Family Matters

March/April 2017

Your updates from the University of Alberta Department of Family Medicine.

Message from the Chair

The newsletter this month contains, as it so often does, news of the prominent and outstanding teaching that our faculty members have done and the well-earned awards (congratulations Drs. Kivi and Moran!) received for it. It strikes me though that what we really do might better be described as “learning together.” There’s an old saying that one never learns so well as when one teaches, and I’ve certainly always found it to be so. (I learn so much teaching residents and students that I frequently wonder who’s teaching whom.)

Two of the items in the newsletter really crystallized for me the theme of learning together: FREzER and Grand Rounds. FREzER is explicitly about faculty and residents learning together, and was yet another wonderful time doing so. I brought home several new insights that have already changed my practice for the better. The sharing in the joint sessions was generous and valuable. That same generous sharing was evident at Grand Rounds, as some of the most thoughtful leaders in Alberta’s health care system offered us their time and their insights. Medical error is a tough thing to share sometimes, but if anything in medicine offers a powerful experience in learning together, it’s dealing with error. We’ll continue to have quality-and-safety-oriented Grand Rounds on a regular basis, and keep learning together.

- Dr. Lee Green

In This Issue

Grand Rounds Follow-up
FREzER Recap
Postgraduate Update
Research Update
Professional Development Opportunities
University News

A Message From BedMed: We Are Expanding!

Whether you are a co-applicant, a co-investigator, a supporter, or part of our patient working group, I would like to thank you from the bottom of my heart for your support for the CIHR SPOR Innovative Clinical Trials grant application that we submitted last fall. If you remember, that grant allowed us to apply to match the AIHS (PRIHS) grant money that funds BedMed in Alberta to additionally run BedMed in BC and Manitoba (in partnership with the CPCSSN networks in those provinces) and to add in some additional related questions.

I am very happy to tell you that our application was successful. We scored 4.8 / 5.0 overall and were the top ranked application in the competition. Without doubt our success is a testament to how broad based both our support, and our team, truly is. Thank you all. I look forward to working with you on this, and on trials of similar importance, in coming years. Way to go team!!

- Scott Garrison, Director, Pragmatic Trials Collaborative
GRAND ROUNDS FOLLOW-UP

The post-surgery death of 15-year old Lewis Blackman was the focus of the March 16, 2017 Grand Rounds: It’s Time to Talk About Medical Error. Our thanks to our guest panelists Verna Yiu, Chris Beavington, David Mador, Dawn Hartfield and Lee Green who shared their thoughts and insights with us. Our thanks also to those who joined us and contributed to the discussion in person and on-line.

Although the circumstances of Lewis’s death are difficult to hear, they present an opportunity to discuss the complexity of healthcare delivery and behaviours that may contribute to medical error, including communication, medical authority, and professionalism.

Dawn Hartfield, Medical Director Quality, Edmonton Zone with Alberta Health Services, provided an overview of the Reporting and Learning System for Patient Safety, a reporting system used by AHS when adverse events occur. The Reporting and Learning System is mandatory, anonymous and confidential. The purpose is to identity problems with delivery of care and health systems, not to reprisal of individuals involved.

How can you contribute to improved patient safety? Here are few ideas to start:

- Lead by example: be a collaborative team member.
- Promote a just culture in the workplace: promote and welcome feedback from all team members.
- Use the AHS reporting and learning system.
- Volunteer to participate in Quality Assurance processes.

For more information, visit the Provincial Patient Safety website: http://www.albertahealthservices.ca/info/patientsafety.aspx

FREzER RECAP

The annual Faculty and Resident Extravaganza and Education Retreat was held at Jasper Park Lodge March 24 to 25, 2017. It was another fun and informative event for faculty, staff and organizers!

The weekend kicked off on Friday with registration followed by a welcome lunch. In addition to presentations made by the family medicine research program, Residency Program Director John Chmelicek led a faculty workshop, Accreditation 101, which he magically transformed into a contest - congratulations to the prize winners!

Saturday morning, Dr. Michele Nanchoff from the Institute of Healthcare Communication presented Connected: Communicating and Computing in the Exam Room to the large group of family medicine residents and faculty.

Saturday afternoon, the faculty and residents attended parallel sessions: Mainpro+, hosted by Sudha Koppula, an example of claiming Mainpro+ credits; and Using the CPCSSN Data Presentation Tool, hosted by Donna Manca. The afternoon was capped off with a review of current department activities and a vision of future department directions called Skating to Where the Puck is Going, led by department chair Lee Green.

The organizing committee would like to thank all of the residents and staff for all their work to make FREzER happen. The sessions were well-received and feedback was collected to help make next year’s FREzER even more valuable and fun. We look forward to seeing you all a year from now at FREzER 2018!
POSTGRADUATE UPDATE

Sport and Exercise Medicine

Dr. Connie Lebrun presented at the International Olympic Committee World Congress on Prevention of Injury and Illness in Sport held in Monaco from March 16 to 18, 2017. Connie co-presented The Menstrual Cycle Influence on Performance Parameters with Trish Doyle-Baker from the University of Calgary.

She was joined at the conference by GSSMC sport physicians and family medicine physician Shelby Karpman.

Care of the Elderly

Paul Kivi Nominated for a President’s Excellence Award
Dr. Paul Kivi has been recognized for his high level of commitment, innovation and dedication to ensure we provide the best care possible to Care of the Elderly patients and their families with a nomination for an Alberta Health Services President’s Excellence Award. Award recipients will be announced in late May. Congratulations to Dr. Kivi on his well-deserved nomination!

Martin Moran Receives Certificate of Merit
Dr. Martin Moran, Coordinator of Undergraduate Medical Education in Geriatrics program, has been awarded a Certificate of Merit for Undergraduate Medical Education in Geriatrics from the Canadian Association of Medical Education (CAME). This year he successfully increased the mandatory geriatric three-week rotation to four weeks (two weeks inpatient and two weeks outpatient experience) for fourth year medical students at the University of Alberta. He has also revamped the academic 1/2 day in geriatrics for medical students. Congratulations to Dr. Martin Moran on these accomplishments.

RESEARCH UPDATE

Evidence-Based Medicine Update

Save the Date: Practical Evidence for Informed Practice conference
Back for its sixth year, PEIP 2017 is being held October 20-21, 2017 at the DoubleTree by Hilton West Edmonton (and will be available by Live Webcast once again). Registration opens in August. Get your Save the Date card now!

2017 Price Comparison of Commonly Prescribed Pharmaceuticals
Together with the ACFP, we are pleased to share the annual Price Comparison of Commonly Prescribed Pharmaceuticals in Alberta document. The document identifies generic products from brand name, a 90-day cost for standard doses, and care plan coverage. While not exhaustive, it contains many medications potentially used by office-based primary care providers. Download the document from the ACFP website.

NEW THIS YEAR! Take a few moments to complete an impact assessment.
The team (M. Kolber, T. Korownyk, T. Nickonchuk, J. Lee, G.M. Allan) has been publishing the “Pricing Doc” for five years and wishes to hear about your experiences with and the impact on your practice the document has had. A very brief survey (~5 minutes) is available electronically.
Exciting Changes Are Underway in the Evidence Based Medicine Program!

The EBM group is making some transitions. The first is a name change to PEER - Patients, Experience, Evidence, Research. These elements are the foundation of Evidence Based Practice, at least in the eyes of David Sacket, the founder of EBM. Additionally, due to our growth in research (led within our team by Scott Garrison), we wanted to give specific mention to this part of our group. We continue to receive exceptional support from the Alberta College of Family Physicians and will work with them and Toward Optimized Practice on maintaining and growing our Knowledge Translation efforts. Our website is https://peerevidence.ca/

The second, and more substantial change, is a partnership with Lifelong Learning (L³) & Physician Learning Program (PLP) at the UofA, thanks in large part to the hard work of Dr. Khurram Jahangir, Associate Dean L³ & PLP and his team. Through joint funding from L³ and the PLP, the PEER Group has received a sizable contribution to hire five full time staff for Knowledge Translation and Continuing Professional Development. Website for the Integrated Knowledge Translation Network: http://bit.ly/UofAL3184

This Integrated Knowledge Translation Network (IKTN) team will be working on a variety of initiatives already underway (like Tools for Practice, the Best Science Medicine Podcast) under the leadership of Dr. Mike Allan, who has also been appointed as the Director of Translational Sciences, L³ and PLP, Faculty of Medicine & Dentistry, UofA. The primary focus of the IKTN Team will be to establish brand new KT programs in the province. Online learning accredited programs will be created around core clinical topics with vodcasts, interactive cases, and clinical questions with feedback. Academic detailing will be started locally, expand throughout the north of the province and perhaps further south. These programs will offer physicians, and their teams, personal interactive learning with non-biased content in the clinical setting. Lastly, the IKTN Team will be working closely with external stakeholders to develop evidence-based, primary care focused guidelines and protocols. All programs will center on primary care application of the best available evidence for efficient team-based, patient centered care.

The group started with the coordinator Karyn Crawford, a master’s trained librarian. Caitlin Finely, who is trained in clinical epidemiology, will be leading our online learning program. Danielle Perry, trained in clinical epidemiology and nursing, and Joey Ton, a pharmacist, will be leading our academic detailing program. Jamil Ramji, also a pharmacist, will be leading our guideline/protocol development work. All come with a ton of experience, enthusiasm and exceptional skills, and we are very fortunate to have them. Please join us in welcoming them to the team.

Welcome to the New Team Members

Welcome to the five new members of the Evidence Based Medicine team: Karyn Crawford, MLIS, Coordinator, IKTN; Caitlin Finley, MSc, Knowledge Translation Expert, Online Program; Joey Ton, PharmD, Knowledge Translation Expert, Best Practice Support Visits and Evidence Review; Jamil Ramji, PharmD, Knowledge Translation Expert, Systematic Reviews and Guidelines Development; Danielle Perry, MSc, Knowledge Translation Expert, Evidence Review and Impact Assessment. They will all be working in University Terrace 6-60.

Welcome to family medicine, everyone!

(L-R): Caitlin Findley, Karyn Crawford, Joey Ton, Jamil Ramji, Danielle Perry
**Resident Research Day is June 9!**

Mark your calendars for the 15th annual Resident Research Day, to be held June 9, 2017. Abstracts for this event are now being accepted. Visit the [Research Day webpage](#) for more information or an Abstract Submission form.

**Annual Scientific Assembly Update**

One of family medicine’s research summer students, Natalia Bincyzk, received third place in the Review’s Choice Awards at ASA. Her presentation was titled "Impact of Competency Based Medical Education on Detection of Residents in Difficulty" (co-authors: Shirley Schipper, Oksana Babenko, Shelley Ross). Additionally, Natalia presented another project, as did her summer student colleagues Chantal Loeppky and Christopher Donoff. The presentations were well-received, and reflected the great work done by these students last summer.

**Research Publications**

**Green, LA.** (2017). It is time to change how we measure blood pressures in the office. *Annals of Family Medicine*; 15:105-106. [dx.doi.org/10.1370/afm.2056](dx.doi.org/10.1370/afm.2056)


**Green LA, Chang HC, Markovitz AR, Paustian ML**. (March 02, 2017). The reduction in ED and hospital admissions in medical home practices is specific to primary care–sensitive chronic conditions. *Health Services Research*; [epub ahead of print]. [dx.doi.org/10.1111/1475-6773.12674](dx.doi.org/10.1111/1475-6773.12674)


PROFESSIONAL DEVELOPMENT OPPORTUNITIES

NEW! Geriatric Medicine 2017: Wellness & Dignity Throughout
All physicians, residents, nursing and other allied health professionals interested in geriatrics are invited to attend the Geriatric Medicine 2017: Wellness & Dignity Throughout conference being held on May 27, 2017 at the Lister Conference Centre. To find out more and to register, visit the conference website.

Campus Alberta Health Outcomes and Public Health Annual Provincial Forum
The 2017 Campus Alberta’s annual Provincial Forum on Health Outcomes and Public Health will take place on May 16, from 10 a.m. until 4 p.m. at the Telus International Centre on the University of Alberta campus in Edmonton. The School of Public Health and the Faculty of Medicine and Dentistry at the University of Alberta, along with partners at the University of Calgary, University of Lethbridge and Alberta Health Services, will present the full-day forum on the theme of Precision Public Health.

Presentations and panel discussions will focus on emerging methods and innovations to achieve better health outcomes and public health.

Attendees
This forum is for public health professionals and practitioners, researchers, educators from academic institutions, governmental and non-governmental agencies and industry. Students are also welcome to attend.

Date: May 16, 2017
Times: 10 a.m. – 4 p.m.
Location: Telus International Centre (11104—87 Ave., Edmonton)
This event is complimentary but registration is required. Visit the conference website for more information and to register.

University News

Hanson Fitness Centre Closure
The Hanson Fitness and Lifestyle Centre will be closed May 1 to 22 to allow for warranty repairs on the fitness centre floor. There will be no access to the centre during this time and we apologize for any inconvenience.

Stay up to date on Hanson Fitness and Lifestyle Centre by visiting their Facebook page here.

UAAlberta 2017: Celebrating Canada’s 150th Year
The University of Alberta has officially launched UAlberta 2017; a website celebrating Canada’s 150. The site feature stories, both current and from the archives, and videos that profile the work of U of A faculty, students and alumni related to Canadian identity.

Visit our website at www.ualberta.ca/medicine/departments/family-medicine

About FAMILY MATTERS
Family Matters is the monthly Department of Family Medicine newsletter highlighting the work of department faculty, staff and researchers. If you have news or information for Family Matters, please send it to danica.erickson@ualberta.ca.