### Cold Lake

#### Distance/direction from Edmonton:
- 295km NE

#### Modes of transportation to community:
- ✔ Motorcoach/Bus
- □ Via Rail
- □ Air

#### Population:
- 16,000

#### Community Served:
- 46,000 (parts of SK as well)

#### Regional Health Authority:

#### General Comments:

**“Important Note“:***

### Work

#### Medical Facilities
- **Clinic Name & Address:** Lakeland Medical Clinic 206 314 25 St, Cold Lake
- **Hospital/Public Health Centre:**
  - Active Treatment Beds: 19
  - Auxiliary Beds: 30
  - Nursing Home Beds:
- **Laboratory:** Yes, Cold Lake Health Centre

#### Health Programs
- **AADAC:** Yes
- **Community Health Services:** Yes
- **Family Counselling:** Yes
- **Mental Health Services:** Yes
- **Social Services:** Yes
- **Home Care:** Yes
- **Other(s):** No

#### Specialists Available
- **Cardiology:** No
- **Internal Medicine:** Yes, visiting specialist
- **Ob/Gyn:** No
- **Ophthalmology:** Yes, visiting specialist (cataract surgery)
- **Orthopedics:** Yes, visiting specialist
- **Pediatrics:** Yes, visiting pediatrician 2x/month
- **Podiatry:** No
- **Radiology:** Yes
- **Surgery:** Yes
- **Urology:** No
- **Other:** No

### Leisure

#### Attractions & Events
- 4 movie theatres
- New shopping mall
- Music festival
- Tactical Fighter Squadrons
- Beaches
- Annual Home Leisure Show
- Churches

#### Recreation
- **Activities/Amenities:** Climbing wall, weight rooms, squash, racquetball, badminton, bowling, swimming pool, weekly and monthly memberships to sports facilities

#### Family Matters
- **Childcare Facilities:** Grand Centre Playschool
- **Extracurricular Activities:** Summer Day Camp

#### Websites
- **Town Website(s):** Cold Lake Sun

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This information is updated annually by member(s) of the community.

Questions or comments regarding this information can be directed to:

The Office of Rural & Regional Health, 2-115 Edmonton Clinic Health Academy, University of Alberta, Edmonton, AB Canada T6G 2C9