October, 2018

Addiction and Mental Health Learning Events

Daily Event Listings

October
Healthy Minds/Healthy Children Online Professional Development, 1) Truth and reconciliation calls to action: What they mean for schools and healthcare and 2) Transgender series: Identifying Gender Dysphoria in Children and Adolescents (Part A). (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca http://www.albertahealthservices.ca/info/Page4723.aspx

October 1-2

October 1-7 Mental Illness Awareness Week (MIAW) http://www.camimh.ca/mental-illness-awareness-week/about-miaw/

October 2
Workshop, Hepatitis C in primary care and drug and alcohol settings. 8:30 am-4 pm at the Shaw Conference Centre in Edmonton. (free) https://ashm.eventsair.com/inhsu/edmonton2018/Site/Register

October 2
Workshop, Managing mental health in the workplace- Rights and responsibilities with Danielle Forth. 9 am-4 pm in Edmonton. https://ca.achievecentre.com/workshops/managing-mental-health-edmonton10-2/#tickets and in Calgary with Marwa Fadol on October 4 https://ca.achievecentre.com/workshops/managing-mental-health-calgary10-4/#tickets

October 2
Workshop, Geriatric gems: Beyond the basics with Barb Bancroft. 8:30 am-4 pm in Lethbridge. https://www.nursinglinks.ca/info_geri.html

October 2
Education Series, Tobacco: How to support your clients in making a change with Kari Jesswein and Jennifer Pollard. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 2
University of Calgary Grand Rounds, Canadian Biomarker Integration Network in Depression (CAN-BIND): An overview by Dr Stefanie Hassel. 12-1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview

October 2 & 9
Online Course, The impact of technology on children and youth. 7-9 pm. ($100) https://instituteofchildpsychology.com/services/workshop_detail/tech_october_2018

October 2-6 (Every Tuesday)
Webinar Series, The evidence-based and individualized treatment of depression with Dr Randy Paterson. ($399) http://webinars.jackhirose.com/product/depression-paterson/

October 3

October 3

October 3
Community Education Services Videoconference, Physical literacy and health. 11 am-12:30 pm. http://community.hmhc.ca/sessions/?p=telehealth

October 3-5

October 3-6

October 4
Live Stream Online Workshop, Clinical supervision- Skills for developing counsellors with Vicki Enns. 8 am-3 pm. https://ca.ctrinstitute.com/workshops/live-stream-clinical-supervision-10-4/#tickets
October 4-5
Association of Alberta Sexual Assault Services Training, First responder to sexual assault and abuse in Lethbridge. ($200) https://aasas.ca/initiatives/first-responders-training/register-for-training/

October 4-6

October 5

October 9
Research Symposium, Cannabis, endocannabinoids and mental health. University of Alberta, Edmonton. https://www.ualberta.ca/medicine/events/psychiatry/51oi4btqp1lkengo9110epdteee

October 9
University of Calgary Grand Rounds, Late onset psychosis with Dr Jaylynn Arcand and Dr Aaron Mackie. 12-1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview

October 9 - 10
FACS Training, Static-99R and Stable-2007/Acute-2007 Risk Assessment with Melinda Aldons (Queensland Correctional Services). In Edmonton. ($300) Contact Christine.Sribney@ahs.ca for information and registration form. Sponsored by the Mental Health Foundation.

October 9 - November 13 (every Tuesday)
Webinar series, The 10 best ever anxiety management techniques with Dr Margaret Wehrenberg http://webinars.jackhirose.com/ ($400)

October 9 - November 13 (every Tuesday)
Webinar Series, The Personality Disorder toolbox: Practical strategies for meeting the challenges of your most difficult cases by Dr Jeff Riggenbach. ($399) http://webinars.jackhirose.com/product/the-personality-disorder-toolbox/

October 10
REACH Workshop, Effective intercultural practice with Kaitlin Lauridsen. 9 am-4 pm in Edmonton. https://reachedmonton.ca/pageEvent/Effective-Intercultural-Practice-Oct10-2018

October 10
Education Series, What the hookah? with Kari Jesswein and Jennifer Pollard. 9 am-12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 10
REACH Workshop, Understanding the pre-migration context and supporting newcomer families with trauma with Karin Linschoten. 9 am-12:30 pm in Edmonton https://www.reachedmonton.ca/public/Understanding-Pre-migration-Context-Supporting-Newcomer-Families

October 10 - November 7

October 10 - November 14 (every Wednesday)

October 10 - November 14 (every Wednesday)
Webinar series, Sex, intimacy and addiction in the digital age with Robert Weiss. ($400) http://webinars.jackhirose.com/

October 11
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 11 – October 25 (every Thursday)

October 11-25 (every Thursday)
October 12-13  

October 12-13  

October 12-14  

October 15  
Workshop, What every nurse needs to know about…Neurotransmitters by Barb Bancroft. 8:30 am- 4:30 pm in Edmonton. October 16 in Calgary. [https://www.nursinglinks.ca/info_neurotransmitters.html](https://www.nursinglinks.ca/info_neurotransmitters.html)

October 15  
Workshop, Narrative Therapy- Tools for exploring stories with John Koop Harder. 9 am- 4 pm in Edmonton. October 17 in Calgary with Lana Dunn. [https://ca.crinstitute.com/workshops/narrative-therapy-calgary10-17/#tickets](https://ca.crinstitute.com/workshops/narrative-therapy-calgary10-17/#tickets)

October 16  
Education Series, Understanding substance use and addiction and intervention strategies with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 16  

October 16  
University of Calgary Grand Rounds, QT- Prolongation in psychiatry- Not for the faint of heart by Dr Michael Slawnych. 12- 1 pm in Calgary and by telehealth. [https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview](https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview)

October 16 and 23  
Online Workshop, Classroom mental health. 7- 9 pm. ($100) [https://instituteofchildpsychology.com/services/workshop_detail/mental_health_october_2018](https://instituteofchildpsychology.com/services/workshop_detail/mental_health_october_2018)

October 17  
Online Workshop, Childhood anger: Working through tempers with Tania Johnson. 7- 9 pm. ($140) [https://instituteofchildpsychology.com/services/workshop_detail/anger_september_online](https://instituteofchildpsychology.com/services/workshop_detail/anger_september_online)

October 17-18  

October 17-19  

October 17-20  

October 17-21  

October 17, 24 & 30  
Online Course, Childhood anger: Working through tempers. 7- 9 pm. ($140) [https://instituteofchildpsychology.com/services/workshop_detail/anger_september_online](https://instituteofchildpsychology.com/services/workshop_detail/anger_september_online)

October 17, 25 and November 1, 8  
Online Course, Childhood anxiety: Helping children heal. 7:30- 9:30 pm. ($140) [https://instituteofchildpsychology.com/services/workshop_detail/anxiety_online_course_fall_2018](https://instituteofchildpsychology.com/services/workshop_detail/anxiety_online_course_fall_2018)

October 18  
Dr Roger Bland Lecture Series on Children’s Mental Health, School-based mental health with Dr Stan Kutcher. 6- 8 pm in the McCauley Chambers, Edmonton. [http://www.psychologistsassociation.ab.ca/leadadmin/files/CASALectureSeries_Overview.pdf](http://www.psychologistsassociation.ab.ca/leadadmin/files/CASALectureSeries_Overview.pdf)
October 18
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 18
Online Workshop, Childhood anxiety: Helping children heal. 7:30- 9 pm. ($140)
https://instituteofchildpsychology.com/services/online-course AUDIO/visual-anxiety_online_course_fall_2018

October 18
University of Alberta, Integrative Health Institute Conference, Traditional medicine. 8:30 am- 5 pm in Edmonton. Keynote speakers are Dr Lynden Crowshoe (University of Calgary) and Dr Pierre Haddad (Université de Montréal). https://www.ualberta.ca/integrative-health-institute/2018-conference

October 18- 19
Workshop, Treating complex trauma: Clinical and scientific innovations with Dr Christine Courtois. 9 am- 4pm in Edmonton. https://ucalgary.ca/pd/ComplexTrauma2018

October 18- 19

October 18- 20

October 19
University of Calgary, Psychotherapy Day, Achieving and sustaining individual and group therapist effectiveness with Dr Molyn Leszcz (University of Toronto) In Calgary.
https://www.ucalgary.ca/psychiatry/event/2018-10-19/psychotherapy-day-achieving-and-sustaining-individual-and-group-therapist

October 19
Opioid Dependency Treatment, Virtual Learning Sessions, How do I switch my patient to different dosing? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

October 19
Workshop, PsychedUp Edmonton CME (diagnosis and treatment) with Dr Diane McIntosh. 9 am – 3 pm in Edmonton. https://www.psychedupcme.com/events/2018/10/19/edmonton

October 20
Live Webinar, Autism- Strategies for self-regulation with Kalyn Falk. 12- 1 pm. ($32)
https://ca.ctrinstitute.com/workshops/autism-live-webinar-10-19/

October 21- 24

October 22

October 22- 24

October 22- 26

October 23
Education Series, Concurrent disorders and treatment considerations with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 23
Live Webinar, The ethics of helping- Boundaries and relationships with Vicki Enns. 12- 1 pm. ($32)

October 23
University of Calgary Grand Rounds, Evidence based treatment algorithms in early episode schizophrenia: What, where and how to use them by Dr Howard Margolese. 12- 1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand- rounds-canadian-biomarker-integration-network-depression-can-bind-overview
Addiction and Mental Health
Learning Events

October 23-24
Training, *The box and the circle: Indigenous family system* with Dr Jann Derrick and Ken Genlik. 9 am-4:30 pm in Calgary. [https://www.ntrc.net/copy-of-the-box-the-circle-practice-1](https://www.ntrc.net/copy-of-the-box-the-circle-practice-1)

October 23-26

October 24
Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 24

October 24

October 24-26

October 24-26

October 24-26

October 25
Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 25-26

October 25-26

October 25-26
Association of Alberta Sexual Assault Services Training, *First responder to sexual assault and abuse* in Lloydminster. ($200) [https://aasas.ca/initiatives/first-responders-training/register-for-training/](https://aasas.ca/initiatives/first-responders-training/register-for-training/)

October 25-26
Basic Workshop, *Mental Health First Aid*. 9 am-4:30 pm in Edmonton. ($185) [https://edmonton.cmha.ca/programs-services/mental-health-first-aid/](https://edmonton.cmha.ca/programs-services/mental-health-first-aid/)

October 25-27

October 25-27

October 26-28
Canadian Counselling Psychology Conference, *Advocating for ourselves, advocating for our communities: Canadian counselling psychology into the next decade and beyond*. In Calgary. [http://www.werkund.ucalgary.ca/ccpc](http://www.werkund.ucalgary.ca/ccpc)

October 27

October 29-30 Workshop, Advanced Emotionally Focused Therapy with individuals with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. [http://www.talk-therapy.ca/eft-individuals-adv/]


October 30 Workshop, The therapeutic use of medical cannabis with Mary Lynn Mathre. 8:30 am- 4 pm in Kelowna, BC. https://nursinglinks.ca/info_cannabis.html

October 30 Education Series, Concurrent disorders and treatment considerations with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@ahs.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.


October 30-31 Workshop, Managing anxiety at home and school with Lynn Lyons. 9 am- 4 pm in Calgary. http://www.jackhirose.com/upcoming-workshops/


October 31-November 2 Educator’s Conference, Brain-based learning, behavioural challenges and mental health. 8:30 am- 4 pm daily in Edmonton. http://www.jackhirose.com/workshop/educators-conference-2018/)

October 31-November 2 Canadian Association for Suicide Prevention Conference, Signals of hope in St. John’s Newfoundland. https://www.suicideprevention.ca/


November 1-2 Workshop, The neuropsychology of learning disabilities by Dr Steven Feifer. 9 am- 4 pm in Calgary. http://www.jackhirose.com/upcoming-workshops/


November 2-3 Canadian Sleep Society, Annual Education Meeting in Québec City. https://www.eiseverywhere.com/ehome/cssquebec2018/

November 5
Workshop, *Compassion fatigue* with Dr Eric Gentry. 9 am- 4 pm in Edmonton.
http://www.jackhirose.com/upcoming-workshops/

November 5
Workshop, *Legal issues in nursing* by Chris Rokosh. 8:30 am- 4 pm in Calgary. **November 6** in Edmonton.
https://www.nursinglinks.ca/info_legal.html

November 5
https://muslimlink.ca/events/toronto/event/2941-

November 5
8th Biennial Edmonton Zone Nursing Research Day, *Advancing practice, Enhancing care*. 8 am- 4:30 pm at Royal Alexandra Hospital, Edmonton.

November 5
Live Webinar, *Anxiety- Practical intervention strategies* with John Koop Harder. 12- 1 pm. ($32)
https://ca.ctrinstitute.com/workshops/anxiety-live-webinar11-5/

November 5
Online Workshop, *Helping children through divorce and separation* with Tammy Schamuhn. 7:30- 9 pm. ($70)
https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_fall_2018

November 5- 9
Patient and Family Centred Care Week *Care is a family affair*
https://insite.albertahealthservices.ca/qhi/Page13008.aspx

November 6
Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 6- 7
Workshop, *Trauma competency training* with Dr Eric Gentry. 9 am- 4 pm in Edmonton.
http://www.jackhirose.com/upcoming-workshops/

November 6- 9
*Theraplay Level One Training with MIM* by Dr Evangeline Munns. 8:30 am- 5 pm daily in Calgary. ($975)
office@betuned.ca 403-969-5026

November 6
Education Series, *Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 9 am- 12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 7
QHI Webinar Series, *Care is a family affair*. 12- 1 pm. Register at MyLearningLink or email gpse@ahs.ca

November 7
7th Annual Pain Awareness Education Day. 8 am- 4:30 pm in Calgary. Topics include; ‘Cannabis Update’ and ‘Opioid Crisis Update’. https://www.eventbrite.ca/e/7th-annual-pain-awareness-education-day-tickets-43260342850

November 7, 14 & 21
Institute of Child Psychology Online Course, *Childhood ADHD: From struggling to thriving*. 7- 9 pm. ($140)
https://instituteofchildpsychology.com/services/workshop_detail/adhd_november_online

November 7- 8
Cognitive Workshop, *Anxiety Disorders* with Dr Christine Padesky in Vancouver.
https://www.cognitiveworkshops.com/

November 7- 9

November 8
Education Series, *Building better mental health and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 8- 9
Workshop, *Advanced Mindfulness training* with Donald Altman. 9 am- 4 pm in Calgary.
November 8-11
The Society for the Scientific Study of Sexuality Annual Meeting in Montréal. [http://www.sexscience.org/events](http://www.sexscience.org/events)

November 9-11
14th Annual Canadian ADHD Resource Alliance (CADDRA) Conference and Research Day in Calgary.
[https://caddra.societyconference.com/v2/](https://caddra.societyconference.com/v2/) amanda.edwards@caddra.ca

November 12-13
Gottman Level 1 Training, Gottman couples therapy in Calgary.
[http://bestmarriages.ca/events/gottman-level-1-calgary-ab/](http://bestmarriages.ca/events/gottman-level-1-calgary-ab/)

November 12-15
Workshop, Emotionally Focused Therapy (EFT) externship with Dr Veronica Kallos-Lilly. 9 am- 5pm daily in Calgary.
[http://www.talk-therapy.ca/eft-externship/](http://www.talk-therapy.ca/eft-externship/)

November 12-18
National Addiction Awareness Week Words matter.

November 13
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am- 4:30 pm in Edmonton.
Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 13
University of Calgary Grand Rounds, Fitness to stand trial by Dr David Tano. 12-1 pm in Calgary and by telehealth.

November 14-16
Gottman Level 2 Training, Gottman couples therapy in Calgary.
[http://bestmarriages.ca/events/gottman-level-2-calgary-ab/](http://bestmarriages.ca/events/gottman-level-2-calgary-ab/)

November 15
Online Course, Childhood trauma: Finding a way through with Tammy Schamuhn. 7:30-9 pm ($140)
[https://instituteofchildpsychology.com/services/workshop_detail/trauma_online_fall_2018](https://instituteofchildpsychology.com/services/workshop_detail/trauma_online_fall_2018)

November 16
35th Annual Feldman Lecture with Dr Laurence Kirmayer (McGill University). 7:30 am-3 pm in the Auditorium, Grey Nuns Community Hospital, Edmonton. Topics include, ‘Visioning psychiatry: Integrating culture and context in theory/practice’, ‘Cultural safety and cultural competence’; and ‘Cultural based mental health promotion for Indigenous youth’.
[https://www.feldmanlecture.ca/](https://www.feldmanlecture.ca/)

November 16
PAA Workshop, Assessments for psychotherapists: (Almost) everything you need to know! by Dr Jamie Dyce.
[http://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=70](http://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=70)

November 16
Live Webinar, Harm reduction- A framework for choice, change and control with John Koop Harder. 12-1 pm. ($32)

November 16-18
Canadian Federation of Clinical Hypnosis, Introductory Workshop, Basic clinical hypnosis training in Sherwood Park. Call 800 386-7230

November 19
CAOT Workshop, Integrating Cognitive Behavioural Therapy into your Occupational Therapy practice with Gord Hirano. 8 am- 4 pm in Calgary.

November 20
Live Webinar, Workplace sexual harassment- Why it happens and how to prevent it with Heidi Grieser. 8 am-3 pm. ($65)

November 20
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young. 9 am- 4:30 pm in Edmonton.
Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 20
University of Calgary Grand Rounds, Street drugs with Detective Collin Harris. 12- 1 pm in Calgary and by telehealth.
November 21
Live Webinar, Cognitive Behavioural Therapy - Tools for thinking differently with Tricia Klassen. 12-1 pm ($32) [https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-live-webinar11-21/]

November 21
Education Series, Harm reduction - A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 22

November 22-23
Basic Workshop, Mental Health First Aid. 9 am-4:30 pm in Edmonton. ($185) [https://edmonton.cmha.ca/programs-services/mental-health-first-aid/]

November 23

November 24

November 26

November 26
Workshop, Mood and mental disorders update with Dr Roger McIntyre. 8:30 am-4 pm in Calgary. In Edmonton on November 27. [http://www.execulinks.net/frameset_workshops.html]

November 26-27
Canadian Mental Health Summit, Advanced Interventions and strategies for frontline professionals. In Richmond, BC. [http://www.jackhirose.com/Upcoming_Workshops/]

November 27

November 27
Nursing Workshop, Interpretation of lab tests by Barb Bancroft. 8:30 am-4 pm in Red Deer. [https://www.nursinglinks.ca/info_lab_tests.html]

November 27

November 27-28
Workshop, Acceptance and Commitment Therapy with Dr John Forsyth. In Edmonton. [http://www.jackhirose.com/Upcoming_Workshops/]

November 28
Education Series, Tobacco: How to support your clients in making a change with Kari Jesswein and Jennifer Polland. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 28
Live Webinar, Sexual harassment - Why it happens and how to prevent it with Heidi Grieser. 12-1 pm ($32) [https://ca.achievecentre.com/workshops/workplace-sexual-harassment-live-webinar11-28/]

November 28-29
November 28 and December 5 & 19
Online Course, Childhood anger: Working through tempers with Tania Johnson. 7- 9 pm. ($140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_online_december

November 29
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 29- 30

November 30
Live Webinar, Self-Injury behaviour in youth- Strategies for helping with Kimberly Enns. 12- 1 pm ($32)

November 30
PAA Workshop, What every psychologist should know about forensic practice with Dr Roy Frenzel. 9 am- 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=77

November 30
Opioid Dependency Treatment, Virtual Learning Sessions, How do I treat my patient who has a concurrent disorder and Opioid Use Disorder? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

December 4
Education Series, Suicide prevention is everybody's business with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 4
University of Calgary Grand Rounds, Psychiatric aspects of Eating Disorders with Dr David Terrif, Dr Monique Jericho and Dr April Elliott. 12- 1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-11-20/grand-rounds-talk-street-drugs-detective-collin-harris

December 6
Workshop, Vicarious trauma- Strategies for resilience with Danielle Forth. 9 am- 4 pm in Edmonton.
https://ca.ctrinstitute.com/workshops/vicarious-trauma-edmonton12-4/#tickets

December 6
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 7
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 10- 11
Workshop, Mindfulness counselling strategies- Activating compassion and regulation with Danielle Forth. 9 am- 4 pm in Edmonton. https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-activating-edmonton12-10/#tickets

December 11
Lecture, Hope and compassion: The keys to treating mental health patients and families with Martha Browning and Glenn Kopelson. 12- 1 pm at the Kaye Edmonton Clinic. RSVP to Joelle.fawcett-arsenault@ahs.ca Hosted by the Beryl Institute.

December 11
Live Webinar, Mindfulness- Overview and awareness with Vicki Enns. 12- 1 pm. ($32)
https://ca.ctrinstitute.com/workshops/mindfulness-live-webinar12-11/

December 13
Education Series, Building better mental health and emotional wellness with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.
October, 2018

Learning Events

December 14
Opioid Dependency Treatment, Virtual Learning Sessions, *What if my patient is pregnant?*
9 am - 12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca](https://ischeduler.albertahealthservices.ca) More information at concurrent.disorders@ahs.ca

December 18
Live Webinar, *Vicarious trauma- Strategies for resilience* with Vicki Enns 12- 1 pm. ($32)
[https://ca.ctrinstitute.com/workshops/vicarious-trauma-live-webinar12-18/](https://ca.ctrinstitute.com/workshops/vicarious-trauma-live-webinar12-18/)

January
Heathy Minds/Healthy Children Online Professional Development, 1) Opioids, naloxone kits and 2) Threat assessment for targeted violence in youth. (Free and CME accreditation available) Call 403-955-4642
hmhc@ahs.ca [http://www.albertahealthservices.ca/info/Page4723.aspx](http://www.albertahealthservices.ca/info/Page4723.aspx)  

January 11 - March 8
PAA Workshop Series, *Walking the talk on self-care: Understanding compassion fatigue* with Dr Easter Yassa. 12- 1:30 pm each Friday.
[http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=78](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=78)

January 18
PAA Workshop, *Trauma and PTSD in the First Responder population* with Dr Megan McElheran. 10:30 am– 4:30 pm in Edmonton.
[http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=69](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=69)

January 18
Opioid Dependency Treatment, Virtual Learning Sessions, *How do I help my patient get off opioids?*
9 am- 12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca](https://ischeduler.albertahealthservices.ca) More information at concurrent.disorders@ahs.ca

January 18
[http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=76](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=76)

January 21

January 24
Dr Roger Bland Lecture Series on Children’s Mental Health, *Transition from adolescent to adult mental health* with Dr lan Manion. 6- 8 pm in the McCauley Chambers, Edmonton.

January 28- 30
North American Cannabis Summit, *An objective forum to address public health, science and health equity.* In Los Angeles, USA. (Sponsored by CCSA).
[http://northamericancannabissummit.org/](http://northamericancannabissummit.org/)

February
Healthy Minds/Healthy Children Online Professional Development, 1) ACE Score: *What do we do with it? and Concussions, Post Concussion Syndrome and mental health in children and youth* (Free and CME accreditation available) Call 403-955-4642
hmhc@ahs.ca [http://www.albertahealthservices.ca/info/Page4723.aspx](http://www.albertahealthservices.ca/info/Page4723.aspx)

February 6 and 13
Online Workshop, *The impact of technology on children and youth.* 7- 9 pm. ($100)

February 7, 13, 21 and 28
Online Course, *Relationship based discipline: Raising resilient children with Tammy Schamuhn.* 7- 9 pm. ($140)
[https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_spring_2019](https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_spring_2019)

February 13 - 15
Advanced Training Workshop, *Collaborative and proactive solutions: Understanding and helping behaviourly challenged kids with Dr Ross Greene.* In Nanaimo, BC.
[http://www.4children.ca/workshops.html](http://www.4children.ca/workshops.html)

February 15
Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my adolescent or senior patient with Opioid Use Disorder* 9 am- 12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca](https://ischeduler.albertahealthservices.ca) More information at concurrent.disorders@ahs.ca

February 20, 27 and March 6
Online Course, *Childhood ADHD: From struggling to thriving.* 7- 9 pm ($140)
[https://instituteofchildpsychology.com/services/workshop_detail/anger_feb_online](https://instituteofchildpsychology.com/services/workshop_detail/anger_feb_online)
March
Healthy Minds/Healthy Children Online Professional Development, 1) The gut-brain connection: Obesity, inflammation, microbiome and mental illness and 2) Youth sexual assault/abuse: Understanding the impact on the youth survivor and the helper. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca http://www.albertahealthservices.ca/info/Page4723.aspx

March 6
Online Workshop, The power of play: Fostering resiliency in children. 7:30- 9 pm. ($35)

March 6- 9
8th International Conference on Fetal Alcohol Spectrum Disorder, Research, results and relevance: Integrating research, policy and promising practices around the world. In Vancouver.
http://interprofessional.ubc.ca/initiatives/fasd2019/

March 13, 20 and 27
Online Course, Childhood anger: Working through tantrums. 7- 9 pm. ($140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_2019_online

March 13- March 15
Counselling Insights Conference in Calgary. 9 am- 4 pm daily. In Calgary.
https://ca.crinstitute.com/workshops/counselling-insights-conference-march2019/#tickets

March 15
Opioid Dependency Treatment, Virtual Learning Sessions, Why do I have to be aware of cultural diversity when treating my clients? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

March 18- 20
16th Medical Cognitive Behavioural Therapy training with Dr Greg Dubord in Whistler, BC. ($895)
http://cbt.ca/locations/cbt-whistler-winter/

April
Healthy Minds/Healthy Children Online Professional Development, 1) The healing value of relationship with self and others and 2) Youth sexual assault/abuse: Managing the crisis phase. (Free and CME accreditation available) Call 403-955-4642 hmhc@ahs.ca http://www.albertahealthservices.ca/info/Page4723.aspx

April 12
Opioid Dependency Treatment, Virtual Learning Sessions, How do I treat my patient who is going into a corrections centre with OAT? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

May

May 2- 4

May 10- 11
20th Canadian Collaborative Mental Health Care Conference in Richmond, BC. http://www.shared-care.ca/

May 17
Opioid Dependency Treatment, Virtual Learning Sessions, IOAT and SROM 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

June 21
Opioid Dependency Treatment, Virtual Learning Sessions, How do I taper my patient to completion of OAT? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

August 22- 25
Online Learning Resources

☼ Knowledge Resource Service The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. http://krs.libguides.com/mentalhealth

☼ The Cochrane Collaboration provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. http://summaries.cochrane.org/

☼ Alberta Family Wellness Initiative Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification http://www.albertafamilywellness.org/resources/search


☼ Canadian Centre on Substance Abuse (CCSA) Online publications intended to contribute to CCSA’s national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. http://www.ccsa.ca/


☼ McMaster University provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. http://www.healthevidence.org/

☼ Alberta Addiction and Mental Health Research Partnership Program Knowledge Notes are concise summaries of current research in a specific area. http://www.albertahealthservices.ca/research/Page11217.aspx

☼ Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE) http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3

☼ A comprehensive collection of psychiatric rating scales and diagnostic aids from the University of Adelaide http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266

☼ Bridging the Gap is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here: http://www.albertahealthservices.ca/research/Page11236.aspx

☼ The Canadian Agency for Drugs and Technologies in Health (CADTH) provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. https://www.cadth.ca/evidence-bundles/evidence-on-mental-health

☼ Anxiety BC Video library and other emotional regulation education resources including a phone app https://www.anxietybc.com/resources/video


☼ Indigenous Health Program Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. http://www.albertahealthservices.ca/info/page7634.aspx See also the YouTube playlist https://www.youtube.com/playlist?list=PL1tOF15ZoUvse4nEljlWZCVGlzk8U8S-

☼ University of Alberta Grand Rounds The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home

☼ At Home with Eating Disorders Conference Series Recorded expert speaker presentations https://www.youtube.com/playlist?list=PLwAlWzlSIISfB3e6JjzeGDI7XAIcT1LH

☼ iScheduler Online access to all Alberta Health Services Telehealth services. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment. https://ischeduler.albertahealthservices.ca/ischeduler/exceptionalist.asp
Healthy Minds/Healthy Children The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. [http://www.albertahealthservices.ca/4718.asp](http://www.albertahealthservices.ca/4718.asp)

Policy Wise for Children and Families Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. [https://policywise.com/](https://policywise.com/)

Addiction Counselling Webinars The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics [http://www.naadac.org/webinars](http://www.naadac.org/webinars)

TED: How the Mind Works The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. [http://www.ted.com/index.php/themes/view/id/4](http://www.ted.com/index.php/themes/view/id/4)


Community Education Service Free online webinars from presentations at the Alberta Children’s Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. [http://fcrc.albertahealthservices.ca/ces/](http://fcrc.albertahealthservices.ca/ces/)

Alberta Quits Learning materials and videos about tobacco cessation. [https://www.albertaquits.ca/learning/training-videos](https://www.albertaquits.ca/learning/training-videos)

Chronic Disease Management Education for Health Care Providers Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLLS Foundations) [http://cdm.absorbtraining.ca/#/login](http://cdm.absorbtraining.ca/#/login)

Mental Health Commission of Canada (MHCC) Webinars Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. [http://www.mentalhealthcommission.ca/English/webinars](http://www.mentalhealthcommission.ca/English/webinars)

Trauma Informed Care e-Learning Modules Six foundational modules and other resources. [http://www.albertahealthservices.ca/info/page15526.aspx](http://www.albertahealthservices.ca/info/page15526.aspx)

Suicide Prevention, Risk Assessment & Management (SPRAM) Interactive e-Learning series of seven modules to support health practitioners’ competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. [http://www.albertahealthservices.ca/info/Page14579.aspx](http://www.albertahealthservices.ca/info/Page14579.aspx)

Children’s Mental Health Learning Series provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. [http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html](http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html)

Geriatric Grand Rounds with an evidence-based medicine and inter-professional focus [https://sites.google.com/a/ualberta.ca/ggr/](https://sites.google.com/a/ualberta.ca/ggr/)

University of Calgary The Department of Psychiatry calendar of medical rounds, workshops and conferences is at [http://www.ucalgary.ca/psychiatry/calendar/month/2017-11](http://www.ucalgary.ca/psychiatry/calendar/month/2017-11) The Faculty of Social Work Professional Development Program workshops are listed at: [http://www.ucalgary.ca/pd/](http://www.ucalgary.ca/pd/)


TRIP (Turning Research Into Practice) Clinical search engine designed to allow users to easily find research articles to support practice. [https://www.tripdatabase.com/](https://www.tripdatabase.com/)

RNAO Mental Health and Addiction Initiative Nursing best practice guidelines, education modules and many other resources. [http://rnao.ca/bpg/initiatives/mhainitiatve](http://rnao.ca/bpg/initiatives/mhainitiatve)

The Online Addiction Medicine Diploma is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. [http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/](http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/)

Mental Health First Aid The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. [http://www.mentalhealthfirstaid.ca/en/course-info/courses](http://www.mentalhealthfirstaid.ca/en/course-info/courses)

International Nurses Society on Addictions A new forum for Canadian nurses interested in addiction prevention and treatment. [http://intnsacanada.com](http://intnsacanada.com/)

Psyehwire Online courses in CBT, ACT, Mindfulness and DBT [https://psychwire.com/](https://psychwire.com/)
Epidemiological data indicates that the majority of adults with mental illness and/or addiction had identifiable symptoms or traits as children. Current scientific understanding is moving towards describing addiction and mental disorders as early onset, trajectory-based, brain illnesses. The developmental perspective has significant implications for the nature and organization of treatment and service delivery across all age groups.

This free training is available to all non-AHS staff/public through the Primary Health Care Learning Portal https://phc.myabsorb.ca/#/login or External AHS Website https://www.albertahealthservices.ca/info/Page15972.aspx AHS staff can take the courses through MyLearningLink https://insite.albertahealthservices.ca/hr/Page1881.aspx (Search for ‘Developmental Pathways’ and the entire series will be displayed). Each module is about 2 hours and CME accreditation is available.

The series was developed by the Edmonton Zone, Addiction and Mental Health, Clinical Educators with support from the federal Drug Treatment Funding Program and AHS Child, Youth and Families Initiatives.

The Professional Development Fund for Alberta Health Services staff is now open. Funding on a ‘first come, first served’ basis is available for post-secondary education, attending conferences and workshops, and hosting your own group learning events. https://insite.albertahealthservices.ca/hr/Page2239.aspx

AHS Updates about cannabis are at: https://insite.albertahealthservices.ca/can/Page18679.aspx (internal site) or https://www.albertahealthservices.ca/info/Page15989.aspx (external site)

Other online training webinars:
- Impairment and cannabis in the workplace from the Canadian Centre for Occupational Health and Safety. https://www.ccohs.ca/products/courses/impairment/

Save the Dates

CASA presents The Dr. Roger Bland Lecture Series on Improving Children’s Mental Health

Session 1: September 20, 2018
Session 2: October 18, 2018
Session 3: November 22, 2018
Time: 6 to 8 pm Location: McCauley Chambers

Register: CASA@casaservices.org Info: info@casa@casaservices.org