

Now what? How to Navigate your Career

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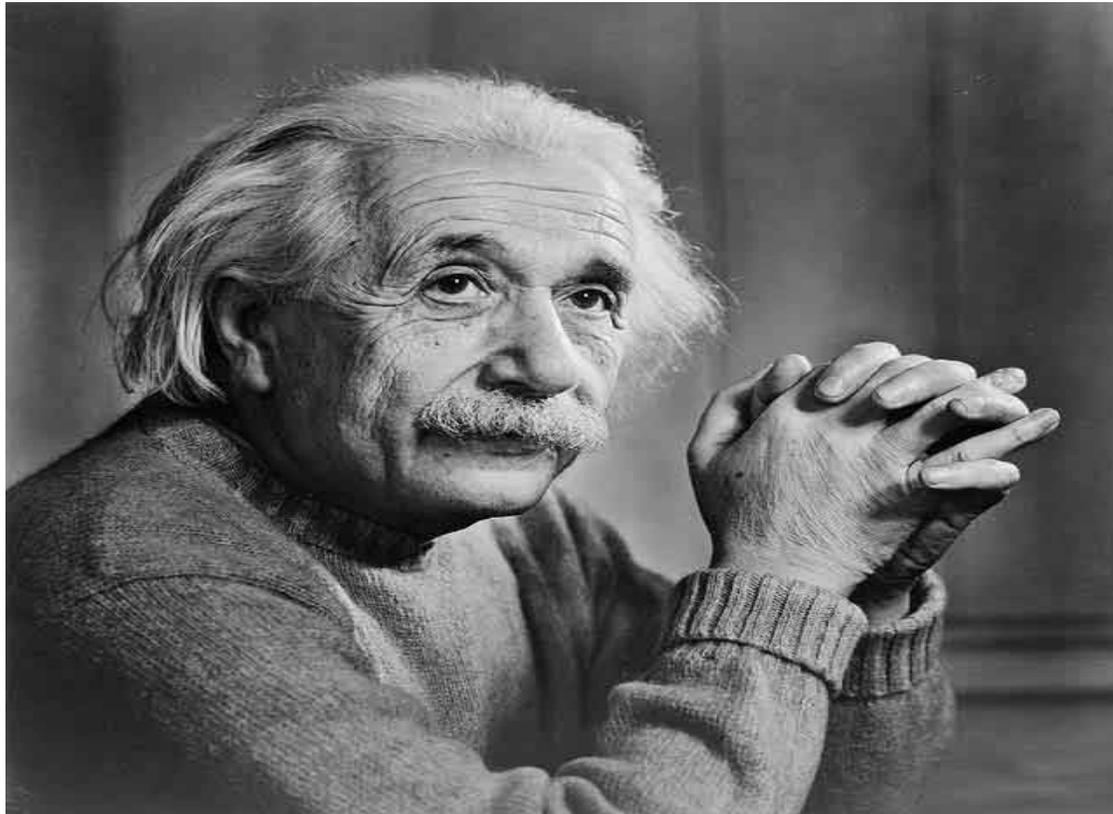
Not here to arouse the darkness but to light a candle.

Winston Churchill



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No problem can be solved from the same
consciousness that created it.



Albert Einstein



Talk about a change in plans!

- The race across the south pole



Shackleton and Endurance 1914



THE SOUTHERN PARTY ON BOARD THE "NIMROD." LEFT TO RIGHT: WILD, SHACKLETON, MARSHALL, ADAMS

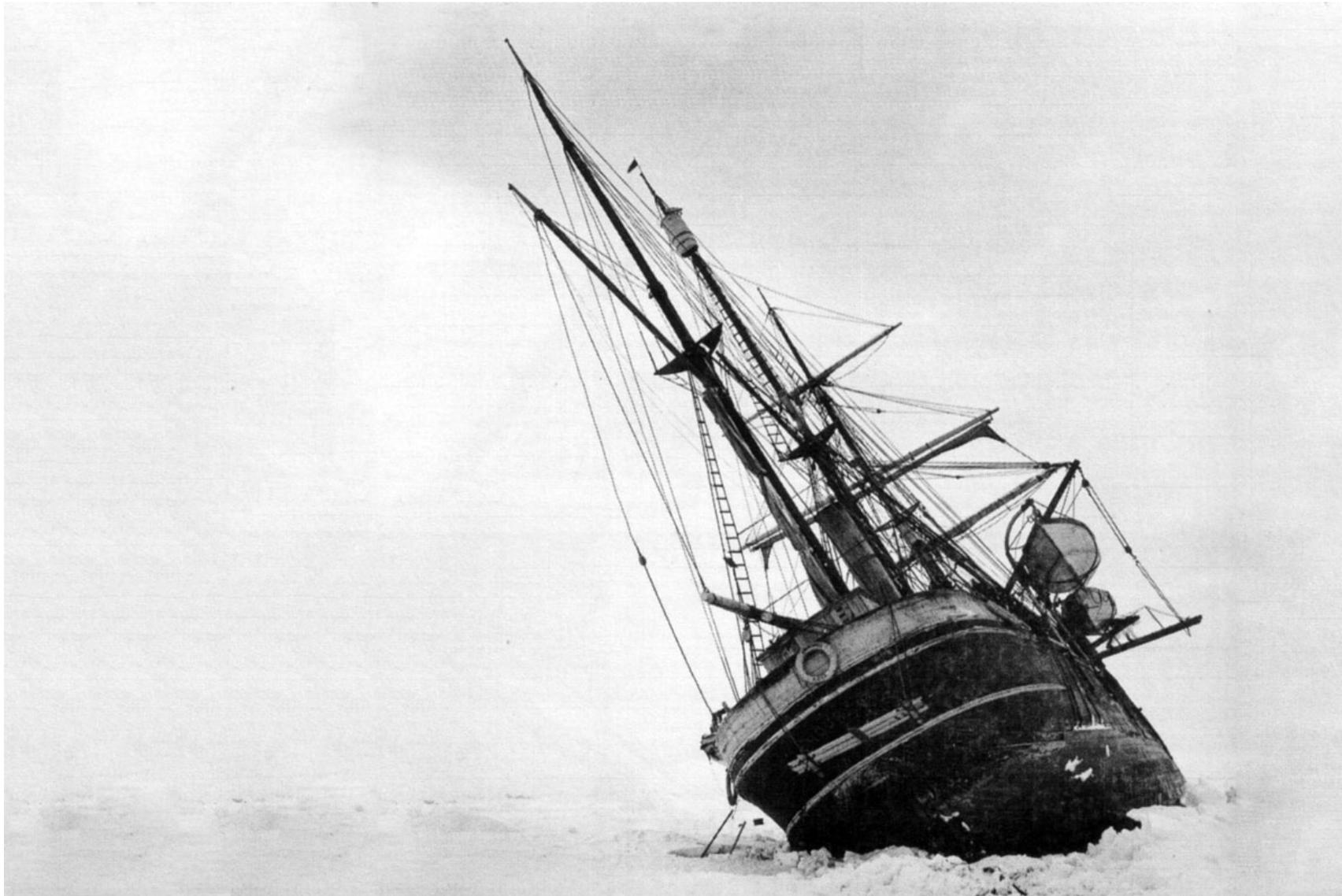


Wild, Shackleton, Marshall, Adams



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So What Happened?

- The *Endurance* sailed from England just as World War I started. It left South Georgia on December 5, 1914 (red line), despite warnings from whalers that ice was a danger. It became fast in the ice pack on January 19, 1915 (yellow line), and drifted with the ice pack until the ice crushed the *Endurance* and it sank on November 21, 1915. The men lived on the ice (green line) until April 9, 1916, when the 28 men got into three boats. After five harrowing days at sea, they landed on Elephant Island. On April 24, 1916, **Shackleton and five others** sailed to South Georgia (blue line) to seek rescue of his men. The 800 nautical miles in the life-boat *James Caird* was an unbelievable feat of sailing, navigation and leadership. It landed on May 9, 1916. After rest and recuperation, **Shackleton and two others struggled** for 36 hours over mountainous terrain to get help at the Stromness whaling station. After resting, **the 3 went back, picked up the other three, then picked up the remaining 22!**



Comfort with Discomfort

- “Danger is one thing, but danger plus extreme discomfort for long periods is quite another. Most people can put up with a bit of danger—it adds something to the challenge—but no one likes discomfort—or not for long anyway”
 - Sir Edmond Hillary quoting in Shackleton’s boat journey by Frank Worsley (captain of endurance)



Apostle Paul



Martin Luther King



Mahatma Gandhi



Fidel Castro



Aung San Suu Kyi



Cesar Chavez



Adolf Hitler



Nelson Mandela



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Mother Teresa's Consciousness Journey

- Born 1910
 - Agnes Bojaxhiu (Albania)
- Joined Sisters of Loreto 1928
 - Moved to Ireland / Moved to India in 1929
 - Nun 1931 / Wanted to be Theresa (patron saint of Missionaries)
- 2nd Calling 1945
- Left convent 1948
- Created Mission of Charity 1950
- BBC Documentary 1969
- Nobel Peace Prize 1979
- Died 1997
- St. Teresa 2016



Why are you here? Where are you going?

Why are you here?

- Ultimately, man should not ask what the meaning of his life is, **but rather he must recognize that it is he who is asked...** each man is questioned by life; and he can answer to life by answering for his own life; to life he can only respond by being responsible
 - Victor Frankl “Man Search for Meaning



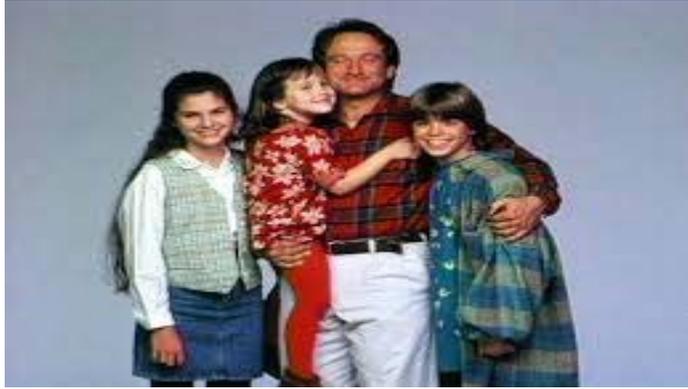
Where are you going?

- It's important to pursue a dream that heals you. **With dreams** comes **desire**. With desire comes **self-motivation**. With self-motivation comes **work**. With work **comes success**
 - Billy Mills (10K 1964 gold medal winner)



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Where is your perimeter



- Open your arms to change, but don't let go of your **values**
 - Dalai Lama



Lean in



- And then I got into Memphis. And some began to say that threats, or talk about the threats that were out...Well, I don't know what will happen now. We've got some **difficult days ahead**. But it doesn't matter with me now. Because I've been to the mountaintop. And I don't mind. Like anybody, I would like to live a long life. Longevity has its place. But I'm not concerned about that now. I just want to **do God's will**. And He's allowed me to go up to the mountain. And I've looked over. And **I've seen the promised land**. I may not get there with you. But I want you to know tonight, that we, as a people, will get to the promised land. And **I'm happy, tonight**. I'm not worried about anything. I'm not fearing any man. Mine eyes have seen the glory of the coming of the Lord.
 - Martin Luther King



Make Sense of You

- You can drive a car all your life without knowing how the engine works, because the goal of driving is to get from one place to the next, regardless of how it is done. **But to live an entire life without understanding how we think, why we feel what we feel, what directs our actions is to miss what is most important in life, which is the quality of experience itself.”**
 - Mihaly Csikszentmihaly



Find your Platform

- This opportunity comes once in a lifetime (yo)...So here I go it's my shot. **Feet, fail me not** This may be the only opportunity that I got
 - Marshall Mathers (Eminem)
- It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again...who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while **daring greatly**
 - Theodore Roosevelt (Daring Greatly)...Brene Brown



Work



- Life is like Tag, sometimes you have to be “it”
 - Miles Washington
- It Matters not how Strait the Gate, or how charged the punishments the scroll, I am the master of my fate, the captain of my soul
 - William Earnest Henley

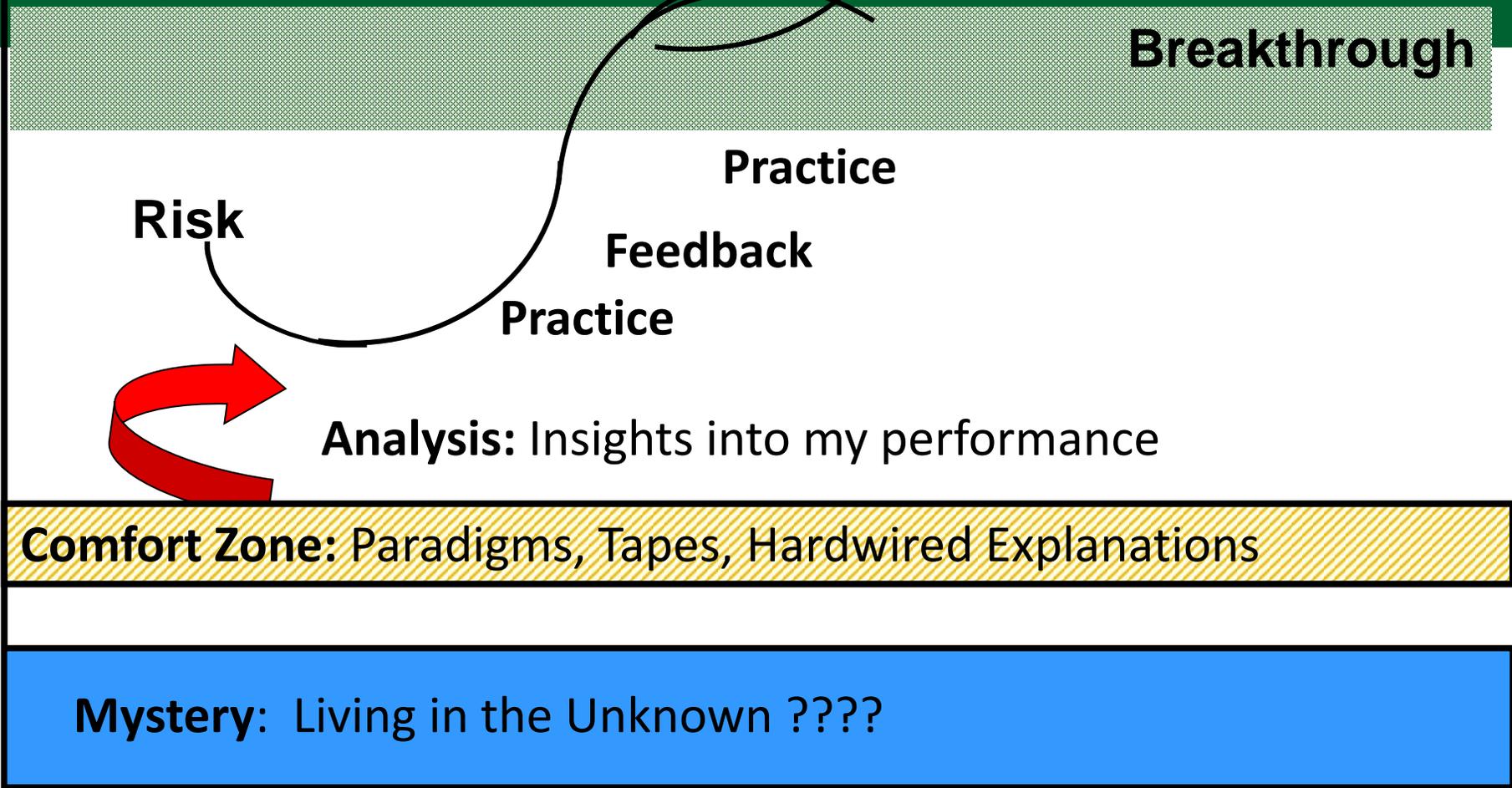
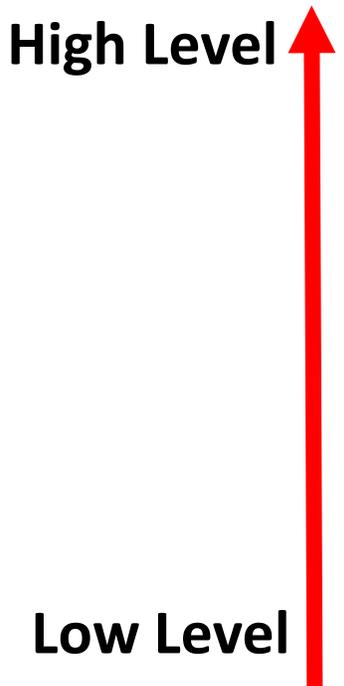


Get busy living, or get busy dying



Levels of Effectiveness

Next S curve: New risk



Take Aways

- So why are you here?
- Find Purpose, Passion, and develop your Platform
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