Message from the Chair

Back in the spring I predicted that the summer, usually considered a relatively quiet time, would be exciting around the department. I’m not known as a soothsayer, but I certainly got that one right. The research group has been very busy, as the lengthy list of publications and presentations in this issue attests. The undergraduate team has been building, innovating, and moving forward despite being short-handed (we’re still actively recruiting for two important faculty positions there). The residency team has shifted preparations for our upcoming accreditation up a gear. There are myriad details involved, but we have the luxury of knowing that the big things are solid thanks to our excellent educators and the best residents around.

Which leads to this month’s important exhortation. As Dr. John Chmelicek, residency program director, urged in his recent email, read the Red Book! It’s important that we all know what the expectations are. We’re in great shape, we just need to know how to communicate that effectively in Red Book terms.

Finally, I’m just back from an annual event I’ve come to enjoy greatly: the wilderness medicine retreat. Resident leaders Alexei Khair, Shawna Pandya, and Mika Hemphill got together with department faculty Ron Shute, Allan Bailey, and John Chmelicek, and brought back long-time guest star John Nicklin for a terrific weekend of learning, bonding, and leadership development at the Palisades in Jasper. It was about patient care, learning from one another, being prepared, dealing with the unexpected, and working as a team. I may not be an English major, but that’s a metaphor even I can’t miss.

- Dr. Lee Green

CHANGE Adventure Camp

Dr. Doug Klein’s CHANGE Adventure Camp initiative, has been featured on both Global and CTV news. Check out these clips to see the campers in action.

Global News (August 25, 2016)
CTV News (August 25: clip begins at 15m30s)
UNDERGRADUATE UPDATE

Family Medicine Interest Group

The Family Medicine Interest Group will host their first two lunch hour speakers of the academic year in September. The sessions that they have scheduled are:

**Thursday, September 8, from 12:00 to 1:00 pm:** Several family physicians will provide an Introduction to Family Medicine, sharing their experiences and why they chose family medicine as a career.

**Thursday, September 15, from 12:00 to 1:00 pm:** Dr. Jennifer Hall, College of Family Physicians of Canada (CFPC) President, will talk to the students about the role of the CFPC, recent changes to family medicine in Canada and her journey in medicine.

Thank you

Thank you to all of the physicians who have signed up to teach our first and second year Longitudinal Clinical Experience students and our third year clerkship students. If you have not signed up to attend an orientation session and would still like to, please contact Kerri at kerri.hample@ualberta.ca if you would like to attend, the session information is listed below. If you have any dietary restrictions, please let us know.

**Tuesday, September 13, 2016 from 6:00 to 9:00 pm**
**Saturday, September 24, 2016 from 9:00 to 12:00 pm**

ENHANCED SKILLS UPDATE

Connie Lebrun Attends Sport Convention in Brazil

Dr. Connie Lebrun was invited to chair and speak at the International Convention on Science, Education and Medicine in Sport (ICSEMIS) symposium in Brazil held August 31 – September 4, 2016. This conference occurs every four years to coincide with the Olympics and Paralympics.


Alberta Summer Games

This July the clinicians at the Glen Sather Sports Medicine Clinic (GSSMC) volunteered at the Alberta Summer Games held in Leduc July 14 – 17, 2016.

There were almost 3000 youth athletes competing in 12 different sports over the four-day event. Dr. Terry De Freitas was chief medical officer for the games along with Dr. Olesia Markevych as assistant CMO. Both of these doctors met with Alberta Summer Games representatives and City of Leduc staff for almost 10 months planning this event. It was a great opportunity for Dr. Markevych who recently completed the sports medicine fellowship within the department. They had to meet with security, communications, transport leaders to communicate the medical recommendations and services set up for the games.

Multi-sport games is a big part of sports medicine and this type of experience cannot be provided every year. In addition to Dr. Markevych, the two new sports medicine fellows, Dr. Ben Greidanus and Dr. Adam Keough, participated in the medical services team. “This was a great introduction to sports medicine for them.” states Dr. Connie Lebrun. Dr. Erika Persson also provided medical volunteer services for the event.

Shelby Karpman from the Sather Clinic on the Luke Thomas Show

Dr. Shelby Karpman, a family medicine clinical lecturer and sport and exercise physician at the Sather Clinic, was interviewed on the Luke Thomas Show, a Sirius XM radio show with a focus on the MMA and Pro Wrestling. You can listen to a clip of the interview here: [https://soundcloud.com/siriusxmrush/dr-shelby-karpman-shares-conclusions-of-his-study-on-why-mma-can-be-less-dangerous-than-boxing](https://soundcloud.com/siriusxmrush/dr-shelby-karpman-shares-conclusions-of-his-study-on-why-mma-can-be-less-dangerous-than-boxing)
June and July were busy months for postgraduate medicine. As others looked forward to planning their summer, the faculty was busy with the end of an academic postgraduate year: graduation for many of our residents and the beginning of a new academic year welcoming new residents into our programs. For the Red Deer and Grande Prairie family medicine residency programs, orientation began on June 29, 2016 and included an opportunity to get to know one another during a barbecue.

During the evening, Preceptors of the Year were announced: Dr. Robert Perlau for the specialty Preceptor of the Year and Dr. Muti Kauchali for the Family Physician Preceptor of the Year in Red Deer. In Fort McMuray, Preceptor of the Year for 2016 is Dr. Halim (Richard) Tomy. In Grande Prairie, the program did something a little different and hosted a Preceptor Appreciation Night in May. Preceptor of the Year was awarded to Dr. Richard Martin. Specialty Preceptor of the Year was awarded to Dr. Angela Barreth. Teaching Group of the Year was presented to the Sexsmith Clinic for the outstanding support and learning opportunities everyone at the clinic provides.

Due to the wildfire affecting Fort McMuray, the family medicine residents posted there have all been accommodated off-site. The R2s are doing their rural rotation and the R1s are doing internal medicine in Edmonton or Red Deer. The program in Fort McMuray resumed with an orientation there for the R1s on August 29, 2016. Drs. John Chmelicek and Michelle Morros attended from the Department of Family Medicine.

The Hinton Summer Workshop for the Distributed Sites for Family Medicine

The workshop was a memorable event, including a presentation by Jo-Ann Saddleback. Jo-Ann is a passionate advocate of Aboriginal cultural. She worked as a Policy Analyst/Researcher for women’s organizations and Executive Director for Metis Settlements General Council heading up Legal and Governmental Affairs. She spoke about Canadian colonialism and how this affects the doctor-patient relationship when interacting with an aboriginal patient.

There was a meeting of the minds to look at how we might improve the geriatrics component of the resident experience. In addition, there was a meeting between north (U of A) and south (U of C) rural directors to look at shared issues and collaboration. In addition, the R1s received their evidence based medicine workshop while the R2s received their point of care ultrasound course.

There is a visiting colleague, Dr. Greville Wood, from New Zealand, exploring how we provide rural medical education here at the University of Alberta. He may be visiting a couple of the rural sites while here. As well, he and Dr. Fred Janke will be in Fort McMuray, September 14, to see how they have implemented a relatively new program at a remote regional site and providing some faculty development while there.

Faculty Development

The planning for Fall Harvest is well underway. Dr. Fred Janke has joined forces with Dr. Mia Lang (Associate Dean of Faculty Development and pediatrician) and Dr. Jaime Yu (physiologist and previous Director of Faculty Development at UBC Southern Medical Program) to plan faculty development events in Grande Prairie and Red Deer for both specialists and family physicians alike.

- submitted by Fujiao Liu
RESEARCH UPDATE

Correction

There was an error in the July 2016 Family Matters newsletter regarding the PRIHS 3 grant. This grant is in fact part of the Coordinated Care Team for Vulnerable Patients with Complex Care Needs. The Nominated Principal Applicant is Dr. Gabriel Fabreau and the co-Principal applicants are Dr. Kerry McBrien, Dr. Van Nguyen and Dr. Eddy Lang. Dr. Ginetta Salvalaggio from the Department of Family Medicine will be providing methodological expertise and control arm dataset.

Publications


Northern Alberta Academic Family Medicine Fund (NAAFP) Request for Proposals

In 2012 the Northern Alberta Academic Family Medicine Fund, an endowment held by the University of Alberta and managed by employees of the Department of Family Medicine, was established. We are very pleased with the response to this initiative. To date, the proceeds from this endowment have funded over 30 projects.

Request for Proposals, Round Nine

The Fund Management Committee is pleased to announce the opportunity to submit to the ninth round of project proposals. These projects are supported by the interest received from the endowment funds invested by NAAFP.

Criteria

- All proposals must conform to the Terms of Reference of the fund (see Use of Funds).
- Proposals will be judged on the criterion of benefit to the department.
- Faculty salary support and projects fundable through other mechanisms will not be eligible.
- Proposals should not exceed $5000.
- Proposals should be brief, approximately half a page of narrative and half a page of budget specifics. The narrative should describe the activity briefly, specify its return (tangible or intangible) to the department, and note why it is not supportable under other mechanisms.

Please note that at its discretion, the committee may ask for additional details before decision.

Examples of proposals include educational innovations, residency or student activities, community outreach, public visibility, or information technology experiments provided the use of funds conforms to the Terms of Reference.

Use of Funds

As per the Terms of Reference of the fund, activities of the following nature are eligible:

- Educational infrastructure,
- Awarding prizes,
- Research by department faculty members, residents, students and trainees,
- Research and personal development activities, and
- Any other educational, research and/or administrative activity which the Fund Management Committee deems advisable for the general education and/or research purposes of the department.

Deadline for submission is Wednesday, midnight, October 6, 2016. Submit applications to Danica Erickson: danica.erickson@ualberta.ca

Additional Publications


Podium Presentations

PROFESSIONAL DEVELOPMENT

3rd annual Dr. David C Reid Glen Sather Sports Medicine Clinic Conference: Optimizing Musculoskeletal Health for the Patient: The Lumbar Spine

Date: Saturday, September 24, 8:30 a.m. - 3:50 p.m.
Location: University of Alberta Corbett Hall
Cost: Clinicians, $250; Students, $100
Registration at www.uab.ca/pd

This conference is of interest to family physicians, physical therapists, other healthcare providers.

Practical Evidence for Informed Practice

Registration is now open!
Dates: October 21-22, 2016
Location: Doubletree by Hilton, Edmonton, AB
This year’s conference features two pre-conference workshops. The Practical Evidence for Informed Practice (PEIP) conference is the hottest ticket in town, usually selling out before the early bird dates. Registration deadline is October 3, and early Bird registration ends September 8.

Visit the PEIP Conference webpage to register.

Pediatric Update Conference

Date: September 22-24, 2016
Location: Lister Centre, University of Alberta Campus
Visit the Pediatric Update conference website for more information and to register.

This conference is of interest to family physicians, medical residents, pediatricians, emergency physicians, nurses and nurse practitioners and allied health professionals.

Patient Safety and Quality Management Certificate Course

Registration is now open for the 2016-2017 Patient Safety & Quality Management Certificate course. The course is conducted through four in-person sessions in Calgary in addition to weekly, two hour live online sessions on Wednesday evenings. Participants will have an opportunity to complete a patient safety/quality improvement project with the guidance of an experienced mentor.

The Ward of the 21st Century (W21C) and The Health Quality Council of Alberta (HQCA) have come together for the 6th year to sponsor the Patient Safety & Quality Management Certificate course through the University of Calgary’s Office of Continuing Medical Education & Professional Development. The certificate is an accredited academic course recognized throughout Canada as a highly sought-after certification.

Visit the course website here: www.patientsafetycourse.ca

Allergy and Clinical Immunology Update 2016

Date: Saturday, October 19, 2016
Location: SFU Segal Building, Vancouver, BC
Target Audience: Family physicians, pediatricians, residents and students
Credits: Up to 6.5 Mainpro+/MOC Section 1
http://ubccpd.ca/course/Allergy2016

Highlights: The robust agenda captures the most common allergy and immunology issues faced by family physicians in a clinical setting. Participants will hear from leaders in the field on such topics as food allergy, drug allergy, immunodeficiency, and asthma.
FACULTY AND STAFF UPDATES

Edmonton Zone Medical Staff Association

Quality Improvement Grant Fund
Monday, October 3, 2016
Ramsey Room
5:00 p.m.—8:00 p.m.
Edmonton Country Club, 6201 Country Club Road

The EZMSA will share information about the grant, criteria and process. The grants will be provided to Edmonton Zone physicians working in teams to improve quality of care, continuity of care and stewardship. The area of emphasis for this grant is integrated processes of care between general practitioners and specialists to enhance continuity of care, and/or address needs of vulnerable populations in primary care. Medical Residents (with physicians as supervisors) can apply.

RSVP invitation to follow soon.
EZMSA (Office) 780-735-2924 laurie.wear@covenanthealth.ca

Doctors Curling League 2016-17

NEW PLACE: GRANITE CURLING CLUB
(8620 107 St NW, Edmonton, AB T6E 4L3)
NEW DAY: TUESDAY
NEW START TIME: 7:30pm
We will start on Oct 4th 2016

CONTACT: Roy184@shaw.ca or Jeffreyp@ualberta.ca

Green and Gold Day is September 23!

Alumni Weekend kicks off with Green and Gold Day 2016 on September 23 with many opportunities to show your University of Alberta spirit!

CBC Edmonton AM’s Mark About Town will broadcast on Campus from 6 a.m. to 8:30 a.m. Check out the schedule to see where the celebrations are taking place. Don’t forget to wear your Green and Gold gear, and join the Faculty of Medicine & Dentistry and Medical Students Association walking in the Green and Gold Parade!

Annual Support Staff Recognition Awards

These awards recognize outstanding members of its support staff and the extraordinary contribution they make to the University. The categories for nominations are:

• Business/Administration/Finance/Clerical (maximum 2)
• Technical/Information Systems (maximum 1)
• Transport/Maintenance/Utilities/Trades (maximum 1)
• Health (Medicine/Dentistry/Pharmacy i.e. dental assistant, lab technologist) (maximum 1)
• Nominations can be made for employees from within outside of nominators units/department.

The deadline for the Support Staff Recognition Award is September 30.

For more information and nomination forms, please visit the Support Staff Recognition Award webpage.