Augustana Fitness Centre

POLICIES

1. Augustana Fitness Centre policies are subject to change without notice.
2. **Payments** may be made by cash, cheque, debit, Visa, MasterCard, and American Express.
3. Prior to entry into the Fitness Centre a membership or day pass must be purchased.
4. Members must be 12 years or older.
5. All Fitness Centre memberships are **non-refundable**.
6. Memberships are **non-transferable** – the 10 Punch Card may be used by members for guests.

7. **Discounts** – To be eligible, members must meet the following criteria:
   a. **Youth** – must be at least 12 years of age and under 18 on the day the membership is purchased.
   b. **Golden Age** – must be 55 years of age or older on the day of purchase.
   c. **Family** – maximum of 5 family members, of whom a maximum of 2 family members are in the “adult” category. Family members may include spouse, partner, children, grandparents, siblings, and grandchildren.
   d. **Alumni** – must have “alumni voting status” by completing at least one full year of studies, equivalent to 24 credits at Augustana or, have completed a degree from the University of Alberta.
   e. **Students** – Must be currently enrolled in a minimum of one three credit course. Audit only students are not eligible for a student membership.
   f. **Spouse/partner** – Augustana spousal/partner program is available.

8. All Fitness Centre users will be required to fill out a personal liability **waiver**.
9. All minors must have a current waiver signed by a legal parent or guardian.
10. **Lockers** are available to rent for a daily, monthly or annual rate; however there are also day lockers available for no charge, but members are encouraged to bring their own locks for the day. Locks that remain on the day use lockers at the end of the day will be cut off and discarded. Contents left in lockers will be held for one week, and then discarded.
11. All outdoor footwear must be left at entry/boot racks.
12. **Appropriate attire** is required – clean, indoor, closed-toed shoes, and no jeans or pants/shorts with thick seams.
13. **Food and beverage** is not permitted in the Fitness Centre except water in a closed container.
14. **Personal Fitness Training** is available and is to be provided by Fitness Centre employees only.
15. **No verbal or physical abuse** of members or staff.
16. Please use **appropriate language** in the Fitness Centre – refrain from swearing.
17. Spray and wipe equipment with supplies provided after every use.
18. Ensure proper safety when using equipment – feel free to ask staff for assistance.
19. Weights are to be returned to weight tree after usage.
20. Please refrain from dropping or banging the weights.
21. Please do not ‘hover’ around a piece of equipment waiting for someone to get off, instead, ask if you can work in with them.
22. Due to health concerns, please refrain from using perfumes or colognes inside the gym facility.