Hello everyone,

Oh, to be in England
Now that April's there,
And whoever wakes in England
Sees, some morning, unaware,
That the lowest boughs and the
brushwood sheaf
Round the elm-tree bole are in tiny leaf,
While the chaffinch sings on the orchard
bough
In England - now!

Robert Browning.

April makes me nostalgic for England too. Especially when I see a beautiful spring garden full of bluebells like this one owned by Dr Peter Brennan.

When he's not providing emotional support on Twitter for this homesick anesthesiologist, Professor Brennan is a busy oral and maxillofacial surgeon. One of his areas of expertise and interest is human factors in patient safety.

"I concentrate on the personal factors that raise the risk of medical error.

Fatigue and tiredness, nutrition and hydration
Emotional well being
Enhancing team working and reducing gradients
Communication and avoiding pronouns
Decision making, briefing and de-briefing."

Human factors
recognising and minimising errors in our day to day practice
Oral Diseases 2016 vol:22 iss:1 pg:19 -22
B Green, C Tsiroyannis, PA Brennan

He is also lead editor of Grays Surgical Anatomy. The textbook not the TV series!
Meanwhile, back in Almost Spring AB
do you know these physicians?

A CMA ChangeMaker

2 #GOATs 2 internists
A CPSA president An AMA director
A family doctor 2 surgeons

1 closet ukelele player .. perhaps more!
Each of these inspirational medical leaders is working to create and sustain positive change in healthcare right here in Alberta. I am proud to know and learn from them all.

Dr Ioana Bratu
Pediatric surgeon
PFSP wellness champion
aka #GOAT details [HERE]

Dr Jane Lemaire
Internist
Physician lead WellDocAB
CMA Change Maker [HERE]

Dr John Bradley
Internist.
Council President CPSA
#HeForShe ally
More [HERE]

Dr Kim Kelly
General Practitioner
AMA board member
Founder YEG Women in Medicine
Sponsor of CMA COI
Webinar [HERE]

Dr Jon White and colleague!
General surgeon
Co creator of Surgery 101 [HERE]
My friend and mentor.
Most likely ukelele player you think?
Sorry, I'm sworn to secrecy ..
Dear @OrthopodReg,

I was feeling "Just Ducky" until I realized that Fleming Duck Score #5 bears a horrible likeness to my usual state. My days of FDS #1-4 are clearly over. It's all about the neck!

Thanks so much, @susanjeanreid

Dr Simon Fleming
is a trainee orthopedic surgeon. He launched an anti bullying campaign to change culture in the NHS. Article from the BMJ HERE

Dr Fleming's website, TED talk and publications HERE
An implicit association that is a barrier to gender equality in the workplace, but can be overcome once identified.

#BiasCorrect is an interesting tool from Catalyst.com [HERE](https://catalyst.org/biascorrect)

**Aggressive**

The way in which a woman who has or shows a confident personality is labeled due to unconscious gender bias.

*Synonym: assertive*

**Calculated**

The way in which a woman who identifies then activates a plan for achieving her goals is described due to unconscious gender bias.

*Synonym: strategic*

**Emotional**

The way in which a woman who isn’t afraid to display strong feelings or beliefs is labeled due to unconscious gender bias.

*Synonym: passionate*

**Quiet**

The way in which a woman who prefers to take time to consider all angles before voicing an opinion is labeled due to unconscious gender bias.

*Synonym: thoughtful*

**Dramatic**

The way in which a woman who is protective of a particular undertaking that she has devoted her time, effort and energy to is often described due to unconscious gender bias.

*Synonym: passionate*
WHATEVER MAKES YOU WEIRD IS PROBABLY YOUR GREATEST ASSET.

I don't know what you guys are complaining about...

If you want to make it through, JUST BE YOURSELF!

There was a typo in my previous email. It should, of course, read: “please focus completely on GENOME research.”
Sue's Outside Voice.

I am Tired.

Tired of being quiet
Tired of being careful
Tired of colleagues silenced
Tired of redaction
Tired of being pissed off.

Women in medicine
tell me their stories.

Quietly, carefully
in coffee shops.
Looking over their shoulders
afraid of being heard
by the wrong people.

Women in medicine
tell me their stories.

Stories edited,
redacted,
discarded,
erased
by those in power.

Women in medicine
share our stories

with allies
who choose to listen.
Tired and pissed off
>womeninmedicine
will be heard.

Sue Reid

The truth will set you free,
but first it will piss you off.

Gloria Steinem
... many peculiar places can hold your mind and your soul tightly and will not let them go ... like the Isle of Skye. There are people who discover Skye and will not leave, and even for those of us who do leave, the misty island haunts us and holds us in its own way. It is where I am happiest and where I am most alone.”

Neil Gaiman

Yes, we are off to Skye, where I hope the Forecasting Stone will at least be visible! I plan to unplug from this little Blue Bird 🦅 Found a cafe/bookshop just down the road with CAKE! Full report in May newsletter.

Tim is looking forward to hiking without the stress of his BlueSkyDogs business. Note no dog was harmed in the creation of this newsletter. Kona found that porcupine all by herself! She is fine. Tim too.

Thank you so much for reading, All good things, Sue and Kona!

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@susanjeanreid 🦅