GOLDEN BEARS & PANDAS CURLING

U18 TEAM PROGRAM

What? Golden Bears & Pandas Curling has designed this ‘Excel’ program for the top local U18 curlers. It combines weekly team-based training with league games and an extensive schedule of U18 and U21 weekend competitions.

Who? This program is aimed at the top U18 curlers in the Edmonton area. It includes a maximum of two Bears and two Pandas teams formed by our coaching staff. Teams are typically made up of 16 and 17 year-olds, although advanced 15 year-olds are also considered.

When? This runs from September through March. A weekly program practice is held on Mondays from 4:00 to 5:45 pm, with an additional team practice scheduled between off-weekends. All teams also play a weekly league game, along with 7-9 weekend events.

Where? All practices and league games take place at the Saville Community Sports Centre. Weekend events include Alberta Junior Curling Tour Events, along with the Alberta U18 and U21 Playdowns, and typically require travel to different parts of the province.

Why? This program exists to provide promising U18 curlers with the training and competition that they need to realize their current and future potential. At the same time, it prepares their teams to excel in U18 competition, and potentially in U21 competition as well.

For more information about our U18 Team Program, or our Try-Out Weekend on April 1-2, 2017, please contact Dana Ferguson @ danaf@ualberta.ca