golden Bears & Pandas Curling has designed this ‘Excel’ program for the top local U16 curlers. It combines weekly team-based training and scrimmages with a carefully selected schedule of U18 weekend competitions.

Who? This program is aimed at the top U16 curlers in the Edmonton area. It includes a maximum of two Bears and two Pandas teams formed by our coaching staff. Teams are typically made up of 14 and 15 year-olds, although advanced 13 year-olds are also considered.

When? This program runs from September through March. A weekly program practice is held on Mondays from 4:00 to 5:45 pm, with an additional scrimmage or team practice held on Thursdays @ 4:00 pm. All teams also play 6-8 weekend events.

Where? All practices and scrimmages take place at the Saville Community Sports Centre. Weekend competitions include Alberta Junior Curling Tour Events, along with the Alberta U18 Playdowns, and sometimes require travel to different parts of the province.

Why? This program exists to provide promising U16 curlers with the training and competition that they need to realize their current and future potential. At the same time, it prepares their teams to succeed in U18 competition.

For more information about our U16 Team Program, or our Try-Out Weekend on April 1-2, 2017, please contact Dana Ferguson @ danaf@ualberta.ca