



**CANADA WEST SWIMMING
CHAMPIONSHIPS RECORDS**
(through 2016-17 season)

WOMEN'S – RECORDS BY EVENT

EVENT	TIME	NAME(S)	SCHOOL	DATE
50 back	27.26	Ingrid Wilm	UBC	Nov. 25, 2016
50 breast	30.54	Kelsey Wog	MAN	Nov. 25, 2016
50 fly	27.31	Erin Miller	ALB	Jan. 27, 2012
50 free	25.43	Quincy Brozo	UBC	Nov. 26, 2016
100 back	58.49	Ingrid Wilm	UBC	Nov. 27, 2016
100 breast	1:06.30	Kelsey Wog	MAN	Nov. 26, 2016
100 fly	59.63	Jacomie Strydom	UBC	Nov. 23, 2014
100 free	54.51	<i>Erica Morningstar</i>	CGY	Jan. 24, 2010
200 back	2:07.65	Ingrid Wilm	UBC	Nov. 26, 2016
200 breast	2:22.40	Martha McCabe	UBC	Jan. 29, 2012
200 fly	2:11.23	Jacomie Strydom	UBC	Nov. 23, 2014
200 free	1:57.50	Danica Ludlow	CGY	Nov. 26, 2016
200 IM	2:09.60	<i>Erica Morningstar</i>	CGY	Jan. 24, 2010
400 free	4:06.55	Savannah King	UBC	Jan. 27, 2013
400 IM	4:36.29	Erin Stamp	UBC	Nov. 28, 2015
800 free	8:26.98	Savannah King	UBC	Jan. 25, 2013

RELAYS

400 free	3:41.74	Fiona Doyle Erica Morningstar Amanda Reason Tianna Rissling	CGY	Jan. 26, 2013
400 medley	4:01.54	Erin Stamp Tera Van Beilen Jacomie Strydom Fionnuala Pierse	UBC	Nov. 23, 2014
800 free	7:57.60	Savannah King Brittney Harley Tera Van Beilen Heather MacLean	UBC	Jan. 25, 2013

NOTES:

- denotes record set last season
- *Italics denote longest standing CW women's records. Erica Morningstar's 100 free and 200 IM records have stood for seven years.*

WOMEN'S – SWIMMERS WITH MULTIPLE RECORDS

NAME (SCHOOL / NUMBER)	EVENTS	TIME	DATE
Savannah King (UBC / 3)	400 free	4:06.55	Jan. 27, 2013
	800 free	8:26.98	Jan. 25, 2013
	800 free relay	7:57.60	Jan. 25, 2013
Erica Morningstar (CGY / 3)	100 free	54.51	Jan. 24, 2010
	200 IM	2:09.60	Jan. 24, 2010
	400 free relay	3:41.74	Jan. 26, 2013
Jacomie Strydom (UBC / 3)	100 fly	59.63	Nov. 23, 2014
	200 fly	2:11.23	Nov. 23, 2014
	400 medley relay	4:01.54	Nov. 23, 2014
Ingrid Wilm (UBC / 3)	50 back	27.26	Nov. 25, 2016
	100 back	58.49	Nov. 27, 2016
	200 back	2:07.65	Nov. 26, 2016
Erin Stamp (UBC / 2)	400 IM	4:36.29	Nov. 28, 2015
	400 medley relay	4:01.54	Nov. 23, 2014
Tera Van Beilen (UBC / 2)	400 medley relay	4:01.54	Nov. 23, 2014
	800 free relay	7:57.60	Jan. 25, 2013
Kelsey Wog (MAN / 2)	50 breast	30.54	Nov. 25, 2016
	100 breast	1:06.30	Nov. 26, 2016

WOMEN'S – RECORDS BY SCHOOL

SCHOOL (NUMBER)	EVENTS	NAME(S)	TIME	DATE
UBC (12)	50 back	Ingrid Wilm	27.26	Nov. 25, 2016
	50 free	Quincy Brozo	25.43	Nov. 26, 2016
	100 back	Ingrid Wilm	58.49	Nov. 27, 2016
	100 fly	Jacomie Strydom	59.63	Nov. 23, 2014
	200 back	Ingrid Wilm	2:07.65	Nov. 26, 2016
	200 breast	Martha McCabe	2:22.40	Jan. 29, 2012
	200 fly	Jacomie Strydom	2:11.23	Nov. 23, 2014
	400 free	Savannah King	4:06.55	Jan. 27, 2013
	400 IM	Erin Stamp	4:36.29	Nov. 28, 2015
	800 free	Savannah King	8:26.98	Jan. 25, 2013
	400 medley	Erin Stamp	4:01.54	Nov. 23, 2014

	800 free	Tera Van Beilen Jacomie Strydom Fionnuala Pierse Savannah King Brittney Harley Tera Van Beilen Heather MacLean	7:57.60	Jan. 25, 2013
CALGARY (4)	100 free	Erica Morningstar	54.51	Jan. 24, 2010
	200 free	Danica Ludlow	1:57.50	Nov. 26, 2016
	200 IM	Erica Morningstar	2:09.60	Jan. 24, 2010
	400 free	Fiona Doyle	3:41.74	Jan. 26, 2013
		Erica Morningstar Amanda Reason Tianna Rissling		
MANITOBA (2)	50 breast	Kelsey Wog	30.54	Nov. 25, 2016
	100 breast	Kelsey Wog	1:06.30	Nov. 26, 2016
ALBERTA (1)	50 fly	Erin Miller	27.31	Jan. 27, 2012

MEN'S – RECORDS BY EVENT

EVENT	TIME	NAME(S)	SCHOOL	DATE
50 back	24.64	Callum Ng	UBC	Jan. 25, 2008
50 breast	27.76	Nick Kostiuik	ALB	Nov. 25, 2016
50 fly	23.85	Luke Peddie	UBC	Nov. 25, 2016
50 free	22.07	Yuri Kisil	UBC	Nov. 26, 2016
100 back	52.94	Coleman Allen	UBC	Nov. 23, 2014
100 breast	59.84	Jason Block	CGY	Jan. 28, 2012
100 fly	51.87	Coleman Allen	UBC	Nov. 23, 2014
100 free	48.73	Yuri Kisil	UBC	Nov. 23, 2014
200 back	1:56.08	Russell Wood	CGY	Jan. 25, 2014
200 breast	2:09.97	Nick Kostiuik	ALB	Nov. 27, 2016
200 fly	1:55.61	Coleman Allen	UBC	Nov. 23, 2014
200 free	1:46.59	Brian Johns	UBC	Jan. 19, 2007
200 IM	1:59.07	<i>Brian Johns</i>	UBC	Jan. 27, 2006
400 free	3:46.82	Keegan Zanatta	UBC	Nov. 23, 2014
400 IM	4:13.06	Brian Johns	UBC	Jan. 19, 2002
1500 free	15:04.48	Alec Page	VIC	Jan. 25, 2013

RELAYS

400 free	3:18.75	Yuri Kisil Luke Peddie Stefan Milosevic Coleman Allen	UBC	Nov. 23, 2014
400 medley	3:37.06	Russell Wood Jason Block Bogdan Knezevic David Woodman	CGY	Jan. 27, 2013
*800 free	7:16.88	Stefan Milosevic Coleman Allen Justin Chan Jonathan Brown	UBC	Jan. 24, 2014
	7:16.88	David Woodman Russell Wood Bogdan Knezevic Reid Scarrow	CGY	Jan. 24, 2014

NOTES:

- denotes record set last season

- * denotes tie
- *Italics denote longest standing CW women's record. Brian Johns' 400 IM record has stood for 15 years.*

MEN'S – SWIMMERS WITH MULTIPLE RECORDS

NAME (SCHOOL / NUMBER)	EVENTS	TIME	DATE
Coleman Allen (UBC / 5)	100 back	52.94	Nov. 23, 2014
	100 fly	51.87	Nov. 23, 2014
	200 fly	1:55.61	Nov. 23, 2014
	400 free relay	3:18.75	Nov. 23, 2014
	*800 free relay	7:16.88	Jan. 24, 2014
Brian Johns (UBC / 3)	200 free	1:46.59	Jan. 19, 2007
	200 IM	1:59.07	Jan. 27, 2006
	400 IM	4:13.06	Jan. 19, 2002
Yuri Kisil (UBC / 3)	50 free	22.07	Nov. 26, 2016
	100 free	48.73	Nov. 23, 2014
	400 free relay	3:18.75	Nov. 23, 2014
Russell Wood (CGY / 3)	200 back	1:56.08	Jan. 25, 2014
	400 medley relay	3:37.06	Jan. 27, 2013
	*800 free relay	7:16.88	Jan. 24, 2014
Jason Block (CGY / 2)	100 breast	59.84	Jan. 28, 2012
	400 medley relay	3:37.06	Jan. 27, 2013
Bogdan Knezevic (CGY / 2)	400 medley relay	3:37.06	Jan. 27, 2013
	*800 free relay	7:16.88	Jan. 24, 2014
Nick Kostiuk (ALB / 2)	50 breast	27.76	Nov. 25, 2016
	200 breast	2:09.97	Nov. 27, 2016
Stefan Milosevic (UBC / 2)	400 free relay	3:18.75	Nov. 23, 2014
	*800 free relay	7:16.88	Jan. 24, 2014
Luke Peddie (UBC / 2)	50 fly	23.85	Nov. 25, 2016
	400 free relay	3:18.75	Nov. 23, 2014
David Woodman (CGY / 2)	400 medley relay	3:37.06	Jan. 27, 2013
	*800 free relay	7:16.88	Jan. 24, 2014

MEN'S – RECORDS BY SCHOOL

SCHOOL (NUMBER)	EVENTS	NAME(S)	TIME	DATE	
UBC (13)	50 back	Callum Ng	24.64	Jan. 25, 2008	
	50 fly	Luke Peddie	23.85	Nov. 25, 2016	
	50 free	Yuri Kisil	22.07	Nov. 26, 2016	
	100 back	Coleman Allen	52.94	Nov. 23, 2014	
	100 fly	Coleman Allen	51.87	Nov. 23, 2014	
	100 free	Yuri Kisil	48.73	Nov. 23, 2014	
	200 fly	Coleman Allen	1:55.61	Nov. 23, 2014	
	200 free	Brian Johns	1:46.59	Jan. 19, 2007	
	200 IM	Brian Johns	1:59.07	Jan. 27, 2006	
	400 free	Keegan Zanatta	3:46.82	Nov. 23, 2014	
	400 IM	Brian Johns	4:13.06	Jan. 19, 2002	
	400 free	Yuri Kisil	3:18.75	Nov. 23, 2014	
			Luke Peddie		
			Stefan Milosevic		
			Coleman Allen		
	*800 free	Stefan Milosevic	7:16.88	Jan. 24, 2014	
		Coleman Allen			
		Justin Chan			
		Jonathan Brown			
CALGARY (4)	100 breast	Jason Block	59.84	Jan. 28, 2012	
	200 back	Russell Wood	1:56.08	Jan. 25, 2014	
	400 medley	Russell Wood	3:37.06	Jan. 27, 2013	
		Jason Block			
		Bogdan Knezevic			
		David Woodman			
	*800 free	David Woodman	7:16.88	Jan. 24, 2014	
		Russell Wood			
		Bogdan Knezevic			
		Reid Scarrow			
ALBERTA (2)	50 breast	Nick Kostiuk	27.76	Nov. 25, 2016	
	200 breast	Nick Kostiuk	2:09.97	Nov. 27, 2016	
VICTORIA (1)	1500 free	Alec Page	15:04.48	Jan. 25, 2013	