Cognition
June, 2019
Addiction and Mental Health Learning Events

11th Annual Addiction Day
Scientific Conference and Networking Fair

Addiction: Addressing Diversity
June 7th
Executive Royal Hotel - Edmonton international Airport

Check the website regularly, as we update and confirm conference details: AddictionDay.ca

Pie and CQI
Improving Client Experience Through Access
June 12, 12- 4 pm
FREE
Santa Maria Goretti Centre
11050-90 Street, Edmonton
Click Here

June 1
Workshop, Legal and ethical issues in psychedelic psychotherapy with Dr Bruce Tobin and Dr Marcia McMillian. 9 am- 5 pm in Victoria. http://www.psychedelicspsychotherapy.ca/workshop-a-2019

June 2- 6
14th World Congress on Biological Psychiatry in Vancouver. https://www.wfsbp-congress.org/home/

June 3
Workshop, How to deal with difficult people by Stacey Holloway. 8:30- 4 pm in Edmonton. June 10 in Calgary https://www.nursinglinks.ca/info_difficult.html

June 3
Online Training, Mindfulness Based Cognitive Therapy basics with Melissa Nigrini. Two Hours on Mondays and Wednesdays for three weeks. ($560) https://www.mindfulnessstudies.com/event/20-352-01/

June 3

June 3

June 3
Douglas College Online Course, Disorders of mental health for LPNs or RN/RPNs ($796) One semester. Register before May 24. https://www.douglascollege.ca/programs-courses/continuing-education/health/disorders-mental-health

June 3

June 3
Workshop, Diabetes update with Barb Bancroft. 8:30 am- 4 pm in Red Deer. https://www.nursinglinks.ca/info_diabetes_update.html

June 3- 4
Workshop, Mindfulness-Based Cognitive Therapy with Dr Richard Sears. 9 am- 4 pm in Edmonton. http://www.jackhirose.com/workshop/edmonton-mindfulness-based-cognitive-therapy

June 3- 4
Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. ($250) Presented by CMHA. https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-assist
June 3- 6
WCB Workshop, Prolonged Exposure Therapy (for trauma survivors). In Edmonton

June 4
Psychiatry Grand Rounds, Neurobiology of Bipolar Disorder with Dr Vladimir Maletic. 12- 1 pm in Calgary and by telehealth https://events.ucalgary.ca/#view/event/id/951

June 4
Nursing Workshop, Interpretation of lab tests with Barb Bancroft. 8:30 am- 4 pm in Lethbridge.
https://www.nursinglinks.ca/info_lab_tests.html

June 4
Education Series, Addiction and mental illness: Understanding concurrent disorders with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 4- 5
CTRI Workshop, Walking through grief- helping others deal with loss by Danielle Forth. 9 am- 4 pm in Edmonton. https://ca.ctrinstitute.com/workshops/walking-through-grief-edmonton6-4-2/#tickets

June 5-6 in Calgary https://ca.ctrinstitute.com/workshops/walking-through-grief-calgary6-5/#tickets

June 5

June 5
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 6
Workshop, The aging brain: The assessments, treatments and interventions for Alzheimer’s Disease and other dementias with Dr Roy Steinberg. 9 am- 4 pm in Calgary. http://www.jackhirose.com/workshop/calgary-the-aging-brain/

June 6
University of Alberta, Child and Adolescent Grand Rounds with Chantelle Bowden. 9- 10 am in Edmonton and by telehealth nh4@ualberta.ca https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds

June 7

June 7
University of Calgary, Department of Psychiatry, Quarterly Psychiatry Update, Psychosis. 1- 4 pm in Calgary. https://www.ucalgary.ca/psychiatry/event/2019-06-07/quarterly-psychiatry-update-psychosis

June 7
Community Education Service, Attachment and it’s impact on parenting. 11:15 am -12:45 noon. In person at both Edmonton and Calgary locations and by videoconference. http://community.hmhc.ca/sessions/

June 7
Indigenous Awareness and Sensitivity Workshop. 8:30 am- 12 noon at the Royal Alexandra Hospital, Edmonton. Call (780) 613-5151 or jamie.harmon@ahs.ca Registration available on MLL.

June 7
16th Annual Flor-Henry Lecture, Psychedelics: Therapeutics mechanism with Professor Robin Carhart-Harris. 8 am- 3 pm in Edmonton ($150) http://www.flor-henry.ca/

June 7 - 9

June 10- 11
Basic Training, Mental Health First Aid. 9 am- 4:30 pm in Edmonton. ($185) Presented by CMHA. https://edmonton.cmha.ca/programs-services/mental-health-first-aid/

June 11
Psychiatry Grand Rounds, ASD and other Neurodevelopmental Disorders with Dr Danielle Baribeau. 12- 1 pm in Calgary and by telehealth https://www.ucalgary.ca/psychiatry/event/2019-06-11/grand-rounds-asd-other-neurodevelopmental-disorders-danielle-baribeau-md-msc

June 12
Pie & CQI, Improving client experience through access. 12- 4 pm at the Santa Maria Goretti Centre. (Free)

June 12
Forensic Grand Rounds, Sexual violence and sexual risk behavior by Dr Kelly Davis. 9- 10 am in Edmonton. https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds
June 12
University of Calgary, Neuropsychiatry Rounds, A behavioural approach to assessing psychotropic impact on challenging behaviour in developmental disabilities by Dr Maria Valdovinos. 12-1 pm in Calgary and by telehealth https://www.ucalgary.ca/psychiatry/event/2019-06-12/bc-neuropsychiatry-rounds-behavioural-approach-assessing-psychotropic-impact

June 12
University of Calgary, Mental Health Research Day, Innovative approaches in treatment and diagnostics in mental health disorders. 8:30 am- 4:30 pm in Calgary. https://events.ucalgary.ca/#!view/event/event_id/1978

June 13-14

June 13-14
Association of Alberta Sexual Assault Services, First responder to sexual assault and abuse. In Calgary ($250) https://aasas.ca/initiatives/first-responders-training/register-for-training/

June 13-14
Workshop, Traumatic dissociation, emotion dysregulation and the loss of self. Toward a pathway of recovery with Dr Ruth Lanius. 9 am- 4 pm in Calgary. https://ucalgary.ca/pd/haniustrauma2018

June 14
Workshop, Getting kids “in sync” at home and school with Carol Stock Kranowitz and Julia Berry. In Edmonton. 8:30 am- 4:30 pm. https://www.saot.ca/event/getting-kids-in-sync-at-home-and-school/

June 14-16

June 17
EFT Edmonton Workshop, For your learning: Handling clients interruptions with Murray Armstrong. ($60) In Edmonton. Call 780-444-4399 https://eftedmonton.com/training-events/

June 17-18

June 17-20

June 17-20
Level One Training, Emotion-focused Therapy with Dr Serine Warwar. 9 am- 5 pm in Calgary. https://emotionfocusedtherapyalberta.ca/upcoming-workshops/

June 17-21
Harvard Medical School, Intensive course in Transcranial Magnetic Stimulation in Boston, USA. ($3750 USD) acoby@bidmc.harvard.edu http://tmslab.org/education-intensive.php

June 18
CTRI Workshop, Clinical supervision- Skills for developing counsellors with Lana Dunn. 9 am- 4 pm in Edmonton https://ca.ctrinstitute.com/workshops/clinical-supervision-edmonton6-18/#tickets June 20 in Calgary https://ca.ctrinstitute.com/workshops/clinical-supervision-calgary6-20/#tickets

June 18

June 19
Canadian Nurses Protective Society Webinar, Legal risk management for nurses practicing in mental health environments with Tim Langlois. 12-1 pm. https://www.cnps.ca/

June 19
University of Calgary, Neuropsychiatry Rounds, Breakthroughs in the genetics of Autism by Troy McDiarmid. 12-1 pm in Calgary https://www.ucalgary.ca/psychiatry/event/2019-06-19/bc-neuropsychiatry-rounds-breakthroughs-genetics-autism-troy-mcdiarmid

June 19
Education Series, Addiction and mental illness: Understanding concurrent disorders with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 19-20

June 19-21
June 19-22
World Association on Dual Disorders, 3rd World Congress, Precision psychiatry in dual disorders in Madrid, Spain. https://icdd-congress.com/

June 20
Education Series. Harm reduction - a way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

June 20
University of Alberta, Child and Adolescent Grand Rounds with Mona Nematian. 9-10 am in Edmonton and by telehealth n4@ualberta.ca https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds

June 21
Opioid Dependency Treatment Virtual Health Learning Session, How do I taper my patient to completion of OAT. 9 am - 12 noon by live internet streaming https://livestream.com/accounts/3923053/events/8457082

June 21–22

June 25
Education Series. Understanding non-suicidal self-injury and strategies to reduce self-injury? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 25

June 27
Education Series, Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 1-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 3
Education Series, Understanding non-suicidal self-injury and strategies to reduce self-injury? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 3–5
Three Day Intensive, Acceptance and Commitment Therapy (ACT) in mental health with Dr John Forsyth and Dr Jamie Forsyth in Banff. http://www.jackhirose.com/workshop/banff-3-day-intensive-acceptance-commitment-therapy-act-mental-health-practice/

July 8–9
Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. ($250) Presented by CMHA. https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist

July 8-10

July 8-10
Training, CBT for anxiety with Dr Greg Dubord in Banff. ($895) http://cbt.ca/locations/cbt-banff/

July 9
Education Series. Suicide prevention is everybody’s business with Laurie Young and Bethany Miller. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 10
University of Alberta Forensic Grand Rounds, Potential with Evan McCuish. In Edmonton. m4@ualberta.ca https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds

July 10
Education Series. Harm reduction - a way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

June 10
ACSW Workshop, Discussing issues of intimacy and sexuality in continuing care with Scott Stewart. 9 am- 12 noon in Camrose. https://acsw.in1touch.org/viewEvent.html?no_header=true&productld=7773

July 11
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.
July 14- 18  
60th Annual Institute on Addiction Studies in London, Ontario.  [https://www.addictionstudies.ca/](https://www.addictionstudies.ca/)

July 15- 16  

July 15- 17  

July 15- 18  

July 16- 17  
CTRI Workshops, *Brief focused counselling skills- Strategies from the leading networks* with Danielle Forth. 9 am- 4 pm in Edmonton.  [https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton7-16/#tickets](https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton7-16/#tickets)

July 17- 20  
9th World Congress of Cognitive and Behavioural Therapies, *CBT at the crossroads* in Berlin, Germany.  [https://wcbt2019.org/](https://wcbt2019.org/)

July 17- 21  

July 18- 19  
International Conference on Clinical Psychology in Toronto.  [https://waset.org/conference/2019/07/toronto/ICCP](https://waset.org/conference/2019/07/toronto/ICCP)

July 18- 19  
Basic Training, *Mental Health First Aid* by Jennifer Chow. 9 am- 4:30 pm in Edmonton. ($160)  [https://www.cornerstonecounselling.com/workshops/mhfa-2/](https://www.cornerstonecounselling.com/workshops/mhfa-2/)

July 18- 20  
Training, *CBT for anxiety* with Dr Greg Dubord in Banff. ($895)  [http://cbt.ca/locations/cbt-whistler-summer/](http://cbt.ca/locations/cbt-whistler-summer/)

July 18- 20  

July 23  
Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 25  
Education Series, *What the hookah?!* with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 26- 28  
3rd Annual Scientific Meeting, Research Society on Marijuana in Vancouver, Washington, USA (Near Portland Oregon)  [https://researchmij.org/meeting.php](https://researchmij.org/meeting.php)

July 29- 30  
Workshop, *Positive approach in dementia care* with Teepa Snow. 7:30 am- 4:30 pm in Olds. ($130)  [https://mygnp.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/](https://mygnp.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/)

June 29- 30  

July 29- 31  
Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore.  [https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets](https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets)

August 12- 23  

August 13  
Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

August 15  
Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.
August 18-20

August 18-21

August 19-20
Applied Suicide Intervention Skills Training (ASIST). 8:30 am-4:30 pm in Edmonton. ($250) Presented by CMHA. https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist

August 19-28
AHS Project Management Boot Camp. In-person or online training. Search for CPSS in MLL. https://insite.albertahealthservices.ca/km/Page12089.aspx

August 21
Education Series. Suicide prevention is everybody’s business with Laurie Young and Bethany Miller. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 22-25

August 26-27
Applied Suicide Intervention Skills Training (ASIST). 8:30 am-4:30 pm in Edmonton. ($250) Presented by CMHA. https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist

August 27
Education Series. Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 1-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 29
Education Series. Understanding non-suicidal self-injury and strategies to reduce self-injury? with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 31

September 2

September 5
PAA Workshop, Developing expertise with CBT- Insomnia by Dr Gregg Jacobs. 9 am-4 pm in Edmonton https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=96

September 9-10
Applied Suicide Intervention Skills Training (ASIST). 8:30 am-4:30 pm in Edmonton. ($250) Presented by CMHA. https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist

September 10
World Suicide Prevention Day Take a minute, Change a life https://www.who.int/mental_health/prevention/suicide/wspd/en/ Living Hope is the plan to prevent suicide in Edmonton.

September 11

September 12-14
Canadian Psychiatric Association Annual Conference in Quebec City. https://www.cpa-apc.org/annual-conference/

September 15-17

September 16-17
Basic Training, Mental Health First Aid 9 am-4:30 pm in Edmonton. ($185) Presented by CMHA. https://edmonton.cmha.ca/programs-services/mental-health-first-aid/

September 18-19

September 20-25
World Sleep Congress, The best of sleep medicine and research. In Vancouver https://worldsleepcongress.com/

September 23
Workshop, A clinical look at supplements and alternative therapies with Barb Bancroft. 8:30 am-4 pm in Edmonton. October 1 in Calgary. https://www.nursinglinks.ca/frameset_workshops.html
September 23–24

September 23–25

September 23–26
Training, Green Stream: Foundations of Play Therapy, Part 1. In Calgary. ($2250) http://mppl.com/foundations/ (Total of 9 days plus online component, Part 2 is November 18 - 22)

September 25–29

September 26
Legacy Place Society, First Responder and Military Personnel Mental Health and Suicide Awareness Conferences in Edmonton. September 19 in Calgary. https://legacyplacesociety.com/conferences/

September 26–27
Online Training, CBT Primer with Dr Joe Flanders and Rhea Plosker. 7:30 – 10:30 am ($350) https://www.mindfulnessstudies.com/event/20-351-01/

September 26–27

September 27–29

October 3–5

October 7–12
Mental Illness Awareness Week https://www.camimh.ca/mental-illness-awareness-week/about-miaw/

October 9–10

October 9–11

October 9–12
International Nurses Society on Addictions (IntNSA), 43rd Annual Educational Conference, Substance use across the lifetime in Baltimore, Maryland, USA. https://www.intnsa.org/conference/

October 10–11
Association of Alberta Sexual Assault Services, First responder to sexual assault and abuse. In Lethbridge ($250) https://aasas.ca/initiatives/first-responders-training/register-for-training/

October 16–18
Canadian Association for Suicide Prevention, 30th Annual Conference in Edmonton. https://suicideprevention.ca/Annual-Conference

October 17–19

October 18–20

October 20–23

October 24
Conference, Self-compassion with Dr Kristin Neff. 9 am–4 pm in Edmonton. ($240) http://www.cast-canada.ca/gt-edmonton-2019-dr-kristin-neff.html

October 25–26
Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. http://www.cagp.ca/page-1841610

October 26–27

October 28–29

October 28–30
October 31- November 2
International Association for Cannabinoid Medicines, Research Conference, in Berlin, Germany. 

November 4 and 18
University of Calgary, Online Workshop, Clinical Social Work Supervision with Dr Jane Matheson. 5:30- 7 pm
https://ucalgary.ca/pd/clinicalsupervision2019winter

November 4- 6
http://conference.caeh.ca/

November 7-12
Mindfulness Meditation Retreat for Therapists with Dr Bruno Cayoun. In Ottawa. 
http://www.mindfulness.net.au/our-programs/the-intensive-retreat

November 8

November 14
EFT Edmonton, Four Day Externship in Emotionally Focused Therapy with Jim Thomas. ($875) In Edmonton. 
Call 780-444-4399 https://efftedmonton.com/training-events/

November 14- 15
Diverse Voices Conference, Together we make a difference. In Edmonton. https://diverse-voices.com/

November 18- 20
Gottman Level 1 Training in Calgary https://bestmarriages.ca/events/gottman-level-1-calgary-ab- november2019/  

November 20- 22
Gottman Level II Training in Calgary https://bestmarriages.ca/events/gottman-level-2-calgary-ab-3/

November 20- 22
The Canadian Mental Health Summit, Advanced interventions and strategies for frontline professionals. In Calgary. 

November 21- 22
Humane Canada, Canadian Violence Link Conference, Making the link between violence against people and animals. In Toronto. https://clc.humanecanada.ca/

November 22
PAA Workshop, Family Restructuring Therapy with Dr Stephen Carter. 9 am- 4:30 pm in Edmonton. 
https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=102

November 22- 23

November 25- 27


December 4- 6
Rocky Mountain Play Therapy Institute, Certificate in treatment of trauma using play therapy skills. In Calgary. 
http://rmpti.com/specialized-programs/treatment-of-trauma/

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**AHS Managers and Staff: New Edmonton Zone Communication Tools**

2019 is a year of substantial positive change in the Edmonton Zone and new tools are needed to help keep everyone informed. Bookmark these links in your browser.

1) The **Core Learning Calendar** is available to AHS Addiction and Mental Health staff in the Edmonton Zone who need to review a large amount of information each year related to accreditation, safety, required training, policy and new initiatives. The Core Learning Calendar provides this information in digestable monthly doses. Over the course of a year all key topics are covered. The materials can be covered in staff meetings, handouts, posters, brief inservices or online. Click Here

2) Inform Alberta listings have recently been reduced to a few key access points and the full list of our services within the Edmonton Zone is now available through the **Alberta Referral Directory** (ARD). You will simply need to search for the acronym “AMH” to pull up the profiles. Click Here

3) A new Edmonton Zone **AMH Share Point Site** provides a central collection of resources, including Operational Standards, LOCUS, Clinical Informatics, Access 24/7, Group Selector Tool, Cognition, and much more. Click Here
Online Learning Resources

Knowledge Resource Service The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. http://krs.libguides.ca/mentalhealth

The Cochrane Collaboration provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. http://summaries.cochrane.org/

Alberta Family Wellness Initiative Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification http://www.albertafamilywellness.org/resources/search

Medical Cannabis Online courses from the Canadian Pharmacist Association https://www.pharmacists.ca/education-practice-resources/professional-development/medical-cannabis-ce/

Canadian Centre on Substance Abuse (CCSA) Online publications intended to contribute to CCSA’s national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. http://www.ccsa.ca/


McMaster University provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. http://www.healthevidence.org/

Alberta Addiction and Mental Health Research Partnership Program Knowledge Notes are concise summaries of current research in a specific area. https://www.albertahealthservices.ca/info/Page11244.aspx

Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE) http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3

A comprehensive collection of psychiatric rating scales and diagnostic aids from the University of Adelaide http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139226

Bridging the Gap is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: http://www.albertahealthservices.ca/research/Page11235.aspx

The Canadian Agency for Drugs and Technologies in Health (CADTH) provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. https://www.cadth.ca/evidence-bundles/evidence-on-mental-health

Anxiety BC Video library and other emotional regulation education resources including a phone app https://www.anxietybc.com/resources/video


Indigenous Health Program Information about Indigenous history, social determinants of health, and strategies for culturally competent care. http://www.albertahealthservices.ca/info/page7634.aspx See also the playlist https://www.youtube.com/playlist?list=PLr1TOF1ISz0Uve4nEjWZCVG1zk8U8S-

University of Alberta Grand Rounds The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home

At Home with Eating Disorders Conference Series Recorded expert speaker presentations https://www.youtube.com/channel/UCHJ_kGWdRqTzZw2aqoOfTNZw

Developmental Pathways of Addiction and Mental Health 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal https://phc.myabsorb.ca/#/login or the External AHS Website https://www.albertahealthservices.ca/info/Page15972.aspx

National Education Alliance for Borderline Personality Disorder Resources include a free online course, podcasts, media library, family education materials, and more. https://www.borderlinepersonalitydisorder.com/professionals/

Healthy Minds/Healthy Children The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. http://www.albertahealthservices.ca/4718.asp

Policy Wise for Children and Families Their video library provides presentations on research, knowledge and evidence on policy issues related to improving the well-being and health of children. https://policywise.com/

Addiction Counselling Webinars The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics http://www.naadac.org/webinars

TED: How the Mind Works The world’s most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. http://www.ted.com/index.php/themes/view/id/4

Community Education Service Free online webinars from presentations at the Alberta Children’s Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. [http://fcrc.albertahealthservices.ca/ces/]

Alberta Quits Learning materials and videos about tobacco cessation. [https://www.albertaquits.ca/learning/training-videos]

Chronic Disease Management Education for Health Care Providers Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) [http://cdm.absorbrtraining.ca/#/login]

Mental Health Commission of Canada (MHCC) Webinars Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. [http://www.mentalhealthcommission.ca/English/webinars]

Trauma Informed Care e-Learning Modules Six foundational modules and other resources. [http://www.albertahealthservices.ca/info/page15526.aspx]

Suicide Prevention, Risk Assessment & Management (SPRAM) Interactive e-Learning series of seven modules to support health practitioners’ competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. [http://www.albertahealthservices.ca/info/Page14579.aspx]

Children’s Mental Health Learning Series provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. [http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html]

Geriatric Grand Rounds with an evidence-based medicine and inter-professional focus [https://sites.google.com/a/ualberta.ca/ggr/]

University of Calgary The Department of Psychiatry calendar of medical rounds, workshops and conferences is at [http://www.ucalgary.ca/psychiatry/calendar/month/2017-11] The Faculty of Social Work Professional Development Program workshops are listed at: [http://www.ucalgary.ca/pdf] A collection of e-Learning courses is available at [http://ecme.ucalgary.ca/program-listing/]

TRIP (Turning Research Into Practice) Clinical search engine designed to allow users to easily find research articles to support practice. [https://www.tripdatabase.com/]

RNAO Mental Health and Addiction Initiative Nursing best practice guidelines, education modules and many other resources. [http://mao.ca/bpg/initiatives/mhai/purpose]

Mental Health First Aid The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. [http://www.mentalhealthfirstaid.ca/en/course-info/courses]

International Nurses Society on Addictions A new Alberta based forum for Canadian nurses interested in addiction prevention and treatment. [http://intnsacanada.com/]

Psychwire Online courses in CBT, ACT, Mindfulness and DBT [https://psychwire.com/]

Mental Health Academy Inexpensive access to over 110 online addiction and mental health education courses. [https://www.mentalhealthacademy.net/ccpa/]

Cannabis 101 Online workshop for AHS staff, on MyLearning Link. Search for ‘cannabis’. For more information, contact the Decision Support Team (Calgary) at dst.education@ahs.ca

Professional Development Fund is now accepting applications for 2019/20 from AHS staff. Please review the current fund options as the program has changed:

- Post-Secondary Education Funding is open. Apply by Aug. 23.
- Group Learning Initiatives Funding is open. Funding is first-come, first-served.
- Conference & Workshop Funding applications open June 1. Funding is first-come, first-served

The online Addiction Medicine Diploma Program has been redesigned and updated to bring you a more interactive and seamless learning experience. The new program is called the Addiction Care and Treatment Online Certificate and has formally launched in partnership with UBC Continuing Professional Development and the UBC School of Nursing. [https://ubccpd.ca/course/addiction-care-and-treatment]

Alberta Opioid Dependency Treatment (ODT) Virtual Training Program was designed to teach the complex integration of technical and behavioural competencies required in Opioid Dependency Treatment. Although anyone can take the course, health care providers who require this training for prescribing Opioid Agonist Treatment (OAT) must register online through the Office of CME. [https://www.albertahealthservices.ca/info/Page16083.aspx]