July 1-5

July 3-6

July 4-8

July 8-12

July 10
Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 11

July 11-13
Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am-4 pm daily in Banff. [https://ca.ctrinstitute.com/workshops/mindfulness-retreat-july2018/#tickets](https://ca.ctrinstitute.com/workshops/mindfulness-retreat-july2018/#tickets)

July 11-15

July 12
Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 16-17

July 16-18
CTRI Workshop, *Attachment and Families- Strategies for engaging and helping* with Danielle Forth. 9 am-4 pm in Edmonton. [https://ca.ctrinstitute.com/workshops/attachment-and-families-edmonton7-16/#tickets](https://ca.ctrinstitute.com/workshops/attachment-and-families-edmonton7-16/#tickets)

July 16-18
Workshop, *Medical CBT for Depression* with Dr Greg Dubord in Banff [http://cbt.ca/locations/cbt-banff/](http://cbt.ca/locations/cbt-banff/)

July 16-24

July 18

July 18-19
CTRI Workshop, *Motivating change- Strategies for approaching resistance* with Marwa Fadol. 9 am-4 pm in Calgary. [https://ca.ctrinstitute.com/workshops/motivating-change-calgary7-18/#tickets](https://ca.ctrinstitute.com/workshops/motivating-change-calgary7-18/#tickets)

July 23
Education Series, *Suicide prevention is everybody’s business* with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 23-25
July 24
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 24-25
Workshop, Mediation- Facing difficult conversations with Alan Edwards. 9 am- 4 pm in Edmonton. https://ca.crinstitute.com/workshops/mediation-edmonton7-24/

July 24-29
16th Annual World Conference, Association for Contextual Behavioral Science in Montréal. https://contextualscience.org/WC16

July 26-27

July 28-30
Research Society on Marijuana, 2nd Annual Conference, in Colorado, USA. https://researchmj.org/

July 31
Education Series, What’s trending in tobacco- Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 1
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 1-4

August 2-5

August 4-6

August 8
Education Series, Tobacco: How to support your clients in making a change with Kari Jesswein and Jennifer Pollard. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 13-21

August 14-19

August 15

August 22
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 22-25
August 23
Education Series, Building better mental and emotional wellness with Crystal Cleland and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 31  International Overdose Awareness Day Time to remember, Time to act
https://www.overdoseday.com/

September 5- October 3
Online Training, Introduction to Solution Focused Strategies ($195)
https://solutiontalk.ca/ssl/registration.php?product=elearning

September 6- 7

September 10  World Suicide Prevention Day Take a minute, change a life
https://suicideprevention.ca/wspdf/

September 11- October 16
Webinar series every Tuesday, The evidence-based and individualized treatment of depression with Dr Randy Patterson. http://webinars.jackhirose.com/ ($400)

September 12
Canadian Nurses Protective Society Webinar, Legal risks for new grads with Tim Langlois. 10- 11 am.

September 13

September 16- 18

September 17- 18
Working Stronger Workplace Mental Health Conference. 8 am- 4 pm in Edmonton. Hosted by CMHA
https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/

September 19- 21
University of Alberta, 41st Annual Distinguished Scholar Lecture Series with Dr Morten Christiansen (Cornell University) 3- 4 pm daily in Edmonton.  https://www.ualberta.ca/psychology

September 22

September 23- 28
Training, Mindfulness-Based Cognitive Therapy (MBCT) with Dr Mark Lau. In Cortes Island, BC. http://www.vancouvercbt.ca/cbt_training.html

September 27- 29
Canadian Psychiatric Association Annual Conference in Toronto. https://www.cpa-apc.org/annual-conference/

September 27- November 6

September 29

September 29
Workshop, Anxiety in children and youth- Practical intervention strategies with Lana Dunn. 9 am- 4 pm in Calgary. https://ca.ctinstitute.com/workshops/anxiety-in-children-calgary9-29/#tickets

October 1- 7 Mental Illness Awareness Week (MIAW) http://www.camimh.ca/mental-illness-awareness-week/about-miaw/
October 2  
Workshop, Managing mental health in the workplace- Rights and responsibilities with Danielle Forth.  
9 am- 4 pm in Edmonton.  [Link](https://ca.achievecentre.com/workshops/managing-mental-health-edmonton10-2/#tickets) and in Calgary with Marwa Fadol on October 4  
[Link](https://ca.achievecentre.com/workshops/managing-mental-health-calgary10-4/#tickets)

October 3  
Workshop, The ethics of helping - Boundaries and relationships with Lana Dunn. 9 am- 4 pm in Calgary.  
[Link](https://ca.ctrinstitute.com/workshops/the-ethics-of-helping-calgary10-3/#tickets) and October 4 in Edmonton with Danielle Forth.  
[Link](https://ca.ctrinstitute.com/workshops/the-ethics-of-helping-edmonton10-4/#tickets)

October 3- 5  
National Harm Reduction Conference, Stimulus 2018: Drugs, policy and practice in Canada  
[Link](https://stimulusconference.ca/drugs-policy-practice-canada-2/)

October 3- 6  
International Nurses Society on Addictions, 42nd Annual Educational Conference, Substance use and recovery oriented care: 21st century challenges and opportunities. In Denver, Colorado, USA.  
[Link](http://www.intnsa.org/conference)

October 4- 6  
Early Onset Dementia Alberta Foundation, 5th Building Dementia Awareness Conference in Edmonton.  
[Link](http://www.eodaf.com/)

October 9 - November 13  
Webinar series, every Tuesday, The 10 best ever anxiety management techniques with Dr Margaret Wehrenberg  
[Link](http://webinars.jackhirose.com/)

($400)

October 10  
REACH Workshop, Effective intercultural practice with Kaitlin Lauridsen. 9 am- 4 pm in Edmonton  

October 10  
REACH Workshop, Understanding the pre-migration context and supporting newcomer families with trauma with Karin Linschoten 9 am- 12:30 pm in Edmonton  
[Link](https://www.reachedmonton.ca/public/Understanding-Pre-migration-Context-Supporting-Newcomer-Families)

October 10- November 7  
Online Training, Advanced Solution Focused Strategies ($195)  
[Link](https://solutiontalk.ca/ssl/registration.php?product=elearning)

October 10 - November 14  
Webinar series every Wednesday, Advanced mindfulness toolbox for rewiring the brain with Donald Altman.  
[Link](http://webinars.jackhirose.com/)

($400)

October 10 - November 14  
Webinar series every Wednesday, Sex, intimacy and addiction in the digital age with Robert Weiss.  
[Link](http://webinars.jackhirose.com/)

($400)

October 11 – October 23  
Webinar series every Thursday, Teens, anxiety and depression: Active strategies to move teens forward with Lynn Lyons.  
[Link](http://webinars.jackhirose.com/)

October 11 – October 23  
Webinar series every Thursday, The neuropsychology of stress, trauma and emotional disorders: A framework for effective interventions by Dr Steven Feifer.  
[Link](http://webinars.jackhirose.com/)

October 12- 13  
[Link](http://www.cagp.ca/Annual-Scientific-Meeting-2018/)

October 12- 14  
Canadian Association of Art Therapy Annual Conference in Montréal.  
[Link](http://www.canadianarttherapy.org/)

October 15  
Workshop, What every nurse needs to know about…Neurotransmitters by Barb Bancroft. 8:30 am- 4:30 pm in Edmonton.  
[Link](https://www.nursinglinks.ca/info_neurotransmitters.html)
October 15
In Calgary on October 17 with Lana Dunn. https://ca.ctrinstitute.com/workshops/narrative-therapy-calgary10-17/#tickets

October 16
Workshop, Cognitive Behavioural Therapy- Tools for thinking differently with Danielle Forth. 9 am- 4 pm in Edmonton. https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-edmonton10-16/#tickets

October 18 in Calgary with Alexis Power. https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-calgary10-18/#tickets

October 17- 18

October 17- 19

October 17- 20

October 18- 19
Workshop, Treating complex trauma: Clinical and scientific innovations with Dr Christine Courtos. 9 am- 4pm in Edmonton. https://ucalgary.ca/pd/ComplexTrauma2018

October 18- 20

October 19
Workshop, PsychedUp Edmonton CME (diagnosis and treatment) with Dr Diane McIntosh. 9 am – 3 pm in Edmonton. https://www.psychedupcme.com/events/2018/10/19/edmonton

October 21- 24

October 22

October 22- 24

October 23- 26

October 24- 26

October 24- 26
7th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, Beyond the clinic. 9 am- 5 pm in Calgary. http://interprofessional.ubc.ca/initiatives/obesity2018/

October 24- 26

October 25- 26

October 25- 27
Addiction and Mental Health Learning Events

July & August 2018

Information, Evaluation & Professional Practice, Addiction and Mental Health, Edmonton Zone

Contact Daniel.scott@ahs.ca to be added to the mailing list or to send event listings.

October 25-27

October 26-28

October 29-30
Workshop, Advanced Emotionally Focused Therapy with individuals with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. http://www.talk-therapy.ca/eft-individuals-adv/

October 29-30

October 29-30
Workshop, Advanced Emotionally Focused Therapy with individuals with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. http://www.talk-therapy.ca/eft-individuals-adv/

October 29-30

October 30-31
Workshop, Managing anxiety at home and school with Lynn Lyons. 9 am- 4 pm in Calgary. http://www.jackhirose.com/upcoming-workshops/

October 31-November 2

November 1-2
Workshop, The neuropsychology of learning disabilities by Dr Steven Feifer. 9 am- 4 pm in Calgary. http://www.jackhirose.com/upcoming-workshops/

November 2-3
Canadian Sleep Society, Annual Education Meeting in Québec City. https://www.eiseverywhere.com/e/home/cssquebec2018/

November 5
Workshop, Compass fatigue with Dr Eric Gentry. 9 am- 4 pm in Edmonton. http://www.jackhirose.com/upcoming-workshops/

November 5
Workshop, Legal issues in nursing by Chris Rokosh. 8:30 am- 4 pm in Calgary. November 6 in Edmonton. https://www.nursinglinks.ca/info_legal.html

November 6-7
Workshop, Trauma competency training with Dr Eric Gentry. 9 am- 4 pm in Edmonton. http://www.jackhirose.com/upcoming-workshops/

November 7
7th Annual Pain Awareness Education Day. 8 am- 4:30 pm in Calgary. Topics include: ‘Cannabis Update’ and ‘Opioid Crisis Update’. https://www.eventbrite.ca/e/7th-annual-pain-awareness-education-day-tickets-43260342850

November 7-8
Cognitive Workshop, Anxiety Disorders with Dr Christine Padesky in Vancouver. https://www.cognitiveworkshops.com/

November 7-9

November 8-9
Workshop, Advanced Mindfulness training with Donald Altman. 9 am- 4 pm in Calgary. http://www.jackhirose.com/upcoming-workshops/

November 8-11

November 9-11
14th Annual Canadian ADHD Resource Alliance (CADDRA) Conference and Research Day in Calgary. https://caddra.societyconferences.com/v2/ amanda.edwards@caddra.ca
AHS Staff: See everything that AHS knows about Cannabis at http://insite.albertahealthservices.ca/17965.asp
Online Learning Resources

知识资源服务 (Knowledge Resource Service) — 该在线图书馆为阿尔伯塔医疗服务体系员工提供访问期刊、数据库、书籍、药物信息、患者教育信息和其他专业资源的途径。包括在线搜索、DSM-5和相关文本。[访问知识资源服务](http://krs.libguides.com/mentalhealth)

《科克伦协作》提供了一项全面的系统性回顾，分析了心理健康治疗实践并促进了寻找临床试验和其他治疗研究的证据。[访问科克伦协作](http://summaries.cochrane.org)

家庭健康与福祉倡议 (Alberta Family Wellness Initiative) — 为科学应用到戒瘾和心理健康治疗问题提供了资源。包括一系列教育模块和认证。[访问家庭健康与福祉倡议](http://www.albertafamilywellness.org/resources/search)


加拿大药物与心理健康服务管理司 (Canadian Mental Health Services Administration, SAMHSA) — 包括治疗改进协议(TIP)系列的最佳实践指南，用于治疗成瘾和成瘾和大量的其他资源。[访问加拿大药物与心理健康服务管理司](http://www.samhsa.gov/kap)

麦克马斯特大学 (McMaster University) — 提供了一套可靠和当前的资源，评估了保健实践和保健促进的有效性。[访问麦克马斯特大学](http://www.healthevidence.org)

阿尔伯塔药物和心理健康研究伙伴关系计划 (Alberta Addiction and Mental Health Research Partnership Program) — 知识笔记是某个领域当前研究的简短总结。[访问阿尔伯塔药物和心理健康研究伙伴关系计划](http://www.albertahealthservices.ca/research/Page11217.aspx)

国家药物与心理健康卓越中心 (National Institute for Health and Clinical Excellence, NICE) — 讨论了药物、分析、建议和它们要求的证据。[访问国家药物与心理健康卓越中心](http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3)

麦基尔大学 (McMaster University) — 提供了一套可靠的和当前的资源，评估了保健实践和保健促进的有效性。[访问麦基尔大学](http://www.healthevidence.org)

加拿大药物与技术健康研究所 (Canadian Agency for Drugs and Technologies in Health, CADTH) — 为决策者提供了他们在医疗保健中需要的证据、分析、建议和推荐。[访问加拿大药物与技术健康研究所](https://www.cadth.ca/evidence-bundles/evidence-on-mental-health)

焦虑 BC (Anxiety BC) — 视频库和其他情绪调节教育资源包括一个电话应用程序。[访问焦虑 BC](https://www.anxietybc.com/resources/video)

药物和心理健康 You Tube (Addiction and Mental Health You Tube) — 从省级、国家和国际专家处获取药物和心理健康视频。[访问药物和心理健康 You Tube](http://www.albertahealthservices.ca/info/page14397.aspx)

原住民健康项目 (Indigenous Health Program) — 提供了原住民历史、社会决定因素和健康的信息，并在文化上适合的领域提供了策略。[访问原住民健康项目](http://www.albertahealthservices.ca/info/page7634.aspx)

阿尔伯塔大学大圆桌 (University of Alberta Grand Rounds) — 内容包括心理健康和药物滥用的知识。[访问阿尔伯塔大学大圆桌](https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home)

户内进食障碍系列 (At Home with Eating Disorders Conference Series) — 记录了在会议或活动上广播或请求设备的专家演讲。[访问户内进食障碍系列](https://www.youtube.com/playlist?list=PL1fOF15ZoUvse4nEijWZCVGzv8U8S)

iScheduler — 提供了所有阿尔伯塔医疗服务体系的医疗保健服务的在线访问。你可以查看日历的全部教育活动，参加活动，或为你的会议或活动广播或请求设备。[访问iScheduler](https://scheduler.albertahealthservices.ca/ischeduler/exceptional.asp)
Healthy Minds/Healthy Children The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. [http://www.ahs.ab.ca/CMSPartners/LocalFiles/CPD%20Programs%20for%20Professionals/Healthy%20Minds/Healthy%20Children/Healthy%20Minds/Healthy%20Children%20Online%20CPD%20Programs/Introduction%20to%20CPD%20Programs/Healthy%20Minds/Healthy%20Children%20Online%20CPD%20Programs.html](http://www.ahs.ab.ca/CMSPartners/LocalFiles/CPD%20Programs%20for%20Professionals/Healthy%20Minds/Healthy%20Children/Healthy%20Minds/Healthy%20Children%20Online%20CPD%20Programs/Introduction%20to%20CPD%20Programs/Healthy%20Minds/Healthy%20Children%20Online%20CPD%20Programs.html)

Policy Wise for Children and Families Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. [https://policywise.com/](https://policywise.com/)

Addiction Counselling Webinars The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics [http://www.naadac.org/webinars](http://www.naadac.org/webinars)


Community Education Service Free online webinars from presentations at the Alberta Children’s Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. [http://fcrc.albertahealthservices.ca/ces/](http://fcrc.albertahealthservices.ca/ces/)

Alberta Quits Learning materials and videos about tobacco cessation. [https://www.albertaquits.ca/learning/training-videos](https://www.albertaquits.ca/learning/training-videos)

Chronic Disease Management Education for Health Care Providers Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) [http://cdm.absorbtraining.ca/#/login](http://cdm.absorbtraining.ca/#/login)

Mental Health Commission of Canada (MHCC) Webinars Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. [http://www.mentalhealthcommission.ca/English/webinars](http://www.mentalhealthcommission.ca/English/webinars)

Trauma Informed Care e-Learning Modules Six foundational modules and other resources. [http://www.albertahealthservices.ca/info/page15526.aspx](http://www.albertahealthservices.ca/info/page15526.aspx)

Suicide Prevention, Risk Assessment & Management (SPRAM) Interactive e-Learning series of seven modules to support health practitioners’ competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. [http://www.albertahealthservices.ca/info/Page14579.aspx](http://www.albertahealthservices.ca/info/Page14579.aspx)

Children’s Mental Health Learning Series provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. [http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html](http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html)

Geriatric Grand Rounds with an evidence-based medicine and inter-professional focus [https://sites.google.com/a/ualberta.ca/ggr/](https://sites.google.com/a/ualberta.ca/ggr/)

University of Calgary The Department of Psychiatry calendar of medical rounds, workshops and conferences is at [http://www.ucalgary.ca/psychiatry/calendar/month/2017-11](http://www.ucalgary.ca/psychiatry/calendar/month/2017-11) The Faculty of Social Work Professional Development Program workshops are listed at: [http://www.ucalgary.ca/pd/](http://www.ucalgary.ca/pd/)


TRIP (Turning Research Into Practice) Clinical search engine designed to allow users to easily find research articles to support practice. [https://www.tripdatabase.com/](https://www.tripdatabase.com/)

RNAO Mental Health and Addiction Initiative Nursing best practice guidelines, education modules and many other resources. [http://rnao.ca/bpg/initiatives/mhai/purpose](http://rnao.ca/bpg/initiatives/mhai/purpose)

The Online Addiction Medicine Diploma is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. [http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/](http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/)

Mental Health First Aid The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. [http://www.mentalhealthfirstaid.ca/en/course-info/courses](http://www.mentalhealthfirstaid.ca/en/course-info/courses)

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https://stimulusconference.ca/drugs-policy-practice-canada-2/

https://www.overdoseday.com/