Learning Objectives

GTL Teaching Weeks: Fall 2017

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Educational Developer

Thursday, August 31st, 11am to Noon in ETLC E-003
Let’s Go to Winnipeg!
Hotel Fort Garry
Canadian Museum for Human Rights
When (and why) do you use a map?

**Before the journey**
So you know where you’re going
*To prepare; to plan*

**During the journey**
So you can be reassured and confident you’re on the right track
*To ensure you haven’t deviated from the route*

**At the end of the journey**
So you can recall the journey | To assess the journey
*To recall the main points of the trip | Show what you’ve learned/done/thought*
When (and why) do you use a learning objective?

Before the learning
So you know where you’re going
*To prepare; to plan*

During the learning
So you can be reassured and confident you’re on the right track
*To ensure you haven’t deviated from the course*

At the end of the learning
So you can recall the learning | To assess the learning
*To recall the main points | Show what you’ve learned/done/thought*
Objectives at the course level

The purpose of this journey is to get from Edmonton to Winnipeg (on a bike).
Objectives at the course level

Physical Education and Recreation 100 Level Course

In this health education course, students will be provided with experiences to develop foundational knowledge related to the multidimensional layers of health and wellness.
Knowledge
knowledge and intellectual development in your course

Skills
physical movement and motor skills necessary to learn in your course

Attitudes
values, attributes, appreciations, motivations, and priorities of the discipline or profession in your course
Health Education Course

Knowledge
Identify potential and existing barriers to personal lifestyle change.

Skills
Think critically about their own personal health and wellness.

Attitudes
Demonstrate a positive attitude towards a lifestyle behaviour change.
Objectives at the course level: Cycle YEG to YWG

In this course, students will become acquainted with...(*knowledge*).

In this course, students will develop...(*skills*).

Attitudes, values, or motivations developed in this course include...(*affective*).
Objectives at the week level: Cycle YEG to YWG

What is achievable on the first day = Vegreville, Alberta
Objectives at the week level: Health Education Course

By the end of week one, students will be able to:

- define the terms health and wellness
- describe the key characteristics of the terms health and wellness
- illustrate the personal meaning of health and wellness using examples from their own lives
Objectives:

At the end of day two of Cycling from Edmonton to Winnipeg, I will be able to:

1. knowledge
2. skills
3. attitudes
Couch Potato.
UNIVERSITY OF ALBERTA
CENTRE FOR TEACHING AND LEARNING

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