12 hour Elective: “Preparing for an International Health Elective”

Goals of the Elective: To stimulate student interest in participating in an international educational elective and to help those already committed to be well prepared to optimize their experience.

Eligibility: Is open to any Medical Student or Resident planning an IH elective or just thinking about it. The timing makes it a recognized first year elective (2nd year students are expected to have completed their elective before Christmas) but any interested parties are welcome. An enrollment of 30 students would seem optimal for the inaugural course, however, we will try to expand our capacity should the demand warrant it.

Timetable: March 2003, from 0900 – 1200 on each of 4 Saturdays (March 8-29)

Location Classroom D for each Saturday except March 22, when the alternate location will be announced and for the moment is planned to be held in 1G1.59 the Emergency conference room

Course Materials: A course outline, work sheets, check lists and links to important sites will be provided. Additional handout materials will be provided during the course.

Course Content: Plus tentative Faculty
Session 1 “Exploring the World of International Health?’ Facilitator Dr. Anne Fanning, Lory Laing, Daniel Roth Paeds resident with IH elective experience
- Introduction to international health issues and how they may impact an elective experience AF
- IH electives options, opportunities and ethical responsibilities LL
- Practical experiences with ethical issues in resource poor settings DR
- Introduce the “Goal Setting” worksheet + purpose and preparation for next session. AF

Session 2 “Goal Setting and Evaluating” Facilitator Dr. Stan Houston, Lynora Saxinger, Walter Kipp experience
- Interactive discussion of IH elective goals, both short term educational and long term career goals
- IH elective student testimonials; defining appropriate elective expectations; and a relevant evaluation.
- Introduce the “Understanding Your Environment” worksheet + purpose and preparation for next session.

Session 3 “Action Planning and Cultural Sensitivity” Facilitator Dr. Michael Bullard
- Interactive discussion focusing on unique cultural and health care delivery differences
- Preparing for culture shock! (interactive case scenarios + other preceptor driven activities)
- Introduce the pre departure checklist

Session 4 “Preparing to Leave” Facilitators Dr’s Fanning, Huston, and Bullard
- Risk Management and how it impacts preparation
- Practical trip preparation tips: what to take, personal medical kit, educational materials, etc.
- Complete check list
- Summary and Final Questions