March
Healthy Minds/Healthy Children Online Professional Development. 1) The gut-brain connection: Obesity, inflammation, microbiome and mental illness and 2) Youth sexual assault/abuse: Understanding the impact on the youth survivor and the helper. (Free and CME accreditation available) Call 403-955-4642
hmhc@ahs.ca http://www.albertahealthservices.ca/info/Page4723.aspx

March 2
University of Calgary, Department of Psychiatry, 32nd Annual Sebastian K. Littmann Research Day. 8:30 am-4:30 pm in Calgary. http://people.ucalgary.ca/~patten/Seb_Littmann_Main.html

March 2-3
Calgary Jung Society, Art of aging workshop: Transitions and transformations in becoming an elder with Cynthia Brown. 10 am-4 pm in Calgary. ($200) http://calgaryjungsociety.org/events/

March 4

March 4

March 4-5

March 4-24
ASPH Online Workshop, Sexuality and mental health: Body image with Colleen Larson. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d4d005f5c19e.pdf

March 4-5-24

March 5-6

March 6

March 6

March 6-9

March 7
University of Alberta Child and Adolescent Grand Rounds with Ogechi Igwe. 9-10 am at the Glenrose Rehabilitation Hospital, Edmonton and by telehealth. https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds

March 7-8
Autism Awareness Centre Conference with Bo Hejlskov and Carol Burmeister. In Edmonton. https://autismawarenesscentre.com/shop/conferences-training/conferences/edmonton-ab-march-7-8-2019?mc_cid=2908a9c0a6&mc_eid=c75284d8ae

March 8
University of Calgary, Quarterly Psychiatry Update, Alcohol Use Disorder. 1-4:30 pm in Calgary. https://www.ucalgary.ca/psychiatry/event/2019-03-08/quarterly-psychiatry-update-alcohol-use-disorder
March 8-9
In Vancouver. [https://www.caot.ca/viewEvent.html?no_header=true&productId=10100](https://www.caot.ca/viewEvent.html?no_header=true&productId=10100)

March 13, 20 and 27
Online Course, *Childhood anger: Working through tantrums*. 7-9 pm. ($140)

March 13-14
CMHA Certified Psychological Health and Safety Advisor Training. 8 am-4 pm daily in Calgary. ($1500)

March 13-March 15

March 14
ECDSS Workshop, *Understanding loss and supporting individuals through grief* in Edmonton.
[https://ecdss.ca/event/understanding-loss-supporting-individuals-through-grief-march-14-2019/](https://ecdss.ca/event/understanding-loss-supporting-individuals-through-grief-march-14-2019/)

March 14-15
Mental Health First Aid, *Adults who interact with youth*. 9 am – 4:30 pm daily in Innisfail. ($125) Contact Brittany.levangille@mcman.ca Call 403-227-5580.

March 14-17
WGM Psychology presents, *Intensive training in prolonged exposure for PTSD* with Dr Megan McElheran.8:30 am-4:30 pm in Calgary. ($1600) Call 430-850-6711 or reception@wgmpsych.com

March 15
Opioid Dependency Treatment, Virtual Learning Sessions, *Why do I have to be aware of cultural diversity when treating my clients?* 9 am-12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/)
More information at concurrent.disorders@ahs.ca

March 16

March 17-20
51st Banff International Conferences on Behavioural Science, *Equipping schools and communities to support student mental health* [https://banffbehavsci.ubc.ca/workshops/](https://banffbehavsci.ubc.ca/workshops/)

March 18-20
16th Medical Cognitive Behavioural Therapy Training with Dr Greg Dubord in Whistler, BC. ($895)
[http://cbt.ca/locations/cbt-whistler-winter/](http://cbt.ca/locations/cbt-whistler-winter/)

March 18- April 7
Online Workshop, *Beyond #METOO: Moving forward to sexual empowerment* with Angela Sumka.
[https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

March 20

March 21
Western Canada Institute for Intensive Short-Term Dynamic Psychotherapy, Video-Based Workshop, *Treatment Resistant Depression* with Dr Allan Abbass. 9 am-4 pm in Calgary. contact.wcii@gmail.com

March 21-22
6th Annual Canadian Consortium for the Investigation of Cannabinoids Conference, *Cannabinoids in clinical practice*. In Toronto. [http://www.ccic.net/index.php?id=366,0,0,1,0,0](http://www.ccic.net/index.php?id=366,0,0,1,0,0)

March 21-25
Alberta Psychiatric Association Annual Conference in Banff. [https://albertapsych.org/conference](https://albertapsych.org/conference)

March 22-24
March 23

March 26
University of Calgary, Psychiatry Grand Rounds, Cardiometabolic disease in serious mental illness: From mechanisms to interventions by Dr Margaret Hahn. 12-1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2019-03-26/grand-rounds-cardiometabolic-disease-severe-mental-illness-mechanisms-interventions

March 27–28

March 28–29
Narrative Workshop, Practice, practice and more practice with Don McGillivray. 9:30 am-4:30 pm daily in Edmonton. ($200) http://www.storiesinmotioninc.com/workshoptrainings-2/

March 28–30
Alberta Gambling Research Institute, 18th Annual Conference on Gambling Research, Blurred lines in gambling research in Banff. https://abgamblinginstitute.ca/events/other-conferences

March 29–30
Trauma and Attachment Conference in St Catherine’s, Ontario. https://www.attachment-and-trauma-treatment-centre-for-healing.com/2019-trauma-conference.html

April
Healthy Minds/Healthy Children Online Professional Development, 1) The healing value of relationship with self and others and 2) Youth sexual assault/abuse: Managing the crisis phase. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca http://www.albertahealthservices.ca/info/Page4773.aspx

April 1–April 21

April 1–May 10
Wilfred Laurier University Online Course, Engaging challenging clients: Working in addictions with specialized populations by Heather Kerr. ($275) https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online

April 1–May 10
Wilfred Laurier University Online Course, Trauma and addiction by Ian Robertson. ($275) https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online

April 2
University of Calgary, Psychiatry Grand Rounds, Vision for mental health by Dr David Park. 12–1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2019-04-02/grand-rounds-vision-mental-health-david-park-bsc-phd-frsc

April 4
19th Annual Mary O’Connor Palliative and End of Life Conference, Exploring vulnerability: Becoming authentically response-able in Calgary Laura.Stow@ahs.ca https://events.eply.com/MaryOConnor2019

April 4-5

April 4-6

April 5
PAA Workshop, Assessment of children: Cognitive foundations and applications with Dr Jerome Satffler. 9 am-4 pm in Calgary. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=91

April 8- June 28
April 8 - June 28
Online Course, **Cognitive Behaviour Therapy with mental health disorders** by Jennifer Hackbart. ($1100)

April 9

April 9-10

April 10
CNPS Webinar, **Legal risk management for nurses practicing in mental health environments** with Tim Langlois. 10-11 am. [https://cnps.ca/index.php?page=22](https://cnps.ca/index.php?page=22)

April 10-12

April 11
Workshop, **Stress, resilience and happiness** with Dr Michael Howard. 8:30 am-3:30 pm in Calgary.


April 11-12
National Institute on Infant Mental Health, **Expanding horizons for the early years: From science to practice.** In Toronto. [http://imhpromotion.ca/Training-Events/Expanding-Horizons-for-the-Early-Years-2019](http://imhpromotion.ca/Training-Events/Expanding-Horizons-for-the-Early-Years-2019)

April 12
Opioid Dependency Treatment, Virtual Learning Sessions, **How do I treat my patient who is going into a corrections centre with OAT?** 9 am-12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/) More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

April 12
Big thoughts… Little Talks, **Clinical gems for Nursing** 8 am-4 pm in the Grey Nuns Community Hospital Auditorium, Edmonton. ($55) [10bigthoughts@gmail.com](mailto:10bigthoughts@gmail.com) [https://www.eventbrite.ca/e/big-thoughts-little-talks-clinical-gems-for-nursing-tickets-54561220078](https://www.eventbrite.ca/e/big-thoughts-little-talks-clinical-gems-for-nursing-tickets-54561220078)

April 12-13
McMaster University Research Conference, **Innovations in the science of Cannabis** in Hamilton, Ontario. [https://cannabisresearch.mcmaster.ca/engagement/events/event/2019/04/12/default-calendar/conference](https://cannabisresearch.mcmaster.ca/engagement/events/event/2019/04/12/default-calendar/conference)

April 15- April 28
ASPH Online Workshop, **Sex addiction 101** with Bill Schuilenberg (Part 1) [https://docs.wixstatic.com/dms/image/u gd/b053e1_17480262fa864330b03d26005f5c19e.png](https://docs.wixstatic.com/dms/image/ugd/b053e1_17480262fa864330b03d26005f5c19e.png)

April 16
University of Calgary, Psychiatry Grand Rounds, **Medical basics- MDD** with Dr Ray Lam. 12-1 pm in Calgary and by telehealth. [https://www.ucalgary.ca/psychiatry/event/2019-04-16/grand-rounds-medical-basics-mdd-ray-lam-md-frcpc](https://www.ucalgary.ca/psychiatry/event/2019-04-16/grand-rounds-medical-basics-mdd-ray-lam-md-frcpc)

April 16
University of Calgary Videoconference, **Medical management of pain: Alternatives to opioids** by Lori Montgomery. 8-9 am. [https://cumming.ucalgary.ca/cme/event/2019-01-29/rural-videoconference-cognitive-behavioural-therapy-pain](https://cumming.ucalgary.ca/cme/event/2019-01-29/rural-videoconference-cognitive-behavioural-therapy-pain)

April 16
EFT Edmonton Workshop, **For your learning: Shifting from content to process through finding the positive in the complaints** with Murray Armstrong. ($60) In Edmonton. Call 780-444-4399 [https://eftedmonton.com/training-events/](https://eftedmonton.com/training-events/)

April 23
April 24-25
CTRI Workshop, Attachment and families- Strategies for helping and engaging with Danielle Forth. 9 am-4 pm in Edmonton. [https://ca ctrinstitute.com/workshops/attachment-and-families-edmonton-4-24/tickets](https://ca ctrinstitute.com/workshops/attachment-and-families-edmonton-4-24/tickets)

April 25-26
in Calgary with Marwa Faddol [https://ca ctrinstitute.com/workshops/attachment-and-families-calgary-4-26/tickets](https://ca ctrinstitute.com/workshops/attachment-and-families-calgary-4-26/tickets)

April 26

April 26-27
SAOT Workshop, Responding appropriately to grief and loss as an Occupational Therapist with Sandy Ayre. 8:30 am-4:30 pm in Edmonton. [https://www.saot.ca/event/responding-appropriately-to-grief-and-loss-as-an-occupational-therapist/](https://www.saot.ca/event/responding-appropriately-to-grief-and-loss-as-an-occupational-therapist/)

April 26-27

April 26-27

April 26-28

April 27

April 29-May 12
ASPH Online Workshop, It’s not about the sex with Bill Schuilenberg (Part 2) [https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

April 29-May 26
ASPH Online Workshop, Advocacy with Tammy Troute-Wood, Celia Posyniak, Heather Cobb and Marni Panas [https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

April 29-30

April 29-30

April 29-30

April 23

April 30-May 2

May
Healthy Minds/Healthy Children Online Professional Development, 1) Medication Update Series: Prescribing practice for ADHD, Anxiety, Depression in children and youth, Part 2 Anxiety and Depression and 2) Youth sexual assault/abuse: After the crisis phase- More healing strategies. (Free and CME accreditation available) Call 403-955-4642 [hmhsc@ahs.ca](mailto:hmhsc@ahs.ca) [http://www.albertahealthservices.ca/info/Page4723.aspx](http://www.albertahealthservices.ca/info/Page4723.aspx)

May 1-4

Information, Evaluation & Professional Practice, Addiction and Mental Health, Edmonton Zone
Contact Daniel.scott@ahs.ca to be added to the emailing list or to send event listings.
May 2
Workshop, Stress, resilience and happiness with Dr Michael Howard. 8:30 am- 3:30 pm in Edmonton.

May 3

May 3
CAOT Workshop, Cognitive Stimulation Therapy: Making a difference for people with dementia with Gina Zoratti and Michelle Bickell. 8:30 am- 4 pm in Edmonton. https://www.caot.ca/viewEvent.html?productId=10132

May 3

May 3- 4
Western Canada Addiction Forum in Kelowna, BC. https://wcaforum.ca/

May 3- 4
May 3- 4

May 4
EFT Edmonton Workshop, For your learning: Deepening your ability to work with attachment injuries with Murray Armstrong. ($60) In Edmonton. Call 780-444-4399 https://eftedmonton.com/training-events/

May 4
PAA Workshop, Current and emerging best practices in supervision: Pathways to supervisee competence and expertise with Dr Rodney Goodyear. 9 am- 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=97

May 5- 7

May 6- 8

May 6- July 26

May 7
CTRI Workshop, Borderline Personality Disorder- Understanding and supporting with Danielle Forth. 9 am- 4 pm in Edmonton. https://ca.ctrimitor.com/workshops/borderline-personality-disorder-edmonton5-7/#tickets May 8 in Calgary with Lana Dunn. https://ca.ctrimitor.com/workshops/borderline-personality-disorder-calgary5-8/#tickets

May 7- 9

May 8- 10

May 9- 10
Emotionally Focused Therapy Workshop, Part 2: Deepening your skills with Yolanda von Hockauf. In Vancouver. https://malchi.mp/86a07bbab3c26/emotionally-focused-individual-therapy-workshops

May 9- 10
Workshop, Couples counselling: Theory and practice essentials with Sig Taylor. 9 am- 4 pm in Calgary. https://ucalgary.ca/pd/couples2019

May 10- 11
20th Canadian Collaborative Mental Health Care Conference in Richmond, BC. http://www.shared-care.ca/
May 10-12
32nd Canadian Down Syndrome Conference in Victoria, BC. [https://cdss.ca/community/events-activities/down-syndrome-conference/]

May 13
Workshop, Pharmacology update for Nurses. 8:30 am - 4 pm in Edmonton. May 14 in Calgary. [https://www.nursinglinks.ca/info_pharmacology.html]

May 13
Workshop, Compassion fatigue and burnout with Dr Eric Gentry. 9 am - 4 pm in Calgary. [http://www.jackhirose.com/workshop/calgary-compassion-fatigue-burnout/]

May 13-15

May 13-16
Canadian Counselling and Psychotherapy Association, Annual Conference in Moncton, New Brunswick. [https://www.ccpa-accp.ca/general-continuing-education/annual-conference/]

May 17-13
Intensive Sex Therapy Training Program at the University of Guelph, Ontario. [https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseld=2451003]

May 13- June 3
ASPH Online Workshop, Sexuality and disabilities 101 with Margaret Newbury-Jones [https://docs.wixstatic.com/ugd/b053e1_17480262fa814350b0542d0535c19e.pdf]

May 13- June 21
Wilfred Laurier University Online Course, Concurrent Disorders by Melissa Pyne. ($275) [https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online]

May 14

May 14-15
Workshop, Trauma competency training with Dr Eric Gentry.9 am - 4 pm in Calgary. [http://www.jackhirose.com/workshop/calgary-trauma-competency-training-2/]

May 15-17
11th International Conference on Nightlife, Substance Use and Related Health Issues. In Amsterdam, Netherlands [http://www.theclubhealthconference.com/]

May 17
Opioid Dependency Treatment, Virtual Learning Sessions, IOAT and SROM 9 am- 4:30 pm in Calgary. Register on iScheduler [https://ischeduler.albertahealthservices.ca/] More information at concurrent.disorders@ahs.ca

May 17
PAA Workshop, Geropsychology research and practice: Helping our clients, Helping ourselves with Dr Candace Konnert. 9 am- 4:30 pm in Calgary. [http://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=92]

May 20- June 28
Wilfred Laurier University Online Course, Pharmacology by Rick Csiernik. ($275) [https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online]

May 22-24

May 22-25
13th Annual Canadian Neuroscience Meeting in Toronto. [https://can-acn.org/meeting-2019]

May 23-24

May 23
EFT Edmonton Workshop, For your learning: The art of focused attunement and focused attaching by Murray Armstrong. ($60) In Edmonton. Call 780-444-4399 [https://eftedmonton.com/training-events/]

Contact Daniel.scott@ahs.ca to be added to the emailing list or to send event listings.
May 23-24

May 27-28

May 27-June 16
ASPH Online Workshop, Indigenous youth and sexuality with Lehente Foote and Nadia Houle https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

May 28-29

May 30-June 1
Canadian Cannabis Summit in Calgary. https://cannabissummit.ca/

May 31-June 2

June 3-4
Workshop, Mindfulness-Based Cognitive Therapy with Dr Richard Sears. 9 am-4 pm in Edmonton. http://www.jackhirose.com/workshop/edmonton-mindfulness-based-cognitive-therapy/

June 4
Nursing Workshop, Interpretation of lab tests with Barb Bancroft. 8:30 am-4 pm in Lethbridge. https://www.nursinglinks.ca/info_lab_tests.html

June 4-5
CTRI Workshop, Walking through grief- helping others deal with loss by Danielle Forth. 9 am-4 pm in Edmonton. https://ca.ctrinstitute.com/workshops/walking-through-grief- EDMONTON6-4-2/tickets June 5-6 in Calgary https://ca.ctrinstitute.com/workshops/walking-through-grief-calgary6-5/tickets

June 6
Workshop, The aging brain: The assessments, treatments and interventions for Alzheimer’s Disease and other dementias with Dr Roy Steinberg. 9 am-4 pm in Calgary. http://www.jackhirose.com/workshop/calgary-the-aging-brain/

June 7

June 7-9

June 12
Edmonton Zone, Pie & CQI, Improving client experience though access. 12-4 pm at the Santa Maria Goretti Centre, 11050-90 Street. More details to follow.

June 13-14
Workshop, Traumatic dissociation, emotion dysregulation and the loss of self: Toward a pathway of recovery with Dr Ruth Lanius. 9 am-4 pm in Calgary. https://ucalgary.ca/pd/laniustrauma2018

June 14-16

June 17
EFT Edmonton Workshop, For your learning: Handling clients interruptions with Murray Armstrong. ($60) In Edmonton. Call 780-444-4399 https://eftedmonton.com/training-events/

June 17-20
June 17-21
Harvard Medical School, Intensive course in Transcranial Magnetic Stimulation in Boston, USA. ($3750 USD)
aroby@bidmc.harvard.edu http://tmslab.org/education-intensive.php

June 18
CTRI Workshop, Clinical supervision- Skills for developing counsellors with Lana Dunn. 9 am- 4 pm in Edmonton https://ca.ctrinstitute.com/workshops/clinical-supervision-edmonton6-18/#tickets

June 20
Opioid Dependency Treatment, Virtual Learning Sessions, How do I taper my patient to completion of OAT? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

June 24-26

June 29- September 1 (Saturdays)

July 3 - 5
Three Day Intensive, Acceptance and Commitment Therapy (ACT) in mental health practice with Dr John Forsyth and Dr Jamie Forsyth. 9 am- 4 pm in Banff. http://www.jackhirose.com/workshop/banff3-day-intensive-acceptance-commitment-therapy-act-mental-health-practice/

July 8 - 10

July 8 - 10
Training, CBT for anxiety with Dr Greg Dubord in Banff. ($895) http://cbt.ca/locations/cbt-banff/

July 14 - 18

July 15 - 17

July 15 - 18

July 16 - 17
CTRI Workshops, Brief focused counselling skills- Strategies from the leading networks with Danielle Forth. 9am- 4 pm in Edmonton. https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton7-16/#tickets

July 17 - 20
9th World Congress of Cognitive and Behavioural Therapies, CBT at the crossroads in Berlin, Germany. https://wcbct2019.org/

July 18 - 19

July 18 - 20
Training, CBT for anxiety with Dr Greg Dubord in Banff. ($895) http://cbt.ca/locations/cbt-whistler-summer/

July 29 - 30
Workshop, Positive approach in dementia care with Teepa Snow. 7:30 am- 4:30 pm in Olds. ($130) https://mygnp.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/

July 29 - 31
Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore. https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets

August 18 - 21
August 22-25

September 5
PAA Workshop, Developing expertise with CBT- Insomnia by Dr Gregg Jacobs. 9 am- 4 pm in Edmonton
http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=56

September 12-14
Canadian Psychiatric Association Annual Conference in Quebec City. https://www.cpa-apc.org/annual-conference/

September 15-17
39th Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City.
https://www.cacap-acpea.org/learn/conference/

September 20-25
World Sleep Congress, The best of sleep medicine and research. In Vancouver https://worldsleepcongress.com/

September 25-29

October 9-10

October 9-11

October 9-12
International Nurses Society on Addictions (InNSA), 43rd Annual Educational Conference in Baltimore, Maryland, USA. https://www.innsa.org/conference/

October 17-20

October 21-23

October 24
Conference, Self-compassion with Dr Kristin Neff. 9 am- 4 pm in Edmonton. ($240) http://www.cast-canada.ca/gt-edmton-2019-dr-kristin-neff.html

October 25-26
Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. http://www.caap.ca/page-1841610

October 26-27

November 7-12

November 14
EFT Edmonton, Four Day Externship in Emotionally Focused Therapy with Jim Thomas. ($875) In Edmonton. Call 780-444-4399 https://eftedmton.com/training-events/

November 20-22

November 21-22
Humane Canada, Canadian Violence Link Conference, Making the link between violence against people and animals. In Toronto. https://clc.humanecanada.ca/

November 25-27
Cognition
March, 2019
Addiction and Mental Health Learning Events

Online Learning Resources

☼ National Education Alliance for Borderline Personality Disorder Resources include a free online course, podcasts, media library, family education materials, and more. https://www.borderlinepersonalitydisorder.com/professionals/

☼ Knowledge Resource Service The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. http://krs.libguides.com/mentalhealth

☼ The Cochrane Collaboration provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. http://summaries.cochrane.org/

☼ Alberta Family Wellness Initiative Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification http://www.albertafamilywellness.org/resources/search


☼ Canadian Centre on Substance Abuse (CCSA) Online publications intended to contribute to CCSA’s national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. http://www.ccsa.ca/


☼ McMaster University provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. http://www.healthevidence.org/

☼ Alberta Addiction and Mental Health Research Partnership Program Knowledge Notes are concise summaries of current research in a specific area. https://www.albertahealthservices.ca/info/Page11244.aspx

☼ Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE) http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3

☼ A comprehensive collection of psychiatric rating scales and diagnostic aids from the University of Adelaide http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139268

☼ Bridging the Gap is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: http://www.albertahealthservices.ca/research/Page11235.aspx

☼ The Canadian Agency for Drugs and Technologies in Health (CADTH) provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. https://www.cadth.ca/evidence-bundles/evidence-on-mental-health

☼ Anxiety BC Video library and other emotional regulation education resources including a phone app https://www.anxietybc.com/resources/video


☼ Indigenous Health Program Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. http://www.albertahealthservices.ca/info/page7634.aspx See also the playlist https://www.youtube.com/playlist?list=PLl1tOF1f5ZoUvse4nEijWZCVGjzk8U8S-

☼ University of Alberta Grand Rounds The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. https://sites.google.com/eulaberta.ca/pshychiatry-grand-rounds/archive/home

☼ At Home with Eating Disorders Conference Series Recorded expert speaker presentations https://www.youtube.com/playlist?list=PLwA/WzSIiSfBq3e6jzeGDi7XAIc1LH

☼ Developmental Pathways of Addiction and Mental Health 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal https://phc.myabsorb.ca/#/login or the External AHS Website https://www.albertahealthservices.ca/info/Page15972.aspx

Information, Evaluation & Professional Practice, Addiction and Mental Health, Edmonton Zone
Contact Daniel.scott@ahs.ca to be added to the emailing list or to send event listings.
Healthy Minds/Healthy Children  The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health.  http://www.albertahealthservices.ca/4718.asp

Policy Wise for Children and Families  Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children.  https://policywise.com/

Addiction Counselling Webinars  The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics  http://www.naadac.org/webinars

TED: How the Mind Works  The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes.  http://www.ted.com/index.php/themes/view/id/4

University of California Television provides documentaries, faculty lectures and research symposiums  http://www.ucill.tv/search-moreresults.aspx?catSubID=20&subject=health

Community Education Service  Free online webinars from presentations at the Alberta Children’s Hospital.  Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth.  http://frcr.albertahealthservices.ca/ces/

Alberta Quits  Learning materials and videos about tobacco cessation.  https://www.albertaquits.ca/learning/training-videos

Chronic Disease Management Education for Health Care Providers  Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations)  http://cdm.absorbtraining.ca/#/login

Mental Health Commission of Canada (MHCC) Webinars  Free monthly webinar series about many different areas of mental health.  Archived sessions are available to watch.  http://www.mentalhealthcommission.ca/English/webinars

Trauma Informed Care e-Learning Modules  Six foundational modules and other resources.  http://www.albertahealthservices.ca/info/page15526.aspx


Children’s Mental Health Learning Series  provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns.  http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html

Geriatric Grand Rounds  with an evidence-based medicine and inter-professional focus  https://sites.google.com/a/ualberta.ca/ggr/

University of Calgary  The Department of Psychiatry calendar of medical rounds, workshops and conferences is at  http://www.ucalgary.ca/psychiatry/calendar/month/2017-11  The Faculty of Social Work Professional Development Program workshops are listed at:  http://www.ucalgary.ca/pd/  A collection of e-Learning courses is available at  http://ecme.ucalgary.ca/program-listing/

TRIP (Turning Research Into Practice)  Clinical search engine designed to allow users to easily find research articles to support practice.  https://www.tripdatabase.com/

RNAO Mental Health and Addiction Initiative  Nursing best practice guidelines, education modules and many other resources.  http://rnao.ca/bpp/initiatives/mhaimpulse

The Online Addiction Medicine Diploma  is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose.  http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/

Mental Health First Aid  The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada.  http://www.mentalhealthfirstaid.ca/en/course-info/courses


PsyChwire  Online courses in CBT, ACT, Mindfulness and DBT  https://psychwire.com/

Mental Health Academy  Inexpensive access to over 110 online addiction and mental health education courses.  https://www.mentalhealthacademy.net/ccpa/
Cannabis 101
Online workshop for AHS staff, on MyLearning Link. Search for ‘cannabis’. For more information, contact the Decision Support Team (Calgary) at dst.education@ahs.ca

Alberta Opioid Dependency Treatment (ODT) Virtual Training Program
The course is designed to teach the complex integration of technical and behavioural competencies required in Opioid Dependency Treatment. Although anyone can take the course, health care providers who require this training for prescribing Opioid Agonist Treatment (OAT) must register online through the Office of CME. https://www.albertahealthservices.ca/info/Page16083.aspx

Dementia Behaviours and Appropriate Use of Antipsychotics
This course is about the assessment and management of behavioural disturbances in dementia using non-pharmacologic approaches and pharmacologic treatments. Free self-paced online learning with CME credits. https://cumming.ucalgary.ca/cme/files/cme/dementia-behaviours-and-appropriate-use-of-antipsychotics-flyer-v6.pdf

Save the Date!

Pie & CQI
Improving Client Experience Through Access
June 12, 12- 4 pm
Santa Maria Goretti Centre
11050-90 Street, Edmonton

Save the Date!

Join us for the 11th Annual Addiction Day Scientific Conference and Networking Fair

Addiction: Addressing Diversity
June 7th
Executive Royal Hotel - Edmonton international Airport

Check the website regularly, as we update and confirm conference details: AddictionDay.ca

Want to participate? We are now open for abstract submissions.
If interested, we encourage you to please review the abstract submission criteria and form: AD2019AbstractSubmissions