Family Matters

July 2016

Your updates from the University of Alberta
Department of Family Medicine.

Message from the Chair

It has been an eventful month again in Family Medicine! We are very proud of our two lifetime achievement award researchers, Drs. Bell and Cave, profiled in this issue of the newsletter. And for anyone who knows the history of family medicine in North America, the name Ian McWhinney needs no explanation - nor does the importance of the award named for him. Dr. Humphries’ selection as this year’s recipient of the award is cause for celebration indeed.

Turning from awards recognizing long careers and accomplishments, to the kind of award that launches careers and accomplishments, we’re excited by the news of two major grants and a small but significant one won by Department researchers. Dr. Salvalaggio’s Coordinated Care Team for Vulnerable Patients with Complex Care Needs team and Dr. Garrison’s Pragmatic Trials Collaborative were both successful in the very challenging PRIHS 3 competition, receiving funding for their large-scale projects. Drs. Babenko and Ross were not only successful but were the #1 ranked application in SSHRC’s competition this round.

Last but very much not least, we have received word from the Ministry that our collaborative multidisciplinary teaching and medical home demonstration clinic is approved. This is just the start of what will be an ongoing development program, both before and for long after its doors open. The adventure begins!

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Behind the Scenes for Rio 2016

Dr. Marni Wesner, associate clinical professor with the Department of Family Medicine and sport medicine physician at the Glen Sather Sports Medicine Clinic, was featured in the August 2nd edition of This Week’s Vitals for her work with Canada’s Olympic athletes. Click here to find out more about Dr. Wesner’s work to support Canadian Olympians going for the gold!

CHANGE Adventure Camp

Dr. Doug Klein’s new initiative, the CHANGE Adventure Camp, which was inspired by the CHANGE Health Alberta and MOVE initiatives, is intended to encourage positive lifestyle choices by re-connecting families and children with nature, encouraging physical activity and providing information about nutrition and healthy eating. Tune in to find out more about this opportunity for families to have healthy fun and learn new skills.

Global News with Su-Ling Goh during the week of August 22 to 26.
CTV Morning Live on August 15th at 8 AM.
Ryan Jespersen’s show on CHED August 16, 2016 (tentative).
PAUL HUMPHRIES RECEIVES IAN MCWHINNEY AWARD FROM CFPC

Dr. Paul Humphries, Assistant Program Director, Rural Residency in the Department of Family Medicine, is the recipient of the 2016 College of Family Physicians of Canada Ian McWhinney Family Medicine Education Award. This award **honours excellence in family medicine education and is presented to a teacher of family medicine deemed by his/her peers to have made a unique and innovative contribution which has had a significant national impact on the development of family medicine education in Canada**.

“This is an extremely prestigious national award being given to Paul. It speaks to his decades of service as teacher, mentor and colleague. It is my distinct pleasure to consider Paul a good friend, and to have been witness to his enormous talent as an educator and valued colleague. I can think of no one more deserving of this award. I look forward to celebrating with Paul at FMF in the fall. Congrats!!” says John Chmelicek, director, postgraduate medical education in the department of family medicine.

Paul Humphries began his working life as a high school teacher in Atikokan, a small mining town in Northern Ontario. One fateful day he visited his family physician to address an upset stomach, and left with a prescription to apply to medical school because the town needed one more GP anesthesiologist. Mr. Humphries took his doctor’s orders, got his medical degree from McMaster University, and became Dr. Humphries. He then practiced and taught family medicine in Thunder Bay, Ontario, eventually becoming the founding director of McMaster’s first Family Medicine Residency North program and chair of the Northwestern Ontario Medical Program.

In 1998, he brought his skills and knowledge to the University of Alberta. In addition to his teaching and research endeavors, he has served as director of postgraduate studies and assistant program director, rural in the family medicine program. Resident education continues to be the focus of Dr. Humphries’ academic and research activity, notably his recent work with the team developing the Competency-based Achievement System (CBAS).

Dr. Lee Green, chair of the Department of Family Medicine, adds “Paul has made such a broad range of contributions to family medicine education in so many ways for so long that I can think of no one more deserving”.

Congratulations to Dr. Paul Humphries on this recognition of his contribution to the development of family medicine education in Canada.

*As the recipient of the Ian McWhinney Family Medicine Education Award, Dr. Humphries will be invited to lead an education activity at the 2016 Family Medicine Forum (FMF) November 9-12, 2016 in Vancouver, BC.*

NEIL BELL AND ANDREW CAVE RECEIVE CFPC ACHIEVEMENT AWARDS

Two Department of Family Medicine physician-researchers have been recognized by the College of Family Physicians of Canada (CFPC) Section of Researchers with Lifetime Achievement Awards in Family Medicine Research. This recognition is given to “individuals who were our trailblazers and leaders in family medicine research, and who made a significant career contribution to family medicine research during their active career years.” As founding researchers in the department, their combined work has contributed immensely not only to building research capacity in the department of family medicine, but to the improvement of the delivery of primary care in Alberta and across Canada.

Dr. Neil Bell

A graduate of the University of Alberta, Dr. Neil Bell joined the department of Family Medicine in 1983 after beginning a private practice in West Edmonton in 1980. His interest in research began during his undergraduate honours biochemistry program, where he was involved in wet lab research. Although he chose medical training rather than pursue a PhD in biochemistry, his interest in research has continued on through his career in family medicine.

Dr. Bell was the first chair of the Department of Family Medicine Research Committee, which was established in 1984, and was successful in obtaining a number of significant research grants for the department. He has been very involved in the development of clinical practice guidelines in preventive healthcare, serving as a member of the Canadian Task Force on Preventative Health Care (CTFPHC) including chair of the task force’s working group on prostate cancer screening, until October 2015.

Although Dr. Bell has completed his term with CTFPHC, he continues to be involved in knowledge translation related to the task force’s guidelines as well as the development of knowledge translation materials to support primary care practitioners’ increased understanding of the benefits and harms of preventive health screening.

Dr. Andrew Cave

Dr. Andrew Cave, a native of the UK, received his medical degree from the University of Manchester in 1975. He began general practice shortly after graduating, and began taking residents in 1980. His work with residents led him to realize he wanted to increase his own knowledge about family medicine, so he enrolled in the family medicine masters program at Western University in Ontario. As part of his program Dr. Cave was required to participate in research, and found his inquisitive nature and varied interests made it a good fit for him.

Dr. Cave met Dr. David Moores, then-chair of the Department of Family Medicine, at an international meeting of the Royal College of Family Practitioners (RCFP), the United Kingdom equivalent of the College of Family Physicians of Canada (CFPC). He was subsequently recruited by Dr. Moores and joined the University of Alberta Department of Family Medicine research program in 1992.

In 1994, Dr. Cave became chair of the Department of Family Medicine Research Committee, and was the department’s Director of Research from 2000 to 2006. Dr. Cave’s research interests include respiratory medicine including extensive work in COPD and asthma, multi-disciplinary primary care teams in primary care and narrative inquiry.

Congratulations to Drs Bell and Cave on receiving this recognition of their contributions to family medicine research.

* College of Family Physicians of Canada, Honours and Awards.. Retrieved from http://www.cfpc.ca/Lifetime_Achievement_Award/
PROFESSIONAL DEVELOPMENT

Faculty Development

We hope all of our valued teachers are enjoying summer! Faculty Development is spending the summer planning more exciting faculty development activities for the upcoming year starting in the fall. If you have any faculty development ideas or requests, please contact us at skoppula@ualberta.ca.

Sudha Koppula, Director of Faculty Development
Karen Moniz, Administrator, Faculty Development

Conferences and Events

3rd annual Dr. David C Reid Glen Sather Sports Medicine Clinic Conference: Optimizing Musculoskeletal Health for the Patient: The Lumbar Spine

Date: Saturday, September 24, 8:30 a.m. - 3:50 p.m.
Location: University of Alberta Corbett Hall
Cost: Clinicians, $250; Students, $100
Registration at www.uab.ca/pd
This conference is of interest to family physicians, physical therapists, other healthcare providers.

Practical Evidence for Informed Practice

Dates: October 21-22, 2016
Location: Doubletree by Hilton, Edmonton, AB
The Practical Evidence for Informed Practice (PEIP) conference is the hottest ticket in town, usually fully booked within four weeks of registration opening. Registration opens in August. Keep checking the PEIP Conference webpage for details!

Pediatric Update Conference

Date: September 22-24, 2016
Location: Lister Centre, University of Alberta Campus
Visit the Pediatric Update conference website for more information and to register.
This conference is of interest to family physicians, medical residents, pediatricians, emergency physicians, nurses and nurse practitioners and allied health professionals.

Allergy and Clinical Immunology Update 2016

Date: Saturday, October 19, 2016
Location: SFU Segal Building, Vancouver, BC
Target Audience: Family physicians, pediatricians, residents and students
Credits: Up to 6.5 Mainpro+/MOC Section 1
http://ubccpd.ca/course/Allergy2016

Highlights: The robust agenda captures the most common allergy and immunology issues faced by family physicians in a clinical setting. Participants will hear from leaders in the field on such topics as food allergy, drug allergy, immunodeficiency, and asthma.

Patient Safety and Quality Management Certificate Course

Registration is now open for the 2016-2017 Patient Safety & Quality Management Certificate course. Register before or on August 12, 2016 to be eligible for early bird pricing.

The course is conducted through four in-person sessions in Calgary, Alberta in addition to weekly, two hour live online sessions on Wednesday evenings. Participants will have an opportunity to complete a patient safety/quality improvement project with the guidance of an experienced mentor.

Visit the course website here: www.patientsafetycourse.ca

The Ward of the 21st Century (W21C) and The Health Quality Council of Alberta (HQCA) have come together for the 6th year to sponsor the Patient Safety & Quality Management Certificate course through the University of Calgary’s Office of Continuing Medical Education & Professional Development. The certificate is an accredited academic course recognized throughout Canada as a highly sought-after certification.
RESEARCH NEWS

Grants Received

Medical Education has been successful in securing a two-year grant from the Social Sciences and Humanities Research Council of Canada (SSHRC) for the research study "Exploring goal orientations of learners in professional education and of practicing professionals". The research team: Oksana Babenko (Family Medicine), Shelley Ross (Family Medicine), Lia Daniels (Educational Psychology), Anna Oswald (Medicine) and Jonathan White (Surgery). Their application was ranked 1 out 53, with the total funding of $34,784. (2016-2018).

Drs Scott Garrison, Lee Green, and Michael Allan have received a three-year grant for "The BedMed Initiative - Making Better Use of Existing Therapeutics" from Alberta Innovates Health Solutions, Partnership for Research and Innovation in the Health System (PRIHS). $1,191,998. (2016-2019).

Coordinated Care Team for Vulnerable Patients with Complex Care Needs, including collaborator Dr. Ginetta Salvalaggio, has received a grant for the “Coordinated Care Team for Vulnerable Patients with Complex Care Needs” from Alberta Innovates Health Solutions, Partnerships for Research and Innovation in the Health System (PRIHS 3). $1,800,000.00. (2016 -2019).

Publications


Faculty and Staff Updates

September 2016 Grand Rounds

The next Family Medicine Grand Rounds will be held **September 15, 2016** in the SHAW 3i Auditorium, Lower Level, Mazankowski Alberta Heart Institute. The topic for this Grand Rounds will be Quality & Safety in Family Practice/Primary Care.

- Doors Open   07:30 a.m.
- Speaker      08:00 – 09:00 a.m.
- Q&A          09:00 – 09:30 a.m.

2017 Grand Rounds Dates

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What are Grand Rounds?

Family Medicine Grand Rounds is a forum to share and discuss scholarly and practical work pertaining to family medicine and of interest to individuals working with a family medicine environment. The primary purpose of these Grand Rounds is to bring together family medicine professionals to hear and discuss thought-provoking presentations on topics of importance to family medicine and to primary health care broadly.

University of Alberta Libraries: More than Just Books

Did you know The Scott Library holds regular Systematic Review Searching classes? This class provides an overview of systematic review searches, and is available to U of A faculty, staff and students. To find out more about the Systematic Review Searching Class and other services offered The Scott and other U of A libraries, visit the University of Alberta Libraries website, and select the Services tab at the top of the page.

Falling Walls Lab UAlberta Returns

Share your idea to win a trip to Berlin!

Are you a graduate student, post doc, academic, researcher or innovator under 35 with a breakthrough idea or social innovation with the potential to improve society? If so, apply for Falling Walls Lab UAlberta 2016. We are seeking 15 of UAlberta’s outstanding next gen researchers and innovators. Share your idea or research in 3 minutes to a distinguished jury from academia, government, business and the media. Up to 3 of the best ideas will win a trip to Berlin to compete in the international Falling Walls Lab finale. Semi-finalists will receive specialized training to hone their presentation skills. The deadline for application is August 26.

For application, instruction, screening criteria and more visit the [Falling Walls Lab UAlberta 2016 website](#).

ABOUT FAMILY MATTERS

Family Matters is the monthly Department of Family Medicine newsletter highlighting the work of department faculty, staff and researchers. If you have news or information for Family Matters, please send it to danica.erickson@ualberta.ca.