UNIVERSITY OF ALBERTA ROTATION SPECIFIC GOALS AND OBJECTIVES FOR FAMILY PLANNING ROTATION CANMEDS 2015

Rotation Objectives:

1). Demonstrate ability to provide options counseling related to pregnancy termination and contraceptive choices.
2). Gain proficiency in performing first trimester aspiration procedures up to 12 weeks.
3). Demonstrate ability to recognize and manage the common complications of a first trimester aspiration abortion.
4.) Demonstrate knowledge of evidence based practice guidelines.

CRITERIA	N/A	Below Expectation For Level	Borderline For Level	Appropriate For Level	Exceeds Expectation For Level
MEDICAL EXPERT N/A 1 2 3 4					
History & Physical are thorough & appropriate					
Able to perform and interpret a first trimester ultrasound for dating purposes					
Knows appropriate use of medications, side effects and reversal agents (if appropriate)					
Correctly identifies uterine size, position, and abnormalities from pelvic examination					
Provides effective para-cervical block					
Demonstrates skill & caution with cervical dilation to correct size for gestational age					
Uses appropriate size cannula for gestational age					
Consistently uses sterile technique					
Aspirates the uterine cavity completely & assesses accurately for completeness					
Knows elements needed to evaluate gestational age during tissue exam					
Able to interpret sonograms to assess for completion of abortion procedure					
Prescribes appropriate post-procedure medications as needed					
Demonstrates appropriate management of complications (in practice)					
Knows strategies to prevent abortion complications, & how to identify & manage these					
Demonstrates appropriate prescribing of antibiotics pre & post procedure and identifies high risk patients appropriately					
Knows contraindications for surgical abortion and issues pertaining to safety and underlying medical disorders					
Knows contraceptive options and contraindications to specific methods					
Able to properly choose patients for IUD insertion and does so correctly					
Appropriately uses equipment and can problem solve to resolve issues with equipment malfunction					
Able to properly insert IUD and check proper positioning at follow up exam					
Be familiar with methods of medical abortion, with knowledge of complications that can occur					
COMMUNICATOR	**N/A**	**1**	**2**	**3**	**4**
Consistently introduces him/herself to patients					
Obtains informed consent from patients, including a discussion of treatment options, risks, benefits and the consequences of treatment/no treatment					
Solicits questions from the patient prior to the procedure and answers them					
Provides options counseling in a “patient-centered” manner (one that is free of personal judgements and is focused on meeting the patient’s expressed needs)					
Communicates with patient during the procedure with attention to her comfort and expectations					

CRITERIA	N/A	Below Expectation For Level	Borderline For Level	Appropriate For Level	Exceeds Expectation For Level
Documents all relevant patient data legibly					
COLLABORATOR					
Interacts effectively with other health care staff (MD and non MD), recognizing Their respective roles and responsibilities					
Able to provide and receive effective and constructive feedback from other members of the health care team					
Fosters sense of cooperation and team spirit with clinic staff and colleagues					
LEADER					
Makes sound clinical decisions and judgements for the benefit of the woman based on a) the best available evidence b) patient preference c) available resources					
Sets priorities and uses time efficiently to optimize performance and patient care					
Utilizes information technology to optimize patient care, & life-long learning					
Utilizes time management skills effectively to balance patient care, learning needs, and outside personal activities & works efficiently in clinical setting					
HEALTH ADVOCATE					
Counsels women regarding preventative strategies appropriate to gynaecology (ie. Contraception, pap smears, STD prevention)					
Recognizes and responds to those issues where advocacy is important					
Demonstrates knowledge of available resources through appropriate referrals					
SCHOLAR					
Demonstrates ability to appraise and assimilate evidence from scientific studies to support patient care decisions					
PROFESSIONAL					
Punctuality: Arrives at clinic on time					
Demonstrates respect for patients and staff					
Is aware of his/her limitations					