### November

**Healthy Minds/Healthy Children Online Professional Development, 1)**
Transgender Series: Assisting transgender children and youth: Building conceptual frameworks for affirming care and 2)
Transgender Series: Identify Gender Dysphoria in children and adolescents, Part B (Free and CME accreditation available)

Call 403-955-4642

hmhc@ahs.ca  [http://www.albertahealthservices.ca/info/Page4723.aspx](http://www.albertahealthservices.ca/info/Page4723.aspx)

**November 1-2**

Workshop, The neuropsychology of learning disabilities by Dr Steven Feifer. 9 am- 4 pm in Calgary.


**November 2**

20th Annual Stollery Conference, Are you thriving or surviving? 7:30 am- 4:15 pm in Edmonton.


**November 2**

Nursing Conference, 32nd Margaret Scott Wright Research Day, Looking back with pride, Looking forward with promise.

[http://www.event.com/events/32nd-annual-margaret-scott-wright-research-day/event-summary-97f8e0f0f9f6379ee54cd8bce3e0f1a1.aspx](http://www.event.com/events/32nd-annual-margaret-scott-wright-research-day/event-summary-97f8e0f0f9f6379ee54cd8bce3e0f1a1.aspx)

**November 2-3**

Workshop, The neuropsychology of learning disabilities by Dr Steven Feifer. 9 am- 4 pm in Calgary.


**November 2**

20th Annual Stollery Conference, Are you thriving or surviving? 7:30 am- 4:15 pm in Edmonton.


**November 5**

Workshop, Compassion fatigue and burnout with Dr Eric Gentry.

9 am- 4 pm in Edmonton.


**November 5**

Workshop, Legal issues in nursing by Chris Rokosh.

8:30 am- 4 pm in Calgary. **November 6** in Edmonton.

[http://www.nursinglinks.ca/info_legal.html](http://www.nursinglinks.ca/info_legal.html)

**November 5**

Muslim Medical Association of Canada, 1st Annual Canadian Muslim Mental Health Conference, in Toronto.

[https://muslimlink.ca/events/toronto/event/2941-](https://muslimlink.ca/events/toronto/event/2941-)

**November 5**

8th Biennial Edmonton Zone Nursing Research Day, Advancing practice, Enhancing care. 8 am- 4:30 pm at Royal Alexandra Hospital, Edmonton.


**November 5**

Live Webinar, Anxiety- Practical intervention strategies with John Koop Harder. 12- 1 pm. ($32)

[https://ca.cerinstitute.com/workshops/anxiety-live-webinar11-5/](https://ca.cerinstitute.com/workshops/anxiety-live-webinar11-5/)

**November 5**

Online Workshop, Helping children through divorce and separation with Tammy Schamuhn. 7:30- 9 pm.

(70)

[https://www칭inteligiouspsychology.com/services/workshop_detail/divorce_and_separation_online_fall_2018](https://www칭inteligiouspsychology.com/services/workshop_detail/divorce_and_separation_online_fall_2018)

**November 5-9**

Patient and Family Centred Care Week Care is a family affair

[https://insite.albertahealthservices.ca/qhi/Page13008.aspx](https://insite.albertahealthservices.ca/qhi/Page13008.aspx)

**November 6**

Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton.

Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**November 6**

Community Education Service Presentation, Cannabis: Legalization, harms and benefits. 6:30- 8 pm in Calgary.

[http://community.hmhc.ca/sessions/](http://community.hmhc.ca/sessions/)

**November 6-7**

Workshop, Trauma competency training with Dr Eric Gentry. 9 am- 4 pm in Edmonton.

November 6-9
Theraplay Level One Training with MIM by Dr Evangeline Munns. 8:30 am-5 pm daily in Calgary. ($975)
office@betuned.ca 403-969-5026 https://www.eventbrite.ca/e/theraplay-level-one-training-with-mim-tickets-47960895329?utm_term=eventurl_text

November 7
Education Series, Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 9 am-12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 7
QHI Webinar Series, Care is a family affair. 12-1 pm. Register at MyLearningLink or email gpse@ahs.ca

November 7
7th Annual Pain Awareness Education Day. 8 am-4:30 pm in Calgary. Topics include: ‘Cannabis Update’ and ‘Opioid Crisis Update’. https://www.eventbrite.ca/e/7th-annual-pain-awareness-education-day-tickets-43260342850

November 7, 14 & 21
Institute of Child Psychology Online Course, Childhood ADHD: From struggling to thriving. 7-9 pm. ($140)
https://instituteofchildpsychology.com/services/workshop_detail/adhd_november_online

November 7-8
Cognitive Workshop, Anxiety Disorders with Dr Christine Padesky in Vancouver. https://www.cognitiveworkshops.com/

November 7-9

November 8
Education Series, Building better mental health and emotional wellness with Crystal Cleland and Jennifer Pollard. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 8-9
Workshop, Advanced Mindfulness training with Donald Altman. 9 am-4 pm in Calgary.

November 8-11

November 9-11
14th Annual Canadian ADHD Resource Alliance (CADDRA) Conference and Research Day in Calgary. https://caddra.societyconference.com/v2/ amanda.edwards@caddra.ca

November 12-13

November 12-15
Workshop, Emotionally Focused Therapy (EFT) externship with Dr Veronica Kallos-Lilly. 9 am-5 pm daily in Calgary.
http://www.talk-therapy.ca/eft-externship/

November 12-18

November 12-December 2
Online Workshop, Talking and teaching about sexuality: Parents, children and teens with Heather Cobb.
https://docs.wixstatic.com/ugd/b053e1_17480282fa814330b93d42d00555c19e.pdf

November 13
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 13
University of Calgary Grand Rounds, Fitness to stand trial by Dr David Tano. 12-1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-11-13/grand-rounds-fitness-stand-trial-david-tano-bsc-md

November 14
University of Alberta, Forensic Grand Rounds, How to choose risk assessment instruments with Dr Fazel. 9-10 am https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds
November 14-16

November 15
Online Course, *Childhood trauma: Finding a way through* with Tammy Schamuhn. 7:30-9 pm ($140) [https://instituteofchildpsychology.com/services/workshop_detail/trauma_online_fall_2018](https://instituteofchildpsychology.com/services/workshop_detail/trauma_online_fall_2018)

November 15-16

November 16
35th Annual Feldman Lecture with Dr Laurence Kirmayer (McGill University). 7:30 am-3 pm in the Auditorium, Grey Nuns Community Hospital, Edmonton. Topics include, ‘Visioning psychiatry: Integrating culture and context in theory/practice’, ‘Cultural safety and cultural competence’; and ‘Cultural based mental health promotion for Indigenous youth’. [https://www.feldmanlecture.ca/](https://www.feldmanlecture.ca/)

November 16
PAA Workshop, *Assessments for psychotherapists: (Almost) everything you need to know!* by Dr Jamie Dyce. [http://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=70](http://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=70)

November 16

November 16-18

November 19

November 19-20

November 20

November 20
Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 20

November 21
Health Law Team Learning Session, *Informed consent matters!* with Adrea Malekos Rimmer, Janis Sasaki, Heather Loughlin and Jane LeGrandeur. 1-3:30 pm in-person at Foothills Medical Centre and Royal Alexandra Hospital, via IScheduler Meeting ID 30652, or audio line 1 800 289-0462 Code 068156. [legal.clinical@ahs.ca](mailto:legal.clinical@ahs.ca)

November 21

November 21
Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 22
November 22- 23
Basic Workshop, Mental Health First Aid. 9 am- 4:30 pm in Edmonton. ($185)
https://edmonton.cmha.ca/programs-services/mental-health-first-aid/

November 23

November 24

November 26

November 26
Workshop, Mood and mental disorders update with Dr Roger McIntyre. 8:30 am- 4 pm in Calgary. In Edmonton on November 27, http://www.execulinks.net/frameset_workshops.html

November 26- 27

November 26- December 16
Online Workshop, Recognizing and responding to sexual violence in Canada with Zak Dattadeen and Saba Kidane. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d4d005f5f5c19e.pdf

November 27

November 27
Nursing Workshop, Interpretation of lab tests by Barb Bancroft. 8:30 am- 4 pm in Red Deer. https://www.nursinglinks.ca/info_lab_tests.html

November 27

November 27- 28

November 28
Education Series, Tobacco: How to support your clients in making a change with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 28

November 28- 29

November 28 and December 5 & 19
Online Course, Childhood anger: Working through tempers with Tania Johnson. 7- 9 pm. ($140) https://instituteofchildpsychology.com/services/workshop_detail/anger_online_december

November 29
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 29- 30
November 30
Live Webinar, Self-Injury behaviour in youth- Strategies for helping with Kimberly Enns. 12- 1 pm ($32)

November 30
PAA Workshop, What every psychologist should know about forensic practice with Dr Roy Frenzel. 9 am- 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=77

November 30
Opioid Dependency Treatment, Virtual Learning Sessions, How do I treat my patient who has a concurrent disorder and Opioid Use Disorder? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

December 4
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 4
University of Calgary Grand Rounds, Psychiatric aspects of Eating Disorders with Dr David Terrif, Dr Monique Jericho and Dr April Elliott. 12- 1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-11-20/grand-rounds-talk-street-drugs-detective-collin-harris

December 4

December 5
University of Alberta, Forensic Grand Rounds, Communication styles of psychopathic offenders with Dr Aina Sundt Gullhaugen. 9 -10 am https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds

December 6
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 7
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 10-11

December 11
Lecture, Hope and compassion: The keys to treating mental health patients and families with Martha Browning and Glenn Kopelson. 12- 1 pm at the Kaye Edmonton Clinic. RSVP to Joelle.fawcett-arsenault@ahs.ca Hosted by the Beryl Institute.

December 11

December 13
Education Series, Building better mental health and emotional wellness with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 14
Opioid Dependency Treatment, Virtual Learning Sessions, What if my patient is pregnant? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

December 18
January
Healthy Minds/Healthy Children Online Professional Development, 1) Opioids, naloxone kits and 2) Threat assessment for targeted violence in youth. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca http://www.albertahealthservices.ca/info/Page4723.aspx

January 9
University of Alberta, Forensic Grand Rounds, The development of mental health services with human sex trafficking by Dr Abigail Judge. 9 - 10 am https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds

January 11- March 8
PAA Workshop Series, Walking the talk on self-care: Understanding compassion fatigue with Dr Easter Yassa. 12- 1:30 pm each Friday. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=78

January 18
PAA Workshop, Trauma and PTSD in the First Responder population with Dr Megan McElheran. 10:30 am– 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=69

January 18
Opioid Dependency Treatment, Virtual Learning Sessions, How do I help my patient get off opioids? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

January 18

January 21

January 21- 23

January 21- February 10
Online Workshop, Effective community collaborations in sexual health and rights with Brittany Neron, Darrah Teitel, and Makeda Zook. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

January 22- 26
Canadian Nursing Student Association, National Conference, Aspire to inspire: Celebrating student leadership and advocacy. In Calgary. https://www.facebook.com/events/260999464756159/

January 24
Dr Roger Bland Lecture Series on Children’s Mental Health, Transition from adolescent to adult mental health with Dr Ian Manion. 6- 8 pm in the McCauley Chambers, Edmonton. http://www.psychologistsassociation.ab.ca/leadadmin/files/CASALectureSeries_Overview.pdf

January 24- 25

January 28- 30
North American Cannabis Summit, An objective forum to address public health, science and health equity. In Los Angeles, USA. (Sponsored by CCSA). http://northamericancannabissummit.org/

February
Healthy Minds/Healthy Children Online Professional Development, 1) ACE Score: What do we do with it? and 2) Concussions, Post Concussion Syndrome and mental health in children and youth (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca http://www.albertahealthservices.ca/info/Page4723.aspx

February 4- February 24
Online Workshop, Trans: What does it all mean? with Katie Cutting. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

February 6 and 13
Online Workshop, The impact of technology on children and youth. 7- 9 pm. ($100) https://instituteofchildpsychology.com/services/workshop_detail/tech_october_2019
February 7, 13, 21 and 28
Online Course, Relationship based discipline: Raising resilient children with Tammy Schamuhn. 7-9 pm. ($140) https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_spring_2019

February 13
University of Alberta, Forensic Grand Rounds, Potentiality- Suicide in front line emergency personnel by Dr Nicholas Carleton. 9-10 am https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds

February 13-15

February 15
Opioid Dependency Treatment, Virtual Learning Sessions, How do I treat my adolescent or senior patient with Opioid Use Disorder 9 am-12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

February 18
Online Workshop, Teaching about human sexuality with Christine Surgeon and Carlie McPhee. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

February 20, 27 and March 6
Online Course, Childhood ADHD: From struggling to thriving. 7-9 pm ($140) https://instituteofchildpsychology.com/services/workshop_detail/anger_feb_online

March
Healthy Minds/Healthy Children Online Professional Development, 1) The gut-brain connection: Obesity, inflammation, microbiome and mental illness and 2) Youth sexual assault/abuse: Understanding the impact on the youth survivor and the helper. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca http://www.albertahealthservices.ca/info/Page4723.aspx

March 4-24
ASPH Online Workshop, Sexuality and mental health: Body image with Colleen Larson. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

March 6

March 6-9

March 13, 20 and 27
Online Course, Childhood anger: Working through tantrums. 7-9 pm. ($140) https://instituteofchildpsychology.com/services/workshop_detail/anger_2019_online

March 13-March 15

March 15
Opioid Dependency Treatment, Virtual Learning Sessions, Why do I have to be aware of cultural diversity when treating my clients? 9 am-12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

March 18-20
16th Medical Cognitive Behavioural Therapy training with Dr Greg Dubord in Whistler, BC. ($895) http://cbt.ca/locations/cbt-whistler-winter/

March 18-April 7
Online Workshop, Beyond #METOO: Moving forward to sexual empowerment with Angela Sumka. https://docs.wixstatic.com/ugd/b053e1_17480262fa814330b93d42d005f5c19e.pdf

March 21-25
Alberta Psychiatric Association Annual Conference in Banff, https://albertapsych.org/conference

April
Healthy Minds/Healthy Children Online Professional Development, 1) The healing value of relationship with self and others and 2) Youth sexual assault/abuse: Managing the crisis phase. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca http://www.albertahealthservices.ca/info/Page4723.aspx
Addiction and Mental Health Learning Events

November, 2018

April 1- April 21
ASPSH Online Workshop, *The anti-choice movement in Canada: The facts* with Kathy Dawson and Joyce Arthur. [https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf)

April 4- 6
ACSW Annual Conference, *Connection to change: Evolution, innovation and activism in Social Work.* In Calgary. [https://www.acsw.ab.ca/](https://www.acsw.ab.ca/)

April 12
Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who is going into a corrections centre with OAT?* 9 am- 12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/) More information at concurrent.disorders@ahs.ca

April 15- April 28
ASPH Online Workshop, *Sex addiction 101* with Bill Schuilenberg (Part 1) [https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf)

April 29- May 12
ASPH Online Workshop, *It’s not about the sex* with Bill Schuilenberg (Part 2) [https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf)

April 29- May 12
ASPH Online Workshop, Advocacy with Tammy Troute-Wood, Celia Posyniak, Heather Cobb and Mami Panas [https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf)

May

May 2- 4

May 10- 11

May 13- 17
Intensive Sex Therapy Training Program at the University of Guelph, Ontario. [https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003](https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003)

May 13- June 3
ASPH Online Workshop, *Sexuality and disabilities 101* with Margaret Newbury-Jones [https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf)

May 17
Opioid Dependency Treatment, Virtual Learning Sessions, *iOAT and SROM 9 am- 12 noon. Register on iScheduler* [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/) More information at concurrent.disorders@ahs.ca

May 27- June 16
ASPH Online Workshop, *Indigenous youth and sexuality* with Lehente Foote and Nadia Houle [https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf](https://docs.wixstatic.com/ugd/b053e1_1748026fa814330b93d42d005f5c19e.pdf)

June 21
Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?* 9 am- 12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/) More information at concurrent.disorders@ahs.ca

August 18- 21

August 22- 25

September 15- 17
39th Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. [https://www.cacap-acpea.org/learn/conference/](https://www.cacap-acpea.org/learn/conference/)

September 20- 25
World Sleep Congress, *The best of sleep medicine and research.* In Vancouver [https://worldsleepcongress.com/](https://worldsleepcongress.com/)
Online Learning Resources

- National Education Alliance for Borderline Personality Disorder Resources include a free online course, podcasts, media library, family education materials, and more. [https://www.borderlinepersonalitydisorder.com/professionals/]

- Knowledge Resource Service The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. [http://krs.libguides.com/mentalhealth]

- The Cochrane Collaboration provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. [http://summaries.cochrane.org/]

- Alberta Family Wellness Initiative Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification [http://www.albertafamilywellness.org/resources/search]


- Canadian Centre on Substance Abuse (CCSA) Online publications intended to contribute to CCSA’s national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. [http://www.ccsa.ca/]

- Substance Abuse and Mental Health Services Administration (SAMHSA) Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. [http://www.samhsa.gov/kap]

- McMaster University provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. [http://www.healthevidence.org/]

- Alberta Addiction and Mental Health Research Partnership Program Knowledge Notes are concise summaries of current research in a specific area. [http://www.albertahealthservices.ca/research/Page11217.aspx]

- Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE) [http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3]

- A comprehensive collection of psychiatric rating scales and diagnostic aids from the University of Adelaide [http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139288]

- Bridging the Gap is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here: [http://www.albertahealthservices.ca/research/Page11235.aspx]

- The Canadian Agency for Drugs and Technologies in Health (CADTH) provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. [https://www.cadth.ca/evidence-bundles/evidence-on-mental-health]

- Anxiety BC Video library and other emotional regulation education resources including a phone app [https://www.anxietybc.com/resources/video]

- Addiction and Mental Health YouTube Channel (AHS) Clinical videos from provincial, national, and international experts. [http://www.albertahealthservices.ca/info/page14397.aspx] See also: Mental Health Act presentation at [https://youtu.be/1RvXeKXqYo] and CTO [https://youtu.be/R-sjqWo07Wo]

- Indigenous Health Program Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. [http://www.albertahealthservices.ca/info/page7634.aspx] See also the YouTube playlist [https://www.youtube.com/playlist?list=PLt1OFi5ZoUvse4nEijjWZCvGzkk8U8S]

- University of Alberta Grand Rounds The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. [https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home]

- At Home with Eating Disorders Conference Series YouTube Recorded expert speaker presentations [https://www.youtube.com/playlist?list=PLwAlWzISlSI51Bq3e6jjezGDI7XAbIC1LH]

- Developmental Pathways of Addiction and Mental Health 11 free modules available on MLL or the Primary Health Care Learning Portal [https://p hc.myabsorb.ca/#/login] or the External AHS Website [https://www.albertahealthservices.ca/info/Page15972.aspx]
Healthy Minds/Healthy Children The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. http://www.albertahealthservices.ca/4718.asp

Policy Wise for Children and Families Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. https://policywise.com/

Addiction Counselling Webinars The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics http://www.naadac.org/webinars

TED: How the Mind Works The world’s most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. http://www.ted.com/index.php/themes/view/id/4

University of California Television provides documentaries, faculty lectures and research symposiums http://www.uctv.tv/search-moreresults.asp?catSubID=20&subject=health

Community Education Service Free online webinars from presentations at the Alberta Children’s Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. http://fcc.albertahealthservices.ca/ces/

Alberta Quits Learning materials and videos about tobacco cessation. https://www.albertaquits.ca/learning/training-videos

Chronic Disease Management Education for Health Care Providers Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) http://cdm.absorbtaining.ca/#/login

Mental Health Commission of Canada (MHCC) Webinars Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. http://www.mentalhealthcommission.ca/English/webinars

Trauma Informed Care e-Learning Modules Six foundational modules and other resources. http://www.albertahealthservices.ca/info/page15526.aspx


Children’s Mental Health Learning Series provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html

Geriatric Grand Rounds with an evidence-based medicine and inter-professional focus https://sites.google.com/a/ualberta.ca/ggr/

University of Calgary The Department of Psychiatry calendar of medical rounds, workshops and conferences is at http://www.ucalgary.ca/psychiatry/calendar/month/2017-11 The Faculty of Social Work Professional Development Program workshops are listed at: http://www.ucalgary.ca/pd/

Indigenous Cultural Safety Collaborative Learning Series Webinars to strengthen cultural safety in health and social services http://www.iccollaborative.com/webinars

TRIP (Turning Research Into Practice) Clinical search engine designed to allow users to easily find research articles to support practice. https://www.tripdatabase.com/

RNAO Mental Health and Addiction Initiative Nursing best practice guidelines, education modules and many other resources. http://rnao.ca/bpg/initiatives/mhai/purpose

The Online Addiction Medicine Diploma is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/

Mental Health First Aid The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. http://www.mentalhealthfirstaid.ca/en/course-info/courses


Psychwire Online courses in CBT, ACT, Mindfulness and DBT https://psychwire.com/
Step by Step Guide to AHS Learning

iScheduler

iScheduler is a new government operated system used by Alberta Health Services to replace VCScheduler. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment. Telehealth is internet based and provides access to videoconferences anywhere in the world. To register in events, go to: https://ischeduler.albertahealthservices.ca/ You do not need to be employed by AHS.

Once you have registered and can access the site dashboard, go to “Meetings” on the left hand navigation bar and select “Register”.

1) Select “Learning”. It may take a few moments for the list to populate.
2) Scroll through the sessions that appear chronologically until you see the session of your choice.
3) Select “Sign Up” for that session, and you will be directed to page that will allow you to select your preferred site.

Sites are no longer being automatically added for every session. In order to access a session via Telehealth from your site, you will need to register for each week’s session. Questions about accessing the Telehealth scheduler may be directed to Telehealth.Info@AHS.ca

Call 310-8822 if your site equipment does not connect as scheduled.

MyLearningLink (MLL)

MLL is the location of most online education courses in Alberta Health Services. The system is only available to AHS staff and works best on Internet Explorer. You can also access MLL on your home computer through the external AHS website staff portal.

1) Click on the My Learning Link Log In.
   http://mylearninglink.albertahealthservices.ca/elearning/bins/index.asp
2) Enter your AHS username and password (this is the same as your computer log in or email username and password).
3) Once you are logged in, click on Courses and Registration
4) Type the course title in the Search for a Course box and click on Search
5) The course name to should appear as a link below the Search box. Click on the link and scroll past the course description to the rectangular box that includes a Register button. Click on the Register button. You will not see the course until you complete Step #6.
6) Go to Learning Home and click on My Courses to begin by clicking on the course name.

A common problem is not typing in the course name accurately and completely so the course may not be found. If you are having problems, call 1-888-580-7010 or contact MyLearningLink Support at https://insite.albertahealthservices.ca/hr/Page5886.aspx

Professional Development Fund

The fund for Alberta Health Services permanent staff opens early each fiscal year. Funding is on a ‘first come, first served’ basis and is usually depleted well before the end of the fiscal year (March 31). Money is available for post-secondary education, attending conferences and workshops, and hosting your own group learning events. See: https://insite.albertahealthservices.ca/hr/Page2239.aspx

There are detailed instructions for Conference and Workshop Funding on Insite. The key points are:
1) You must first attend the workshop or conference before submitting the application (with receipts). The funding is not approved or provided in advance. The event must be in the same fiscal year as the application.
2) You may receive up to 80% of course registration to a maximum of $750. There is a $150 minimum. The fund only covers registration/tuition or exam costs. Payment is done through iExpense.
https://insite.albertahealthservices.ca/main/assets/hr/tms-hr-funding-conference-workshop-application.pdf

The Group Learning Initiatives Funding allows groups of staff to host a speaker presentation, workshop or conferences related to clinical practice. A Working Session Pre-Approval form is required in advance. Funding ranges from $150 to $5000 and can be spent on venue, speaker fees, meals, and training equipment rentals. The money may not be spent on retreats, meetings or team building.
https://insite.albertahealthservices.ca/main/assets/hr/tms-hr-funding-gli-application-guide.pdf