The 2018/19 AHS Staff Professional Development Fund opens on April 16. Funding is available for post-secondary education, conferences and workshops, group learning initiatives and Health Care Aide certification. See: http://insite.albertahealthservices.ca/2239.asp

May
Healthy Minds/Healthy Children, Online Continuing Professional Development, The role of spirituality in mental wellness and everyday life and Cannabis legalization in Canada: Implications for youth education and prevention. Call (403) 220-4310 hmhc@ahs.ca https://survey.albertahealthservices.ca/CPD_Reg?bO=1&

May 1
University of Calgary Grand Rounds, Cardiac effects of Clozapine by Richard Coi. 12-1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-05-01/grand-rounds-cardiac-effects-clozapine-richard-coi

May 1- June 3

May 2
SAOT Webinar, MagnusCards: Assistive technology as a life skills companion for individuals with cognitive special needs with Megan Robinson. 12-1 pm. https://www.saot.ca/event/webinar-magnuscards-assistive-technology-as-a-life-skills-companion-for-individuals-with-cognitive-special-needs/

May 2
Community Education Series videoconference, Partnering with parents to address behavioural challenges and mental health concerns at school. 10:30 am-12:30 pm http://community.hmhc.ca/sessions/?p=all

May 2
Adult Psychiatry Grand Rounds with Megan Bach and Michel Juhas. 12-1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton, or by telehealth https://ischeduler.albertahealthservices.ca/ischeduler/eceptionist.asp

May 2-6

May 3
Conference, TOO MUCH STUFF: Understanding Hoarding Disorder, interventions and strategies. 8:30 am-4:30 pm in Calgary. http://calgaryaddictionandmentalhealth.ca/training.php

May 3

May 3-4

May 4
Conference, The art of the journey: Psychotherapeutic approaches with the older adult. Keynote by Dr Ken Schwartz. In the Royal Alexandra Hospital, Edmonton. Contact Lynda.rodas@ahs.ca for information.

May 4-5
13th Biennial Western Canada Conference on Sexual Health, Diverse approaches for diverse communities in Edmonton. https://www.aspsh.ca/

May 4-5
5th Annual Western Canada Addiction Forum in Kelowna, BC. https://wcaforum.ca/

May 4-5
APTA Workshop, Synergistic Play Therapy with a focus on aggression in play therapy and a neurological approach to integrating intensity with Lisa Dion. In Calgary. http://www.albertaplaytherapy.ca/eventRegister.php?id=79

May 5
May 4 - 6
Canadian Association for Play Therapy, AGM and Workshop, Responding to trauma using Play Therapy. In Niagara Falls, Ontario. [https://cacpt.com/2018-annual-general-meeting-agm-and-workshops/]

May 5 - 6
Annual Meeting of the Association for the Advancement of Philosophy and Psychiatry, Philosophical perspectives on affect, emotion and mood in psychiatric disorders. In New York City. [https://philosophyandpsychiatry.org/meetings-conferences/]

May 7
Presentation, A residential school survivor shares his journey of healing with Arthur Bear Chief. 7 - 9 pm at MacEwan University, Edmonton. [https://www.eventbrite.ca/e/a-residential-school-survivors-shares-his-journey-of-healing-tickets-43998057374?utm_campaign=new_event_email&utm_medium=email&utm_source=eb_email&utm_term=viewmyevent_button]

May 7 - 8

May 7 - 9
Certificate Training, Sandplay with special populations using Play Therapy skills and techniques in Calgary. [http://rmpti.com/calendar/]

May 7- 13
67th Annual CMHA Mental Health Week. [https://edmonton.cmha.ca/events/mental-health-week/]

May 8

May 9

May 9
Seminar, Brain health: Mood, metabolism and cognition with Dr Beverly White. 8:30 am- 3:30 pm in Calgary and May 10 in Edmonton. ($109) [http://www.biomedglobal.com/seminars.aspx]

May 9
University of Calgary Neuropsychiatry Rounds, Therapeutic use of cannabinoids in psychiatric conditions with Zachary Walsh. 12- 1 pm in Calgary. [https://www.ucalgary.ca/psychiatry/event/2018-05-09/neuropsychiatry-rounds-therapeutic-use-cannabinoids-psychiatric-conditions-zachary]

May 9
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

May 9
Adult Psychiatry Grand Rounds with Manoj Malik and Tyler Marshall. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton, or by telehealth [https://ischeduler.albertahealthservices.ca/ischeduler/eceptionist.asp]

May 9
CCHL Forum Webinar, Shadows in healthcare leadership with Tracey Nigro. 10- 11 am. [https://www.cchl-ccls.ca/viewEvent.html?no_header=true&productId=7493]

May 9 - 11
CLPNA Annual General Meeting and Conference, Shifting reality, at the Edmonton Marriott River Cree Resort. [http://www.clpnaconference.com/]

May 10
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

May 10 - 11
Workshop, Introduction to Emotionally Focused Therapy with individuals with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. [http://www.talk-therapy.ca/eft-individuals-intro/]

Information, Evaluation & Professional Practice, Addiction and Mental Health, Edmonton Zone
Contact Daniel.scott@ahs.ca to be added to the emailing list or to send event listings.
May 10-11
Training, Mental Health First Aid (Basic) with Jennifer Chow. 9 am- 4:30 pm in Edmonton. ($160)
http://www.cornerstonecounselling.com/workshops/mhfa-2/

May 10-11
Workshop, Foundations in Dialectical Behaviour Therapy with Dr Janice Kuo. In Toronto.
http://www.ebt3.com/upcoming-workshops/dbt-toronto-2018

May 10-11

May 10-13

May 11
Webinar, Working with shame in Emotion Focused Family Therapy: The child, the parent and the self with Dr Adam Kayfritz. 10– 11 am. http://www.mentalhealthfoundations.ca/clinical-supervision

May 11
Workshop, Promoting self-recovery from substance misuse and gambling problems with brief motivational interventions by Dr David Hodgins. 9 am- 4:30 pm in Vancouver.
https://www.psychologists.bc.ca/civicrm/event/info?reset=1&id=180

May 11-12

May 13-16
12th Annual Canadian Neuroscience Meeting in Vancouver http://can-acn.org/meeting-2018

May 13-16

May 14

May 14-15

May 14-22

May 15
University of Calgary Grand Rounds, Twenty years research insights into gambling and gaming by Dr Nady el-Guebaly. 12- 1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-05-15/grand-rounds-20-years-research-insights-gambling-and-gaming-nady-el-guebaly

May 15
Carna Online Education Session, Professional boundaries for Registered Nurses. 2- 3 pm.
http://www.nurses.ab.ca/content/carna/home/practice-and-learning/learning-opportunities/events-calendar/05-15-18.html

May 15
Workshop, Navigating difficult conversations with Danielle Forth. In Edmonton.
https://ca.achievecentre.com/workshops/navigating-difficult-conversations-edmonton5-15/#tickets

May 16
Education Series, What’s trending in tobacco- Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 9 am- 12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

May 16
Adult Psychiatry Grand Rounds with Mona Nematian. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton, or by telehealth https://ischeduler.albertahealthservices.ca/ischeduler/exceptionist.asp
May 16–18

May 17

May 19–21
Training, Basic Accelerated Resolution Therapy. In Calgary. ($1500) https://colleeneclarkconsulting.com/event/basic-accelerated-resolution-therapy-training-051918/

May 22

May 22–25

May 23
Education Series, Understanding substance use and addiction and intervention strategies with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

May 23
Adult Psychiatry Grand Rounds with Eszter Wendlant and Daniela Gomez. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton, or by telehealth https://ischeduler.albertahealthservices.ca/ischeduler/exceptionist.asp

May 23–25

May 23–24

May 24–25
Workshop, Couples counselling: Theory and practice essentials with Sig Taylor. 9 am- 4 pm in Calgary. https://ucalgary.ca/pd/couples2018

May 24–25

May 24–25

May 24–26
Workshop, Effective beginnings in Emotionally Focused Therapy- From traction to softenings with Jim Thomas. 9 am- 4 pm daily in Edmonton. https://eftedmonton.com/training-events/2018/5/24/8v7r0z850i77964wlt9fuwofw2q3

May 24–26
CMHA Workshop, Mental Health First Aid in Edmonton ($185) https://edmonton.cmha.ca/programs-services/mental-health-first-aid/

May 25
Webinar, Emotion Focused Family Therapy and end-of-life: Crossing the bridge with family caregivers with Dr Allen Sabey. 10– 11 am. http://www.mentalhealthfoundations.ca/clinical-supervision

May 25–26
May 25-26
https://www.mdpac.ca/annual-conferences.html

May 27-29
http://www.addictionsandmentalhealthontario.ca/annual-conference.html

May 28
Workshop, Anxiety and Depression with Sandra Reich. 8:30 am-4 pm in Calgary. May 29 in Edmonton.
http://www.nursinglinks.ca/info_anxiety.html

May 28

May 28-29
Workshop, Making sense of anxiety and related problems with Dr Gordon Neufeld. 9 am-4 pm in Edmonton.

May 28-29
Workshop, Brief focused counselling skills- Strategies from leading frameworks. 9 am-4 pm in Edmonton.

May 28-30
Gottman Level 3 Practicum Workshop, Gottman couples therapy in Calgary.
http://bestmarriages.ca/workshops-training/gottman-level-3-training/

May 28-31
Canadian Public Health Association Conference in Montréal. https://www.cpha.ca/public-health-2018

May 29
University of Calgary Grand Rounds, Where is the lesion in psychiatry? Identifying and targeting domains of pathology with rTMS by Dr Jonathan Downar. In Calgary and by telehealth.

May 29
Workshop, Sexual harassment - Awareness and prevention with Shelly Qualtieri in Calgary.

May 29-31
Conference, Canadian Association for Health Services Policy and Research, Shaping the future of Canada’s health systems. In Montréal https://www.cahspr.ca/en/conferences/current/2018

May 30
Online training, Level one: Introduction to Solution Focused Strategies. (Four weeks) https://solutiontalk.ca/sf_workshop.php?product_desc=19

May 30-31
Tobacco Control Forum in Montréal https://www.cpha.ca/tobaccoforum2018
May 30- June 1

May 30- June 3

June 1

June 1
PAA Workshop, The essentials of working with LGBT clients and/or students with Dr Kevin Alderson. 9 am-4:30 pm in Calgary. [http://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=66]

June 1-2
CAOT Workshop, Integrating Cognitive Behavioural Therapy into your occupational therapy practice (level 1) with Gord Hirano. 8 am- 4 pm daily in Calgary. [https://caot.ca/viewEvent.html?no_header=true&productId=9770]

June 1-2

June 2-5
Canadian Pharmacists Conference, Our value, Our story. In Fredericton, New Brunswick. [https://www.pharmacists.ca/canadian-pharmacists-conference/?lang=en]

June 2
Education Series, Understanding substance use and addiction and intervention strategies with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 4-5
Workshop, Scared stiff: Fast, effective treatment for Anxiety Disorders with Dr David Burns. 8:30 am- 4:30 pm in Calgary. [http://www.jackhirose.com/workshop/all-your-fault-calgary-2018/]

June 4-5
CMHA Community Mental Health Conference, Now we are stronger. In Edmonton. [https://alberta.cmha.ca/events/conference-now-we-are-stronger/]

June 4-5
CAOT Workshop, Integrating Cognitive Behavioural Therapy into your occupational therapy practice (level 2) with Gord Hirano. 8 am- 4 pm daily in Calgary. [http://www.caot.ca/viewEvent.html?no_header=true&productId=9773]

June 5
University of Calgary Grand Rounds, Antipsychotic polypharmacy: What are we treating? By Dr Christoph Correll. 12- 1 pm in Calgary and by telehealth. [https://www.ucalgary.ca/psychiatry/event/2018-06-05/grand-rounds-antipsychotic-polypharmacy-what-are-we-treating-christoph-u-correll-md]

June 5
Community Education Webinar, Teen Series, Introduction to sexual orientation and gender identity. 6:30- 8:30 pm. [http://community.hmhc.ca/sessions/?p=all]

June 6-7

June 7-10
Workshop, Prolonged exposure therapy with Dr Elna Yadin. In Edmonton. [https://www.wcb.ab.ca/millard-treatment-centre/workshops/prolonged-exposure-workshop.html]

June 7-10
North American Society for Adlerian Psychology Conference, Community, connections and social interest in challenging times in Toronto. [https://nasap.memberclicks.net/annual-conference]

June 8
15th Annual Flor-Henry Lectures, Let there be light: How optogenetics is revolutionizing discoveries in psychiatry with Professor Karl Deisseroth (Stanford University). 8:30 am- 1 pm in Edmonton. [https://flor-henry.ca]
June 8-10
Working with couples: A professional development workshop for Hakomi grads with Beth Falch-Nielsen.
In Calgary. http://hakomiedmonton.ca/working_with_couples/

June 12
Education Series, What’s trending in tobacco- Shisha: What the hookah? with Kari Jesswein and Jennifer Pollard. 9 am-12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 12-14

June 12-14

June 13
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 13
8th Annual Addiction and Mental Health, Edmonton Zone, Annual Pie and CQI event. 11:30-3:30 in the Bernard Snell Hall, University of Alberta Hospital. Register at https://www.surveymonkey.com/r/2018PieCQI
Hosted this year by the Children, Youth and Families program. catherine.mercier@ahs.ca

June 13-15

June 14
Seminar, The changing face of health care Social Work with Dr Sophia Dziegielewski. 9 am-4 pm in Calgary. https://ucalgary.ca/pd/healthcarepharmaseminars

June 14
Education Series, Concurrent disorders and treatment considerations with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 14-15

June 15
Seminar, Psychopharmacology for the non-medically trained professional with Dr Sophia Dziegielewski. 9 am-4 pm in Calgary. https://ucalgary.ca/pd/healthcarepharmaseminars

June 15-16

June 18-19
CTRI Workshop, Walking through grief- Helping others deal with loss by Danielle Forth. 9 am-4 pm in Edmonton. https://ca ctrinstitute.com/workshops/walking-through-grief-edmonton7-18/#tickets June 20-21 in Calgary with Lana Dunn https://ca ctrinstitute.com/workshops/walking-through-grief-calgary6-20/#tickets

June 18-20

June 19
Webinar, Adapting Emotion Focused Family Therapy for foster and adoptive families with Lois Ellis. 10–11 am. http://www.mentalhealthfoundations.ca/clinical-supervision

June 19
June 19

June 19
Education Series, Tobacco: How to support your clients in making a change with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 20-22
Training, The DBT skills with Dr Alexander Chapman and Dr John Wagner. 9 am- 4:30 pm daily in Vancouver. http://dbtvancouver.com/our-events/dbt-skills-three-day-training-van/

June 20-22

June 20-23
CAOT National Conference in Vancouver. https://caot.in1touch.org/site/pd/conferences?nav=sidebar

June 21
Workshop, Challenging cases in opioid use and misuse. 8:30 am- 4 pm in Edmonton. https://facmed.registration.med.utoronto.ca/search/publicCourseSearchDetails.do?method=load&courseId=850141 Presented by the University of Toronto, Faculty of Medicine.

June 21-22

June 22
Workshop, Treating trauma in adolescents and emerging adults: Development, attachment and the therapeutic relationship with Dr Martha Straus. 9 am- 5 pm in Calgary. http://www.talk-therapy.ca/treating-trauma/

June 22-23

June 23-26

June 25-30

June 26
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 26-28

June 26-30

June 28

June 28-30
42nd Annual Meeting, Canadian College of Neuropsychopharmacology in Vancouver https://ccnp.ca/
June 29
Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young.
9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

June 30- July 2
Training, *Basic Accelerated Resolution Therapy*. In Calgary. ($1500)
https://colleeneclarkconsulting.com/event/basic-accelerated-resolution-therapy-training-063018/

June 30- July 5
https://app.certain.com/profile/form/index.cfm?PKformID=0x2723005abcd

July 1- 5
http://iaccpconference.com/

July 3- 6
Intensive, *Cognitive Behavioural Therapy and T.E.A.M. techniques* by Dr David Burns in Whistler, BC.
http://www.jackhirose.com/workshop/burns-4day-whistler-2018/

July 4- 8

July 8- 12
http://addictionstudies.ca/

July 10
Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young.
9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 11- July 13
Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Banff.
https://ca.ctrinstitute.com/workshops/mindfulness-retreat-july2018/#tickets

June 13- 14
3rd Annual Workplace Mental Health Accommodation Conference in Calgary or by webcast.
https://www.canadianinstitute.com/3rd-workplace-mental-health-accommodation/

July 16- 17
Workshop, *Somatic interventions for treating complex trauma* with Dr Janina Fisher. 9 am- 4 pm in Banff.

July 16- 18
CTRI Workshop, *Attachment and Families- Strategies for engaging and helping* with Danielle Forth. 9 am- 4 pm in Edmonton.
https://ca.ctrinstitute.com/workshops/attachment-and-families-edmonton7-16/#tickets

July 16- 18
Workshop, *Medical CBT for Depression* with Dr Greg Dubord in Banff
http://cct.ca/locations/cbt-banff/

July 16- 24
http://rmpti.com/calendar/

July 18
Workshop, *Healing the fragmented selves of trauma survivors* by Dr Janina Fisher. In Banff.

July 18- 19
CTRI Workshop, *Motivating change- Strategies for approaching resistance* with Marwa Fadol. 9 am- 4 pm in Calgary.
https://ca.ctrinstitute.com/workshops/motivating-change-calgary7-18/#tickets

July 23
Education Series, *Suicide prevention is everybody’s business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 23- 25
3 Day Intensive, *The science of emotion* with Dr Gordon Neufeld. 9 am- 4 pm in Banff.
July 24
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

July 24- 25
Workshop, Mediation- Facing difficult conversations with Alan Edwards. 9 am- 4 pm in Edmonton. https://ca.ctrinstitute.com/workshops/mediation-edmonton7-24/

July 24- 29
16th Annual World Conference, Association for Contextual Behavioral Science in Montréal. https://contextualscience.org/WC16

July 26- 27

July 28- 30
Research Society on Marijuana, 2nd Annual Conference, in Colorado, USA. https://researchmj.org/

July 31
Education Series, What’s trending in tobacco- Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 1
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 1- 4

August 2- 5

August 4- 6

August 8
Education Series, Tobacco: How to support your clients in making a change with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 8- 10

August 13- 21

August 14- 19

August 22
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

August 22- 25

August 31
International Overdose Awareness Day Time to remember, Time to act https://www.overdoseday.com/
September 5- October 3
Online Training, Introduction to Solution Focused Strategies ($195)
https://solutiontalk.ca/ssl/registration.php?product=elearning

September 6- 7
Recovery Capital Conference of Canada, Stronger connections = Stronger communities in
New Westminster, BC. http://recoverycapitalconference.com/

September 16- 18
https://uottawacpd.eventsair.com/QuickEventWebsitePortal/cacap2018/abstracts

September 17- 18
Working Stronger Workplace Mental Health Conference. 8 am- 4 pm in Edmonton. Hosted by CMHA
https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/

September 19- 21
University of Alberta, 41st Annual Distinguished Scholar Lecture Series with Dr Morten Christiansen (Cornell University) 3- 4 pm daily in Edmonton. https://www.ualberta.ca/psychology

September 22

September 23- 28
Training, Mindfulness-Based Cognitive Therapy (MBCT) with Dr Mark Lau. In Cortes Island, BC.
http://www.vancouvercbt.ca/cbt_training.html

September 27- 29
Canadian Psychiatric Association Annual Conference in Toronto. https://www.cpa-apc.org/annual-conference/

September 27- November 6

September 29

October 1- 7 Mental Illness Awareness Week (MIAW) http://www.camimh.ca/mental-illness-awareness-week/about-miaw/

October 3- 5
National Harm Reduction and Drug Policy Conference in Edmonton. More information when available.

October 3- 6
International Nurses Society on Addictions, 42nd Annual Educational Conference, Substance use and recovery oriented care: 21st century challenges and opportunities. In Denver, Colorado, USA.
http://www.intnsa.org/conference

October 10
REACH Workshop, Effective intercultural practice with Kaitlin Lauridsen. 9 am- 4 pm in Edmonton. https://reachedmonton.ca/pageEvent/Effective-Intercultural-Practice-Oct10-2018

October 10
REACH Workshop, Understanding the pre-migration context and supporting newcomer families with trauma with Karin Linschoten. 9 am- 12:30 pm in Edmonton https://www.reachedmonton.ca/public/Understanding-Pre-migration-Context-Supporting-Newcomer-Families

October 10- November 7
Online Training, Advanced Solution Focused Strategies ($195)
https://solutiontalk.ca/ssl/registration.php?product=elearning

October 12- 13

October 12- 14
Canadian Association of Art Therapy Annual Conference in Montréal. http://www.canadianarttherapy.org/
October 15
Workshop, What every nurse needs to know about…Neurotransmitters by Barb Bancroft. 8:30 am- 4:30 pm in Edmonton.  October 16 in Calgary.  https://www.nursinglinks.ca/info_neurotransmitters.html

October 17- 18

October 17- 19

October 17- 20

October 18- 19
Workshop, Treating complex trauma: Clinical and scientific innovations with Dr Christine Courtois. 9 am- 4pm in Edmonton. https://ucalgary.ca/pd/ComplexTrauma2018

October 18- 20

October 21- 24

October 22

October 22- 24

October 24- 26

October 24- 26
7th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, Beyond the clinic. 9 am- 5 pm in Calgary. http://interprofessional.ubc.ca/initiatives/obesity2018/

October 24- 26

October 25- 26

October 25- 27

October 25- 27

October 26- 28
Canadian Counselling Psychology Conference, Advocating for ourselves, advocating for our communities: Canadian counselling psychology into the next decade and beyond. In Calgary. http://www.werkund.ucalgary.ca/ccp

October 29- 30
Workshop, Advanced Emotionally Focused Therapy with individuals with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. http://www.talk-therapy.ca/eft-individuals-adv/
October 31 - November 2

November 2 - 3

November 5
Workshop, Legal issues in nursing by Chris Rokosh. 8:30 am- 4 pm in Calgary. November 6 in Edmonton. https://www.nursinglinks.ca/info_legal.html

November 7
7th Annual Pain Awareness Education Day. 8 am- 4:30 pm in Calgary. Topics include: ‘Cannabis Update’ and ‘Opioid Crisis Update’. https://www.eventbrite.ca/e/7th-annual-pain-awareness-education-day-tickets-43260342850

November 7 - 8
Cognitive Workshop, Anxiety Disorders with Dr Christine Padesky in Vancouver. https://www.cognitiveworkshops.com/

November 7 - 9

November 8 - 11

November 9 - 11
14th Annual Canadian ADHD Resource Alliance (CADDRA) Conference and Research Day in Calgary. https://caddra.societyconference.com/v2/ amanda.edwards@caddra.ca

November 12 - 13

November 12 - 15
Workshop, Emotionally Focused Therapy (EFT) externship with Dr Veronica Kallos-Lilly. 9 am- 5pm daily in Calgary http://www.talk-therapy.ca/eft-externship/


November 14 - 16

November 16
PAA Workshop, Assessments for psychotherapists: (Almost) everything you need to know! by Dr Jamie Dyce. http://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=70

November 19

November 24

November 29 - 30
Patient and Provider Experience Summit at the Royal Alexandra Hospital. More information when available.
Online Learning Resources

☼ Knowledge Resource Service The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. http://krs.libguides.com/mentalhealth

☼ The Cochrane Collaboration provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. http://summaries.cochrane.org/

☼ Alberta Family Wellness Initiative Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification http://www.albertafamilywellness.org/resources/search


☼ Canadian Centre on Substance Abuse (CCSA) Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. http://www.ccssa.ca/


☼ McMaster University provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. http://www.healthevidence.org/

☼ Alberta Addiction and Mental Health Research Partnership Program Knowledge Notes are concise summaries of current research in a specific area. http://www.albertahealthservices.ca/research/Page11217.aspx

☼ Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE) http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3

☼ A comprehensive collection of psychiatric rating scales and diagnostic aids from the University of Adelaide http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139268

☼ Bridging the Gap is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here: http://www.albertahealthservices.ca/research/Page11235.aspx

☼ The Canadian Agency for Drugs and Technologies in Health (CADTH) provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. https://www.cadth.ca/evidence-bundles/evidence-on-mental-health

☼ Anxiety BC Video library and other emotional regulation education resources including a phone app https://www.anxietybc.com/resources/video

☼ Addiction and Mental Health Channel (AHS) Clinical videos from provincial, national, and international experts. http://www.albertahealthservices.ca/info/page14397.aspx See also: Mental Health Act presentation at https://youtube.be/1RVxkKXqV0 and CTO https://youtube.be/R-sjqWo07Wo

☼ Indigenous Health Program Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. http://www.albertahealthservices.ca/info/page7634.aspx See also the Yes playlist https://www.youtube.com/playlist?list=PL1l1OF1f5Z0uVs4nEliiWZCVGjk8U8S-

☼ University of Alberta Grand Rounds The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home

☼ At Home with Eating Disorders Conference Series Recorded expert speaker presentations https://www.youtube.com/playlist?list=PLwAiwZiISl1fBp3e68zjeGDI7XAIC1LH

☼ iScheduler Online access to all Alberta Health Services Telehealth services. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment. https://ischeduler.albertahealthservices.ca/ischeduler/exceptionlist.asp
Healthy Minds/Healthy Children The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. http://www.albertahealthservices.ca/4718.asp Register to view archived presentations at https://www.albertahealthservices.ca/info/Page13351.aspx

Policy Wise for Children and Families Their video library provides presentations on research knowledge and evidence on policy issues related to the well-being and health of children. https://policywise.com/browse-resources/video-library/

Addiction Counselling Webinars The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics http://www.naadac.org/webinars

TED: How the Mind Works The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. http://www.ted.com/index.php/themes/view/id/4

University of California Television provides documentaries, faculty lectures and research symposiums http://www.ucf.tv/search-results.aspx?catSubID=20&subject=health

Community Education Service Free online webinars from presentations at the Alberta Children’s Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. http://fcrc.albertahealthservices.ca/ces/

Alberta Quits Learning materials and videos about tobacco cessation. https://www.albertaquits.ca/learning/training-videos

Chronic Disease Management Education for Health Care Providers Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) http://cdm.absorbtraining.ca/#/login

Mental Health Commission of Canada (MHCC) Webinars Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. http://www.mentalhealthcommission.ca/English/webinars

Trauma Informed Care e-Learning Modules Six foundational modules and other resources. http://www.albertahealthservices.ca/info/page15526.aspx


Children’s Mental Health Learning Series provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html

Geriatric Grand Rounds with an evidence-based medicine and inter-professional focus https://sites.google.com/a/ualberta.ca/ggr/

University of Calgary The Department of Psychiatry calendar of medical rounds, workshops and conferences is at http://www.ucalgary.ca/psychiatry/calendar/month/2017-11 The Faculty of Social Work Professional Development Program workshops are listed at: http://www.ucalgary.ca/pd/

Indigenous Cultural Safety Collaborative Learning Series Webinars to strengthen cultural safety in health and social services http://www.iicscollaborative.com/webinars

TRIP (Turning Research Into Practice) Clinical search engine designed to allow users to easily find research articles to support practice. https://www.tripdatabase.com/

RNAO Mental Health and Addiction Initiative Nursing best practice guidelines, education modules and many other resources. http://rnao.ca/bpg/initiatives/mhaim/purpose

The Online Addiction Medicine Diploma is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/

Mental Health First Aid The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. http://www.mentalhealthfirstaid.ca/en/course-info/courses

Common side effects

<table>
<thead>
<tr>
<th>Side Effect</th>
<th>With Placebo</th>
<th>With Cannabinoids</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low blood pressure</td>
<td>11%</td>
<td>25%</td>
</tr>
<tr>
<td>Dizziness</td>
<td>11%</td>
<td>32%</td>
</tr>
<tr>
<td>Memory problems</td>
<td>2%</td>
<td>11%</td>
</tr>
<tr>
<td>Feeling sleepy</td>
<td>30%</td>
<td>50%</td>
</tr>
<tr>
<td>Feeling “high”</td>
<td>3%</td>
<td>35%</td>
</tr>
<tr>
<td>Muscle twitching</td>
<td>11%</td>
<td>30%</td>
</tr>
<tr>
<td>Feeling unhappy</td>
<td>Less than 1%</td>
<td>13%</td>
</tr>
<tr>
<td>Numbness</td>
<td>4%</td>
<td>21%</td>
</tr>
<tr>
<td>Feeling disconnected from self</td>
<td>0%</td>
<td>5%</td>
</tr>
<tr>
<td>Trouble speaking</td>
<td>7%</td>
<td>32%</td>
</tr>
</tbody>
</table>

For more information please go to: www.pain-calculator.com

Medical Cannabinoids

There are a lot reasons people might ask their health care provider about medical cannabinoids or medical marijuana. You may have heard that it can help with some health problems. Maybe you are interested because it is natural. Or maybe you have tried it in the past and found it helpful.

What are medical cannabinoids?
The word “cannabinoids” can mean two things: marijuana (dried plant or oils) and manufactured products (sprays or pills). Some people use cannabinoids recreationally and some people use them to treat health problems.

Will medical cannabinoids work for me?
There’s not a lot of high quality research on medical cannabinoids. But based on the best research, cannabinoids may help people with:
- Nerve pain
- End-of-life pain
- Nausea and vomiting caused by chemotherapy
- Muscle spasticity caused by multiple sclerosis (MS) or spinal cord injury

What percentage of patients will get better?

<table>
<thead>
<tr>
<th>Benefit</th>
<th>With Placebo</th>
<th>With Cannabinoids</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reduce nerve pain</td>
<td>30%</td>
<td>38%</td>
</tr>
<tr>
<td>Reduce end-of-life pain</td>
<td>29%</td>
<td>30%</td>
</tr>
<tr>
<td>Reduce nausea and vomiting caused by chemotherapy</td>
<td>19%</td>
<td>47%</td>
</tr>
<tr>
<td>Reduce spasticity caused by MS or spinal cord injury</td>
<td>25%</td>
<td>35%</td>
</tr>
</tbody>
</table>

Why might my health care provider say “no” to cannabinoids?
- Overall the research is poor
- For most health problems, there’s not enough research to tell if they work
- Side effects are common
- Long term harms are unknown

Why is my health care provider suggesting manufactured cannabinoids instead of marijuana?
Manufactured products (sprays or pills) are like marijuana but have been studied more. Doses can be controlled better. Also, some of these manufactured products might be covered by your drug plan.

Things to consider
If you are thinking about using medical cannabinoids, smoked marijuana is not recommended. Smoking may cause other harms.