May, 2019

Cognition

Addiction and Mental Health

Learning Events

May

Information, Evaluation & Professional Practice, Addiction and Mental Health, Edmonton Zone

May 1

University of Calgary, Neuropsychiatry Rounds, Take me back to move me forward: Recapitulation of the family system as a pathway to better quality of life for alexithymic patients in group therapy by Dr John Ogrodniczuk. 12- 1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2019-05-01/bc-neuropsychiatry-rounds-take-me-back-move-me-forward-recapitulation-family-system

May 1- 4


May 1-4


May 2

CAOT Workshop, Cognitive Stimulation Therapy: Making a difference for people with dementia with Gina Zoratti and Michelle Bickell. 8:30 am- 4 pm in Edmonton. https://www.caot.ca/viewEvent.html?no_header=true&productId=10235

May 2

Workshop, Stress, resilience and happiness with Dr Michael Howard. 8:30 am- 3:30 pm in Edmonton.

May 3

University of Alberta, Child and Adolescent Grand Rounds with Joseph Emerson Marinas. 9- 10 am in Edmonton and by telehealth ni4@ualberta.ca https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds

May 2

Sexual Assault Centre of Edmonton, 6th Annual Fundraising and Awareness Gala, We believe: Let’s move forward together with Jeff Perera. https://www.eventbrite.ca/e/we-believe-lets-move-forward-together-2019-tickets-54542994565

May 2- 4


May 3


May 3- 4

Western Canada Addiction Forum in Kelowna, BC. https://wcaforum.ca/

May 3- 4


May 3- 4


May 4

EFT Edmonton Workshop, For your learning: Deepening your ability to work with attachment injuries with Murray Armstrong. ($60) In Edmonton. Call 780-444-4399 https://eftedmonton.com/training-events/

May 4

Workshop, Love you forever: For families and other supporting adults with serious mental illness. 8:30 am- 3:30 pm at the Edmonton Provincial Court. Sponsored by FAMI and CMHA. https://www.eventbrite.ca/e/love-you-forever-6-tickets-57145395418?aff=erelexpmt

Information, Evaluation & Professional Practice, Addiction and Mental Health, Edmonton Zone

Contact Daniel.scott@ahs.ca to be added to the emailing list or to send event listings.
May 4
PAA Workshop, Current and emerging best practices in supervision: Pathways to supervisee competence and expertise with Dr Rodney Goodyear. 9 am- 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?&type=event&id=97

May 6
Community Education Service, Nutrition and mental health: An overview of what the science says by Dr Bonnie Kaplan. 10– 11:30 am in Calgary and by Telehealth/Audio Line. http://community.hmhc.ca/sessions/

May 6
University of Calgary Pain Conference with Dr Bahram Jam and Dr Kerri Novak. https://cumming.ucalgary.ca/cme/event/2019-05-06/calgary-pain-conference

May 6-7

May 6-7
CMHA Basic Training, Mental Health First Aid with Anita Watts. 9 am- 4:30 pm. https://www.mhfa.ca/en/course/basic-2019-05-06-anita-watts

May 6-8

May 6– July 26

May 7
University of Calgary, Department of Psychiatry Grand Rounds, Simulation in psychiatry with Dr Rachel Grimminck. 12- 1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2019-05-07/grand-rounds-simulation-psychiatry-rachel-grimminck-md-frcp-c-dabpn

May 7
CTRI Workshop, Borderline Personality Disorder- Understanding and supporting with Danielle Forth. 9 am- 4 pm in Edmonton. https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-edmonton5-7/#tickets May 8 in Calgary with Lana Dunn. https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-calgary5-8/#tickets

May 7-9

May 8
Online/in-person Lunch & Learn. Identifying “at risk” young adults using routine outcome monitoring during acute inpatient hospitalization with Dr. Graham Gaine. 12 – 12:40 pm. RSVP by May 1 at: https://survey.ahs.ca/KnowledgeBites https://albertahealthservices.ca/info/Page16241.aspx

May 8
University of Alberta Forensic Grand Rounds, Risk assessment tools and risk management with Dr Jodi Viljoen. In Edmonton. nv4@ualberta.ca https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds

May 8

May 8-9
Workshop, Motivational Interviewing, Level 1 with Donna Kerr. 9 am- 4 pm in Edmonton. https://www.ahyna.org/index.php?page=events&event_id=305&&action=vieweventdetails

May 8-10

May 9
Workshop, Improving workplace mental health with Lieutenant-Colonel Stephanie Grenier and Dr Dawn McBride. 8:30 am- 4 pm in Lethbridge. ($140) Presented by the Mental Health Promotion Committee of Southern Alberta. https://www.eventbrite.ca/e/improving-workplace-mental-health-tickets-50374696072?aff=affiliate1
May 9–10
Emotionally Focused Therapy Workshop, Part 2: Deepening your skills with Yolanda von Hockauf. In Vancouver. [https://mailchi.mp/86a07bba3c26/emotionally-focused-individual-therapy-workshops](https://mailchi.mp/86a07bba3c26/emotionally-focused-individual-therapy-workshops)

May 9–10
Workshop, Couples counselling: Theory and practice essentials with Sig Taylor. 9 am-4 pm in Calgary. [https://ucalgary.ca/pd/couples2019](https://ucalgary.ca/pd/couples2019)

May 9–10

May 9–11
Autism Awareness Centre presents, Low arousal training with Mark Linski. In Edmonton. ($750) [https://autismawarenesscentre.com/shop/conferences-training/training/low-arousal-approach-training-edmonton-ab-may-9-11-2019/?mc_cid=2de80b8d41&mc_eid=c75284d8ae](https://autismawarenesscentre.com/shop/conferences-training/training/low-arousal-approach-training-edmonton-ab-may-9-11-2019/?mc_cid=2de80b8d41&mc_eid=c75284d8ae)

May 10

May 10

May 10–11
20th Canadian Collaborative Mental Health Care Conference in Richmond, BC. [http://www.shared-care.ca](http://www.shared-care.ca)

May 10–12

May 13
Workshop, Pharmacology update for Nurses. 8:30 am-4 pm in Edmonton. May 14 in Calgary. [https://www.nursinglinks.ca/info_pharmacology.html](https://www.nursinglinks.ca/info_pharmacology.html)

May 13

May 13–14
CMHA, Applied Suicide Intervention Skills (ASI ST). 8:30 am-4:30 pm in Edmonton. ($250) [https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/](https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/)

May 13–15

May 13–16
Canadian Counselling and Psychotherapy Association, Annual Conference in Moncton, New Brunswick. [https://www.ccpa-accp.ca/general-continuing-education/annual-conference](https://www.ccpa-accp.ca/general-continuing-education/annual-conference)

May 13–17
Intensive Sex Therapy Training Program at the University of Guelph, Ontario. [https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003](https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003)

May 13–17
Intensive Clinical Training, Dialectical Behaviour Therapy. 9 am-4 pm daily in Ottawa. ($1299) [https://www.eventbrite.ca/e/dialectical-behavior-therapy-5-day-intensive-clinical-training-for-mental-health-professionals-tickets-57958907653?aff=erelexpmil](https://www.eventbrite.ca/e/dialectical-behavior-therapy-5-day-intensive-clinical-training-for-mental-health-professionals-tickets-57958907653?aff=erelexpmil)

May 13–June 3
ASPH Online Workshop, Sexuality and disabilities 101 with Margaret Newbury-Jones [https://docs.wixstatic.com/ugd/b053e1_1_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_1_17480262fa814330b93d42d005f5c19e.pdf)

May 13–June 21
Wilfred Laurier University Online Course, Concurrent Disorders by Melissa Pyne. ($275) [https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online](https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online)

May 14
May 14

May 14 - 15

May 14 - June 25

May 15
University of Alberta, 18th Annual Psychiatry Research Day. Keynote by Dr Raymond Lam, *Cognitive Dysfunction in Depression: Focus on Work Functioning*. 8 am - 4 pm in Bernard Snell Hall, University of Alberta Hospital. [https://www.uaalta.ca/medicine/events/psychiatry/53f9k15vikhg4diftvkit12a0r](https://www.uaalta.ca/medicine/events/psychiatry/53f9k15vikhg4diftvkit12a0r)

May 15

May 15

May 15 - 17

May 15

May 16
University of Calgary Workshop, *Educational and mental health resilience for students with mild cognitive disabilities: Translating research into practice* with Dr Steven Shaw. 9 am - 4 pm in Calgary. [https://werklund.ucalgary.ca/ise/professional-development#quickset-field_collection_quicktabs_0](https://werklund.ucalgary.ca/ise/professional-development#quickset-field_collection_quicktabs_0)

May 16 - 17
Basic Training, *Mental Health First Aid* by Jennifer Chow. 8:30 am - 4 pm in Edmonton. ($160) 780-482-6215 [https://www.cornerstonecounselling.com/workshops/mhfa-2/](https://www.cornerstonecounselling.com/workshops/mhfa-2/)

May 17
Opioid Dependency Treatment, Virtual Learning Sessions, IOAT and SROM 9 am - 12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/) More information at concurrent.disorders@ahs.ca

May 17
PAA Workshop, *Geropsychology research and practice: Helping our clients, Helping ourselves* with Dr Candace Konnert. 9 am - 4:30 pm in Calgary. [http://www.psychologistsasassociation.ab.ca/site/paa_workshops_forum/?type=event&id=92](http://www.psychologistsasassociation.ab.ca/site/paa_workshops_forum/?type=event&id=92)

May 20 - June 28
Wilfred Laurier University Online Course, *Pharmacology* by Rick Csiernik. ($275) [https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online](https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html#online)

May 21
May 21
Counselling Ethics Workshop, *Best practice: Informed consent and record keeping issues* by Dr Dawn McBride. 8 am- 5 pm in Medicine Hat. [https://www.dawn-mcbride.com/workshops](https://www.dawn-mcbride.com/workshops)

May 22

May 22
Community Education Service, *25 things that kids with ADHD wished their parents and teachers knew about ADHD* 11 am– 12 noon in Calgary and by Telehealth/Audio Line. [http://community.hmhc.ca/sessions/](http://community.hmhc.ca/sessions/)

May 22- 24

May 22- 25
13th Annual Canadian Neuroscience Meeting in Toronto. [https://can-acn.org/meeting-2019](https://can-acn.org/meeting-2019)

May 23- 24

May 23
EFT Edmonton Workshop, *For your learning: The art of focused attunement and focused attachifying with Murray Armstrong* ($60) In Edmonton. Call 780-444-4399 [https://eftedmonton.com/training-events/](https://eftedmonton.com/training-events/)

May 23- 24

May 24- 25

May 24- 26
Workshop, *Trauma constellations revisited* with Dr Johannes Benedikt Schmidt. 9 am- 5 pm in Edmonton. [http://soul-guide.com/special_event.html](http://soul-guide.com/special_event.html)

May 27

May 27
Workshop, *Legal issues in nursing* Chris Rokosh. 8:30 am- 4 pm in Red Deer. [https://www.nursinglinks.ca/info_legal.html](https://www.nursinglinks.ca/info_legal.html)

May 27- 28

May 27- 28
CMHA, *Applied Suicide Intervention Skills (ASIST)*. 8:30 am- 4:30 pm in Edmonton. ($250) [https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/](https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-asist/)

May 27- June 16
ASPH Online Workshop, *Indigenous youth and sexuality* with Lehente Foote and Nadia Houle [https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf)

May 28

May 28- 29
Addiction and Mental Health Learning Events

May 28-29
CTRI Workshop, Trauma-informed care: Building a culture of strength. 9 am-4 pm in Calgary.
May 30 in Edmonton

May 29
Community Education Service Videoconference, Summer slide: What it is and what you can do to prevent it? 11 am-12:30 noon in Calgary or by telehealth/audio line.
http://community.hmhc.ca/sessions/?p=telehealth

May 29
University of Calgary, Neuropsychiatry Rounds. An update on the use of next-generation sequencing in epilepsy by Dr Michelle Demos. 12-1 pm in Calgary and by telehealth.

May 29-June 1
Canadian Association of Occupational Therapists Conference in Niagara Falls, Ontario.
https://www.caot.ca/site/pd/conf?nav=sidebar

May 30-31
Prairie Pediatric Acute Onset Neuropsychiatric Syndrome Conference in Saskatoon.

May 30-June 1
Canadian Cannabis Summit in Calgary.
https://cannabissummit.ca/

May 30-June 2
Workshop, Diagnosis and treatment of OCD: 4-Day intensive training with Dr Elna Yadin. 8:30 am-4:30 pm daily in Edmonton. ($1200). Call 780-492-5205.
https://docs.google.com/forms/d/e/1FAIpQLSf7ZYPCoQ65tOVMs1ZYPsDZpWGU5u0BKimFE867rU2gp-rm4M6g/viewform

May 31-June 1
https://cannabisresearch.mcmaster.ca/engagement/events/event/2019/04/12/default-calendar/conference

May 31-June 2
https://convention.cpa.ca/ https://www.cpa.ca/NACCJPC#

June 2-6
14th World Congress on Biological Psychiatry in Vancouver.
https://www.wfsbp-congress.org/home/

June 3
Workshop, How to deal with difficult people by Stacey Holloway. 8:30-4 pm in Edmonton. June 10 in Calgary
https://www.nursinglinks.ca/info_difficult.html

June 3
Online Training, Mindfulness Based Cognitive Therapy basics with Melissa Nigrini. Two Hours on Mondays and Wednesdays for three weeks. ($560)
https://www.mindfulnessstudies.com/event/20-352-01/

June 3
https://www.douglascollege.ca/programs-courses/continuing-education/health/cognitive-behaviour-therapy

June 3
Douglas College Online Course, Common physiological conditions in mental health. ($796) One semester.
Register before May 24.
https://www.douglascollege.ca/programs-courses/continuing-education/health/common-physiological-conditions-mental-health

June 3
Douglas College Online Course, Disorders of mental health for LPNs or RN/RPNs ($796) One semester.
Register before May 24.
https://www.douglascollege.ca/programs-courses/continuing-education/health/disorders-mental-health

June 3
https://www.douglascollege.ca/programs-courses/continuing-education/health/eating-disorders

Information, Evaluation & Professional Practice, Addiction and Mental Health, Edmonton Zone
Contact Daniel.scott@ahs.ca to be added to the emailing list or to send event listings.
June 3-4
Workshop, Mindfulness-Based Cognitive Therapy with Dr Richard Sears. 9 am-4 pm in Edmonton.

June 4

June 4
Nursing Workshop, Interpretation of lab tests with Barb Bancroft. 8:30 am-4 pm in Lethbridge.
https://www.nursinglinks.ca/info_lab_tests.html

June 4-5
CTRI Workshop, Walking through grief- helping others deal with loss by Danielle Forth. 9 am-4 pm in Edmonton. https://ca.ctinstitute.com/workshops/walking-through-grief-edmonton6-4-2/#tickets
June 5-6 in Calgary https://ca.ctinstitute.com/workshops/walking-through-grief-calgary6-5/#tickets

June 6
Workshop, The aging brain: The assessments, treatments and interventions for Alzheimer’s Disease and other dementias with Dr Roy Steinberg. 9 am-4 pm in Calgary. http://www.jackhirose.com/workshop/calgary-the-aging-brain/

June 7
University of Calgary, Department of Psychiatry, Quarterly Psychiatry Update, Psychosis. 1-4 pm in Calgary. https://www.ucalgary.ca/psychiatry/event/2019-06-07/quarterly-psychiatry-update-psychosis

June 7

June 7-9

June 11
Psychiatry Grand Rounds, ASD and other Neurodevelopmental Disorders with Dr Danielle Baribeau. 12-1 pm in Calgary and by telehealth https://www.ucalgary.ca/psychiatry/event/2019-06-11/grand-rounds-asd-other-neurodevelopmental-disorders-danielle-baribeau-md-msc

June 12
Edmonton Zone, Pie & CQI. Improving client experience though access. 12-4 pm at the Santa Maria Goretti Centre, 11050-90 Street. More details to follow.

June 12
Forensic Grand Rounds, Sexual violence and sexual risk behavior by Dr Kelly Davis. 9-10 am in Edmonton. https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds

June 12
University of Calgary, Neuropsychiatry Rounds, A behavioural approach to assessing psychotropic impact on challenging behaviour in developmental disabilities by Dr Maria Valdovinos. 12-1 pm in Calgary and by telehealth https://www.ucalgary.ca/psychiatry/event/2019-06-12/bc-neuropsychiatry-rounds-behavioural-approach-assessing-psychotropic-impact

June 13-14
Workshop, Traumatic dissociation, emotion dysregulation and the loss of self: Toward a pathway of recovery with Dr Ruth Lanius. 9 am-4 pm in Calgary. https://ucalgary.ca/pd/laniustrauma2018

June 14
Workshop, Getting kids “in sync” at home and school with Carol Stock Kranowitz and Julia Berry. In Edmonton. 8:30 am-4:30 pm. https://www.saot.ca/event/getting-kids-in-sync-at-home-and-school/

June 14-16

June 17
EFT Edmonton Workshop, For your learning: Handling clients interruptions with Murray Armstrong. ($60) In Edmonton. Call 780-444-4399 https://eftedmonton.com/training-events/
May, 2019

**Addiction and Mental Health Learning Events**

**June 17- 20**
Myers-Briggs Type Indicator Certification Program in Edmonton. ($2195)

**June 17- 20**
Level One Training, *Emotion-focused Therapy* with Dr Serine Warwar. 9 am - 5 pm in Calgary.
[https://emotionfocusedtherapyalberta.ca/upcoming-workshops/](https://emotionfocusedtherapyalberta.ca/upcoming-workshops/)

**June 17- 21**
Harvard Medical School, *Intensive course in Transcranial Magnetic Stimulation* in Boston, USA. ($3750 USD)
aroby@bidmc.harvard.edu  [http://tmslab.org/education-intensive.php](http://tmslab.org/education-intensive.php)

**June 18**
CTRI Workshop, *Clinical supervision- Skills for developing counsellors* with Lana Dunn. 9 am - 4 pm in Edmonton
[https://ca.ctrinstitute.com/workshops/clinical-supervision-edmonton-6-18/#tickets](https://ca.ctrinstitute.com/workshops/clinical-supervision-edmonton-6-18/#tickets)

**June 18**
Department of Psychiatry Grand Rounds, *A case of Neurocognitive Disorder in the context of Schizophrenia* with Dr Paul Ratti. 12- 1 pm in Calgary and by telehealth.

**June 19**
University of Calgary, Neuropsychiatry Rounds, *Breakthroughs in the genetics of Autism* by Troy McDiarmid. 12- 1 pm in Calgary and by telehealth

**June 19- 21**
Canadian Therapeutic Recreation Association Conference, *Discovering joie de vivre*. In Quebec City.

**June 19- 22**
World Association on Dual Disorders, 3rd World Congress, *Precision psychiatry in dual disorders* in Madrid, Spain.

**June 21**
Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?* 9 am- 12 noon. Register on iScheduler
[https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/)

**June 24- 25**
Call 780-444-4399 [https://eftedmonton.com/training-events/](https://eftedmonton.com/training-events/)

**June 24- 26**
DBT Centre of Vancouver, Three Day Training, *The DBT skills* with Dr Alexandra Chapman and Dr John Wagner. 9 am- 4:30 pm daily in Vancouver.

**June 25**
Psychiatry Grand Rounds, *Genetics and psychiatric disorders* with Dr Melissa MacPherson. 12- 1 pm in Calgary and by telehealth.

**June 25- 27**
International Association of Forensic Mental Health Services, 19th Annual Conference, *Cultural diversity at the intersection of mental health and the law*. In Montréal.

**June 29- September 1 (Saturdays)**

**June 30- July 2**
Canadian Neuromodulation Society, 11th Annual Conference, In Iqaluit, Nunavut.
[https://neuromodulation.ca/meetings/](https://neuromodulation.ca/meetings/)

**July 3- 5**
Three Day Intensive, *Acceptance and Commitment Therapy (ACT) in mental health practice* with Dr John Forsyth and Dr Jamie Forsyth. 9 am- 4 pm in Banff.
July 8-10

July 8-10
Training, CBT for anxiety with Dr Greg Dubord in Banff. ($895) [http://cbt.ca/locations/cbt-banff/](http://cbt.ca/locations/cbt-banff/)

July 10
University of Alberta Forensic Grand Rounds, Potential with Evan McCuish. In Edmonton. [nid@ualberta.ca](mailto:nid@ualberta.ca) https://www.ualberta.ca/psychiatry/grand-rounds/fgrand-rounds

July 14-18
60th Annual Institute on Addiction Studies in London, Ontario. [https://www.addictionstudies.ca/](https://www.addictionstudies.ca/)

July 14-17
Three Day Intensive, Working with oppositional, defiant and anger issues with children and adolescents with Dr Jay Berk. 9 am- 4 pm in Banff. [http://www.jackhirose.com/workshop/banff-3-day-intensive-working-oppositional-defiant-anger-issues-children-adolescents/]  

July 15-18

July 16-17
CBTI Workshops, Brief focused counselling skills- Strategies from the leading networks with Danielle Forth. 9am- 4 pm in Edmonton. [https://ca ctrinstitute.com/workshops/brief-focused-counselling-skills-edinburgh17-18/#tickets](https://ca ctrinstitute.com/workshops/brief-focused-counselling-skills-edinburgh17-18/#tickets)

July 17-20
9th World Congress of Cognitive and Behavioural Therapies, CBT at the crossroads in Berlin, Germany. [https://wcbct2019.org/](https://wcbct2019.org/)

July 17-21
Solution-Focused Brief Therapy 5-Day Intensive Workshop, Listening for openings. Amplifying change with Dr Jeff Chang. In Calgary. [http://hd.athabascau.ca/programs/pd/sfbt/index.php jeffc@athabascau.ca](http://hd.athabascau.ca/programs/pd/sfbt/index.php jeffc@athabascau.ca)

July 17-19
International Conference on Clinical Psychology in Toronto. [https://waset.org/conference/2019/07/toronto/ICCP](https://waset.org/conference/2019/07/toronto/ICCP)

July 18-19
Basic Training, Mental Health First Aid by Jennifer Chow. 9 am- 4:30 pm in Edmonton. ($160) [https://www.cornerstonecounselling.com/workshops/mhfa-2/](https://www.cornerstonecounselling.com/workshops/mhfa-2/)

July 18-20
Training, CBT for anxiety with Dr Greg Dubord in Banff. ($895) [http://cbt.ca/locations/cbt-whistler-summer/](http://cbt.ca/locations/cbt-whistler-summer/)

July 18-20

July 26-28
3rd Annual Scientific Meeting, Research Society on Marijuana in Vancouver, Washington, USA (Near Portland Oregon) [https://researchmj.org/meeting.php](https://researchmj.org/meeting.php)

July 29-30
Workshop, Positive approach in dementia care with Teepa Snow. 7:30 am- 4:30 pm in Olds. ($130) [https://mywpn.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/](https://mywpn.azurewebsites.net/event/dementia-care-workshop-series-with-teepa-snow/)

July 29-31
Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Canmore. [https://ca ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets](https://ca ctrinstitute.com/workshops/mindfulness-retreat-banff2019/#tickets)

August 12-23

August 18-20
## Addiction and Mental Health Learning Events

### May, 2019

#### August 18 - 21

#### August 22 - 25

#### August 29

#### September 2

#### September 5
PAA Workshop, Developing expertise with CBT- Insomnia by Dr Gregg Jacobs. 9 am - 4 pm in Edmonton [http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=96](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=96)

#### September 10

#### September 11

#### September 12 - 14
Canadian Psychiatric Association Annual Conference in Quebec City. [https://www.cpa-apc.org/annual-conference/](https://www.cpa-apc.org/annual-conference/)

#### September 15 - 17
39th Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. [https://www.cacap-acpea.org/team/conference/](https://www.cacap-acpea.org/team/conference/)

#### September 18 - 19

#### September 20 - 25
World Sleep Congress, *The best of sleep medicine and research*. In Vancouver [https://worldsleepcongress.com/](https://worldsleepcongress.com/)

#### September 23
Workshop, A clinical look at supplements and alternative therapies with Barb Bancroft. 8:30 am - 4 pm in Edmonton. October 1 in Calgary. [https://www.nursinglinks.ca/frameset_workshops.html](https://www.nursinglinks.ca/frameset_workshops.html)

#### September 23 - 25

#### September 23 - 26

#### September 25 - 29

#### September 26
Legacy Place Society, First Responder and Military Personnel Mental Health and Suicide Awareness Conferences in Edmonton. September 19 in Calgary. [https://legacyplacesociety.com/conferences/](https://legacyplacesociety.com/conferences/)

#### September 26 - 27
Online Training, CBT Primer with Dr Joe Flanders and Rhea Plosker. 7:30 – 10:30 am ($350) [https://www.mindfulnessstudies.com/event/20-351-01/](https://www.mindfulnessstudies.com/event/20-351-01/)

#### October 3 - 5

#### October 7 - 12
Mental Illness Awareness Week [https://www.camimh.ca/mental-illness-awareness-week/about-miaw/](https://www.camimh.ca/mental-illness-awareness-week/about-miaw/)
October 9-10

October 9-11

October 9-12
International Nurses Society on Addictions (IntNSA), 43rd Annual Educational Conference in Baltimore, Maryland, USA. https://www.intnsa.org/conference/

October 16-18
Canadian Association for Suicide Prevention, 30th Annual Conference in Edmonton. http://suicideprevention.ca/Annual-Conference

October 17-19

October 17-20

October 21-23

October 24
Conference, Self-compassion with Dr Kristin Neff. 9 am-4 pm in Edmonton. ($240) http://www.cast-canada.ca/qt-edmonton-2019-dr-kristin-neff.html

October 25-26
Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. http://www.cagp.ca/page-1841610

October 25-29

October 28-30

October 31- November 2

November 4-6

November 7-12

November 8

November 14
EFT Edmonton, Four Day Externship in Emotionally Focused Therapy with Jim Thomas. ($875) In Edmonton. Call 780-444-4399 https://eftedmonton.com/training-events/

November 18-20
Gottman Level 1 Training in Calgary https://bestmarriages.ca/events/gottman-level-1-calgary-ab-november2019/
November 20-22
Gottman Level II Training in Calgary https://bestmarriages.ca/events/gottman-level-2-calgary-ab-3/

November 20-22

November 21-22
Humane Canada, Canadian Violence Link Conference, Making the link between violence against people and animals. In Toronto. https://icl.humanecanada.ca/

November 25-27

November 24-30

December 4-6

Pie and CQI
Improving Client Experience Through Access
June 12, 12-4 pm
FREE
Santa Maria Goretti Centre
11050-90 Street, Edmonton

Poster submissions and other details Click Here

The online Addiction Medicine Diploma Program has been redesigned and updated to bring you a more interactive and seamless learning experience. The new program is called the Addiction Care and Treatment Online Certificate and has formally launched in partnership with UBC Continuing Professional Development and the UBC School of Nursing. https://ubccpd.ca/course/addiction-care-and-treatment

The course is designed to teach the complex integration of technical and behavioural competencies required in Opioid Dependency Treatment. Although anyone can take the course, health care providers who require this training for prescribing Opioid Agonist Treatment (OAT) must register online through the Office of CME. https://www.albertahealthservices.ca/info/Page16083.aspx
Online Learning Resources

Knowledge Resource Service The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. [http://krs.libguides.com/mentalhealth](http://krs.libguides.com/mentalhealth)

The Cochrane Collaboration provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. [http://summaries.cochrane.org/](http://summaries.cochrane.org/)

Alberta Family Wellness Initiative Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification [http://www.albertafamilywellness.org/resources/search](http://www.albertafamilywellness.org/resources/search)

Medical Cannabis Online courses from the Canadian Pharmacist Association [https://www.pharmacists.ca/education-practice-resources/professional-development/medical-cannabis-ce/](https://www.pharmacists.ca/education-practice-resources/professional-development/medical-cannabis-ce/)

Canadian Centre on Substance Abuse (CCSA) Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. [http://www.ccsa.ca/](http://www.ccsa.ca/)

Substance Abuse and Mental Health Services Administration (SAMHSA) Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. [http://www.samhsa.gov/kap](http://www.samhsa.gov/kap)

McMaster University provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. [http://www.health evidenc e.org/](http://www.healthevidence.org/)

Alberta Addiction and Mental Health Research Partnership Program Knowledge Notes are concise summaries of current research in a specific area. [https://www.albertahealthservices.ca/info/Page11244.aspx](https://www.albertahealthservices.ca/info/Page11244.aspx)

Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE) [http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3](http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3)


Bridging the Gap is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: [http://www.albertahealthservices.ca/search/Page11235.aspx](http://www.albertahealthservices.ca/search/Page11235.aspx)

The Canadian Agency for Drugs and Technologies in Health (CADTH) provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. [https://www.cadth.ca/evidence-bundles/evidence-on-mental-health](https://www.cadth.ca/evidence-bundles/evidence-on-mental-health)

Anxiety BC Video library and other emotional regulation education resources including a phone app [https://www.anxietybc.com/resources/video](https://www.anxietybc.com/resources/video)

Addiction and Mental Health YouTube Channel (AHS) Clinical videos from provincial, national, and international experts. [http://www.albertahealthservices.ca/info/Page14357.aspx](http://www.albertahealthservices.ca/info/Page14357.aspx) See also: Mental Health Act presentation at [https://www.youtube.com/9BZsKQZqVo](https://www.youtube.be/9BZsKQZqVo) and CTO [https://www.youtube.be/R-sjqWo07Wo](https://www.youtube.be/R-sjqWo07Wo)

Indigenous Health Program Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. [http://www.albertahealthservices.ca/info/Page7634.aspx](http://www.albertahealthservices.ca/info/Page7634.aspx)

The University of Alberta Grand Rounds The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. [https://alberta.ca/psychiatry-grand-rounds-archives](https://alberta.ca/psychiatry-grand-rounds-archives)

At Home with Eating Disorders Conference Series Recorded expert speaker presentations [https://www.youtube.com/playlist?list=PLwAiWziSL1S1fBq3e6jzejGDI7XAC1LH](https://www.youtube.com/playlist?list=PLwAiWziSL1S1fBq3e6jzejGDI7XAC1LH)

Developmental Pathways of Addiction and Mental Health 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal [https://phc.myabsorb.ca/#/login](https://phc.myabsorb.ca/#/login) or the External AHS Website [https://www.albertahealthservices.ca/info/Page15972.aspx](https://www.albertahealthservices.ca/info/Page15972.aspx)

National Education Alliance for Borderline Personality Disorder Resources include a free online course, podcasts, media library, family education materials, and more. [https://www.borderlinepersonalitydisorder.com/professionals/](https://www.borderlinepersonalitydisorder.com/professionals/)
Healthy Minds/Healthy Children: The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. [http://www.albertahealthservices.ca/4718.asp](http://www.albertahealthservices.ca/4718.asp)

Policy Wise for Children and Families: Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. [https://policywise.com](https://policywise.com)

Addiction Counselling Webinars: The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics. [http://www.naadac.org/webinars](http://www.naadac.org/webinars)

TED: How the Mind Works: The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. [http://www.ted.com/index.php/themes/view/id/4](http://www.ted.com/index.php/themes/view/id/4)


Community Education Service: Free online webinars from presentations at the Alberta Children’s Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. [http://fcrc.albertahealthservices.ca/ces/](http://fcrc.albertahealthservices.ca/ces/)

Alberta Quits: Learning materials and videos about tobacco cessation. [https://www.albertaquits.ca/learning/training-videos](https://www.albertaquits.ca/learning/training-videos)

Chronic Disease Management Education for Health Care Providers: Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations). [http://cdm.absorbtraining.ca/#/login](http://cdm.absorbtraining.ca/#/login)

Mental Health Commission of Canada (MHCC) Webinars: Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. [http://www.mentalhealthcommission.ca/English/webinars](http://www.mentalhealthcommission.ca/English/webinars)

Trauma Informed Care e-Learning Modules: Six foundational modules and other resources. [http://www.albertahealthservices.ca/info/page15526.aspx](http://www.albertahealthservices.ca/info/page15526.aspx)


Children’s Mental Health Learning Series: Provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. [http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html](http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html)

Geriatric Grand Rounds: With an evidence-based medicine and inter-professional focus. [https://sites.google.com/a/ualberta.ca/ggr/](https://sites.google.com/a/ualberta.ca/ggr/)

University of Calgary: The Department of Psychiatry calendar of medical rounds, workshops and conferences is at [http://www.ucalgary.ca/psychiatry/calendar/month/2017-11](http://www.ucalgary.ca/psychiatry/calendar/month/2017-11) The Faculty of Social Work Professional Development Program workshops are listed at: [http://www.ucalgary.ca/pd/](http://www.ucalgary.ca/pd/) A collection of e-Learning courses is available at [http://ecme.ucalgary.ca/program-listing/](http://ecme.ucalgary.ca/program-listing/)

TRIP (Turning Research Into Practice): Clinical search engine designed to allow users to easily find research articles to support practice. [https://www.tripdatabase.com](https://www.tripdatabase.com)

RNAO Mental Health and Addiction Initiative: Nursing best practice guidelines, education modules and many other resources. [http://rnao.ca/bpg/initiatives/mhai/purpose](http://rnao.ca/bpg/initiatives/mhai/purpose)

Mental Health First Aid: The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. [http://www.mentalhealthfirstaid.ca/en/course-info/courses](http://www.mentalhealthfirstaid.ca/en/course-info/courses)


PsyChwire: Online courses in CBT, ACT, Mindfulness and DBT. [https://psychwire.com](https://psychwire.com)

Mental Health Academy: Inexpensive access to over 110 online addiction and mental health education courses. [https://www.mentalhealthacademy.net/ccpa/](https://www.mentalhealthacademy.net/ccpa/)

Cannabis 101: Online workshop for AHS staff, on MyLearning Link. Search for ‘cannabis’. For more information, contact the Decision Support Team (Calgary) at dst.education@ahs.ca