Family Medicine Blocktime

PGY1 Horizontal Programming

In order to emphasize the self-directed lifelong learning aspects of the specialty of Family Medicine, the Department of Family Medicine has structured the PGY1 Family Medicine Blocktime of 24 weeks to include opportunities -both mandatory and horizontal- for residents to integrate educational sessions throughout the clinical learning experience. While such horizontal integration is encouraged and supported in the rest of the Residency program, it is anticipated that this semi-structured requirement of PGY1 Blocktime will inspire the individual continuation of similar resident initiatives.

PGY1 Family Medicine Blocktime

• Minimum of 24 weeks - includes Integrated Women's Health curriculum
• 125-135 half-days of FM preceptored primary care over 24 weeks - Minimum of 6 half-days per week at your clinic. When scheduled for off-service Obstetrics and other mandatory events, you may be at your clinic less than 6 half-days per week.
• One half-day each week with a Primary Care Obstetrics (PCObs) group or PCObşs physician
• Minimum of 8 evening/weekend call shifts with a PCObs preceptor (shifts generally begin at 5 pm and end at 8 am the next morning)
• Minimum of 7 call shifts for off-service Obstetrics (shifts begin at 7am and end at 7 am the next morning)
• Minimum 6 half-days of Women's Health and Gynecology horizontals
• Remaining half-days should be used for other horizontal activities

A. Mandatory Sessions

• 6 Academic Days per FM blocktime (morning site specific; afternoon full group)
• 6 half-day "Doctor-Patient Relationship" course workshops (on-campus)
• 5 Reflective Practice Sessions (various locations)
• 1 half-day Women's Health Workshop (suturing, prenatal genetic screening, contraception, maternity care)
• 1 Skills Workshop - Central Line insertion, Lumbar puncture (1 hour)
• 1 half-day Casting workshop
• 1 half-day Rheumatology Patient Partners workshop
• 1 half-day Pharmacology/Asthma workshop

B. Other Half-Days selected from:

• Recommended Workshops (e.g. Teaching Seminars (TIPS, ATLS, NALS, PALS, etc)
• Undergraduate Teaching, CaRMS interviews
• Community and Chronic Disease Clinics (e.g. Diabetes, Disability Assessment, STD, Peds Neurodevelopment, Seniors Health)
• Special Skills (e.g. ENT, Neurology, Radiology, Surgery, Urology)
• Retreats & Conferences (e.g. Resident Education Forum, ASA, FMF)
• Community Agency Clinical Visits (e.g. Palliative Home Care, Counselling Services)
• 2 to 4 half-days of EBM BEARs/Unit Round Preparation
• 2 to 4 half-days of individual study time

Responsibility for out/inpatient continuity of care for clinic patients.

Practice First Call (Type II - i.e., Home Call) Minimum 1:5 / Maximum 1:3 over 6 months

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University of Alberta Department of Family Medicine Clinical Curriculum Guide