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<tr>
<td>Glenrose Continence Clinic</td>
<td>Physician/Nurse Practitioner</td>
<td>Adult Patients with bladder and bowel incontinence symptoms. Predominantly older adults, persons with neurological conditions. We also see women of a variety ages with continence and prolapse</td>
<td>Assessment and management of bladder and bowel symptoms</td>
<td>Edmonton</td>
<td>Dr. Adrian Wagg, Kathleen Hunter, Dr. William Gibson, Dr. Jean Triscott Phone: 780-735-8880 Fax: 780-735-8821 Email: <a href="mailto:glenrose.continence@albertahealthservices.ca">glenrose.continence@albertahealthservices.ca</a> Address: 10230 111 Avenue NW Edmonton, Alberta T5G 0B7</td>
<td>On AHS website; Clinic physicians (geriatricians) provide information at their outreach activities in seniors centres.</td>
<td>Yes; self referral or referral from healthcare professional</td>
<td>Dr. Jane Schulz- Royal Alexandra Hospital Urogynecology Clinic; Address: 10240 Kingsway Avenue Edmonton, Alberta T5H 3V9 Telephone 780-735-5290 Name of the contact person: Mary Wood Pelvic Floor Physical Therapist Phone Number : Email: Address: CURA Physical Therapy Services 17032 90 Ave NW, Edmonton, AB T5T 1L6 Website: <a href="http://www.curaphysicaltherapies.com/">http://www.curaphysicaltherapies.com/</a> Name of the contact person: Grace Neustaeder RN MN Clinical Nurse Specialist</td>
<td>Service covered by AHS but some services (pessaries) patients need to pay out of pocket.</td>
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<tr>
<td>Urogynecology Wellness Centre</td>
<td>Medical/Nursing/Physiotherapy</td>
<td>Urogynecology-Prolapse, incontinence, postpartum, bladder and bowel dysfunction</td>
<td>NCA- pessaries, conservative management, urogynecology consultation, surgery and physio for urogynecology, diet review.</td>
<td>Edmonton</td>
<td>Service Providers: Dr. Momoe Hyakutake Dr. Cathy Flood Dr. Jane Schulz Dr. Annick Poitier Dr. Erin Kelly Dr. May Sanee Christine Houle Cherisse Browne Phone: 780-735-5290 Address: 10240 Kingsway Avenue Edmonton, Alberta T5H 3V9</td>
<td>Referral by Physician</td>
<td>Yes</td>
<td>No</td>
<td>Pesary, insurance forms most services covered by AHS.</td>
</tr>
<tr>
<td>Pediatric Urology Clinic</td>
<td>Pediatric Urology, Voiding dysfunction</td>
<td>Children under 18 with any urological problem; incontinence, UTI, voiding dysfunction, urgency/frequency</td>
<td>Clinic (MD, NP, RN), uroflow, bladder, bladder scan, urodynamics, biofeedback, IRC and teaching</td>
<td>Edmonton</td>
<td>Dr. Peter Metcalfe, Dr. Darcie Kiddo, Betty Ann Thibodeau Name of the contact person: Phone Number : Peter Metcalfe Email: <a href="mailto:metcalfe@ualberta.ca">metcalfe@ualberta.ca</a></td>
<td>Fax Referral</td>
<td>Yes from physician or nurse practitioner</td>
<td>No</td>
<td>None</td>
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<tr>
<td>Geriatric Outpatient Clinic, Misericordia Community Hospital -C. Sadowski</td>
<td>Geriatric assessment</td>
<td>Seniors</td>
<td>Geriatric assessment, interprofessional comprehensive geriatric assessment</td>
<td>Edmonton</td>
<td>Name of the contact person: Alexandra Marin  Phone Number: 780-735-2609  Email: <a href="mailto:Alexandra.Marin@albertahealthservices.ca">Alexandra.Marin@albertahealthservices.ca</a>  Address: 16940 87 Avenue, Edmonton, Alberta, T5R 4H5  Website: <a href="https://www.albertahealthservices.ca/info/facility.aspx?id=7820&amp;amp;service=1017355">https://www.albertahealthservices.ca/info/facility.aspx?id=7820&amp;amp;service=1017355</a></td>
<td>Geriatric patients require a referral from family physician</td>
<td>Yes from primary care physician</td>
<td>Northern Alberta Continence Services</td>
<td>Geriatric assessment is covered by Alberta Health</td>
</tr>
<tr>
<td>Northern Alberta Continence services</td>
<td>Nurse Provider only</td>
<td>Female</td>
<td>Conservative management, assessment, pessary fitting</td>
<td>Edmonton</td>
<td>Phone: 780-735-2670  Address: Mother Rosalie Building 16930 87 Avenue Edmonton, Alberta T5R 4H5</td>
<td>Referral</td>
<td>Yes from Physician or Nurse practitioner</td>
<td>None</td>
<td>If Pessary is required, pessary is paid at clinic visit when fitting is completed.</td>
</tr>
<tr>
<td>Lesley Charles</td>
<td>Geriatric OPD</td>
<td>Geriatric syndromes</td>
<td>Comprehensive Geriatric Assessment and Management.</td>
<td>Edmonton</td>
<td>Name: Grey Nuns Community Hospital  Phone: 780.735.7000  1100 Youville Drive West (3015 62 Street NW) Edmonton AB T6L 5X8</td>
<td>Via Referral</td>
<td>Yes from primary care physician</td>
<td>None</td>
<td>N/A</td>
</tr>
<tr>
<td>NAUC</td>
<td>Medical</td>
<td>Male and Female UTI</td>
<td>Medical and Surgical</td>
<td>Edmonton</td>
<td>Phone Number: 780-421-4724  Fax: 780-426-6698  Address: Hy Centre, #604, 11010 101 Street, Edmonton, AB T5H 4B9  Website: <a href="http://www.krugerobgyn.com">www.krugerobgyn.com</a></td>
<td>Very easy to use the website</td>
<td>Yes from Physician or Nurse Practitioner</td>
<td>NAUC website and CPSA</td>
<td>No</td>
</tr>
<tr>
<td>Dr. Peter Frans Kruger</td>
<td>Medical</td>
<td>Pelvic organ prolapse and stress urinary incontinence</td>
<td>Surgical management</td>
<td>Edmonton</td>
<td>Phone Number: 780-421-4724  Fax: 780-426-6698  Address: Hy Centre, #604, 11010 101 Street, Edmonton, AB T5H 4B9  Website: <a href="http://www.krugerobgyn.com">www.krugerobgyn.com</a></td>
<td></td>
<td>Yes from Physician or Nurse Practitioner</td>
<td>Royal Alexander Lois Hole Hospital for Women Urogynecology Clinic</td>
<td>Yes</td>
</tr>
<tr>
<td>Darryl Rolfsen</td>
<td>Medical for specialized Geriatric Assessment</td>
<td>Older adults living with cognitive impairment, frailty and complexity.</td>
<td>Comprehensive Geriatric Assessment with recommendations to primary care physicians</td>
<td>Edmonton</td>
<td>Phone: 780-401-2663  Address: Seniors’ Clinic 11400 University Avenue Edmonton, Alberta T6G 1Z1</td>
<td>Referrals received from physicians using the above method.</td>
<td>Yes</td>
<td>Continence Clinic Adrian Wagg</td>
<td>None</td>
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**Provision of Continence Care in Alberta**
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| Dr. Sam Azer - Care Plus Clinic, United Health Centre and Miza Health Centre | Medical | Female incontinence and prolapse | Pessary | Edmonton | Name of the contact person: Lani  
Phone Number: 780-612-6992  
Address: 5905 50 Street Leduc AB T9E 8S7  
Address: 7609 109 Street NW  
Edmonton T6J 1C3  
Email: samazer@shaw.ca  
Name: Sam Azer  
Email: samazer@shaw.ca  
Website: unitedhealthcentre.com  
Address: 104 11910-111 Avenue Edmonton, AB T5G 3G6  
Email: samazer@shaw.ca  
Phone: 780-454-0351 Website: unitedhealthcentre.com | No, none  
Referral accepted but not needed | No, none | No, none | Pessary price $100 |
| CURA Physical Therapies- Traci Belyk, Elizabeth Cyranikiewicz, Sonja De Milliano, Nadia Keshwani, Calista Naismith, Linda Quinn, Sheena Worton, Mary Wood | Physiotherapy | Women (children), incontinence, bladder and bowel, bladder dysfunction, pelvic pain, sexual pain, bowel dysfunction | Education sessions, Manual therapy, Pelvic floor muscle training, ultrasound biofeedback, estim, acupuncture, Group exercise programs for pelvic health | Edmonton | Name of the contact person: Mary Wood  
Phone Number: 780-443-4473  
Email: patients@curaphysicaltherapies.com  
Address: 17032 90 Ave NW, Edmonton, AB T5T 1L6  
Website: www.curaphysicaltherapies.com | Phone and website | No | Yes | Small amount of funding thru AHS incontinence program at this time. EHB will cover physiotherapy contact clinic for fees. |
| Corona Station Physical Therapy-Chantal Pinset | Physiotherapy | Women’s Health, pelvic health, ortho, MVA, chronic pain sports injury, TMJ | Physiotherapy (acupuncture, dry needling, running assessment) Massage | Edmonton | Name of the contact person: Chantal Pinset  
Phone Number: 780-424-4804  
Email: chantal@coronaphysio.com  
Address: Suite 101 10055-106 St  
Website: http://www.coronaphysio.net/ | Phone, website | No | None | Will direct bill with most insurance companies |
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<tr>
<td>Innovation Physical Therapy-West Henday</td>
<td>Physiotherapy</td>
<td>Post-partum Women, middle aged women and seniors</td>
<td>Incontinence Management, pelvic organ prolapse management and management of pelvic pain</td>
<td>Edmonton and Spruce Grove</td>
<td>Name of the contact person: Anthony Yong Phone Number: 587-873-8808 Email: <a href="mailto:info@innovationphysio.com">info@innovationphysio.com</a> Address(1) 876 Webber Greens Drive, NW Edmonton AB T5T 4K5 Website: <a href="https://innovationphysio.com/locaton/west-henday/">https://innovationphysio.com/locaton/west-henday/</a> Address(2): 7 McLeod Ave, 108 Spruce Grove AB T7X 4B8 780-571-1100 <a href="mailto:info@innovationphysio.com">info@innovationphysio.com</a></td>
<td>Handouts</td>
<td>No- self referral is accepted.</td>
<td>No</td>
<td>Pelvic Assessment: $150 and Pelvic follow up $100</td>
</tr>
<tr>
<td>Millbourne Sports Plus Physiotherapy-Evelyn Etruw</td>
<td>Physiotherapy</td>
<td>General population with symptoms related to pelvic and pelvic muscle dysfunction (male and female)</td>
<td>Stress Urinary incontinence, Urge Urinary incontinence, Vaginismus, General Pelvic Floor Weakness, Vulvodynia, Vestibulodynia, Fecal Incontinence, Coccy Pain, Pre/Post- Natal Rehabilitation, Diastasis Recti</td>
<td>Edmonton</td>
<td>Name of the contact: Evelyn Etruw Phone Number: 780-469-3540 Email: <a href="mailto:mbphysio@telus.net">mbphysio@telus.net</a> Address: 158, 7609 38 Ave NW Edmonton, AB T6K 3L6 Website: <a href="http://www.millwoodsphysiotherapy.com/millbourne.html">http://www.millwoodsphysiotherapy.com/millbourne.html</a> Phone, website, through family physician</td>
<td>No</td>
<td>Dr. Gross, Phone Number: 780-705-9944</td>
<td>Extended health coverage, or private pay</td>
<td></td>
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<tr>
<td>Acadia Physical Therapy</td>
<td>Physiotherapy</td>
<td>Adults and geriatric, children are also seen for this but not continence assessment/treatment</td>
<td>Physiotherapy, pelvic health physiotherapy, IMS, Acupuncture, psychology, massage, vestibular rehab, TMJ</td>
<td>Edmonton</td>
<td>Name of the contact: Filipa Cruz Godinho Phone Number: 780-473-1861 Email: <a href="mailto:service@acadiapt.com">service@acadiapt.com</a> Address: 200-12781, 50 Street, Edmonton, AB T5A 4L8 Email: www: acadiapt.com</td>
<td>Direct Access</td>
<td>No</td>
<td>Alberta College of Physiotherapists</td>
<td>Assessment: $150 Treatment: $85. Patients will pay privately and health benefits can be used and will be charged as physiotherapy.</td>
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<tr>
<td>Symphony Rehab</td>
<td>Physiotherapy</td>
<td>Pelvic Health and Orthopedic</td>
<td>Acupuncture, Manual Therapy, Exercise for Incontinence, Frequency, Urgency Retention</td>
<td>Edmonton</td>
<td>Name of the contact person: Keeley Smith Cell Ph:780-887-6206 Clinic Ph: 250-741-0141 Email: <a href="mailto:keeley@symphony-rehab.com">keeley@symphony-rehab.com</a> Address: Symphony Rehabilitation Evolve Gym South 4825 89St T6E5K1 Edmonton, AB Website: <a href="http://www.symphony-rehab.com">www.symphony-rehab.com</a></td>
<td>Online booking with fees displayed for appointments for direct in person access. Free consult call in regards to questions and assessment Website and front desk administration &quot;Skype&quot; style services allow access from home for assessment, education and exercise programming.</td>
<td>No referral needed. For benefit coverage and direct billing some individual plans require a doctor's referral to allow coverage.</td>
<td>Yes, Urogynecology Clinic at the Royal Alex, CURA and other private clinics. List of other Pelvic PTs can be provided to patients if I can't help them or see them in my schedule.</td>
<td>$150/ 1 hr assessment $85/ 30 minutes Direct Billing available</td>
</tr>
<tr>
<td>Nuture Her Inc.</td>
<td>Physiotherapy</td>
<td>Women for all ages</td>
<td>Physiotherapy for: incontinence (all types), urinary urgency/frequency/OAB, pelvic organ prolapse, urinary retention, pelvic pain, low back pain, diastasis recti, birth preparation, pain in pregnancy, perineal tearing/injury rehab, postpartum recovery, post surgical rehab</td>
<td>Edmonton</td>
<td>Name of the contact person: Mandy Rempfer-Kuncio (owner and PT) Phone Number :780-278-2004 (main appointment booking number is 780-680-6944 Email: <a href="mailto:info@nurtureher.ca">info@nurtureher.ca</a> Address: Lucina Centre 5905 163 Street Edmonton, AB T5P 3M6 Website: <a href="http://nurtureher.ca/">http://nurtureher.ca/</a></td>
<td>Website, email, phone.</td>
<td>No referral needed</td>
<td>Alberta College of Physiotherapists</td>
<td>Assessment: $165 for 1 hour, Follow up treatment: $90 for 30 minutes. No AHS coverage, Patients must pay at their visit and can then submit receipts to any extended health care benefits they may have.</td>
</tr>
<tr>
<td>Propel Sports Physiotherapy clinic</td>
<td>Physiotherapy</td>
<td>MVA, WCB, Orthopedic, Women's Health</td>
<td>Physical Therapy Pre/Post Natal Pelvic Care Massage Therapy IMS/Functional Dry Needling Functional Movement Screens One on One Coaching Group Classes Small Group Training Performance Coaching Team Training</td>
<td>Edmonton</td>
<td>Name of the contact person: Paramjit Kaur and Erica Vargas Phone Number :780-680-5964, 780-898-8002 Email: <a href="mailto:info@propelportsphysio.com">info@propelportsphysio.com</a> <a href="mailto:pkaur@ualberta.ca">pkaur@ualberta.ca</a>, <a href="mailto:param.propelphysio@gmail.com">param.propelphysio@gmail.com</a> Address: 4242 99 street, Edmonton Website: Propel Physiotherapy</td>
<td>Website, phone, email.</td>
<td>No referral needed</td>
<td>Name :Naima Ali Phone number:780-999-5015 Email: Address:Momentum Sports and SpinePhysiotherapy Clinic</td>
<td>Assessment: $150 and Treatment: $121</td>
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<td>Parkinson and Movement Disorders Clinic- Dr. Jennifer McCombe and Dr. Naheed Rajabali</td>
<td>Medical and multidisciplinary</td>
<td>MS, Parkinson's Disease, cognitive impairment</td>
<td>Management of movement disorders (Parkinsons/isms, Huntingtons, Dystonias, other rare movement disorders) Management of Classically labelled Geriatric Medicine issues (e.g., “geriatric giants”, cognitive assessment, etc) Management of Internal Medicine related issues (Diabetes, Hypertension, Atrial Fibrillation, Heart Failure, COPD etc) Rehabilitation assessment</td>
<td>Edmonton</td>
<td>Name: Dr. Jennifer McCombe and Dr. Naheed Rajabali Phone: 780-248-1166 Address: 11400 University Avenue Edmonton, Alberta T6G 1Z1 Website: <a href="http://www.movementdisorders.ualberta.ca/">http://www.movementdisorders.ualberta.ca/</a></td>
<td>Through clinic visits</td>
<td>Yes from other doctors</td>
<td>Glenrose Continence Clinic, Misercordia Hospital Continence Clinic, Cura Physical Therapies</td>
<td>None</td>
</tr>
<tr>
<td>Bounce Back Physical Therapy - Jill Palmer</td>
<td>Pelvic Physiotherapy</td>
<td>Women</td>
<td>Pelvic Physiotherapy</td>
<td>Edmonton</td>
<td>Name of the contact person: Jillian Palmer Phone Number: 870-686-1414 Email: <a href="mailto:jill@bouncebackphysio.ca">jill@bouncebackphysio.ca</a> Address: 3010-106 st NW, Edmonton Alberta, T6G 5M5 Website: <a href="http://www.bouncebakphysio.ca">www.bouncebakphysio.ca</a></td>
<td>Information can be easily accessed online</td>
<td>No referral needed</td>
<td>None</td>
<td>Initial assessment: $165, follow ups $90 Initial assessment: $165, follow ups $90 - covered under extended health coverage for Physiotherapy</td>
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<tr>
<td>Innovation Physiotherapy or Therapy2U Mobile Physiotherapy</td>
<td>Physiotherapy and Mobile Physiotherapy</td>
<td>All ages and gender</td>
<td>Pelvic health physiotherapy relating to pelvic health incontinence (urinary/fecal), overactive bladder, prolapse, post surgical female/male, pregnancy, diastasis recti</td>
<td>Edmonton</td>
<td>Innovation: Name of the contact person: Owner of clinic- Anthony Yong Phone Number : 587-524-8200 Email: <a href="mailto:tony@innovationphysio.com">tony@innovationphysio.com</a> Address: 15823 97 Street NW #209, Edmonton, AB T5X 6C7 Website: <a href="http://www.innovationphysio.com">www.innovationphysio.com</a> Therapy2U Mobile Physiotherapy Name of the contact person: Melissa Voll Phone Number : 780-708-2470 Email: <a href="mailto:info@therapy2u.ca">info@therapy2u.ca</a> Address: 122 Castle Drive, Edmonton, AB, T5X 6J1 Website: <a href="http://www.therapy2u.ca">www.therapy2u.ca</a></td>
<td>Information available on website or by Information available on website or by calling or emailing.</td>
<td>No referral needed.</td>
<td>No</td>
<td>Not funded through AHS at this time.</td>
</tr>
<tr>
<td>Physiotherapy Clinic- Margret (“Maggie”) Reichel</td>
<td>Physiotherapy and massage therapy</td>
<td>Specific for pelvic/women’s health: bladder incontinence, pre and post surgical, peri and post-partum, bowel dysfunction, pelvic floor muscle weakness. General population: athletes, post-surgical, orthopedic, musculoskeletal injuries, workers compensation, motor vehicle accidents, geriatric, vestibular dysfunction.</td>
<td>Pelvic/women’s health, vestibular rehabilitation, IMS, dry needling, acupuncture, orthotics, healthy athlete screening, shockwave therapy.</td>
<td>Edmonton</td>
<td>Name of the contact person: Joanna (office manager) or Maggie (physiotherapist) Phone Number 780-438-4515 Email: <a href="mailto:admin@pleasantviewphysio.ca">admin@pleasantviewphysio.ca</a> Address: 11044 51 Ave NW #310, Edmonton, AB T6H 5B4 Website: <a href="https://www.pleasantviewphysio.ca">https://www.pleasantviewphysio.ca</a></td>
<td>Doctor referrals, website, word of mouth, networking partners (chiropractors, massage therapists, athletic team coaches)</td>
<td>Referral is not needed.</td>
<td>T Name: Sarah Jane (Kalincioka) Conrad, PT Phone number: (780) 680-6944 Email: Address: Nurture Her physiotherapy- 9505 163 St NW, Edmonton, AB T5P 3M6 Website: nurtureher.ca/ Name: Dianna MacDonald, PT Lois Hole Hospital for Women (Royal Alexandra Hospital) Ground level, Robbins Pavilion Address 10240 Kingsway Avenue Edmonton, Alberta T5H 3V9 Telephone 780-735-5290 Name: Evelyn St Jules, PT AHS, WCB, MVA funded for general population. Privately only for pelvic/women’s health, dry needling, vestibular. Most insurances will provide partial or total coverage of private assessment and treatment(s). Initial women’s health assessment cost is $150 (1hour) and subsequent treatment sessions are $95 (30min).</td>
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<tr>
<td>PhysioMira Physiotherapy</td>
<td>Physiotherapy</td>
<td>All ages, orthopedics, pelvic health</td>
<td>Physiotherapy</td>
<td>Edmonton</td>
<td>Name of the contact person: Mira Jindani Phone Number : 780-306-0808 ext 1 Email:<a href="mailto:mira@physiomira.com">mira@physiomira.com</a> Address: 8130 82 ave Website:www.physiomira.com</td>
<td>Very accessible- can book online and find further info on website</td>
<td>Direct access- no referral needed</td>
<td>Name: Bounce Back physical therapy is a clinic a coordinate with for patient care</td>
<td>No AHC coverage Most third party insurance carriers cover at least a portion of physiotherapy costs</td>
</tr>
<tr>
<td>Thrive Therapy Clinic - Natalie Barraclough</td>
<td>Physiotherapy</td>
<td>Stress Urinary &amp; Fecal Incontinence Urinary Urge Incontinence Post-operative bladder repairs</td>
<td>Pelvic Floor Physiotherapy</td>
<td>Edmonton</td>
<td>Name of the contact person: Natalie Phone Number : 780-433-5346 Email: <a href="mailto:info@thrivetherapyclinic.com">info@thrivetherapyclinic.com</a> Address: #111, 2841 109 St NW, Edmonton, AB, T6J 6B7 Website: thrivetherapyclinic.com</td>
<td>Website</td>
<td>No referral needed</td>
<td>On Pelvic Floor physiotherpists list</td>
<td>No AHC coverage Most third party insurance carriers cover at least a portion of physiotherapy costs</td>
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<tr>
<td>CBI Health Group- Damion Martin</td>
<td>Physiotherapy</td>
<td>Acute injury management</td>
<td>Manual therapy Modalities Exercises therapy Vestibular rehab Acupuncture</td>
<td>Edmonton</td>
<td>Name of the contact person: Damion Martin Phone Number : 780 669 4855 Email: <a href="mailto:damionmartin@cbi.ca">damionmartin@cbi.ca</a> Address: 10141 50 Street NW Website: <a href="https://www.cbi.ca/web/physiotherapy-edmonton-50th-north-west?utm_source=Googluikanut">https://www.cbi.ca/web/physiotherapy-edmonton-50th-north-west?utm_source=Googluikanut</a> g&amp;utm_medium=gm&amp;amp;utm_campaign=CBIWc Website and phone.</td>
<td>No</td>
<td>Name: Mary Wood (Cura Physiotherapy) Phone number: (780) 443-4473 Email: Address: 17032 90 Ave NW, Edmonton, AB T5T 1L6 Website: <a href="http://www.curaphysicaltherapies.com/">www.curaphysicaltherapies.com/</a></td>
<td>Assessment $95 Treatment $80</td>
<td></td>
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<tr>
<td>Resolve Physio and Wellness-Carolyn Leibel and Brooke Hanson</td>
<td>Physiotherapy</td>
<td>All ages women for incontinence, pelvic pain, pre and post natal training, etc</td>
<td>Education, biofeedback, manual therapy, functional dry needling, exercises</td>
<td>Edmonton</td>
<td>Name of the contact person: Carolyn Leibel Phone Number : 780-395-9170 Email: <a href="mailto:carolyn@resolvephysio.ca">carolyn@resolvephysio.ca</a> Address: #104- 1103 95 st, Edmonton AB T6X 0P8 Website: resolvephysio.ca Website, a lot of patients are referred by doctors/gynecologists , word of mouth</td>
<td>No referral needed</td>
<td>Yes</td>
<td>Yes, it is considered regular physiotherapy and is billed as such, so if someone has insurance to cover physio treatment, women’s health physio appointments will be covered.</td>
<td></td>
</tr>
<tr>
<td>CSA Physiotherapy on 51 st Ave-Carli Bennett</td>
<td>Physiotherapy</td>
<td>Male/Female Incontinence/Prolapse</td>
<td>Physiotherapy assessment/treatment of incontinence.</td>
<td>Edmonton</td>
<td>Name of the contact person: Speak with any receptionist to book in. Phone Number : 780-988-9780 Email: <a href="mailto:info51@csaphysio.ca">info51@csaphysio.ca</a> Address: 10393 51 Ave NW Edmonton AB T6H 0K4 Website: <a href="https://csaphysio.ca/">https://csaphysio.ca/</a> Information is available on the website, or by phone</td>
<td>Referral not needed unless patients insurance company requires referral for reimbursement</td>
<td>Name: CSA Physiotherapy at Grandin Plaza Phone number: 780-458-0255 Email: <a href="mailto:receptiong@csaphysio.ca">receptiong@csaphysio.ca</a> Address: 508 Grandin Park Plaza 22 Sir Winston Churchill Avenue St. Albert, AB T8N 1B4 Website: <a href="https://csaphysio.ca/">https://csaphysio.ca/</a> Our sister clinic in St Albert also has a therapist offering continence services. I am aware of another clinic called ‘Bounce back’ of ‘Cura’, and the Women’s center at the Royal Alex.</td>
<td>Rx fee: $95 We direct bill many insurance companies. Ax fee: $110</td>
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<tr>
<td>Active Physio Works- Candace Mazur</td>
<td>Physiotherapy</td>
<td>Incontinence (stress, urge, mixed), prolapse, pelvic pain, dyspareunia, vaginismus, vulvodynia, diastasis recti</td>
<td>Pelvic floor physiotherapy for the above diagnoses + pre and postnatal care.</td>
<td>Edmonton and St. Albert</td>
<td>Name of the contact person: Candace Mazur Phone Number: 780-458-8505 Email: <a href="mailto:candace@activephysioworks.com">candace@activephysioworks.com</a> Address: 400 Campbell Road #1502, St. Albert AB Magrath: #206, 14127 23 Ave NW Edmonton AB, T6R 0G4 Website: <a href="http://www.activephysioworks.com">www.activephysioworks.com</a></td>
<td>Information regarding pelvic services are posted on our website. Patients can call and access information or contact Candace via email.</td>
<td>No referral needed.</td>
<td>None</td>
<td>Pelvic Assessment: $135.00 Pelvic Treatment: $95.00 Assessments and treatments are covered through extended health care if patients have physiotherapy coverage.</td>
</tr>
<tr>
<td>Lifemark Lake Beaumaris- Carmen Saporito</td>
<td>Physiotherapy</td>
<td>Female incontinence</td>
<td>Assessment and treatment of female incontinence</td>
<td>Edmonton</td>
<td>Name of the contact person: Carmen Saporito Phone Number :780- 456-3668 Email: <a href="mailto:carmen.saporito@lifemark.ca">carmen.saporito@lifemark.ca</a> Address:15379 Castledowns road Website:www.lifemark.ca</td>
<td>Website and Phone</td>
<td>No</td>
<td>None</td>
<td>Assessment: $160 Treatment : $100 Insurance coverage dependent on client’s plan. Will direct bill if allowed by insurance company.</td>
</tr>
<tr>
<td>Hawkstone Physiotherapy- Sar Uretsky Leung</td>
<td>Physiotherapy</td>
<td>Musculoskeletal issues, vertigo, concussion, incontinence issues, bowel/bladder issues, custocels, rectocels.</td>
<td>Same as the types of patients seen including; Acupuncture, IMS, radialshockwave</td>
<td>Edmonton</td>
<td>Name of the contact person: Sari Uretsky Leung Phone Number :780-930-1334 Address:206-18332 Lessard Rd. Edmonton AB, T6M 2W8 Website:www.hawkstonept.com</td>
<td>Website and Phone</td>
<td>No</td>
<td>Cura Physical Therapy and Misercordia Incontinence Clinic</td>
<td>Private insurance may cover physiotherapy services, each plan is different. AHS does not cover services.</td>
</tr>
<tr>
<td>Victoria Trail Physiotherapy/Maxx Physiotherapy</td>
<td>Physiotherapy</td>
<td>All age group of patients</td>
<td>Rehabilitation and physiotherapy</td>
<td>Edmonton/Fort Saskatchewan</td>
<td>Name of the contact person: Pooja Gulianiya Phone Number: 587-778-2733 Address: 180,550 Clareview Road,AB, T5A 4H2 Edmonton,AB/ #105,10101-86Ave Fort Saskatchewan,AB</td>
<td>Access is word of mouth</td>
<td>No referral needed</td>
<td>None</td>
<td>Treatment and Assessment is $70</td>
</tr>
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<td>Synergy Women’s Wellness Clinic Synergy Women’s Wellness Clinic Lesley Bellefeuille RN BScN NCA Dr. Kim Anderson Hill Dr. Ioana Solomon</td>
<td>Medical; Pelvic floor physiotherapy available in the building as well which we refer to.</td>
<td>Female patients with prolapse and incontinence. 3 day bladder diary mailed to new patients.</td>
<td>Conservative management of incontinence and prolapse; Assessment and treatment with conservative measures. Pessary fitting and follow up.</td>
<td>Sherwood</td>
<td>Name of the contact person: Jackie Phone Number :780-467-4343 Email: <a href="mailto:lesleyb@sherwoodparkccn.ca">lesleyb@sherwoodparkccn.ca</a> Address: 225 Synergy Wellness Centre 501 Bethel Drive Sherwood Park, Alberta, T8N 0N2</td>
<td>Referral from family doctor or specialist. Referral accepted from pelvic floor physiotherapist and Nurse Practitioner.</td>
<td>Yes from family doctor or specialist.</td>
<td>Urogynecology Clinic at the Royal Alexander Hospital and Northern Alberta Continence Clinic</td>
<td>No service charge. A charge of $70 for each pessary taken home to recover cost of device.</td>
</tr>
<tr>
<td>True Balance Longevity INC. Dr. Roy Brown and Dr. Ashley Fyfe-Brown</td>
<td>Medical</td>
<td>Stress and Urgency Incontinence</td>
<td>Laser Vaginal Rejuvenation and High Intensity Focused Electromagnetic Therapy</td>
<td>Sherwood Park</td>
<td>Name of the contact person: Korkisa Phone Number :780-570-8019 Email: <a href="mailto:korkisa@truebalance.ca">korkisa@truebalance.ca</a> Address: 203-52 Sioux Road Sherwood Park, AB T8A 4X1 Website: mytruebalance.ca Address: 111, 20 Westwind Drive Spruce Grove T7X 0Y3</td>
<td>Wheelchair Accessible</td>
<td>No</td>
<td>No</td>
<td>No services charges for initial assessment. Laser and Electromagnetic therapy, patient pay.</td>
</tr>
<tr>
<td>pt Health Sherwood Park- Marianne Custodio Fox</td>
<td>Physiotherapy</td>
<td>All types of patients: general MSK, WCB, MVA, orthopedic, pelvic conditions Specific to pelvic patients we treat females with pre and post-partum issues, pelvic pain, urinary incontinence, pelvic organ prolapse, pelvic floor weakness, coccydynia, vulvodynia, vaginismus, and scar tissue; males with coccydynia and pelvic pain.</td>
<td>Physiotherapy, massage therapy, chiropractic, traditional acupuncture, dry needling, cupping, and exercise prescription</td>
<td>Sherwood Park</td>
<td>Name of the contact person: Marianne Custodio Fox Phone Number: 780-449-0544 (ext 2) Email: <a href="mailto:mcustodio@pthealth.ca">mcustodio@pthealth.ca</a> Address: 209-501 Bethel Drive, Sherwood Park, T8H 0N2 Website: <a href="https://www.pthealth.ca/clinic/sherwood-park-physiotherapy/">https://www.pthealth.ca/clinic/sherwood-park-physiotherapy/</a></td>
<td>Easily accessible via website or telephone</td>
<td>No referral required. However, patients may require referral from their primary care physicians if using private insurance for our services.</td>
<td>Yes- many of them on this list</td>
<td>Current Pelvic Fees (as of Sept 2018): Assessment $150 Treatment $90 Private insurance coverage varies from plan to plan. Pelvic physiotherapy services can be covered under general physiotherapy benefit allowances.</td>
</tr>
<tr>
<td>Impact Physio and Sports Clinic in Beaumont and Emerald Hills Physio and Sports Clinic in Sherwood Park</td>
<td>Physiotherapy</td>
<td>Pelvic floor dysfunction, bowel/bladder incontinence, pelvic organ prolapse, pelvic pain syndrome, musculoskeletal dysfunctions, chronic constipation, pre/post surgical pelvic floor care, pain during intercourse, pelvic floor/core weakness.</td>
<td>External and internal manual therapy, pelvic floor exercises, core strengthening, relaxation technique</td>
<td>Sherwood Park and Beaumont</td>
<td>Name of the contact person: Emily Phone Number: 780-929-7272 Address: 104-6110 50 Street Beaumont AB, T4X 1T8 and 8005 Emerald Dr #826, Sherwood Park, Ab T8H 6P1 Website, phone and google.</td>
<td>No referral needed. call the clinic to book with Navdeep.</td>
<td>None</td>
<td>Assessment: $150 and Treatment: $ 110; usually covered under physio services.</td>
<td></td>
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<td>Lifestyle Allan Centre-Dr. Bruce Allan</td>
<td>Medical</td>
<td>Female 18 years and older</td>
<td>Initial assessment of urinary incontinence and discussion of options. Medical, surgical and non-surgical options are available at the clinic.</td>
<td>Calgary</td>
<td>Name of the contact person: Melissa Phone Number: 403-225-2141 Email: <a href="mailto:info@lifestyleallancentre.com">info@lifestyleallancentre.com</a> Address: #385 – 11012 Macleod Trail SE Calgary, Alberta, T2J 6A5 Website: <a href="http://www.itsnotjustme.ca">www.itsnotjustme.ca</a></td>
<td>Very accessible through website and email.</td>
<td>Self-referrals are accepted.</td>
<td>Name: Merle Morton, Canadian Continence Clinic (physiotherapy) Phone number: 403-271-2550 Email: Address: #460 – 11012 Macleod Trail SE, Calgary, AB, T2J 6A5</td>
<td>Initial consult / assessment is covered by Alberta Health Care Insurance. Some services are covered by Alberta Health Care Insurance and other services are third party or private pay.</td>
</tr>
<tr>
<td>Pelvic Floor Clinic-Dr. Robert Magali, Grace Neustaeder NCA, Jana Lognon NCA</td>
<td>Multidisciplinary Ambulatory Urogynecology Outpatient</td>
<td>Females with pelvic floor dysfunction – bladder &amp; bowel control issues and/or pelvic organ prolapse</td>
<td>Conservative, surgical, physiotherapy, cytoscopy, urodynamics, chronic pain.</td>
<td>Calgary</td>
<td>Name of the contact person: Mandy Hammer Phone Number: 403 944-400 (clinic #) Address: 1441 29 th Street NW Calgary North Tower/Women’s Health Centre (FMC site) Website: <a href="http://www.ahs.ca/services/calgarypelvicfloorclinic.asp">www.ahs.ca/services/calgarypelvicfloorclinic.asp</a></td>
<td>By referral, website consult.</td>
<td>Yes from physician or physiotherapists with referral privileges</td>
<td>None</td>
<td>No access charges; covered by Albert Health Care; cost for pessaries.</td>
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<tr>
<td>Pelvic Floor -Dr. Magnus Murphy</td>
<td>Pelvic Floor/Laser</td>
<td>Urogynecology: prolapse, incontinence, gential syndrome of menopause, vaginal laxity</td>
<td>Urogynecology, Laser gynecology/cosmetic laser, cosmetic gynecology surgery, pessaries, urodynamics</td>
<td>Calgary</td>
<td>Name of the contact person: B Spence Phone Number: 403-692-0440 Email: <a href="mailto:info@pelvicfloor.com">info@pelvicfloor.com</a> Address: 218-1011 Gelmero Trail SW Calgary, AB T2V 4R6</td>
<td>Very accessible; through website</td>
<td></td>
<td>None</td>
<td>Medical services covered with healthcare card and cosmetic services charged directly to patient.</td>
</tr>
<tr>
<td>VESIA- Vesia [Alberta Bladder Centre] Dr. Richard Baverstock Dr. Kevin Carlson Dr. Marcus Baverstock Dr. G. Coppola Dr. Jeanne Jensen Dr. Colin Birch</td>
<td>Medical by Referral only Physiotherapy (Yolanda Loo, Rumi Krzywicki and Safa Rahman) Nurses (Carmen MacDonald and Jill Briedel)</td>
<td>Male, Female, Neurogenic Bladder Prolapse, Incontinence</td>
<td>Consultation, Pessary Fitting, In and Out catheter teaching, Physiotherapy, Flow and Scan</td>
<td>Calgary</td>
<td>Phone Number: 403-943-8900 Address: 6600 – 7001 14 th St SW Calgary T2V 1P9 Website: vesia.ca</td>
<td>Consultation with MD is via referral by fax: 403-943-8979 Physiotherapy booking: 403-943-8900</td>
<td>YES for MDs (anyone with Prac ID) No for physio</td>
<td>None</td>
<td>We do not bill insurance companies. Pessary fittings, Catheter changes, physiotherapy are all billed to patients with an invoice that they can claim against insurance if they have. All MD visits are covered by Provincial health.</td>
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| Alana Devlin BMR PT CAFCI                                    | Physiotherapy | Pre and post natal, all women's health issues, pelvic pain, issues with genitourinary symptoms of menopause, urinary incontinence, pelvic organ prolapse | Pelvic Floor/Health physical therapy | Calgary | Name of the contact person: Barb  
Phone Number: 403-692-0440  
Address:218-1011 Glenmore Trail SW  
Calgary, AB T2V 4R6  
Website:www.pelvicfloor.com  
Name of the contact person: Jen  
Phone Number:403-287-4179  
Address:636 29 th Ave SW  
Calgary, AB T2S 0P1  
Website:www.glencoe.org  
Name of the contact person: Sharron  
Phone Number:403-288-8877  
Address:185 Scenic Acres Drive NW  
Calgary AB T3L 1L4  
Website:www.lifemark.ca | On line or feel free to call contact. Very Accessible | Referral not needed. Referral may be required for insurance purposes. Please check with insurance provider. Do not direct bill to insurance. | None | Initial assessment: $160-$170  
Follow up:$140-$170 |
| Richmond Physiotherapy- Aly Maclean                          | Physiotherapy | Women (during or after pregnancy, other women experiencing pelvic floor dysfunction including incontinence, pelvic pain etc.) | Pelvic health assessment (incl. internal exams) and treatment including soft tissue techniques, muscle retraining/strengthening, bladder retraining, patient education, accommodator therapy. | Calgary | Name of the contact person: Aly Maclean  
Phone Number: 403- 242-1111  
Email: alymac.pt@gmail.com  
or admin@richmondphysiotherapy.ca  
Address: 210 - 3715 51st Street S.W.  
Calgary, AB T3E 6V2  
Website: richmondphysiotherapy.ca | No, unless referral is required for individual’s extended benefits to cover physiotherapy visits. | Name: Lakeview Physiotherapy  
Phone number: (587) 317-9981  
Email: reception@lakeviewphysio.ca  
Address: 6449 Crowchild Trail SW #11  
Calgary, AB T3E 5R7  
Website: https://lakeviewphysio.ca/ | | |
| Intrinsi-Claire Harris                                       | Rehab         | Chronic pain Pelvic health (incontinence, prolapse, pelvic pain, low back pain, hip pain, pelvic conditions) Musculoskeletal injuries (sprain/strain) Whiplash/MVA Infants Recreational/professional athletes Elderly | Physiotherapy Osteopathy Athletic Therapy Massage Therapy | Calgary | Name of the contact person: Claire Harris  
Phone Number: (403) 229-9214  
Email: Claire@intrinsi.ca  
Address: 1608 17 Ave SW #103,  
Calgary, AB T2T 0E3  
Website: https://www.intrinsi.ca | Online Walk by Family or friend referral  
Referred by associated professionals (chiro, docs, RMTs) | No. | Several other service providers in the surrounding area. | Assess: $155  
Standard Follow Up: $123  
Short Follow Up: $98  
Insurance coverage provided. |
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<td>Lifemark Health Centre(Sunpark)-Corinne Langford</td>
<td>Physiotherapy</td>
<td>Pelvic floor clients (weakness, tension, pain, prolapse, pre/post natal, pre/post surgery)</td>
<td>Pelvic floor assessment and treatment, muscle stim, dry needling, yoga therapy, qi gong.</td>
<td>Calgary</td>
<td>Name of the contact person: Corinne Langford  Phone Number : 403-254-0057  Email: <a href="mailto:corinne.langford@lifemark.ca">corinne.langford@lifemark.ca</a>  Address: #213, 40 Sunpark Plaza SE Calgary, AB, T2X 3X7  Website: <a href="https://www.lifemark.ca/therapists/corinne/langford/230">https://www.lifemark.ca/therapists/corinne/langford/230</a></td>
<td>Very, they can book online or over the phone.</td>
<td>No referral required</td>
<td>None</td>
<td>Assessment $160  Treatment $140  Covered under physiotherapy benefits</td>
</tr>
<tr>
<td>Diverse Sports Physical Therapy- Foozieh Ostowari and Priyanka Sud</td>
<td>Physiotherapy; we also accommodate physio and kinesiology students placements. We also have acupuncturist and nutritionist and massage therapist as consultants.</td>
<td>From infant with torticollis to elderly with hypomobility and stroke patients</td>
<td>TMD, Pelvic Health (male, female pediatric) with incontinence and encopresis and prolapsed and pain and coccydyna, Vestibular and Concussion and balance disorder, Orthotics, Sports (all levels and kinds of sports), Long Term and Short Term Disability, WCB, MVA, Regular private patients, Neurorehab (Post-CVA) and Chronic pain.</td>
<td>Calgary</td>
<td>Name of the contact person: Foozieh Ostowari (Owner), Donna Dolor (Office Manager)  Phone Number : 403-453-0727, 403-453-0729 (fax)  Email: <a href="mailto:diversesportsphysicaltherapy@gmail.com">diversesportsphysicaltherapy@gmail.com</a>  Address: 405-4600 Crowchild Tr. NW Calgary, AB, T3A 2L6  Website: <a href="http://www.diversesports.ca">www.diversesports.ca</a></td>
<td>Through website; patients are normally booked within a day or two. Vestibular and concussion patients are booked on the same day as walk-ins, We have a contract with the post-secondary students for 60.00/ assessment and 30.00/ treatment and 50.00/ 1 hour of massage</td>
<td>No referral needed unless patient insurance company asks for it. Referral for massage and physiotherapy needed for post-secondary students due to the contract policy agreement. Orthotics need referral, the referral, if needed in some cases, need to come from a physician.</td>
<td>Yes-list</td>
<td>Pelvic health is a one hour appointment. $135.00/ assessment and $110.00/ treatment. Other services vary depending the time and other services involved.</td>
</tr>
<tr>
<td>Lakeview Physiotherapy- Heather Enns, Gayle Halme, Kaitlyn Sereda</td>
<td>Physiotherapy (Clinic): orthopedics, Women’s, Men’s and Children’s pelvic health (Providers) Women’s pelvic health</td>
<td>Orthopedic and Pelvic Health Physiotherapy.</td>
<td>Online, phone, in-person, Facebook, Instagram</td>
<td>Calgary</td>
<td>Name of the contact person: Gayle Halme  Phone Number : 403-249-5253  Email: <a href="mailto:reception@lakeviewphysio.ca">reception@lakeviewphysio.ca</a>  Address: #11 – 6449 Crowchild Trail SW Calgary, AB T3E 5R7  Website: <a href="http://www.lakeviewphysio.ca">www.lakeviewphysio.ca</a></td>
<td>Online, phone, in-person, Facebook, Instagram</td>
<td>No referral required; direct access to physiotherapy services</td>
<td>None</td>
<td>Fee for Service; Physiotherapy covered by most extended health insurance plans.</td>
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<td>What is your personal knowledge of other providers offering continence services?</td>
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<tr>
<td>Optimum Perinatal Health inc.</td>
<td>Physiotherapy</td>
<td>Prenatal and Postnatal Women with Pelvic Floor Dysfunction (Including Incontinence)</td>
<td>Pelvic and Orthopaedic Physiotherapy Prenatal and Postnatal Education Workshops.</td>
<td>Calgary</td>
<td>Name of the contact person: Gina-Marie Cerantola Phone Number : 403-690-2221 ext 2 Email: <a href="mailto:info@optimumperinatal.com">info@optimumperinatal.com</a> Address: A201, 1600 - 90th Ave SW Calgary, AB T2V 5A8 Website: <a href="http://www.optimumperinatal.com">www.optimumperinatal.com</a></td>
<td>Information online on our website as well as accessible by telephone</td>
<td>No referral needed, but referral may be required for reimbursement through extended health care benefits.</td>
<td>Yes- many in Calgary</td>
<td>For those with extended health care benefits, assessment and follow ups maybe eligible for reimbursement through physiotherapy coverage. Fees as of 9/18/18 Pelvic physiotherapy assessment: $160 and pelvic physiotherapy Follow up: $115</td>
</tr>
<tr>
<td>The Downtown Sports Clinics-Hilary McDermott</td>
<td>Physiotherapy</td>
<td>Musculoskeletal and pelvic floor</td>
<td>Physiotherapy, massage, nutrition, sports medicine.</td>
<td>Calgary</td>
<td>Name of the contact person: Hilary McDermott Phone Number : 403-233-7007 Email: <a href="mailto:hilary.mcdermott@tsdc.ca">hilary.mcdermott@tsdc.ca</a> Address: 250, 444 7th Ave SW Calgary, AB T2P 0X8 Website:www.thedowntownsportsclinics.com</td>
<td>Website, advertising</td>
<td>No</td>
<td>None</td>
<td>$180 assessment – 1 hour $145 follow up – 1 hour $108 follow up – 30 minutes Extended health benefits will cover</td>
</tr>
<tr>
<td>Maximum Potential Physiotherapy-January Muhlbeier MScPT</td>
<td>Private Practice Physiotherapy</td>
<td>Women's health, vestibular, general orthopaedics.</td>
<td>Pelvic floor pain and/or dysfunction, incontinence, pre and post natal</td>
<td>Calgary</td>
<td>Name of the contact person: January Muhlbeier Phone Number : 403-744-5048 Email: <a href="mailto:maximumpotential@pthealth.ca">maximumpotential@pthealth.ca</a> Phone: 403-233-7007 Email: <a href="mailto:maximumpotential@pthealth.ca">maximumpotential@pthealth.ca</a> Address: 250, 444 7th Ave SW Calgary, AB T2P 0X8 Website: <a href="https://www.pthealth.ca/clinic/maximum-potential-physiotherapy/">https://www.pthealth.ca/clinic/maximum-potential-physiotherapy/</a></td>
<td>Website</td>
<td>No referral needed for our clinic; may require referral for insurance coverage.</td>
<td>None</td>
<td>Assessment: $140, Treatment $108 Not covered under Alberta Health Services covered by Third Party insurance if patients have physiotherapy coverage.</td>
</tr>
<tr>
<td>Northern Hills Sport Physiotherapy-Ioanna Smith and Brenda McGahey</td>
<td>Physiotherapy</td>
<td>Women's health physiotherapy peri and postnatal care, incontinence, pelvic organ prolapse, pelvic pain.</td>
<td>Women's health physiotherapy peri and postnatal care, incontinence, pelvic organ prolapse, pelvic pain.</td>
<td>Calgary</td>
<td>Name: Yolanda Lou Phone:403-262-2620 Address: 7007 14 St SW 6603, Calgary, AB T2V 1P9</td>
<td>Telephone, email, website.</td>
<td>Referral is only required if insurance companies require it.</td>
<td>Name: Yolanda Lou</td>
<td>Assessment $150 (60 min); Treatment $100 (40 min). If patient has extended health plan, we direct bill to most.</td>
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<td>Evidence Sport and Spine North Location-Kerry Worbets</td>
<td>Interdisciplinary team – physician, psychiatrist, nurse practitioner and physiotherapists</td>
<td>Pelvic and orthopedic patients</td>
<td>Physiotherapy for different pelvic health conditions including incontinence</td>
<td>Calgary</td>
<td>Name of the contact person: Kerry Worbets Phone Number: 403-210-9969 Email: <a href="mailto:kerryworbetopt@gmail.com">kerryworbetopt@gmail.com</a> Address: Canobriant Wellness Centre 2000 Veteran's Place NW #201 Calgary, AB T3H 5Y7 Website: <a href="https://www.evidencesportandspinal.com">https://www.evidencesportandspinal.com</a></td>
<td>Website</td>
<td>No referral needed</td>
<td>Yes; there's a list.</td>
<td>$1905 for assessment $1505 for treatment 1 hour $1105 for half hour treatment If patient has insurance for Physiotherapist- can claim for services.</td>
</tr>
<tr>
<td>Momentum Health Creekside-Kirstyn Cahoon</td>
<td>Physiotherapy</td>
<td>Bladder/Bowel incontinence, painful intercourse, pre and post partum, tailbone injury, endometriosis or painful periods, bladder pain syndromes, abdominal separation, low back pain, pelvic pain</td>
<td>Physiotherapy (internal/external assessment, Muscle retraining, IMS therapy, progressive exercises, classes for post partum rehabilitation.)</td>
<td>Calgary</td>
<td>Name of the contact person: Kirstyn Cahoon Phone Number :403-239-6773 Email: <a href="mailto:kcahoon@momentumhealth.ca">kcahoon@momentumhealth.ca</a> Address: 12192 Symons Valley Rd NW #4, Calgary, AB T3P 0A3 Website: <a href="https://www.momentumhealth.ca/">https://www.momentumhealth.ca/</a></td>
<td>Self or doctor referral</td>
<td>No</td>
<td>None</td>
<td>PT insurance covers this type of care $160 for assessment $120 for follow up $30 for post partum classes (covered by PT benefits)</td>
</tr>
<tr>
<td>The Downtown Sports Clinic (Bow Valley Square)-Kristen Grouve</td>
<td>Pelvic Health Physiotherapy (other services such as massage, orthotics, IMS, Acupuncture)</td>
<td>Urinary and fecal incontinence, prolapse, pre/post natal, pelvic pain, post-op, Overactive bladder, outlet constipation.</td>
<td>Manual Therapy, IMS, patient education, exercises</td>
<td>Calgary</td>
<td>Name of the contact person: Kristen Grouve Phone Number : 403-234-7557 Address: 310 205-5th Avenue SW Calgary, AB T2P 2V7 Email: <a href="mailto:kristen.grouve@tdsc.ca">kristen.grouve@tdsc.ca</a> Website: <a href="https://thedowntownsportsclinic.com">https://thedowntownsportsclinic.com</a></td>
<td>Calling the clinic</td>
<td>No referral needed however referral from physician is appreciated.</td>
<td>Pelvic Floor Clinic, Alberta college of physiotherapists.</td>
<td>Assessment: $180 for 1hr 30 minutes Follow up: $145 30 minutes Follow up: $108</td>
</tr>
<tr>
<td>Movement Sports Clinic-Lucia Mathieson</td>
<td>Physiotherapy and Massage</td>
<td>We treat a variety of patients from MVA, elite athletes, office workers, etc. We do not treat WCB, AHS or AISH subsidized treatments.</td>
<td>Physiotherapy and Pelvic Health Physiotherapy,</td>
<td>Calgary</td>
<td>Name of the contact person: Nadine Walker Phone Number: 587-318-1600 Email: <a href="mailto:nadine@movementsportsclinic.ca">nadine@movementsportsclinic.ca</a> Address: Suite 441 131-9 th Ave SW Calgary, AB T2P 1K1 Website:www.movementsportsclinic.ca</td>
<td>Website, phone, fax, facebook.</td>
<td>No</td>
<td>None</td>
<td>New Pelvic Health Assessment $180; 60 minutes Follow up $140; 45 minutes</td>
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<td>Mahogany Medical Clinic</td>
<td>Medical</td>
<td>Prenatal, menopausal, pelvic floor, family, IUD.</td>
<td>Prenatal, menopausal, pelvic floor, family, IUD.</td>
<td>Calgary</td>
<td>Name of the contact person: Vishal Dodiya Phone Number : 582-355-3300 Email: <a href="mailto:myhealth@mahoganymedicalclinic.ca">myhealth@mahoganymedicalclinic.ca</a> Address: #670, 7 Mahogany Plaza SE T3M 2P8 Calgary, AB Website: <a href="http://www.mahoganymedicalclinic.ca">www.mahoganymedicalclinic.ca</a> Website</td>
<td>Prenatal, menopausal, IUD should go to Dr. Premji and Pelvic Floor- Dr. Jensen (Yes referral is needed)</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Vida Health &amp; Wellness- Mercedes Eustergerling</td>
<td>Physiotherapy</td>
<td>Adult female</td>
<td>Pelvic health physiotherapy, chronic pain management, musculoskeletal physiotherapy, pre &amp; postpartum, breastfeeding support</td>
<td>Calgary</td>
<td>Name of the contact person: Mercedes Eustergerling Phone Number : 403-815-0980 Email: <a href="mailto:info@vidahealth.ca">info@vidahealth.ca</a> Address: 203 – 1640 16 Ave NW Calgary, AB T2M 0L6 Website: <a href="http://www.vidahealth.ca">www.vidahealth.ca</a> Information is available on the website and via phone/e-mail</td>
<td>No referral needed</td>
<td>None</td>
<td>Information is available on the website and via phone/e-mail</td>
<td>Initial - $120 (1 hour) Follow up - $110 (1 hour) Direct billing to insurance is available.</td>
</tr>
<tr>
<td>Lifemark Heritage Hill- Rama Swami</td>
<td>Physiotherapy</td>
<td>Incontinence, Pelvic Organ Prolapse, Pelvic Pain, Post-Prostatectomy.</td>
<td>Pelvic health Rehabilitation</td>
<td>Calgary</td>
<td>Name of the contact person: Rama Swami Phone Number : 403-252-7271 Email: <a href="mailto:rama.swami@lifemark.ca">rama.swami@lifemark.ca</a> Address: 212, 8180 Macleod SE Calgary AB Website: <a href="http://www.lifemark.ca">www.lifemark.ca</a> Flyers/pamphlets/Website</td>
<td>No referral necessary</td>
<td>Vesia Clinic and other lifemark locations</td>
<td>Ax: $160.00 Tx: $140.00 Yes most insurance companies provide coverage as long as they have physiotherapy coverage.</td>
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<tr>
<td>Lifemark Health Father David Bauer-Ravi Lester and Devin Grant</td>
<td>Physiotherapy</td>
<td>Incontinence Pelvic Organ Prolapse Pelvic Pain Pain with intercourse Post-partum Hip/Groin/SIJ persisting MSK issues</td>
<td>Women’s pelvic health</td>
<td>Calgary</td>
<td>Name of the contact person: Mandy Quach Phone Number : 403-284-4526 Address: 2424 University Drive NW Calgary, AB T2N 3Y9 On the Website; <a href="http://www.Lifemark.ca">www.Lifemark.ca</a></td>
<td>No but it helps.</td>
<td>None</td>
<td>$160 Assessment $140 Treatment All appointments are 1 hour duration</td>
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<td>Evidence Sport and Spine(South)-Renae Hunter</td>
<td>Multidisciplinary</td>
<td>Women and Men</td>
<td>Pelvic health physiotherapy (bladder, bowel, sexual dysfunction)</td>
<td>Calgary</td>
<td>Name of the contact person: Shalyn Huene Phone Number : 403-454-8464/403-454-8460 Email: <a href="mailto:mahogany@evidencesportandspinal.com">mahogany@evidencesportandspinal.com</a> Address: #110, 7 Mahogany Plaza SE, Calgary, AB, T3M 2P8 Website: <a href="http://www.evidencesportandspinal.com">www.evidencesportandspinal.com</a></td>
<td>Website and Telephone</td>
<td>No</td>
<td>Website: <a href="http://www.pelvichealthsolutions.ca">www.pelvichealthsolutions.ca</a></td>
<td>$160 Initial Assessment $120 Treatment (extended health care coverage)</td>
</tr>
<tr>
<td>CBI Bridgeland Clinic - Shilpa Kumar</td>
<td>Physiotherapy/ Return to work</td>
<td>Patients with Musculoskeletal issues, Urinary incontinence, Postnatal patients, prolapse</td>
<td>Pelvic floor Internal and External Exam, Pelvic floor rehabilitation</td>
<td>Calgary</td>
<td>Name of the contact person: Shilpa Kumar Phone Number : 403-269-2414/23776 Email: <a href="mailto:skumar@cbi.ca">skumar@cbi.ca</a> Address: 1010-1st Avenue NE Suite 300 Calgary, AB T2E 3W7 Alberta</td>
<td>Phone and email.</td>
<td>Yes (Primary care physician, community service providers) Preferable</td>
<td>Name: Lakeview Physiotherapy and Acupuncture Phone: (403) 249-5253 Address: 6449 Crowchild Trail SW #11, Calgary T3E 5R7</td>
<td>Initial Assessment-$160 Consecutive treatment-$110 Direct bill available</td>
</tr>
<tr>
<td>Sage Hill Physiotherapy-Subha Velusamy</td>
<td>Location 1: Sage Hill Physiotherapy Location 2 : Chronic pelvic pain program, RRDTTC</td>
<td>Pelvic pain, incontinence (stress, urgency), Lumbosacral weakness, Pelvic fracture, sexual trauma, MVA, post partum, Pelvic pain, &amp; incontinence, chronic pelvic pain, Lumbosacral weakness, Pelvic fracture, sexual trauma, MVA, post partum</td>
<td>Education, internal pelvic exam, follow ups, exercises program, treatment with modalities , referral to massage therapy</td>
<td>Calgary</td>
<td>Name of the contact person: Subha Velusamy Phone Number : 587-579-8877 Email: <a href="mailto:Subha.velusamy2@albertahealthservices.ca">Subha.velusamy2@albertahealthservices.ca</a> Address: Location 1 : 23 Sage Hill Passage Northwest, Calgary, AB T3R 0S4 Location 2: Richmond Road Diagnostics and treatment Centre. 1820 Richmond Rd SW, Calgary, AB T2T 5C7</td>
<td>Information is available on our website, pamphlets, public signage, family physicians, word of mouth, etc</td>
<td>No, Self referral but referrals from family physicians is accepted.</td>
<td>None</td>
<td>Insurance covers a portion of the assessment and treatment, clients will have to pay the remainder.</td>
</tr>
<tr>
<td>Jenna Lewis</td>
<td>Physiotherapy</td>
<td>Orthopaedic, women and men’s pelvic health, pre and post natal, chronic pain</td>
<td>Women’s and men’s pelvic health, acupuncture, IMS</td>
<td>St. Albert</td>
<td>Name of the contact person: Jenna Lewis Phone Number : 780-458-0255 Email: <a href="mailto:reception@csaphysio.ca">reception@csaphysio.ca</a> Address: 508-22 Sir Winston Churchill Ave St Albert, AB T8N 1B4 Website: csaphysio.ca</td>
<td>Information on our website, can call the clinic with any questions.</td>
<td>No</td>
<td>None</td>
<td>Personal benefits covering physiotherapy. There is some AHS coverage depending on the patient.</td>
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<td>Leading Edge Physiotherapy-Lindsay James</td>
<td>Physiotherapy</td>
<td>Women only for pelvic floor PT</td>
<td>Pelvic floor Physical Therapy (including manual therapy, biofeedback, electrical stimulation, education, exercise prescription) In addition to general orthopedic physical therapy (manual therapy, modalities, acupuncture, IMS, hydrotherapy-pool inside clinic)</td>
<td>St. Albert</td>
<td>Name of the contact person: Lindsay James Phone Number : 780-458-2669 Email: <a href="mailto:Lindsay@leadingedgephysio.com">Lindsay@leadingedgephysio.com</a> Address: Suite 130, 145 Carleton Drive, St. Albert, Alberta T8N 3S6 Website: leadingedgephysio.com</td>
<td>Call to the clinic, website to be updated to include women’s health program.</td>
<td>No</td>
<td>None</td>
<td>Insurance does provide coverage if patient has personal benefits. No Community Rehabilfunding available for treatment of incontinence at our clinic.</td>
</tr>
<tr>
<td>Boost Physical Therapy- Katic Richardson</td>
<td>Physiotherapy</td>
<td>Clients 18 and older</td>
<td>Pelvic Health Physiotherapy</td>
<td>Stony Plain</td>
<td>Name of the contact person: Phone Number : 780-591-5555 Email: <a href="mailto:info@boostpt.ca">info@boostpt.ca</a> Address: #136, 5211-50 Street Stony Plain, AB T7Z 0C1 Website: <a href="http://www.boostpt.ca">www.boostpt.ca</a></td>
<td>Information is accessible on website and over the phone if the client has further questions.</td>
<td>No referral needed; sometimes a doctor’s referral is needed for reimbursement from the individual’s insurance companies.</td>
<td>None</td>
<td>Initial assessment $150, Follow-up $90. No coverage from AHS. Coverage through individual benefits plan if available.</td>
</tr>
<tr>
<td>OB/GYN Grande Prairie-Dr. Laura Cano and Dr. Enrica Tse</td>
<td>Obstetrics and Gynecology</td>
<td>Urinary Incontinence, Pelvic Organ Prolapse</td>
<td>Female Incontinence Surgery Prolapse Surgery Pessary Fitting</td>
<td>Grande Prairie</td>
<td>Name of the contact person: Dr. Laura Cano and Dr. Enrica Tse Phone Number : 780-402-2808 Email: <a href="mailto:admin@drlauracano.com">admin@drlauracano.com</a> Address: #104, 9725 98 Ave Grande Prairie, AB T8V 8K5 Website: <a href="http://www.obgyngrandeprairie.com">www.obgyngrandeprairie.com</a></td>
<td>Website Referral is needed from GP/NP (6-9 months wait list)</td>
<td>UROGYN Clinic in Edmonton</td>
<td>Pessaries are sold here.</td>
<td></td>
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<tr>
<td>Grande Prairie Urology Consultants / Queen Elizabeth II Hospital-Dr. Roy</td>
<td>Medical</td>
<td>All</td>
<td>Consultation, cystoscopy, urodynamics</td>
<td>Grande Prairie</td>
<td>Name of the contact person: Ashley(MOA) Phone Number : 587-243-0197 Address: 110 - 9719 98 Ave, Grande Prairie, AB T8V 8K6 Website: <a href="http://www.grandeprairieurology.com">www.grandeprairieurology.com</a></td>
<td>Yes, from primary care physician</td>
<td>Yes from physician</td>
<td>None</td>
<td>Alberta Health direct billing.</td>
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<td>Adventure Physiotherapy- Laura Crouse and Tori Smith</td>
<td>Physiotherapy</td>
<td>Continence urinary, fecal, pain patients, prolapse, postsurgical, postnatal, prenatal.</td>
<td>Pelvic floor therapy, biofeedback, electronic and balloon techniques, EMS with vaginal and rectal probes, manual therapy and products to purchase for self management.</td>
<td>Grande Prairie</td>
<td>Name of the contact person: Tori Smith Phone Number : 780-532-0548 Email: <a href="mailto:tori.smith@adventurephysiotherapy.com">tori.smith@adventurephysiotherapy.com</a> Address: #107, 10126 -117 Avenue Grande Prairie, Alberta T8V 0S7 Website: <a href="http://www.adventurephysiotherapy.com">www.adventurephysiotherapy.com</a></td>
<td>Very accessible through our website and through calling. Waitlist to see Tori is approximately 3 months or more.</td>
<td>No referral needed but we have no alberta health service coverage. Therefore pay for service $90 assessment for 45 min and treatment is $70 for 30 min.</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Grande Prairie Care Network-Laura Crouse</td>
<td>Persistent Pain Program</td>
<td>Persistent Pain (referral only)</td>
<td>Pelvic Pain Conditions Persistent Pain Conditions</td>
<td>Grande Prairie</td>
<td>Name of the contact person: Laura Crouse Phone Number : 780-539-9204 Email: <a href="mailto:laura.crouse@grandeprairiepcn.com">laura.crouse@grandeprairiepcn.com</a> Address: 104 – 11745 105ST Grande Prairie AB T8V 7X6 Website: <a href="http://grandeprairiepcn.com">http://grandeprairiepcn.com</a></td>
<td>Phone, Website</td>
<td>Yes, physician who will maintain other medical care. *Note: This is a self-management program, patients must be wanting to engage in the program in order to access physiotherapy services)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Access Physiotherapy Inc- Puneet Gill</td>
<td>Physiotherapy</td>
<td>Female, all age groups except pediatrics</td>
<td>Pelvic Floor physiotherapy for incontinence pelvic pain, post-partum pregnancy, pain with intercourse.</td>
<td>Grande Prairie</td>
<td>Name of the contact person: Puneet Gill Phone Number : 780-831-0123 Email: <a href="mailto:info@accessphysiotherapy.ca">info@accessphysiotherapy.ca</a> Address: 101-10027, 101 AVE, Grande Prairie, AB T8V 0X9 Website: <a href="http://www.accessphysiotherapy.ca">www.accessphysiotherapy.ca</a></td>
<td>Website or Phone</td>
<td>No</td>
<td>Adventure Physiotherapy Assessment: $140, Treatment: $85 Not covered by AHS and do not direct bill extended health care plans.</td>
<td>None</td>
</tr>
<tr>
<td>Elle Physiotherapy and Pelvic Health-Nicole Schmitt and Joelle Sypkes</td>
<td>Physiotherapy</td>
<td>Pediatric and women of all ages for pelvic health concerns.</td>
<td>Pregnancy, postpartum, urinary incontinence, prolapse, pelvic pain, post c-section, IC, pediatric bowel and bladder dysfunction, core rehabilitation</td>
<td>Red Deer</td>
<td>Name of the contact person: Nicole Schmitt Phone Number : 403-352-3111 Email:<a href="mailto:ellepelvichealth@gmail.com">ellepelvichealth@gmail.com</a> Address: 38440 Range Road 270 Red Deer County, AB T4E 1C5 Website: ellepelvichealth.com</td>
<td>Website</td>
<td>No</td>
<td>Pursuit Physiotherapy Assessment: $125, follow ups: $ 90. Yes coverage applies for those with benefits for physiotherapy</td>
<td>None</td>
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<td>Pursuit Physiotherapy - Nicola Julien, Kara Claerhout, Leanne Schlater</td>
<td>Physiotherapy</td>
<td>Pre/Post-Natal, Prolapse, Incontinence, Post surgical, Male and Female Pelvic Health</td>
<td>Pelvic Health, manual therapy, IMS, chronic pain, orthopedic injuries, MVA</td>
<td>Red Deer</td>
<td>Name of the contact person: Leanne Schlachter Phone Number: 403-356-9789 Email: <a href="mailto:leanne@pursuitphysio.com">leanne@pursuitphysio.com</a> Address: #110 2840 Bremner Ave, Red Deer Grande Prairie, AB T4R 1M9 Website: <a href="http://www.pursuitphysio.com">www.pursuitphysio.com</a></td>
<td>Website or Phone</td>
<td>No referral needed but if it's surgical or complex referral is helpful.</td>
<td>Elle Physiotherapy</td>
<td>Some insurance have physio benefits, able to direct bill to a few insurers.</td>
</tr>
<tr>
<td>Battle River Physical Therapy - Crystal Westergard, Carli Milner</td>
<td>Physiotherapy</td>
<td>Pregnant and non-pregnant adults, single diagnosis, pre-teens and young adults and community based patients</td>
<td>Biofeedback, IMS, acupuncture</td>
<td>Camrose</td>
<td>Name of the contact person: Rae Phone Number: 403-672-2891 Email:<a href="mailto:brcpcam@cable-lynx.net">brcpcam@cable-lynx.net</a> Address: 4931 49 st Camrose, AB Website: physiotherapycamrose.ca</td>
<td>Website, facebook, phone</td>
<td>No</td>
<td>None</td>
<td>AHS funds CRP program</td>
</tr>
<tr>
<td>Accel Physical Therapy - Angie Martin</td>
<td>Physiotherapy</td>
<td>All patient populations but mostly orthopedic.</td>
<td>Physiotherapy, Registered Massage Therapy, IMS, Medical Acupuncture, Cupping, Exercise Therapy, Traction</td>
<td>Fort McMurray</td>
<td>Name of the contact person: Angie Martin Phone Number: 587-536-6789 Email: <a href="mailto:admin@accelphysicaltherapy.ca">admin@accelphysicaltherapy.ca</a> Address: 1B-118 Millennium Drive Fort McMurray, AB T9K 2S8 Website: accelphysicaltherapy.ca</td>
<td>Website and calling the clinic for information on pelvic health services.</td>
<td>No</td>
<td>None</td>
<td>Private Insurance provides Coverage, we bill all major insurance companies Pelvic Health Assessment: $190 (1hour) Pelvic Health Treatment: $130 (30 min)</td>
</tr>
<tr>
<td>Clearwater Physical Therapy - Allie Wait and Shellene Dirk</td>
<td>Physiotherapy and Massage</td>
<td>Primarily Female</td>
<td>Pelvic Physiotherapy</td>
<td>Fort McMurray</td>
<td>Name of the contact person: Allie Wait Phone Number: 780-742-0005 ext 2 Email: <a href="mailto:allie@clearwaterphysio.com">allie@clearwaterphysio.com</a> Address: 201C Thickwood BLVD Fort McMurray, AB T9H 5A9 Website: clearwaterphysio.com</td>
<td>Information provided on website, can book online or call to make an appointment</td>
<td>No - unless clients insurance requires this for billing</td>
<td>Name: Angie Martin Phone number: 1-587-536-6789 Email: <a href="mailto:admin@accelphysicaltherapy.ca">admin@accelphysicaltherapy.ca</a> Address: 118 Millennium Drive #1B, Fort McMurray AB T9K 2S8 Website: <a href="http://www.accelphysicaltherapy.ca">http://www.accelphysicaltherapy.ca</a></td>
<td>Assessment: $200 Treatment: $150 Direct bill to most insurance providers.</td>
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<tr>
<td>Lacombe Physiotherapy Clinic</td>
<td>Physiotherapy</td>
<td>Women</td>
<td>Pelvic floor physiotherapy for incontinence, urgency, pelvic pain; Core exercise class</td>
<td>Lacombe</td>
<td>Name of the contact person: Karen Leung Phone Number: 403-782-5561 Email: <a href="mailto:getbetter@lacombephysio.com">getbetter@lacombephysio.com</a> Address: 2-6220 Hwy 2A, Lacombe AB, T4L 2G5 Website: lacombephysio.com</td>
<td>Website</td>
<td>No referral necessary</td>
<td>None</td>
<td>Initial assessment (1 hour) = $120 Follow up visits (45 mins) = $90 Extended health coverage dependant on insurance provider.</td>
</tr>
<tr>
<td>Beaumont Physiotherapy &amp; Sports Injury Clinic</td>
<td>Physiotherapy</td>
<td>Mild pelvic health patients such as during pregnancy and post-partum. We do not have a specialized pelvic health therapist on staff at this time.</td>
<td>Pelvic training and msk treatment for mild pelvic health issues that do not require an internal examination or treatment</td>
<td>Beaumont</td>
<td>Name of the contact person: All therapists. Phone Number: 780-929-5217 Email: <a href="mailto:beaumontphysio@shaw.ca">beaumontphysio@shaw.ca</a> Address: 82, 5102-49 Ave, Beaumont, AB, T4X 1E4 Website: <a href="http://www.beaumontphysio.ca">www.beaumontphysio.ca</a></td>
<td>Website, telephone.</td>
<td>No. Only required if patients extended health benefits require it from MD for coverage.</td>
<td>Name: Leduc Physio Phone number: 780-980-5443 Email: Address: Leduc City Centre Mall Website: <a href="http://www.leducphysio.ca">www.leducphysio.ca</a></td>
<td>Assessment $95. Treatment $75. Insurance coverage depends on the patients extended health benefit plan.</td>
</tr>
<tr>
<td>Dr. John Jeffery</td>
<td>Medical</td>
<td>Obstetric and Gynaecology Patients</td>
<td>Obstetrics and Gynaecology Medicine Hat</td>
<td>Medicine Hat</td>
<td>Name of the contact person: Alyssa Phone Number: 403-302-8932 Address: 105, 770-6th street SE Medicine Hat, AB T1A 4J2 Website: <a href="http://www.djeffery.ca">www.djeffery.ca</a></td>
<td>By referral and website for information</td>
<td>Yes from physician</td>
<td>Name: Dr. Magnus Murphy Phone number: 403-692-0440 Website: <a href="http://www.pelvicfloor.com">www.pelvicfloor.com</a></td>
<td>No charges; AHCIP</td>
</tr>
<tr>
<td>Alberta Physical Therapies - Tanya Van Dam</td>
<td>Physiotherapy</td>
<td>Outpatients</td>
<td>Urinary and fecal incontinence, dyspareunia, pediatric incontinence, Full physiotherapy services including Acupuncture, IMS, orthopedic, RUSI.</td>
<td>Medicine Hat</td>
<td>Name of the contact person: Reception Phone Number: 403-527-9477 Email: <a href="mailto:aptcinc@telusplanet.net">aptcinc@telusplanet.net</a> Address: 106-1235 Southview Dr. S.E Medicine Hat, AB T1B 4K3 Website: aptcinc.ca</td>
<td>Phone in, or website (temporarily under construction)</td>
<td>No</td>
<td>None</td>
<td>$135.00 for the first 2 treatments $95.00 for follow up treatments Some private insurance plans cover a portion of treatment.</td>
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<tr>
<td>Theracare Physiotherapy and Medicine Hat Regional Hospital-Nadia Deenen</td>
<td>Physiotherapy</td>
<td>Incontinence: Uro/fecal Pelvic pain Children with pelvic pain and other pelvic floor issues Male: post prostate surgery Pregnancy related pelvic pain</td>
<td>Both locations Assessment and treatment Rost therapy Electrotherapy Non-Electro biofeedback in Theracare physiotherapy only</td>
<td>Medicine Hat</td>
<td>Name of the contact person: Nadia Deenen Phone Number : 403-488-7888 Email: <a href="mailto:Theracarephysio.pt@gmail.com">Theracarephysio.pt@gmail.com</a> Address: Theracare Physiotherapy 118,3030,13 th Ave SE T1B 1E3 MHRH 666-5 th street SW Medicine Hat, T1A 4H6 403-529-8851 Website: Theracarephysio.com</td>
<td>Phone</td>
<td>Very helpful but not needed</td>
<td>Name: Melani Sneiders NP Pessary fitting and pelvic health Phone number:403-793-8111 Address:South Shore Medical clinic, Brooks</td>
<td>Theracare: None MHRH: No charges except for buyingelectrical equipments or probes id needed. Theracare: private Depending on the insurance. Some cover the full amount. At present: assessment and treatments $90 per session.</td>
</tr>
<tr>
<td>Dr. Jaye Malach</td>
<td>Medical</td>
<td>All</td>
<td>Urodynamics, cystoscopy, anti-incontinence surgery, burch, laparoscopic burch and mesh. Pelvic floor surgery but no mesh assisted prolapse repair. Pessary changes, group and individual teaching.</td>
<td>Lethbridge</td>
<td>Name of the contact person: Sava Hame Phone Number : 403-327-4637 Address: 1818 10th Avenue South, Lethbridge, AB T1K 6B6</td>
<td>Referral</td>
<td>Yes</td>
<td>Pelvic Floor Clinic, Chinook Regional Hospital</td>
<td>None</td>
</tr>
<tr>
<td>Lime Health and Wellness- Amy Ostrowski</td>
<td>Physiotherapy and Skin Care</td>
<td>All</td>
<td>Physical Therapy, Pelvic Health Treatments, IMS, Acupuncture, Shockwave Therapy, Electrotherapy, Athletic Taping and Bracing, Kinesiology, Orthotics, Vertigo, Balance and Concussion, Massage Therapy, Advanced Facial Treatments, Skin Resurfacing, Photo Facial Cosmetic Injections and Filler, Skin Tag, Mole &amp; Wart Removal, Body Wraps and Scrub Treatments</td>
<td>Lethbridge</td>
<td>Name of the contact person: Amy Ostrowski Phone Number : 403-380-0082 Email: <a href="mailto:amy@limeclinic.ca">amy@limeclinic.ca</a> Address: 440 4 Avenue South, Lethbridge, AB Website: limeclinic.ca</td>
<td>Website, phone, social media, in person</td>
<td>No referrals needed, walk in welcome</td>
<td>Our Pelvic Health Therapist</td>
<td>Varies depending on timing and issue. Insurance provider does cover treatments.</td>
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</table>
| Fit Physiotherapy- Ashley Lowe                              | Physiotherapy  | All ages, male and female, pre/post natal, pelvic pain, prolapse, incontinence | Physiotherapy | Lethbridge | Name of the contact person: Ashley Lowe  
Phone Number : 403-394-2277  
Email: fit2010physio@gmail.com  
Address: #3 3010 32 Street South  
Website: http://www.fitphysiotherapy.ca/aboutus.php | Most information is given by the referring OBGYN, friend or family member. | Not needed but referrals are common from OBGYN’s | None | None | Assessment: $150  
Follow ups: $110  
Insurance provides coverage if they have physiotherapy coverage. |
| Elite Sports Medicine- Brian Boehme and Jordan Heringer    | Multidisciplinary - medical, physio, chiro, massage | wide range-athletes, elderly, children, MVA, etc. | Physiotherapy | Lethbridge | Phone Number : 587-425-1235  
Email: elitesportsmedicineclinic@gmail.com  
Address: 201 1921 Mayor Magrath Dr S Lethbridge AB, T1K 2R8  
Website: www.elitesportsmedicine.ca | Online on website or Facebook page. | No | Name of the contact person: Ashley Lowe  
Phone Number : 403-394-2277  
Email: fit2010physio@gmail.com  
Address: #3 3010 32 Street South Lethbridge, AB  
Website: http://www.fitphysiotherapy.ca/aboutus.php | Extended health insurance often covers physio. |
| Lifemark Physiotherapy Lethbridge-Kelsie McGee             | Physiotherapy  | Incontinence, Urgency/Frequency, Prenatal/Postnatal, Pre-op/Post-op Urogyn surgeries, Pelvic Pain , all age groups | Pelvic floor physiotherapy | Lethbridge | Name of the contact person: Kelsie McGee  
Phone Number : 403-329-3212  
Email: kelsie.mcgee@lifemark.ca  
Address: as above  
Website: https://www.lifemark.ca/Mayor Magrath | Online, pamphlets, call in, the information is very accessible. | No referral needed for services. Referral may be needed by EHC for billing purposes – check with your insurance provider to confirm. | Many practitioners in the Lethbridge area: OBGYN’s, Urologists, Incontinence care nurses, new pelvic health clinic opening at Chinook Regional, 3 other pelvic health physiotherapists in the area. | $160/assessment  
$75-$100/treatment  
Extended Health Care (EHC) will cover under physiotherapy benefits. AHS do not cover private physiotherapy. |
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<td>Peak Physical Therapy</td>
<td>Physiotherapy</td>
<td>Patients with mild-to-moderate pelvic floor dysfunction, including overactive bladder, stress/urge urinary incontinence, pelvic organ prolapse, ano-rectal disorders, levator myalgia syndrome, and more.</td>
<td>Pfilates (Pelvic Floor Pilates) Program – a non-invasive, exercise-based conditioning program designed by a physician for individuals with mild to moderate pelvic floor disorders. The exercise program is delivered by an exercise therapist, trained in the pfilates method. All clients will be initially evaluated by a physiotherapist to determine if the pfilates program is a safe and appropriate intervention for the patient.</td>
<td>Lethbridge</td>
<td>Name of the contact person: Michelle Petriw Phone Number : 403-328-7325 Email: <a href="mailto:michelle@peakpt.ca">michelle@peakpt.ca</a> Address: 715 - 2nd Avenue South Lethbridge, Alberta T1J 0C4 Website: <a href="http://www.peakpt.ca">www.peakpt.ca</a></td>
<td>Information can be obtained on the website (<a href="http://www.peakpt.ca">www.peakpt.ca</a>) and on the Pfilates website (<a href="http://www.pfilates.com">www.pfilates.com</a>) or contact the clinic by phone to obtain further information about the program and how to book and evaluation.</td>
<td>No referrals required, unless your private insurance requires a prescription from a medical doctor for physiotherapy/exercise therapy services</td>
<td>Name: Jonnie Kelly Phone number: 403-320-2003 Email:</td>
<td>Not covered under Alberta Health Services, however we are able to direct bill with MOST private healthcare insurances. Initial assessment is $120 (duration = 1 hour), follow-up appointments are $65 (duration = 40 minutes), with an average of 3-5 follow-up appointments</td>
</tr>
<tr>
<td>Dr Ogunlewe OBGYN Clinic-Dr Obafemi Ogunlewe</td>
<td>Specialist Medical</td>
<td>Gynecology Patient With Stress and urinary incontinence. Also pelvic floor prolapse.</td>
<td>Medical and surgical treatment for Urge urinary incontinence and Genuine stress incontinence e.g. Sub urethral tape procedures, repair of cystoceles, rectoceles, UV prolapse etc.</td>
<td>Llyodminster</td>
<td>Name of the contact person: Dr O.Ogunlewe Phone Number : 780- 872 7343 Email: <a href="mailto:femiogunlewe@yahoo.co.uk">femiogunlewe@yahoo.co.uk</a> Address: Unit 120, 4402 - 52nd Ave, Lloydminster, AB T9V 0Y9.</td>
<td>Through Primary care physician inquiry and referrals</td>
<td>Yes, from Primary care Physicians, Nurse practitioners and specialist colleagues.</td>
<td>Name: Dr O. Ajegbo, Dr M.Abouhamra and Dr T. Elghedewi Address: All located in Lloydminster AB.</td>
<td>Only Provincial Health care covered patients.</td>
</tr>
<tr>
<td>Alta-Sask Wellness-Laura Bowman</td>
<td>Medical Physiotherapy</td>
<td>Private, Funder, MVA, WCB</td>
<td>Physiotherapy, Needling, Acupuncture, Rehab, General Practitioner, Shoulder Program.</td>
<td>Llyodminster</td>
<td>Name of the contact person: Craig Hoft Phone Number :780-875-0080 Email: <a href="mailto:LL@altasaskinc.com">LL@altasaskinc.com</a> Address: 3- 5202 12Street, Lloydminster, AB T9V 0W1 Website: altasaskinc.com</td>
<td>Easily accessible-online</td>
<td>No referrals needed for private treatments, Funder approval needed for any rehab programs.</td>
<td>None</td>
<td>Initial Assessment: $30; Physio App: $65. There are varying amt. of fees and services dependent upon the need.</td>
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<tr>
<td>1. Cold Lake Physiotherapy Clinic 2. IMPACT Health Bonnyville</td>
<td>Physiotherapy and massage therapy</td>
<td>All age groups, prenatal, postnatal, postpartum females, urinary and fecal incontinence, dyspareunia, vaginismus, Bladder repair, prolapse.</td>
<td>Pelvic floor Physiotherapy, Acupuncture, Dry Needling, K-Laser, Shockwave Therapy, Vestibular Rehabilitation, Custom foot Orthotics, WCB and MVA claims</td>
<td>Cold Lake/Bonnyville</td>
<td>Name of the contact person: Musarrat Quraishi (Female Pelvic PT) Phone Number: 780-594-2083/BN: 780-812-3093 Email: <a href="mailto:musarrat@coldlakephysio.com">musarrat@coldlakephysio.com</a> Address: Cold Lake: Unit-C 5412 55th St Cold Lake AB T9M 1R5 Bonnyville: PO Box 6488, 101-5001 49 Ave Bonnyville AB T9N 2H1 Website: 1. <a href="http://www.coldlakephysio.ca">www.coldlakephysio.ca</a> 2. <a href="http://www.impacthealthcenter.com">www.impacthealthcenter.com</a></td>
<td>Referral pads and info sheets at doctors' offices, brochures, website, online booking site, newspaper and community events.</td>
<td>Not mandatory but referrals can be made from the family service providers etc) physicians, surgeons and nurse practitioners.</td>
<td>Name: Lisamarie De villiers Phone number: 780-826-3346 Address: Bonnyville Website: Linq physiotherapy</td>
<td>Initial Ax $150 Follow up visits $95</td>
</tr>
<tr>
<td>Reflective Physical Therapy Inc.-Cathy Janke</td>
<td>Physiotherapy</td>
<td>Outpatient, men and women</td>
<td>Pelvic health physiotherapy including pre-post natal, bladder and bowel incontinence, pelvic pain.</td>
<td>Drayton Valley</td>
<td>Name of the contact person: Cathy Phone Number: 780-690-3276 Email: <a href="mailto:cathy@reflectivept.com">cathy@reflectivept.com</a> Address: PO Box 75 Tomahawk, AB T0E 2H0 Website: <a href="http://www.reflectivept.com">www.reflectivept.com</a></td>
<td>Internet, Phone, Email</td>
<td>Referral not needed but recommended for benefits.</td>
<td>AHS</td>
<td>Initial Ax $150 Follow up visits $95</td>
</tr>
<tr>
<td>Performance Physiotherapy</td>
<td>Physiotherapy</td>
<td>Women’s incontinence, pelvic pain, prolapses, pre and post natal.</td>
<td>Manual and digital biofeedback for muscle re-education (both forstrengthening and relaxing), trigger point release, stretches, pessary fitting and education on pelvic health.</td>
<td>Stettler</td>
<td>Name of the contact person: Rhonda Missikewitz Phone Number: 403-742-4533 Email: <a href="mailto:performancehealthfitness@gmail.com">performancehealthfitness@gmail.com</a> Address: 4833 50th Street. Stettler, AB Website: <a href="http://www.performancephysiotherapy.ca">www.performancephysiotherapy.ca</a></td>
<td>Website, Phone</td>
<td>No referral needed</td>
<td>Yes, many in Alberta</td>
<td>Assessment: $131 which includes a probe. Treatment: $81</td>
</tr>
<tr>
<td>Edson Healthcare Centre, Physiotherapy (Alberta Health Services)</td>
<td>Physiotherapy department at hospital</td>
<td>Female population - Incontinence (bowel/bladder), prolapse, pre/postnatal</td>
<td>Internal examinations/treatments and biofeedback training</td>
<td>Edson</td>
<td>Name of the contact person: Aaron MacKinnon Phone Number: 780-725-6065 Address: 3837 6 Avenue, Edson AB T7E 0C5</td>
<td>Doctors and word of mouth</td>
<td>No</td>
<td>Name: Bianca Coetzee Phone number: (780)723-1985 Address: 5340-4 Ave, Edson AB Website: edsonchiro.com</td>
<td>Covered by Alberta Health Services</td>
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<tr>
<td>Sunshine Physiotherapy- Denise Brochu</td>
<td>Physiotherapy</td>
<td>Incontinence, pelvic floor pain (men and women), prolapse</td>
<td>Pelvic floor physiotherapy, Pelvic Floor core physio yoga classes</td>
<td>Cochrane</td>
<td>Name of the contact person: Kathy or Robyn Phone Number: 403-981-1991 Email: <a href="mailto:sunshine.physiotherapy@gmail.com">sunshine.physiotherapy@gmail.com</a> Address: Box 1553, Cochrane, AB T4C 1B5 Website: <a href="http://www.sunshinephysio.com">www.sunshinephysio.com</a></td>
<td>Website Reception</td>
<td>No</td>
<td>Pelvic Floor Clinic, Vessia, Colleges in field Team approach with family doctors, gynecologists and other physiotherapists.</td>
<td>New Patient/Assessment $130.00 Physiotherapy Treatment $115.00</td>
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<tr>
<td>Seton-Jasper Healthcare Centre- Karin Eldred</td>
<td>Physiotherapy</td>
<td>All ages/genders</td>
<td>Continence care services: Basic assessment, treatment for continence issues and pelvic pain issues</td>
<td>Jasper</td>
<td>Name of the contact person: Karin Eldred Phone Number: 780-852-6610 Email: <a href="mailto:karin.eldred@ahs.ca">karin.eldred@ahs.ca</a> Address: 518 Robson Street, Jasper AB T0E 1E0</td>
<td>Direct access, patients can phone</td>
<td>Not necessary</td>
<td>No</td>
<td>No charge. All PT is covered by Alberta Health in our department.</td>
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<tr>
<td>Equus Physio Ltd- Keira Forsyth</td>
<td>Physiotherapy</td>
<td>Stress urinary incontinence Urged urinary incontinence Mixed Urinary incontinence Urgency—urinary and fecal Frequent urinating Bowel issues: incontinence, constipation Pelvic pain both internally and externally Dyspareunia Prolapse: cystocele, rectocele enterocoele Prenatal and Postpartum issues Vaginimus Interstitial cystitis</td>
<td>Lumbosacral Examination/ Biomechanical examination External Perineal Examination Internal Pelvic Floor Examination Pelvic Floor retraining (down regulation and up regulation) Biofeedback Pelvic Floor Stimulation</td>
<td>Cochrane</td>
<td>Name of the contact person: Tristyn McLean Phone Number: 587.493.0444 Email: <a href="mailto:equusphysio@gmail.com">equusphysio@gmail.com</a> Address: 10 B Railway St. E Cochrane AB T4C 2B5 Website: <a href="mailto:equusphysio@gmail.com">equusphysio@gmail.com</a></td>
<td>Accessible on our website can book online via the website Registered under the Calgary Pelvic Health Registry and can call clinic for information.</td>
<td>No referral required</td>
<td>2 other clinics in Cochrane have pelvic floor therapists.</td>
<td>Direct Billing to insurance companies Assessment $175 (1-1.25 hours) Treatment $130 (45 mins to 1 hour)</td>
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<td>Shifra Centre for Wellness</td>
<td>Multidisciplinary</td>
<td>Primarily pregnant women, early post-natal, any women in the post-natal journey</td>
<td>Midwifery care, naturopaths, massage, physio, chiropractor, acupuncture, counselling</td>
<td>Cochrane</td>
<td>Vanessa Hagen, BScPT, BKin. Phone: 403-932-3176 Address: #118- 3rd Avenue, Cochrane, AB Email: <a href="mailto:womenshealthpt@outloook.com">womenshealthpt@outloook.com</a> Website: shifracentre.com</td>
<td>Website, word of mouth, phone call</td>
<td>No referral is required for physiotherapy services unless some benefit plans require a physician’s note in order to access care and receive reimbursement. Our clinic receives referrals by physicians, other physiotherapy clinics, internal referrals (by the other clinicians in the clinic), word of mouth, and social media</td>
<td>Other private physiotherapy clinics in Cochrane (two others), numerous clinics in Calgary and surrounding area. Foothills Medical Clinic has a women’s clinic</td>
<td>Private pay or benefit plan. No AHS coverage for this.</td>
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<tr>
<td>7 Hills Physiotherapy Clinic Inc.-Anuradha Mayilvaganan</td>
<td>Physiotherapy</td>
<td>Males &amp; Females of all age groups Pre + Post Natal, Bladder + Bowel Incontinence, Pelvic Organ Prolapse, Chronic Pelvic Pain, Dyspareunia, Vaginismus, Vulvodynia, Pudendal Neuralgia, Interstitial Cystitis and Chronic Prostatitis, Post-Prostatectomy Incontinence, Erectile dysfunction, Chronic Constipation</td>
<td>Body Education, Pain Education, Behavioural Rehab, Pelvic Muscle Training, Biofeedback, Manual therapy, Functional Dry Needling / Acupuncture, Shockwave Therapy for ED</td>
<td>Wainwright Provost</td>
<td>Name of the contact person: Ana Phone Number : 780 -842-8698 Email: ?<a href="mailto:hillphysiotherapy@gmail.com">hillphysiotherapy@gmail.com</a> Address: 1018-B 3 Ave Wainwright ABT9W 1T7 Website: <a href="http://www.7hillsphysio.ca">www.7hillsphysio.ca</a></td>
<td>Website, Telephone, In Person</td>
<td>Direct patients are accepted, still referral is appreciated from primary care physicians and community service providers</td>
<td>None</td>
<td>Initial Visit – Ax &amp; Tx - $120 F/U Visit - $80 Insurance provides coverage - we can do direct billing.</td>
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<td>Rocky Mountain Rehab and sports medicine clinic-barbara Clemes</td>
<td>Physiotherapy and massage</td>
<td>Orthopedic mainly – also women’s health</td>
<td>Exercises, education, mobilizing and manipulation, massage, acupuncture and IMS and orthotics – for women’s health would be what is relevant and appropriate (stress incontinence, urgency, pain)</td>
<td>Canmore</td>
<td>Name of the contact person: Barbara Clemes Phone Number : 403- 678-6205 Email: <a href="mailto:barb@rockymountainrehab.ca">barb@rockymountainrehab.ca</a> Address: #12, 801 Main Street, Canmore, Alberta T1W2B3 Website: <a href="http://www.rockymountainrehab.ca">www.rockymountainrehab.ca</a></td>
<td>Website, receptionist at front.</td>
<td>Not needed for treatment, only for personal insurance coverage if necessary</td>
<td>Name: 1) Anne-Marie Fafard in Canmore 2) Kristen Grovze at Downtown Sports clinics, Calgary – 403-234-7557</td>
<td>Depends on the insurance company but most cover physiotherapy. No Alberta Health care coverage unless low income then can qualify for 5.</td>
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| Finishline Physiotherapy- Leona Ham | Physiotherapy | Pre and post natal, pre and post menopausal and the occasional child or teen. | Pelvic Floor Physiotherapy for Women and children. | Okotoks | Name of the contact person: Leona Ham  
Phone Number: 403-982-0666  
Email: info@finishlinephysio.com  
Address: 77 Sunset Cres  
Okotoks, AB  
Website: http://www.finishlinephysio.com | It can be found on the website and also provided via email, online booking or phone conversations. | No referrals are not necessary but do happen often. | Yes | Insurance will cover some or all of the services. AHS covers nothing. The charge for assessment $150 and treatment is $110. |
| Momentum: Physical Therapy and Sports Rehab-Raina Hawthorne | Physical Therapy | Adult, female Pre & postnatal Pre & postmenopausal Urgency, stress and urge incontinence | Internal & External Pelvic Floor Physiotherapy Orthopaedic Physiotherapy | Okotoks | Name of the contact person: Raina Hawthorne  
Phone Number: 403-982-5600  
Email: raina@momentumphysicaltherapy.ca  
Address: #12a-49 Elizabeth Street  
Okotoks, AB, T1S 1A3  
Website: www.momentumphysicaltherapy.ca/pelvic-floor-physio | Website, email, phone | No referral needed, Patients can self-refer/simply call for appointment | Name: Corina Kerison  
www.optimumperinatal.com | Assessment/treatment $160  
Follow up treatments $115  
Assessments and treatments are eligible under private insurance that covers Physiotherapy |
| E-Motion Therapy- Lindsey Kaup | Occupational Therapy – Women’s Pelvic Health & Maternal Wellness | Women 18 years and older living with pelvic floor/core dysfunction, pelvic pain, endometriosis, interstitial cystitis, dyspareunia, vaginismus, vulvodynia, pelvic organ prolapse, diastasis recti, incontinence, sexual dysfunction, prenatal care, postpartum care, maternal mental health, clients with history of abuse, etc. | One – one internal and external assessment and treatment, psychotherapy, manual therapies, goal-oriented care. Trauma informed. Education to individuals or group and . Speaking engagements. | Ponoka | Name of the contact person: Lindsey Kaup, MScOT  
Phone Number: 403-783-8383  
Email: lindsey@e-motiontherapy.com  
Address: Box 4187 Bay 4 5034-50 Ave, Ponoka, AB T4J 1R6  
Website: www.e-motiontherapy.com | Very accessible – internet, email or phone call. | No | There are several providers in the Central Alberta area. Elle Physiotherapy Physiyoga.ca Weber Physio etc | Assessment: $120.00  
Tx: $100.00  
Fee for service, clients submit for coverage if available. |
| Linq Physiotherapy- Lisa Mari De Villers | Physiotherapy | Ante natal, incontinence, pelvic pain, prolapse, endometriosis, vulvodynia, vestibulodynia, vaginismal, dyaparenia, non bacterial prostatitis in men, post prostatectomy in men, post partum. | Assessment and treatment of pelvic pain and pelvic floor dysfunction | Bonnyville | Name of the contact person: Lisa-Mari De Villers  
Phone Number: 780-826-3340 ext 209  
Email: lisa@linqphysio.com  
Address: 101-4610 50th Street, Bonnyville AB, T9N 0G2  
Website: www.e-motiontherapy.com | Website, Social media | No | Elevation Health in Cold lake and Impact Health in Bonnyville | Assessment: $120 and Follow up: $95 |
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<td>Devon Physical Therapy- Elise Gervais</td>
<td>Physiotherapy</td>
<td>Female; urinary or fecal incontinence and pelvic organ prolapse.</td>
<td>Pelvic floor physiotherapy, education, biofeedback, muscle stimulation and exercise prescription and review.</td>
<td>Devon</td>
<td>Name of the contact person: Devon Physical Therapy Phone Number: 780-987-3582 Email: <a href="mailto:info@devonphysio.com">info@devonphysio.com</a> Address: #106, 17 Athabasca Avenue, Devon AB T9G 1G5 Website: <a href="http://www.devonphysio.com">www.devonphysio.com</a></td>
<td>Call the clinic to gain information.</td>
<td>No</td>
<td>None</td>
<td>AHS covers 7 visits per fiscal year (April 1st- March 31st). If patients exhaust these visits they must use extended health benefits. If they have no EHB then more coverage from AHS can be requested.</td>
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