Addiction and Mental Health Learning Events

October

Healthy Minds, Healthy Children, Free, accredited, online courses. *Gaming addiction and Understanding Autism and ADHD to promote long term success.*  [https://www.albertahealthservices.ca/info/page4723.aspx](https://www.albertahealthservices.ca/info/page4723.aspx)

**October 1**

Workshop, *A clinical look at supplements and alternative therapies* with Barb Bancroft. 8:30 am-4 pm in Calgary. [https://www.nursinglinks.ca/frameset_workshops.html](https://www.nursinglinks.ca/frameset_workshops.html)

**October 1**

Education Series, *Addiction and relapse prevention* with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**October 1**

University of Calgary, Grand Rounds, *The ABCs of THC and CBD* with Dr Ric Procyshyn. 12-1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/newsevents/calendar#view/event/event_id/967](https://cumming.ucalgary.ca/departments/psychiatry/newsevents/calendar#view/event/event_id/967)

**October 1**

University of Alberta Grand Rounds, *Picking, ticking and not letting go: OCD related disorders* by Dr Lorne Warneke. 12-1 pm in the Shaw Auditorium, University of Alberta Hospital. [https://www.ualberta.ca/medicine/events/psychiatryadultgrandrounds/4f89g3fhcugp7m54gq25ts7o9tm](https://www.ualberta.ca/medicine/events/psychiatryadultgrandrounds/4f89g3fhcugp7m54gq25ts7o9tm)

**October 2-3**


**October 2-4**

Dignity Therapy Workshop with Dr Harvey Chochinov in Winnipeg. [https://www.eventbrite.ca/e/dignity-therapy-training-workshop-2019-registration-58027010350](https://www.eventbrite.ca/e/dignity-therapy-training-workshop-2019-registration-58027010350)

**October 3**


**October 3**

Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am-4 pm in Edmonton. **October 17** in Calgary. [https://www.nursinglinks.ca/info_geriatric.html](https://www.nursinglinks.ca/info_geriatric.html)

**October 3**

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**October 3-5**


**October 3-5**


**October 3-5**


**October 4-5**


**October 4-5**

October 4-6
Eating Disorders and Body Image Online Conference, Body peace: Lived experience is evidence too.
https://livingbodybrave.com/bodypeace-home

October 5
Workshop, Trance and trauma: Hypnosis skills for adaptive responses, safe relationships, co-creating resilience with Dr Julie Linden. 9 am- 4:30 pm in Vancouver. https://hypnosis.bc.ca/training/upcoming-workshops/trance-and-trauma/

October 7
Workshop, Emotional regulation with Dr Dawn McBride. 9 am- 4 pm in Prince Albert, Saskatchewan. https://www.dawn-mcbride.com/events/emotional-regulation-workshop-4

October 7-11

October 7-11

October 7-12 Mental Illness Awareness Week  https://www.camimh.ca/mental-illness-awareness-week/about-miaw/

October 7-12
Five Day Professional Training, Mindfulness-Based Cognitive Therapy (MBCT) with Dr Mark Lau and Dr Andrea Grabovac. On Cortes Island, BC. https://hollyhock.ca/p/178/mindfulness-based-cognitive-therapy-mbct-5-day-professional-training/

October 8
CATRI Workshop, Vicarious trauma- Strategies for resilience. 9 am- 4 pm with Danielle Forth in Edmonton. https://ca.ctrinstitute.com/workshops/vicarious-trauma-strategies-for-resilience-edmonton-oct-8-2019/#tickets


October 8
Workshop, Evidence-based strategies for writing with Dr Karen Schriver. 8:30 am- 3 pm in Edmonton. ($300) https://www.ualberta.ca/medicine/programs/lifelong-learning/l3-lecture-and-workshop-series/upcoming-workshops

October 8
University of Calgary, Grand Rounds, Contemporary ethics issues in Psychiatry with Dr Helgi Eyford and Susan Herman. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/968

October 8
Werkland School of Education, Satellite Event, Families in Canada with Dr Sheila MacDonald, Dr Suzanne Tough, Dr Sheri Madigan, Elizabeth Keys, Dr Carla Ginn, and Dr Kelly Dean Schwartz. In Calgary.
https://familiesincanada.ca/calgary/

October 8
Education Series, Tobacco- How to support your client in making a change with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 8-11

October 9-10

October 9-11

October 9-12
International Nurses Society on Addictions (IntNSA), 43rd Annual Educational Conference, Substance use across the lifetime in Baltimore, Maryland, USA. https://www.intnsa.org/conference/

October 10
CADTH Online Lecture, Why organizations, researchers, and patients are falling prey to predatory journals by Dr Kelly Cobey. 11:30 am- 12:30 noon by live streaming. (Free) https://cadth.ca/events/why-organizations-researchers-and-patients-are-falling-prey-predatory-journals

October 10-11
Association of Alberta Sexual Assault Services, First responder to sexual assault and abuse. In Lethbridge.

October 15
University of Calgary, Grand Rounds, Sex and gender-based medicine in health care: Proper care or propaganda? with Sofia Ahmed. 12-1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/969

October 15
Workshop, Address workplace bullies, gracefully with Tammy Dunnett. 8:30 am-4 pm in Edmonton. https://tammydunnett.com/nurseminder

October 16
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 16-18
Canadian Association for Suicide Prevention, 30th Annual Conference, Réconciliation - Honouring the other in Edmonton. https://suicideprevention.ca/Annual-Conference

October 17
AHVNA Workshop, Hard times and healing: A resilience framework for domestic violence and Adverse Childhood Experiences (ACES). 8:30 am-4:30 pm in Nisku (Edmonton International Airport) https://www.ahvna.org/index.php?page=events&action=vieweventdetails&event_id=357

October 17-18

October 17-19
Tourette Canada National Conference in Winnipeg https://tourette.ca/ts-conference-2019/

October 17-19

October 18-20

October 18-20
Canadian Association of Marriage and Family Therapy, 1st Annual Conference, Storytelling for healing: Indigenous and narrative perspectives on relationships and family. In Winnipeg, Manitoba. https://camft.ca/events

October 20
University of Calgary, Geriatrics Update, Clinical pearls. 7:30 am-4 pm in Calgary. https://cumming.ucalgary.ca/cme/event/2019-09-20/2019-geriatrics-update-clinical-pearls

October 21

October 21


October 21
Workshop, Psychotherapy at a crossroads: The promise of psychedelics and plant medicines with Dr Gabor Mate and Dr Michael Mithoefer. 9 am-4:40 pm in Toronto. https://leadingedgeseminars.org/event/psychotherapy-at-a-crossroads/

October 21-22
Workshop, Motivational Interviewing: Essential strategies and interventions to motivate clients towards change with Paul Burke. 9 am-4 pm in Edmonton. http://www.jackhirose.com/workshop/interviewing-edmonton/

October 21-23

October 22

October 22
University of Calgary, Grand Rounds, Bill 21: An Act to protect patients with Dr Jeremey Beach. 12-1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/970
October 22
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young.
9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 23
Custody and Caring, 16th Biennial International Conference on the Nurse’s Role in the Criminal Justice System, Social justice in forensic mental health and correctional nursing, In Saskatoon. http://custodyandcaring.usask.ca/

October 23
Education Series, Addiction and mental illness: Concurrent disorders with Laurie Young.
9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 23
Workshop, Management and supervision- The critical skills with Angie Allan. 9 am- 4 pm in Edmonton.

October 23

October 23-24
RMPTI Workshop, Fundamentals and applications of Adlerian Play Therapy by Dr Terry Kottman. In Calgary.

October 23-24
Workshop, Motivational interviewing Level 1 with Donna Kerr. 9 am- 4 pm in Peace River.
https://www.ahvna.org/events/vieweventdetails/352/

October 24
Conference, Self-compassion with Dr Kristin Neff. 9 am- 4:45 pm in Edmonton. ($240) http://www.cast.canada.ca/gt-edmonton-2019-dr-kristin-neff.html

October 24-25
Occupational Therapy Recovery Conference, Do- Live- Well: Mental health promotion principles and tools for practice with Dr Nadine Larivière and Dr Sandra Moll. 8 am-4 pm in the Robbins Learning Centre, Edmonton. Sponsored by the Edmonton Zone Occupational Therapy Practice Council.

October 24-26
Alberta Therapeutic Recreation Symposium, Growing recreation together, at Fairmont Chateau Lake Louise.

October 24-26
Canadian Association on Gerontology, 48th Annual Scientific and Educational Meeting, Navigating the tides of aging together in Moncton, New Brunswick. https://cag2019.ca/

October 24-26

October 24-27

October 25
Psychotherapy Day, Narcissim and its discontents: Diagnostic challenges and treatment strategies with narcissistic patients with Dr Glen Gabbard and Dr Holly Crisp. 9 am- 4:30 pm in Calgary. Sponsored by the Calgary Psychodynamic Psychotherapy Education Foundation.
https://cummings.ucalgary.ca/sites/default/files/teams/31/Psychotherapy%20Day%202019%20Brochure.pdf

October 25

October 25
Workshop, Opioids and marijuana: Managing the nationwide emergency with Dr Hullon. 8:30 am – 3:30 pm. ($109) In Edmonton. http://www.biomedglobal.com/seminars.aspx

October 25-26
Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. https://cagp.wildapricot.org/ASM-2019

October 25-27
40th Annual Canadian Art Therapy Association Conference, Weaving community through creative expression in Calgary. https://www.canadianarttherapy.org/conference/
October 28-29
CMHA Workplace Mental Health Conference, Working stronger. 8 am-4 pm in Edmonton. https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/

October 28-30

October 29
Workshop, Physical assessment pearls with Barb Bancroft. 8:30 am-4 pm in Red Deer. https://www.nursinglinks.ca/info_physical.html

University of Calgary, Grand Rounds, Adult ADHD with Sara Binder. 12-1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar/#view/event/event_id/971

October 30
Education Series, Harm reduction - A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

Workshop, Opioids and marijuana: Managing the nationwide emergency with Dr Hullon. 8:30 am-3:30 pm. ($109) In Edmonton. October 31 in Calgary. http://www.biomedglobal.com/seminars.aspx

Evening Course for Primary Care, Depressed and not responding with Toba Oluboka. 7-9 pm in Calgary. https://cumming.ucalgary.ca/cme/event/2019-10-30/evening-course-depression-and-medication-allergies


Workshop, Working with oppositional, defiant, and anger issues with children and adolescents by Dr Jay Berk. 9 am-4 pm in Lethbridge. http://www.jackhirose.com/workshop/oppositional-lethbridge/

Education Series, Addiction and mental illness: Concurrent disorders with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

Workshop, Motivational interviewing Level 1 with Donna Kerr. 9 am-4 pm in Edmonton. https://www.ahvna.org/events/vieweventdetails/352/

Workshop, Opioids and marijuana: Managing the nationwide emergency with Dr Hullon. 8:30 am–3:30 pm. ($109) In Calgary. http://www.biomedglobal.com/seminars.aspx

November

November 1
Faculty of Social Work Workshop, Inquiry: The heart of mindfulness based programs by Dr Patricia Rockman. 9 am-4 pm in Calgary. https://ucalgary.ca/pd/mindfulinquiry

November 1
Workshop, Mental health issues in the classroom: Practical strategies for helping children and adolescents succeed with Dr Jay Berk. 9 am-4 pm in Lethbridge, http://www.jackhirose.com/workshop/mental-health-lethbridge/

November 1
Workshop, Opioids and marijuana: Managing the nationwide emergency with Dr Hullon. 8:30 am–3:30 pm. ($109) In Calgary. http://www.biomedglobal.com/seminars.aspx

November 1-3

November 1-3
November 1-3

November 4-5

November 4 and 18
University of Calgary, Online Workshop, *Clinical Social Work Supervision* with Dr Jane Matheson. 5:30- 7 pm https://ucalgary.ca/pd/clinicalsupervision2019winter

November 4-6

November 5
University of Calgary, Grand Rounds, rTMS update with Dr Alex McGirr. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event_id/972

November 5
Advanced Workshop, *Beyond the suicide assessment: Helping those who are struggling with chronic suicidal thoughts and urges* by Dr Dawn Lorraine McBride. 8:30 am- 4 pm in Lethbridge. https://www.dawn-mcbride.com/workshops

November 5-6

November 6

November 6
Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 6-9

November 6-9

November 7

November 7-12

November 8
PAA Workshop, *General assessments for Counselling Psychologists* by Dr Jamie Dyce. 9 am- 4:30 pm in Calgary https://psychologistsassociation.ab.ca/professional-development/paa-events-webinars/

November 8

November 12
University of Calgary, Grand Rounds, OCD: *Developing a road map to improve care* with Dr Peggy Richter. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event_id/972

November 13

November 14
November 14-15  
19th Annual Diverse Voices Conference, Together we make a difference. In Edmonton.  [https://diverse-voices.com/](https://diverse-voices.com/)  
November 13 is a pre-conference day on Elder abuse.

November 14-15  
Two Day Intensive, Trauma and attachment across the lifespan with Dr Eboni Webb. 9 am-4 pm daily in Victoria, BC. [http://www.jackhirose.com/workshop/trauma-and-attachment-2/](http://www.jackhirose.com/workshop/trauma-and-attachment-2/)

November 15  
8th Annual Evening to Remember, Honouring lives lost to suicide. 7 pm at Lister Centre, University of Alberta, Edmonton. [https://www.eventbrite.ca/e/8th-annual-evening-to-remember-tickets-59406605757?aff=ebdssbestsearch](https://www.eventbrite.ca/e/8th-annual-evening-to-remember-tickets-59406605757?aff=ebdssbestsearch)

November 16  

November 18  
CTRI Workshop, Critical Incident group debriefing with Dr Jennifer Short. 9 am-4 pm in Edmonton.  

November 18-20  
Gottman Level 1 Training in Calgary [https://bestmarriages.ca/events/gottman-level-1-calgary-ab-november2019/](https://bestmarriages.ca/events/gottman-level-1-calgary-ab-november2019/)

November 18-22  
Intensive Sex Therapy Training Program with Dr Markie Twist. 8 am–5 pm daily in Guelph, Ontario.  
[https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003](https://courses.opened.uoguelph.ca/search/publicCourseSearchDetails.do?method=load&courseId=2451003)

November 19  
University of Calgary, Grand Rounds, Clozapine in the era of atypical antipsychotics with Dr Howard Margolese.  12-1 pm in Calgary and by telehealth.  
[https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!/view/event/event_id/974](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!/view/event/event_id/974)

November 19  
Education Series, Addiction and relapse prevention with Laurie Young. 9 am-4:30 pm in Edmonton.  
Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 19-20  
Workshop, Post-traumatic growth: Leading clients on a journey of resilience and healing with Lisa Ferenztz. 9 am-4 pm in Edmonton.  

November 20-22  
Alternative Dispute Resolution of Canada, National Conference, Realizing ADR’s full value in Victoria, BC.  

November 20-22  
Gottman Level II Training in Calgary [https://bestmarriages.ca/events/gottman-level-2-calgary-ab-3/](https://bestmarriages.ca/events/gottman-level-2-calgary-ab-3/)

November 20-22  
The Canadian Mental Health Summit, Advanced interventions and strategies for frontline professionals. In Calgary.  

November 21  
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am-4 pm in Edmonton.  
Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 21-22  
Workshop, Motivational interviewing Level 1 with Donna Kerr. 9 am-4 pm in Edmonton.  
[https://www.ahvna.org/events/vieweventdetails/352/](https://www.ahvna.org/events/vieweventdetails/352/)

November 21-22  
Humane Canada, Canadian Violence Link Conference, Making the link between violence against people and animals. In Toronto.  
[https://clc.humanecanada.ca/](https://clc.humanecanada.ca/)

November 21, 28, December 5 and 12  
Online Workshop, Cognitive Behavioural Therapy: Level 1 for Occupational Therapy with Gord Hirano. Four sessions from 6-8 pm.  

November 22  
PAA Workshop, Family Restructuring Therapy with Dr Stephen Carter. 9 am-4:30 pm in Edmonton.  
[https://psychologistsassociation.ab.ca/professional-development/paa-events-webinars/](https://psychologistsassociation.ab.ca/professional-development/paa-events-webinars/)

November 22-23  
Workshop, Psycho-sensory Intervention: Informed and integrated mental health support for the treatment of trauma with Kim Barthel. 8 am-4:30 pm in Calgary.  

November 22-23  
[https://www.childdevelopmentupdate.com/](https://www.childdevelopmentupdate.com/)

November 25-26
Workshop, *Decoding Autism* with Kim Barthel. 9 am-4 pm daily in Sidney, BC. (Vancouver Island) [https://www.kimbarthel.ca/event/2019/11/25/decoding-autism]

November 25-27

November 25-27
Canadian Centre on Substance Abuse and Addiction, *Issues of substance Conference, Evidence and perspectives: Compassion and action*. In Ottawa, [https://issuesofsubstance.ca/]

November 25-29

November 26
University of Calgary, Grand Rounds, *Managing agitation in neurocognitive disorders* with Dr Zahinoor Ismail. 12-1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/975]

November 26
Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 27-30
Somatic Experiencing Edmonton, *Training for helping professionals: Beginning I*. In Edmonton. [https://www.setrainingedmonton.com/registration]

November 28
Workshop, *Documentation is your best defense* with Chris Rokosh. 8:30 am-4 pm in Edmonton. [November 25 in Calgary: https://www.connectmtx.com/connect-to-education/documentation-course]

November 28-29
Workshop, *How to treat depression: A CBT-based perspective* with Dr Randy Paterson. 9 am-4 pm in Richmond, BC. [http://www.jackhirose.com/workshop/cbt-richmond-2/]

November 21-22
Workshop, *Motivational interviewing Level 1* with Donna Kerr. 9 am-4 pm in Calgary. [https://www.ahvna.org/events/vieweventdetails/352/]

November 29
University of Calgary, Psychiatry Quarterly Update, *Women’s Mental Health Day*. 9 am-12 noon in Calgary. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/3128]

November 30

December 2-3

December 2-4

December 3
University of Calgary, Grand Rounds, *Pharmacogenetics in Psychiatry: An update* with Dr Chad Bousman. 12-1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/976]

December 3
Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 3
Workshop, *Liver logic* with Barb Bancroft. 8:30 am-4 pm in Edmonton. [December 2 in Calgary](https://www.nursinglinks.ca/info_liver.html)
December 4-6

December 5-6
Skills Practice Workshop, Strengthening executive skills to promote school success with Dr Peg Dawson. 9 am- 4 pm in Calgary. http://www.jackhirose.com/workshop/smart-scattered-4/

December 6
Education Series, Addiction and mental illness: Concurrent disorders with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 10
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 11
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 11-12
Workshop, Motivational interviewing Level 2 with Donna Kerr. 9 am- 4 pm in Edmonton. https://www.ahvna.org/events/vieweventdetails/352/

December 12
Education Series, Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 16

December 17
University of Calgary, Grand Rounds, Kolabo with Dr Rachel Grimmink, Dr Kimberly Williams, Dr Jaylynn Arcand, Dr May Shen and Dr Jian Choo. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/978

2020

January

January 6- March 29

January 16-17
PAA Workshop, Critical factors in completing parenting assessments by Dr Ann Marie Dewhurst. 9 am- 4 :30 pm in Edmonton. https://psychologistsassociation.ab.ca/event-details/?id=106

January 30
CBT Canada Workshop, Introduction to medical CBT with Dr Greg Dubord. 9 am- 4:30 pm in Lethbridge http://cbt.ca/uni/calgary/

February

February 5- April 20

February 7

February 17- March 27
February 17 - March 27
Online Course, Counselling techniques in addiction practice with Lorral Deline. ($330)
https://www.wlu.ca/professional-development/fsaw-professional-development/certificates/addictions-certificate.html

March

March 3 - 6

March 5 - 8
Somatic Experiencing Edmonton, Training for helping professionals: Beginning II. In Edmonton. https://www.setrainingedmonton.com/registration

March 9 - April 17
Online Course, Addiction and the family with Sylvie Smith ($330) https://wlu.ca/professional-development/fsaw-professional-development/certificates/addictions-certificate.html

March 12- 13
Workshop, Grief Therapy as meaning reconstruction: Creative practices for counselling the bereaved with Dr Robert Neimeyer. 9 am- 4 pm in the Fantasyland Hotel, Edmonton. https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467810&parentSite=FSW

March 12- 14
CAOT Workshop, Fundamentals of anxiety interventions: Assertiveness training, relaxation skills training and exposure therapy with Dr Randy Paterson. 8 am- 4 pm in Calgary. https://caot.ca/viewEvent.html?no_header=true&productid=10394

March 19
PAA Workshop, Developing your personalized approach to clinical supervision: The Contextual-Relational Meta-Framework with Dr Jeff Chang. 9 am- 4:30 pm in Calgary. https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=105

March 19- 22

March 26- 28

March 26- 28

March 27
PAA Workshop, General assessments for Counselling Psychologists with Dr Jamie Dyce. In Edmonton. https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=114

March 30- May 8
Online Course, Trauma and addiction with Ian Robertson and Michelle Graham. ($330) https://www.wlu.ca/professional-development/fsaw-professional-development/certificates/addictions-certificate.html

March 30- May 8

April
Healthy Minds, Healthy Children, Monthly free and accredited online courses. The transgender person as an individual: No one size fits all and Supporting youth with severe ASD who are nonverbal. https://www.albertahealthservices.ca/info/page4723.aspx

April 2 - May 12
University of Calgary, Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals with Dr Deborah Dobson. 30 hours of practice and skill based training in Edmonton and online. https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937

April 10
PAA Workshop, Trauma and PTSD in first responder populations with Dr Megan McElheran. 9 am- 4:30 pm in Calgary. https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=103

April 17
PAA Workshop, What every Psychologist should know about forensic practice with Dr Roy Frenzel. 9 am- 4:30 pm in Calgary. https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=112

April 19- 22
April 22
9th International Conference on Adolescents and Adults with FASD, Review, respond and relate: Integrating research, policy and practice around the world. In Vancouver. https://interprofessional.ubc.ca/initiatives/fasd2020/

April 24- 26

April 29- May 1

April 30- May 1

May
Healthy Minds, Healthy Children, Monthly free and accredited online courses. The gut-brain connection, part 2: The microbiome and early child/brain development, food intolerances, antibiotics, antacids and how a healthy diet can help and Helping youth bounce back from stress Part 2: Strategies to promote resiliency. https://www.albertahealthservices.ca/info/page4723.aspx

May 2
PAA Workshop, Competency-based clinical supervision: An experiential approach by Dr Carol Falender. 9 am- 4 pm in Edmonton. https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=117

May 7- 10

May 8
PAA Workshop, Understanding, evaluating and treating Autism Spectrum Disorders: New data and new ideas with Dr Sam Goldstein. 9 am- 4:30 pm in Edmonton. https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=115

May 28- 30

May 30
Workshop, Hoarding: Assessment and intervention for Occupational Therapists. 8 am- 4 pm in Calgary. https://caot.ca/viewEvent.html?no_header=true&productId=10336

May 31- June 3

June 18- 19
Workshop, Occupation and trauma: Expanding Occupational Therapy practice with Megan Edgelow and Dr Heidi Cramm. 8 am- 4 pm in Vancouver. https://caot.ca/viewEvent.html?no_header=true&productId=10345

June 18- 21
Somatic Experiencing Edmonton, Training for helping professionals: Beginning III. In Edmonton. https://www.setrainingedmonton.com/registration

June 25- 26
Workshop, Cognitive Behavioural Therapy: Level 2 for Occupational Therapy with Gord Hirano. 8 am- 4 pm in Edmonton. https://caot.ca/viewEvent.html?no_header=true&productId=10373

July 15- 17
CBT Canada Workshop, Introduction to medical CBT with Dr Greg Dubord. 8 am- noon daily in Banff http://cbt.ca/locations/cbt-banff/

July 15- 18

July 16- 17

September 24- November 10
University of Calgary, Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals with Dr Deborah Dobson. 30 hours of practice and skill based training in Calgary and online. https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937

October 14- 17

Note: The Cognition is no longer posted on Insite. Subscription requests, updates and new events can be sent to Daniel.scott@ahs.ca
Online Learning Resources

Knowledge Resource Service  The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. https://krs.libguides.com/mentalhealth

The Cochrane Collaboration  provides a systematic review of healthcare treatment and promotes the search for evidence in the form of clinical trials and other treatment studies. http://summaries.cochrane.org/

Alberta Family Wellness Initiative  Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification http://www.albertafamilywellness.org/resources/search

The Canadian Centre on Substance Abuse (CCSA)  Online publications intended to contribute to CCSA’s national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. http://www.ccsa.ca/


McMaster University  provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. http://www.health-evidence.org/

Alberta Addiction and Mental Health Research Partnership Program  Knowledge Notes are concise summaries of current research in a specific area. https://www.albertahealthservices.ca/info/Page11244.aspx

Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE)  http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3

A comprehensive collection of psychiatric rating scales and diagnostic aids from the University of Adelaide https://libguides.adelaide.edu.au/psychiatry/rating_scales

Bridging the Gap  is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: http://www.albertahealthservices.ca/research/Page11235.aspx

The Canadian Agency for Drugs and Technologies in Health (CADTH) provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. https://www.cadth.ca/evidence-bundles/evidence-on-mental-health


The University of Alberta Grand Rounds  The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home

At Home with Eating Disorders Conference Series  Recorded expert speaker presentations https://www.youtube.com/channel/UCHJ_kGWdRrTzW2aqo0frNzw

Canadian Centre on Substance Abuse (CCSA)  Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. http://www.ccsa.ca/

University of Alberta Grand Rounds  The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home


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Developmental Pathways of Addiction and Mental Health  11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal https://phc.myabsorb.ca/#/login or the External AHS Website https://www.albertahealthservices.ca/info/Page15972.aspx

National Education Alliance for Borderline Personality Disorder  Resources include a free online course, podcasts, media library, family education materials, and more. https://www.borderlinepersonalitydisorder.com/professionals/

Healthy Minds/Healthy Children  The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. http://www.albertahealthservices.ca/4718.asp

Policy Wise for Children and Families  Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. https://policywise.com/

Addiction Counselling  Webinars  The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics http://www.naaddac.org/webinars

TED: How the Mind Works  The world’s most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. http://www.ted.com/index.php/themes/view/id/4