November

November 1
Faculty of Social Work Workshop, Inquiry: The heart of mindfulness based programs by Dr Patricia Rockman. 9 am - 4 pm in Calgary. https://ucalgary.ca/pd/mindfulinquiry

November 1

November 1
Workshop, Opioids and marijuana: Managing the nationwide emergency with Dr Hullon. 8:30 am – 3:30 pm. ($109) In Calgary. http://www.biomedglobal.com/seminars.aspx

November 1- 3

November 1- 3

November 1- 3

November 4- 5

November 4 and 18
University of Calgary, Online Workshop, Clinical Social Work Supervision with Dr Jane Matheson. 5:30- 7 pm https://ucalgary.ca/pd/clinicalsupervision2019winter

November 4- 6

November 5
University of Calgary, Grand Rounds, rTMS update with Dr Alex McGirr. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/972

November 5
Advanced Workshop, Beyond the suicide assessment: Helping those who are struggling with chronic suicidal thoughts and urges by Dr Dawn Lorraine McBride. 8:30 am- 4 pm in Lethbridge. https://www.dawn-mcbride.com/workshops

November 5- 6

November 6
Evening Course for Primary Care, Managing co-morbid ADHD and Depression. 7- 9 pm in Calgary and webinar. https://cumming.ucalgary.ca/cme/event/2019-11-06/evening-course-managing-co-morbid-adhd-depression-and- chronic-pain-kids

November 6
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 6- 9
November 6- 9

November 7

November 7
Inaugural Shirley Stinson Nursing Research Conference, Today’s research for tomorrow’s practice at the University of Alberta, Edmonton. http://www.cvent.com/events/shirley-stinson-nursing-research-conference/event-summary-fb0d36ae354045a59bc5449f586c6310a.aspx

November 7- 12

November 8
PAA Workshop, General assessments for Counselling Psychologists by Dr Jamie Dyce. 9 am- 4:30 pm in Calgary https://psychologistsassociation.ab.ca/professional-development/paa-events-webinars/

November 8

November 12
University of Calgary, Grand Rounds, OCD: Developing a road map to improve care with Dr Peggy Richter. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/972

November 12- 14

November 13

November 14
EFT Edmonton, Four Day Externship in Emotionally Focused Therapy with Jim Thomas. ($875) In Edmonton. Call 780-444-4399 https://eftedmonton.com/training-events/

November 14- 15
19th Annual Diverse Voices Conference, Together we make a difference. In Edmonton. https://diverse-voices.com/ November 13 is a pre-conference day on Elder abuse.

November 14- 15
Two Day Intensive, Trauma and attachment across the lifespan with Dr Eboni Webb. 9 am- 4 pm daily in Victoria, BC. http://www.jackhirose.com/workshop/trauma-and-attachment-2/

November 15
8th Annual Evening to Remember, Honouring lives lost to suicide. 7 pm at Lister Centre, University of Alberta, Edmonton. https://www.eventbrite.ca/e/8th-annual-evening-to-remember-tickets-594066057577?aff=ebdssbestsearch

November 16

November 18
CTRI Workshop, Critical Incident group debriefing with Dr Jennifer Short. 9 am- 4 pm in Edmonton. https://ca.ctrinstitute.com/workshops/critical-incident-group-debriefing-edmonton-nov-18-2019/

November 18- 20
Gottman Level 1 Training in Calgary https://bestmarriages.ca/events/gottman-level-1-calgary-ab-november2019/

November 18- 22
Intensive Sex Therapy Training Program with Dr Markie Twist. 8 am- 5 pm daily in Guelph, Ontario. https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003

November 19
University of Calgary, Grand Rounds, Clozapine in the era of atypical antipsychotics with Dr Howard Margolese. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/974

November 19
Education Series, Addiction and relapse prevention with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.
November 19
The Dr Roger Bland Lecture Series, Youth perspective on mental health with the CASA Youth Council. 6-8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. https://www.casaservices.org/lectureseries

November 19-20

November 20-22

November 20-22
Gottman Level II Training in Calgary https://bestmarriages.ca/events/gottman-level-2-calgary-ab-3/

November 20-22

November 21

November 21
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 21-22
Workshop, Cognitive-Behavioural Social Skills Training (CBSST) with Dr Eric Granholm. 8 am-4 pm in Canmore. https://cumming.ucalgary.ca/sites/default/files/teams/31/CBSST%20brochure%20FINAL.pdf

November 21-22
Workshop, Motivational interviewing Level 1 with Donna Kerr. 9 am-4 pm in Edmonton. https://www.ahvna.org/events/vieweventdetails/352/

November 21-22
Humane Canada, Canadian Violence Link Conference, Making the link between violence against people and animals. In Toronto. https://clc.humanecanada.ca/

November 21, 28, December 5 and 12
Online Workshop, Cognitive Behavioural Therapy: Level 1 for Occupational Therapy with Gord Hirano. Four sessions from 6-8 pm. https://caot.ca/viewEvent.html?no_header=true&productId=10411

November 22
PAA Workshop, Family Restructuring Therapy with Dr Stephen Carter. 9 am-4:30 pm in Edmonton. https://psychologistsassociation.ab.ca/professional-development/paa-events-webinars/

November 22-23

November 22-23

November 24-30

November 25-26
Workshop, Decoding Autism with Kim Barthel. 9 am-4 pm daily in Sidney, BC. (Vancouver Island) https://www.kimbarthel.ca/event/2019/11/25/decoding-autism

November 25-27

November 25-27

November 25-29

November 26
University of Calgary, Grand Rounds, Managing agitation in neurocognitive disorders with Dr Zahinoor Ismail. 12-1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/975
November 26
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 27- 30
Somatic Experiencing Edmonton, Training for helping professionals: Beginning I. In Edmonton. https://www.setrainingedmonton.com/registration

November 28
Workshop, Documentation is your best defense with Chris Rokosh. 8:30 am- 4 pm in Edmonton. November 25 in Calgary. https://www.connectmtx.com/connect-to-education/documentation-course

November 28- 29
Workshop, How to treat depression: A CBT-based perspective with Dr Randy Paterson. 9 am- 4 pm in Richmond, BC. http://www.jackhirose.com/workshop/cbt-richmond-2/

November 29
University of Calgary, Psychiatry Quarterly Update, Women’s Mental Health Day. 9 am- 12 noon in Calgary. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar/#view/event/event_id/3128

November 30

December 2- 3

December 2- 4

December 3
University of Calgary, Grand Rounds, Pharmacogenetics in Psychiatry: An update with Dr Chad Bousman. 12-1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar/#view/event/event_id/976

December 3
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 3
Workshop, Liver logic with Barb Bancroft. 8:30 am- 4 pm in Edmonton. December 2 in Calgary https://www.nursinglinks.ca/info_liver.html

December 4- 6

December 5- 6
Skills Practice Workshop, Strengthening executive skills to promote school success with Dr Peg Dawson. 9 am- 4 pm in Calgary. http://www.jackhirose.com/workshop/smart-scattered-4/

December 6
Education Series, Addiction and mental illness: Concurrent disorders with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 10
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 11
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 11- 12
Workshop, Motivational interviewing Level 2 with Donna Kerr. 9 am- 4 pm in Edmonton. https://www.ahvna.org/events/vieweventdetails/352/
December 12
Education Series. Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 1-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 16

December 17
University of Calgary, Grand Rounds. Kolabo with Dr Rachel Grimminck, Dr Kimberly Williams, Dr Jaylynn Arcand, Dr May Shen and Dr Jian Choo, 12-1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/978

2020

January

January 6- Month 29

January 16-17
PAA Workshop, Critical factors in completing parenting assessments by Dr Ann Marie Dewhurst. 9 am-4:30 pm in Edmonton. https://psychologistsassociation.ab.ca/event-details/?id=106

January 21
The Dr Roger Bland Lecture Series, Self-care and the winter blues. 6-8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. https://www.casaservices.org/lectureseries

January 27
Inner City Health and Wellness Program/ARCH, 3rd Annual Symposium, No more deaths. Robbins Learning Centre, Edmonton. More information to come.

January 30
CBT Canada Workshop, Introduction to medical CBT with Dr Greg Dubord. 9 am-4:30 pm in Lethbridge http://cbt.ca/uni/calgary/

February

February 5- April 20
University of Calgary, Online Course, Advanced clinical supervision in psychology. ($1212) https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=66667

February 7

February 17- March 27

February 17- March 27
Online Course, Counselling techniques in addiction practice with Lorral Deline. ($330) https://www.wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html

February 18
The Dr Roger Bland Lecture Series, Addictions. 6-8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. https://www.casaservices.org/lectureseries

February 25
Workshop, A clinical look at supplements and alternative therapies with Barb Bancroft. 8:30 am-4 pm in Calgary. https://www.nursinglinks.ca/frameset_workshops.html

March

March 3-6
March 5-8
Somatic Experiencing Edmonton, Training for helping professionals: Beginning II. In Edmonton.
https://www.setrainingedmonton.com/registration

March 6
Psychiatric Quarterly Updates, Anxiety. 12:45-4:45 pm in Calgary.
https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/7211

March 9- April 17
Online Course, Addiction and the family with Sylvie Smith ($330) https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html

March 9-13
Workshop, Grief Therapy as meaning reconstruction: Creative practices for counselling the bereaved with Dr Robert Neimeyer. 9 am-4 pm in the Fantasyland Hotel, Edmonton.
https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467810&parentSite=FSW

March 12-14
CAOT Workshop, Fundamentals of anxiety interventions: Assertiveness training, relaxation skills training and exposure therapy with Dr Randy Paterson. 8 am-4 pm in Calgary.
https://caot.ca/viewEvent.html?no_header=true&productid=10394

March 17
The Dr Roger Bland Lecture Series, Children in care. 6-8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. https://www.casaservices.org/lectureseries

March 19
PAA Workshop, Developing your personalized approach to clinical supervision: The Contextual-Relational Meta-Framework with Dr Jeff Chang. 9 am-4:30 pm in Calgary.
https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=105

March 19-22

March 26-28
https://www.acsw.ab.ca/site/annual-conference?nav=sidebar

March 26-28
Alberta Gambling Research Institute, 19th Annual Conference on Gambling Research. In Banff.
https://abgamblinginstitute.ca/

March 27
PAA Workshop, General assessments for Counselling Psychologists with Dr Jamie Dyce. In Edmonton.
https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=114

March 30- May 8
Online Course, Trauma and addiction with Ian Robertson and Michelle Graham. ($330) https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html

March 30- May 8

April
Healthy Minds, Healthy Children, Monthly free and accredited online courses. The transgender person as an individual: No one size fits all and Supporting youth with severe ASD who are nonverbal.
https://www.albertahealthservices.ca/info/page4723.aspx

April 2- May 12
University of Calgary, Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals with Dr Deborah Dobson. 30 hours of practice and skill based training in Edmonton and online.
https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937

April 10
PAA Workshop, Trauma and PTSD in first responder populations with Dr Megan McElheran. 9 am-4:30 pm in Calgary. https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=103

April 17
PAA Workshop, What every Psychologist should know about forensic practice with Dr Roy Frenzel. 9 am-4:30 pm in Calgary. https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=112

April 19-22

April 21
The Dr Roger Bland Lecture Series, Autism and mental health. 6-8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. https://www.casaservices.org/lectureseries
April 22
9th International Conference on Adolescents and Adults with FASD, Review, respond and relate: Integrating research, policy and practice around the world. In Vancouver. https://interprofessional.ubc.ca/initiatives/fasd2020/

April 24-26

April 29- May 1

April 30- May 1

May
Healthy Minds, Healthy Children, Monthly free and accredited online courses. The gut-brain connection, part 2: The microbiome and early child/brain development, food intolerances, antibiotics, antacids and how a healthy diet can help and Helping youth bounce back from stress Part 2: Strategies to promote resiliency. https://www.albertahealthservices.ca/info/page4723.aspx

May 2
PAA Workshop, Competency-based clinical supervision: An experiential approach by Dr Carol Falender. 9 am-4 pm in Edmonton. https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=117

May 7-10

May 8
PAA Workshop, Understanding, evaluating and treating Autism Spectrum Disorders: New data and new ideas with Dr Sam Goldstein. 9 am-4:30 pm in Edmonton. https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=115

May 26
The Dr Roger Bland Lecture Series, Mental well-being: Lessons learned 6-8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. https://www.casaservices.org/lectureseries

May 28-30

May 30
Workshop, Hoarding: Assessment and intervention for Occupational Therapists. 8 am-4 pm in Calgary. https://caot.ca/viewEvent.html?no_header=true&productld=10336

May 31-June 3

June 18-19
Workshop, Occupation and trauma: Expanding Occupational Therapy practice with Megan Edgelow and Dr Heidi Cramm. 8 am-4 pm in Vancouver. https://caot.ca/viewEvent.html?no_header=true&productld=10345

June 18-21
Somatic Experiencing Edmonton, Training for helping professionals: Beginning III. In Edmonton. https://www.setrainingedmonton.com/registration

June 25-26
Workshop, Cognitive Behavioural Therapy: Level 2 for Occupational Therapy with Gord Hirano. 8 am-4 pm in Edmonton. https://caot.ca/viewEvent.html?no_header=true&productld=10373

July 15-17
CBT Canada Workshop, Introduction to medical CBT with Dr Greg Dubord. 8 am-noon daily in Banff. http://cbt.ca/locations/cbt-banff/

July 15-18

July 16-17

September 24- November 10
University of Calgary, Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals with Dr Deborah Dobson. 30 hours of practice and skill based training in Calgary and online. https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937

October 14-17

Note: The Cognition is no longer posted on AHS Insite. Subscription requests, updates and new events can be sent to daniel.scott@ahs.ca
Online Learning Resources

Knowledge Resource Service The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. http://krs.libguides.com/mentalhealth

The Cochrane Collaboration provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. http://summaries.cochrane.org/

Alberta Family Wellness Initiative Provides resources for the application of science to addictions and mental health treatment issues. Includes a series of education modules with certification http://www.albertafamilywellness.org/resources/search


Canadian Centre on Substance Abuse (CCSA) Online publications intended to contribute to CCSA’s national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. http://www.ccsa.ca/


McMaster University provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. http://www.healthEvidence.org/

Alberta Addiction and Mental Health Research Partnership Program Knowledge Notes are concise summaries of current research in a specific area. https://www.albertahealthservices.ca/info/Page11244.aspx

Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE) http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3

A comprehensive collection of psychiatric rating scales and diagnostic aids from the University of Adelaide https://libguides.adelaide.edu.au/psychiatry/rating_scales

Bridging the Gap is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: http://www.albertahealthservices.ca/research/Page11235.aspx

The Canadian Agency for Drugs and Technologies in Health (CADTH) provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. https://www.cadth.ca/evidence-bundles/evidence-on-mental-health

Anxiety BC Video library and other emotional regulation education resources including a phone app https://www.anxietybc.com/resources/video


See also the playlist https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGlzk8U8S-

University of Alberta Grand Rounds The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home

At Home with Eating Disorders Conference Series Recorded expert speaker presentations https://www.youtube.com/channel/UChJ.kGWdRgTZw2zgo0ftNzW

Developmental Pathways of Addiction and Mental Health 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal https://phc.myabsorb.ca/#/login or the External AHS Website https://www.albertahealthservices.ca/info/Page15972.aspx

National Education Alliance for Borderline Personality Disorder Resources include a free online course, podcasts, media library, family education materials, and more. https://www.borderlinepersonalitydisorder.com/professionals/

Healthy Minds/Healthy Children The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. http://www.albertahealthservices.ca/4718.asp

Policy Wise for Children and Families Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. https://policywise.com/

Addiction Counselling Webinars The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics http://www.naadac.org/webinars

TED: How the Mind Works The world’s most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. http://www.ted.com/index.php/themes/view/id/4
University of California Television provides documentaries, faculty lectures and research symposium.

Community Education Service Free online webinars from presentations at the Alberta Children’s Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth.
http://fcrc.albertahealthservices.ca/ces/

Alberta Quits Learning materials and videos about tobacco cessation.
https://www.albertaquits.ca/learning/training-videos

Chronic Disease Management Education for Health Care Providers Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations)
http://cdm.absorbtraining.ca/#/login

Mental Health Commission of Canada (MHCC) Webinars Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch.
http://www.mentalhealthcommission.ca/English/webinars

Trauma Informed Care e-Learning Modules Six foundational modules and other resources. http://www.albertahealthservices.ca/info/page15526.aspx

Suicide Prevention, Risk Assessment & Management (SPRAM) Interactive e-Learning series of seven modules to support health practitioners’ competency in suicide prevention, risk assessment and management of individuals at-risk for suicide.
http://www.albertahealthservices.ca/info/Page14579.aspx

Children’s Mental Health Learning Series provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns.

Geriatric Grand Rounds with an evidence-based medicine and inter-professional focus
https://sites.google.com/a/ualberta.ca/ggr/

University of Calgary Department of Psychiatry calendar of medical rounds, workshops and conferences is at
http://www.ucalgary.ca/psychiatry/calendar/month/2017-11
The Faculty of Social Work Professional Development Program workshops are listed at: http://www.ucalgary.ca/pd/ A collection of e-Learning courses is available at
http://ecme.ucalgary.ca/program-listing/

TRIP (Turning Research Into Practice) Clinical search engine designed to allow users to easily find research articles to support practice.
https://www.tripdatabase.com/

RNAO Mental Health and Addiction Initiative Nursing best practice guidelines, education modules and many other resources.
http://rnao.ca/bpo/initiatives/mhai/purpose

Mental Health First Aid The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada.
http://www.mentalhealthfirstaid.ca/en/course-info/courses


Pschywire Online courses in CBT, ACT, Mindfulness and DBT https://pschywire.com/

Cannabis 101 Online workshop for AHS staff, on MyLearning Link. Search for ‘cannabis’. For more information, contact the Decision Support Team (Calgary) at dst.education@ahs.ca

Canadian Counselling and Psychotherapy Association continuing education collection of online courses on a range of mental health and addiction topics. https://www.mentalhealthacademy.net/ccpa/

Harvard Centre on the Developing Child Guide to the effects of Toxic Stress on addiction and mental health
https://developingchild.harvard.edu/science/key-concepts/toxic-stress/

TEDEd Mind Matters Numerous brief videos on topics related to your brain. https://ed.ted.com/series/mind-matters


Crisis & Trauma Resource Institute Training in counselling through workshops and webinars.
https://ca.ctrinstitute.com/

Understanding Stigma Online module about the stigmatization of people by healthcare providers and to develop strategies to improve attitudes and behaviours, leading to improved patient–provider interactions and better overall care for people.
https://moodle9.camhx.ca/moodle/?lang=en

The online Addiction Care and Treatment Online Certificate is a partnership with UBC Continuing Professional Development and the UBC School of Nursing. Free and accredited.
https://ubccpd.ca/course/addiction-care-and-treatment

Practice Wise. AHS clinicians, leaders, regulators, researchers, and educators discuss experiences and learn. Online video recordings of sessions. https://insite.albertahealthservices.ca/hpsp/Page12451.aspx