Enhanced Skills: Sport and Exercise Medicine (SEM)

Why Choose the Glen Sather Sports Medicine Clinic (GSSMC)?
The GSSMC is a state-of-the-art facility in the expansive, newly opened Kaye Edmonton Clinic on the University of Alberta campus.

This multidisciplinary environment will provide you with unparalleled opportunities for rich clinical, research, and educational experiences for your enhanced skills training.

As a PGY3 resident in SEM at the Glen Sather Sports Medicine Clinic you will:
- Contribute to the design of your program to match the needs of your own practice.
- Work one-on-one with highly regarded, experienced sports medicine physicians and orthopedic surgeons, with the opportunity to assist with surgery, MSK ultrasound, and platelet-rich plasma injections.
- Work with a varied cross-section of professional, amateur, and varsity athletes as well as acting as team physician for the Golden Bears hockey and football teams.
- Be part of a multidisciplinary in-house therapeutic team including SEM physicians, physiotherapists, orthopedic surgeons, orthotists, massage therapists, a physiatrist, and also a pediatric sport medicine specialist.
- Participate in ground-breaking Clinic research studies and initiate your own research project.
- Be a part of the Clinic’s teaching team for medical students and residents from Family Medicine and other specialties.

Additional Training
In addition to training in musculoskeletal assessment, and exercise medicine, residents will:
- Receive training in urgent/emergent conditions, coverage of sports events, mental health aspects of sport, anti-doping, and specialty care such as physiatry and pediatric sport medicine.
- Upon completion of the program, have the opportunity to write the Diploma examination of the Canadian Academy of Sport and Exercise Medicine (CASEM) and receive their Dip. Sports Medicine certification;
- Upon completion of the program, will receive a Certificate of Added Competency (CAC) in SEM from the CFPC;
- Have the opportunity to extend the training program to two years to work towards a Master’s degree in Exercise Physiology or related disciplines.

GSSMC’s ACL Clinic is an example of the team approach to athlete care. It consists of a multidisciplinary team of healthcare providers including Physiatrists, Physical Therapists, Sports Medicine Physicians, Orthopedic Surgeons, and Nursing staff who work together to improve patient outcomes.

GSSMC’s medical staff are respected Sports Medicine physicians and orthopedic surgeons, some of whom are directly involved in medical care of Edmonton’s amateur and professional sports teams. Many have served as a team physician for various National teams, and/or members of Canada’s National Sport Medicine Team at international events including the Pan-Am Games, Universiade, and the Olympic Games.

For more information about the Glen Sather Sports Medicine Clinic visit their website: https://www.ualberta.ca/glen-sather-clinic

APPLICATION
Applications are located on the Enhanced Skills Application Process page (here).

<table>
<thead>
<tr>
<th>Enhanced Skills in Sport and Exercise Medicine Application Dates (approximate)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Application Closing Date:  October 1</td>
</tr>
<tr>
<td>Interview Period:          October and November</td>
</tr>
<tr>
<td>Offer Letters:            Early December</td>
</tr>
<tr>
<td>Acceptance of Offers:      Mid December</td>
</tr>
</tbody>
</table>

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