MESSAGE FROM THE CHAIR

As I write this, our current second-year residents are preparing to go out into practice and our incoming class is preparing to start. We’re a bit sad, but very proud, about the former. We’re enthusiastic, and impressed, with the latter. As I’ve mentioned to some of our grads, the best way to attract good residents is to have good residents, and we have a bunch of really good residents coming in. So, we’re confident that the future of family medicine in Alberta is in good hands.

Another way that promising future showed recently was in our outstanding Research Day. The scholarship on display there is what family medicine as a discipline needs in order to keep advancing our knowledge and our ability to provide the best care to our patients. The knowledge base we have to offer to our patients changes constantly. We have to change with it, and contribute to it. Our residents showed that they were already on that road, and my greatest hope for them is that they will travel that road throughout their careers.

Finally, as I write this our residents and faculty are making their way back to Fort McMurray. We’re proud of how they supported that community in the crisis, and wish them the best as they help get it back on its feet.

- Dr. Lee Green

WELCOME

Welcome to 82 new residents who officially began their program on July 1, 2016. This year family medicine is joined by 63 residents in Edmonton, 10 in Red Deer, six in Grande Prairie and four in Fort McMurray. Welcome to family medicine; we look forward to working with you!

FAREWELL TO CLIFFORD CARDINAL

It is with some sadness that family medicine announces the retirement of Clifford Cardinal, Assistant Professor, Aboriginal Health. In addition to developing the Traditional Health Practices course to promote understanding of Indigenous peoples and their health beliefs model, Clifford has been successful in his goal of building a bridge between First Nations, Metis, and Inuit People and the medical community. His work has taken place on campus, in communities and via the airwaves though a weekly radio show. He also recently guided a six-day spiritual climb in Jasper National Park. His wisdom and commitment to improving people’s health will be missed, and we wish him the all best as he continues on his journey to promote healing.

CONGRATULATIONS ADDICTIONS RECOVERY AND COMMUNITY HEALTH (ARCH) TEAM

The Addictions Recovery and Community Health (ARCH) team has received the Alberta Health Services President's Excellence Award for Outstanding Achievements in Innovation. The team, which includes research lead Ginetta Salvalaggio from the Department of Family Medicine, provides medical and community support to many of Edmonton’s most vulnerable citizens. Visit the President’s Excellence Award website for more information about this award.
The completion of another successful academic year was marked on June 16 and June 18, when 82 family medicine residents celebrated the completion of their family medicine programs. Congratulations to you all! The following students and residents have been recognized for their outstanding work throughout the year.

**Student and Resident Awards**

**College of Family Physicians of Canada Award Department Nominees**  
Family Medicine Resident Award for Scholarly Achievement: Karen Leung (PGY3)  
Research Award for Family Medicine Residents: Roni Kraut (PGY2)  
Family Medicine Resident Leadership Award: Lisa World (PGY2)  
Medical Student Leadership Award: Adam Mildenberger  
Medical Student Scholarship Award: Danika Leung

**Department of Family Medicine Awards**  
Department of Family Medicine Resident Research and Scholarship Award: Roni Kraut (PGY2)  
Department of Family Medicine Peer Award: Adam Keough (PGY2)  
Department of Family Medicine Resident Leadership Award: Lisa World (PGY2)

**Westview Physician Collaborative Awards**  
Family Medicine Resident Clinical Excellence Award: Nicholas Field (PGY1) and Jane Polley (PGY2)  
Family Medicine Resident Leadership Award: Victoria Leung (PGY1) and Amandy Cheung (PGY2)

**Dr. Lionel Ramsey Award**  
Red Deer recipient: Paul Kirvan  
Grande Prairie recipient: Bailey Adams

**NAPCRG Student Family Medicine/Primary Care Research Award**  
Orysya Svystn

**Patricia Ann Peat Residency and Student Family Medicine Enhancement Award**  
Lisa World (PGY2)

Congratulations also to those residents recognized at the Grey Nuns Medical Staff Association 2016 Spring Banquet Awards.

Dr. Jeff Jamieson, Resident of the Year, Geriatrics  
Dr. Shalini Reddy, Resident of the Year, Emergency Medicine  
Dr. Hilary Kornder, Resident of the Year, Family Medicine  
Dr. Andrea Frietas, Resident of the Year, PCHT  
Dr. Han Xu, Resident of the Year, PCHT  
Dr. Bradley Martin, Resident of the Year, Palliative Care  
Dr. Farooq Iqbal, Resident of the Year, CCU
Undergraduate

The undergraduate education team would like to thank everyone for their support and dedication to teaching the medicals students in clinic as well as here on campus in the physicianship course. We could not provide the students with fantastic learning opportunities and promote family medicine without you.

We have started our recruitment for the 2016-2017 academic year. If you haven’t provided us with your availability please send it in by Friday, June 17, 2016. The links are available below. Also, if you know of any new physicians who are interested in teaching, please have them contact Erika Siroski at erika.siroski@ualberta.ca for more information.

Please Save the Date for our annual preceptor orientation. We have added a faculty development session on how to provide learner feedback as well as information on the new Mainpro+ system.

(The location of the orientation will be announced once participant numbers are confirmed).

Year 1 LCE-FM Year 2 LCE-FM Year 3 Clerkship

Fort McMurray Update

Following the largest wildfire and mandatory evacuation in Canadian history, the residents of Fort McMurray, Alberta were invited by our government to start returning home as from June 1, 2016. It is so good to be back home! It is so good to see more people returning as the days go by. We still have a long way to go but we are optimistic that we will recover and we will rebuild. There are many unanswered questions, a lot of uncertainty and tears but we know that we are not alone. We are a strong and resilient people. We will overcome!

The entire world stood with Fort McMurray on May 3, 2016 when more than 80,000 people were forced from their homes and community. We are eternally grateful to all the first responders who bravely fought the flames and saw to it that we were evacuated safely. Unfortunately some of our friends and/or colleagues lost loved ones or their homes. Our hearts go out to all who have been affected by this tragedy. As evacuees, we witnessed the kindness and compassion of friends and strangers. Thank you all!

One of our family medicine residents, Dr. Ravi Seyed Mahmoud, R1, unfortunately lost his home and belongings in the inferno. This tragedy did not stop Ravi from helping to evacuate patients from the hospital and assisting with their care in a camp while they awaited transportation to other institutions. Ravi is very passionate about Fort McMurray. He is determined that this significant event will not interrupt his life and his training. He is getting married in a couple of months and he looks forward to returning to Fort McMurray to complete his training and hopefully continue with his life here.

We also have two other Family Medicine residents from Fort McMurray that are getting married this summer - I don't think we can blame this on the wildfire though. Congratulations Ravi, Farhan and Brennan!

All of our Fort McMurray family medicine residents (R1s and R2s) have been temporarily accommodated at our other U of A sites. We are looking forward to welcoming you all back home as soon as all the necessary pieces are in place. There is a political will to ensure that the Fort McMurray site continues to thrive and flourish. Together we can make this happen because we are #ymm strong!

Dr. Edward Denga, MBBS, FCFP(SA), CCFP, MRO
Specialist in Family Medicine and Assistant Clinical Professor
University of Alberta, Department of Family Medicine
Site Director, U of A Family Medicine Residency Program, Fort McMurray, AB

CARE OF THE ELDERLY NEWS

Congratulations to Dr. Lesley Charles and team for receiving the 1st Place Poster Award in the Continuing Care and Community Living Expo 2016 for the Decision-Making Capacity Assessment Training for Physicians project. The project team is Leslie Charles, Jasneet Parmar, Bonnie Dobbs, Suzette Brémault-Phillips, Oksana Babenko, and Peter Tian. The Expo was held on May 6 at the Northlands Expo Centre in Edmonton.
RESEARCH NEWS

Research Day Update

The 14th Annual Family Medicine Research Day took place on June 17, 2016. This year’s event featured 15 oral presentations from family medicine residents, researchers, physicians and researchers from related health disciplines. In addition to the oral presentations, there were 16 research posters showcasing initiatives from department physicians, faculty, researchers and residents. The broad range of research presented included studies related to clinical practice, communication between healthcare providers, and community health initiatives.

Plenary speaker Dr. Scott Garrison shared the story of his serendipitous journey from family medicine practitioner to researcher, all because of a curious case of leg cramps in the night. In addition to speaking about his own research, Dr. Garrison shared information about the research efforts of the Pragmatic Trials Collaborative, a Western Canadian initiative of practicing primary care providers working together to optimize the use of existing therapies. He also emphasized that family physicians are in an excellent position to do research.

Dr. Garrison ended his address by emphasizing the importance of family medicine providing evidence for their treatments, and encouraged residents to consider a masters degree or doctorate so they may return to the university or the department in the role of faculty member and share the knowledge they have gained.

Research Day also featured recognition of the work done by family medicine residents. It was again a pleasure to welcome guest Ms. Patricia Ann Peat who joined Dr. John Chmelicek and Dr. Donna Manca in presenting the Patricia Ann Peat Residency & Student Family Medicine Enhancement Fund Award to recipient Lisa World. Congratulations also to the PGY1 residents who received awards. Nicholas Field was presented with the Resident Clinical Excellence Award, and Victoria Leung was presented with the Resident Leadership Award.

Thank you to the organizers and participants for another successful research day!

Research Publications


Published Abstracts


Grants Recieved

PROFESSIONAL DEVELOPMENT

3rd annual Dr. David C Reid Glen Sather Sports Medicine Clinic Conference: Optimizing Musculoskeletal Health for the Patient: The Lumbar Spine

Date: Saturday, September 24, 8:30 a.m. - 3:50 p.m.
Location: University of Alberta Corbett Hall
Cost: Clinicians, $250; Students, $100
Registration is available at www.uab.ca/pd
This conference is of interest to family physicians, physical therapists, other healthcare providers.

Practical Evidence for Informed Practice

The Practical Evidence for Informed Practice (PEIP) conference is the hottest ticket in town, usually fully booked within four weeks of registration opening. Registration opens in August: keep checking the PEIP conference webpage for more details.

Supporting Family Caregivers of Seniors within Acute and Continuing Care Systems

Date: August 31, 2016
8:00 a.m. - 1:00 p.m.
For more information, please contact Elaine Hoogewoonink.

Pediatric Update Conference

Date: September 22-24, 2016
Location: Lister Centre, University of Alberta campus
Visit the Pediatric Update conference website for more information and to register.
This conference is of interest to family physicians, medical residents, pediatricians, emergency physicians, nurses and nurse practitioners and allied health professionals.

Allergy and Clinical Immunology Update 2016

Date: Saturday, October 19, 2016
Location: SFU Segal Building, Vancouver BC
Target audience: Family physicians, pediatricians, residents & students
Credits: Up to 6.5 Mainpro+/MOC Section 1
Visit the conference website for more information: http://ubccpd.ca/course/Allergy2016
Highlights: The robust agenda captures the most common allergy and immunology issues faced by family physicians in a clinical setting. Participants will hear from leaders in the field on such topics as food allergy, drug allergy, immunodeficiency, and asthma.
FACULTY AND STAFF INFORMATION

Visit The Quad!

Have you been to The Quad, the University of Alberta’s faculty and staff blog? The Quad is your source for updates from the president, information from the university’s campuses, news from the world of post-secondary education, introductions to member of the university community, and celebration of the achievements of its members.

The Quad also provides a forum to share information. To contribute information about events, recognize someone for their achievement or share a story about your campus experience, contact The Quad at blog@ualberta.ca.

You can visit The Quad at http://blog.ualberta.ca/p/about-us.html.

Dr. John Chmelicek, Director of Postgraduate Education, had his photography featured in the March 2016 edition of the New England Journal of Medicine. This photo, titled Purple Home, was taken in the Maldives.

Upcoming DoFM Meetings and Events

<table>
<thead>
<tr>
<th>July 2016</th>
<th>August 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 12: Department Strategic Planning and</td>
<td>August 4: Residency Program Committee</td>
</tr>
<tr>
<td>Management Committee</td>
<td></td>
</tr>
<tr>
<td>July 21: Department Business Group</td>
<td>August 9: Department Strategic Planning and</td>
</tr>
<tr>
<td></td>
<td>Management Committee</td>
</tr>
<tr>
<td>July 28: NAAFP Management and Fund Endowment</td>
<td>August 18: Department Business Group</td>
</tr>
<tr>
<td>Sub-Committees</td>
<td></td>
</tr>
</tbody>
</table>

ABOUT FAMILY MATTERS

Family Matters is the monthly Department of Family Medicine newsletter highlighting the work of department faculty, staff and researchers. If you have news or information for Family Matters, please send it to danica.erickson@ualberta.ca.