# Northern Alberta Academic Family Medicine Fund
## Grant Project Final Report

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Care of the Elderly Health Guide</th>
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<tbody>
<tr>
<td>PI</td>
<td>Jean Triscott</td>
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<td>Additional research team members</td>
<td>Dobbs B, Charles L, Huang J, Moores D, Tian P, Cerna J</td>
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### Project Description (from application)

**Background.** The Evidence-Based Care-of-the-Elderly Health Guide (Triscott et al, 2002) is a clinical record with cross-references to care recommendations. This guide was an innovative adaptation of the Rourke Baby Record to elderly care. In 2003, the guide was published with an endorsement from the Health Care of the Elderly Committee of the College of Family Physicians of Canada. Since then, physicians have used the guide as a checklist and a monitoring tool for care to elderly patients.

**Objectives.** To update the Care-of-the-Elderly Health Guide with current evidence-based recommendations.

### Funds Granted

$4,989

### Funds Expended

The grant of $4989 was spent on 2 focus groups, transcription services, and a Graduate Research Assistant.

### Implementation

The project aimed to update the Care-of-the-Elderly Health Guide. Outcomes. We have conducted 2 focus groups among family physicians from several primary care networks and also from several Medicentres. The family physicians' input was instrumental in revising the Health Guide.

### Dissemination

**Publications**

**Conference presentations**

**Next Steps/Additional Research Work required**

We will apply for another NAAFP grant to build expert consensus on the topics and recommendations.