The Professional Development Fund for Alberta Health Services staff is now open. Funding on a “first come, first served” basis is available for post-secondary education, attending conferences and workshops, and hosting your own group learning events. [Link to information]

September 5
University of Alberta Adult Psychiatry Grand Rounds. 12-1 pm. Available by telehealth on iScheduler. [Link to schedule]

September 5 - October 3
Online Training, Introduction to Solution Focused Strategies ($195) [Link to registration]

September 6
University of Alberta Child and Adolescent Psychiatry Grand Rounds. 9-10 am. Presented at the Glenrose Rehabilitation Hospital and by telehealth on iScheduler. [Link to schedule]

September 6 - 7
Recovery Capital Conference of Canada, Stronger connections= Stronger communities in New Westminster, BC. [Link to conference]

September 10
World Suicide Prevention Day  Take a minute, change a life [Link to website]

September 10
Workshop, Culture and cultural competency: 9 am- 4:30 pm in Room 207, Northgate Public Health Centre, Edmonton. [Contact information]

September 11
University of Calgary Grand Rounds, Inflammation and autoimmunity in Schizophrenia Spectrum Disorder with Dr Mark Colijn and Dr Zahinoor Ismail. 12-1 pm in Calgary and by telehealth. [Link to event]

September 11 - October 16
Webinar series every Tuesday, The evidence-based and individualized treatment of depression with Dr Randy Patterson. [Link to webinars]

September 12
Canadian Nurses Protective Society Webinar, Legal risks for nurses practicing in mental health environments with Tim Langlois. 10-11 am. [Link to webinar]

September 12
University of Alberta Adult Psychiatry Grand Rounds. 12-1 pm. Available by telehealth on iScheduler.. [Link to schedule]

September 12, 19 and 26
Online Course, Childhood ADHD: From struggling to thriving with Tania Johnson. 7-9 pm. ($140) [Link to course]

September 13
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

September 13
Canadian Nurses Protective Society Webinar, Legal risks for new grads with Elaine Borg. 10-11 am. [Link to webinar]
September 13-16
Workshop, Intensive training in prolonged exposure for PTSD. 8:30 am-5 pm daily in Calgary. ($1500)
Contact Dr Megan McElheran 403-850-6711  megan.mcelheran@wgmpsych.com

September 16-18
https://uottawacp.eventair.com/QuickEventWebsitePortal/cacap2018/abstracts

September 17-18
Working Stronger Workplace Mental Health Conference. 8 am-4 pm in Edmonton. Hosted by CMHA
https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/

September 18
Education Series, Understanding substance use and addiction and intervention strategies with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

September 18
Institute of Child Psychology Presentation, Simplifying: Connecting to calm with Tammy Schamuhn. 7-9 pm ($35) https://instituteofchildpsychology.com/services/workshop_detail/simplifying_fall_2018

September 18
Beryl Institute Webinar, Creating a culture of caring with Dr Rana Awdish. 12-1 pm.
http://media.campaigner.com/media/57/579475/EZ%20News%202018/July%2030%202018/CreatingACultureOfCaring.png  RSVP to joelle.fawcett-arsenault@ahs.ca

September 19

September 19-20
Association of Alberta Sexual Assault Services Training, First responder to sexual assault and abuse in Sundre. ($200) https://aasas.ca/initiatives/first-responders-training/register-for-training/

September 19-20

September 19-21
University of Alberta, 41st Annual Distinguished Scholar Lecture Series with Dr Morten Christiansen (Cornell University) 3-4 pm daily in Edmonton. https://www.ualberta.ca/psychology

September 20
4th Annual First Responder Suicide Awareness Conference. 8:30 am-4 pm in Calgary. http://frsac.cpscevents.ca/

September 20
University of Alberta Child and Adolescent Psychiatry Grand Rounds. 9-10 am. Presented at the Glenrose Rehabilitation Hospital and by telehealth on iScheduler. https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds

September 20

September 20-21
Basic Workshop, Mental Health First Aid. 9 am-4:30 pm in Edmonton. ($185) https://edmonton.cmha.ca/programs-services/mental-health-first-aid/
September 20, 27 and October 4, 11
Online Course, Relationship based discipline: Raising resilient children with Tammy Schamuhn. 7:30- 9 pm. ($140) https://instituteofchildpsychology.com/services/workshop_detail/discipline_fall_2018

September 20 - December 6
Online Course, Counselling adult survivors of sexual violence with Kate Burns and Dr Rachael Crowder. https://aasas.ca/initiatives/counselling-adult-survivors-of-sexual-violence/

September 21
Opioid Dependency Treatment, Virtual Learning Sessions, How do I treat my patient who has chronic pain and is using opioids? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/concurrent.disorders@ahs.ca

September 21
2nd Annual Practical Tips for Living Successfully on the Autism Spectrum. 8:30 am- 1:30 pm at the Royal Alexandra Hospital, Edmonton. https://www.eventbrite.ca/e/2nd-annual-practical-tips-for-living-successfully-on-the-autism-spectrum-tickets-46884391477

September 21

September 22

September 22

September 22
Training, Mindfulness-Based Cognitive Therapy (MBCT) with Dr Mark Lau. In Cortes Island, BC. http://www.vancouvercbt.ca/cbt_training.html

September 25
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

September 25
University of Calgary Grand Rounds, Acceptance and Commitment Therapy or Positive Psychology with Dr Marie Claire Bourque. 12- 1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-09-11/grand-rounds-inflammation-and-autoimmunity-schizophrenia-spectrum-disorders-mark

September 26

September 27
Education Series, Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 9 am- 12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

September 27
Community Education Service Videoconference, How to help teens diagnosed with ADD/ADHD (Part 2) 11 am- 12:30 pm. http://community.hmhc.ca/sessions/?p=all

September 27
First Responder and Military Personnel Mental Health and Suicide Awareness Conference. 7:45 am- 4:30 pm in Edmonton. http://legacyplacesociety.com/conferences/ Sponsored by the Legacy Place Society.

September 27

September 27- 29
Canadian Psychiatric Association Annual Conference in Toronto. https://www.cpa-apc.org/annual-conference/
September 27-
Learning Events

Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals with Dr Deborah Dobson. In Calgary.
https://www.ucalgary.ca/pd/CTB2018Cgy


Workshop, Hepatitis C in primary care and drug and alcohol settings. 8:30 am- 4 pm at the Shaw Conference Centre in Edmonton. (free) https://ashm.eventsair.com/inhsu/edmonton2018/Site/Register

Workshop, Managing mental health in the workplace- Rights and responsibilities with Danielle Forth. 9 am- 4 pm in Edmonton. https://ca.achievecentre.com/workshops/managing-mental-health-edmonton10-2/#tickets and in Calgary with Manwa Fadal on October 4 https://ca.achievecentre.com/workshops/managing-mental-health-calgary10-4/#tickets

Workshop, Geriatric gems: Beyond the basics with Barb Bancroft. 8:30 am- 4 pm in Lethbridge. https://www.nursinglinks.ca/info_geri.html

Education Series, Tobacco: How to support your clients in making a change with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

University of Calgary Grand Rounds, Canadian Biomarker Integration Network in Depression (CAN-BIND): An overview by Dr Stefanie Hassel. 12- 1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-10-02/grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview

Webinar Series, The evidence-based and individualized treatment of depression with Dr Randy Paterson. ($399) http://webinars.jackhirose.com/product/depression-paterson/


October 4
Live Stream Online Workshop, Clinical supervision - Skills for developing counsellors with Vicki Enns. 8 am-3 pm. https://ca.ctrinstitute.com/workshops/live-stream-clinical-supervision-10-4/#tickets

October 4-5
Association of Alberta Sexual Assault Services Training, First responder to sexual assault and abuse in Lethbridge. ($200) https://aasas.ca/initiatives/first-responders-training/register-for-training/

October 4-6

October 5

October 9
Research Symposium, Cannabis, endocannabinoids and mental health. University of Alberta, Edmonton. https://www.ualberta.ca/medicine/events/psychiatry/5loi4btolp1keno9110epdtee

October 9
University of Calgary Grand Rounds, Late onset psychosis with Dr Jaylynn Arcand and Dr Aaron Mackie. 12-1 pm in Calgary and by telehealth. https://www.ucalgary.ca/psychiatry/event/2018-10-02/week-range-days-2018-10-02-grand-rounds-canadian-biomarker-integration-network-depression-can-bind-overview

October 9-10
FACS Training, Static-99R and Stable-2007/Acute-2007 Risk Assessment with Melinda Aldons (Queensland Correctional Services). In Edmonton. ($300) Contact Christine.Sribney@ahs.ca for information and registration form. Sponsored by the Mental Health Foundation.

October 9 - November 13 (every Tuesday)
Webinar series, The 10 best ever anxiety management techniques with Dr Margaret Wehrenberg http://webinars.jackhirose.com/ ($400)

October 9- November 13 (every Tuesday)
Webinar Series, The Personality Disorder toolbox: Practical strategies for meeting the challenges of your most difficult cases by Dr Jeff Riggenbach. ($399) http://webinars.jackhirose.com/product/the-personality-disorder-toolbox/

October 10
REACH Workshop, Effective intercultural practice with Kaitlin Lauridsen. 9 am- 4 pm in Edmonton. https://reachedmonton.ca/pageEvent/Effective-Intercultural-Practice-2018-10-02

October 11
Education Series, What the hookah? with Kari Jesswein and Jennifer Pollard. 9 am- 12 noon in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 11 – October 25 (every Thursday)
October 11-25 (every Thursday)

October 12-13

October 12-13

October 12-14

October 15
Workshop, *What every nurse needs to know about…Neurotransmitters* by Barb Bancroft. 8:30 am-4:30 pm in Edmonton. **October 16** in Calgary. [https://www.nursinglinks.ca/info_neurotransmitters.html](https://www.nursinglinks.ca/info_neurotransmitters.html)

October 15
Workshop, *Narrative Therapy- Tools for exploring stories* with John Koop Harder. 9 am-4 pm in Edmonton. [https://ca.crinstitute.com/workshops/narrative-therapy-edmonton10-15/#tickets](https://ca.crinstitute.com/workshops/narrative-therapy-edmonton10-15/#tickets) In Calgary on **October 17** with Lana Dunn, [https://ca.crinstitute.com/workshops/narrative-therapy-calgary10-17/#tickets](https://ca.crinstitute.com/workshops/narrative-therapy-calgary10-17/#tickets)

October 16
Education Series, *Understanding substance use and addiction and intervention strategies* with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 16
Workshop, *Cognitive Behavioural Therapy- Tools for thinking differently* with Danielle Forth. 9 am-4 pm in Edmonton. [https://ca.crinstitute.com/workshops/cognitive-behavioural-therapy-edmonton10-16/#tickets](https://ca.crinstitute.com/workshops/cognitive-behavioural-therapy-edmonton10-16/#tickets)

October 16

October 16, 17 and 24
Online Workshop, *Classroom mental health.* 7-9 pm. ($100) [https://instituteofchildpsychology.com/services/workshop_detail/mental_health_october_2018](https://instituteofchildpsychology.com/services/workshop_detail/mental_health_october_2018)

October 17-18

October 17-19

October 17-20

October 17, 24 & 30
Online Course, *Childhood anger: Working through tempers.* 7-9 pm. ($140) [https://instituteofchildpsychology.com/services/workshop_detail/anger_september_online](https://instituteofchildpsychology.com/services/workshop_detail/anger_september_online)

October 17, 25 and November 1, 8

October 18
Education Series, *Motivational Interviewing: The basics with Crystal Cleland.* 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.
October 18-19
Workshop, *Treating complex trauma: Clinical and scientific innovations* with Dr Christine Courtois. 9 am-4 pm in Edmonton. [https://ucalgary.ca/pd/ComplexTrauma2018](https://ucalgary.ca/pd/ComplexTrauma2018)

October 18-19

October 18-20

October 19
University of Calgary, Psychotherapy Day, *Achieving and sustaining individual and group therapist effectiveness* with Dr Melyn Leszcz (University of Toronto) In Calgary. [https://www.ucalgary.ca/psychiatry/event/2018-10-19/psychotherapy-day-achieving-and-sustaining-individual-and-group-therapist](https://www.ucalgary.ca/psychiatry/event/2018-10-19/psychotherapy-day-achieving-and-sustaining-individual-and-group-therapist)

October 19
Opioid Dependency Treatment, *Virtual Learning Sessions, How do I switch my patient to different dosing?* 9 am-12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/). More information at concurrent.disorders@ahs.ca

October 19
Workshop, *PsychedUp Edmonton CME (diagnosis and treatment)* with Dr Diane McIntosh. 9 am – 3 pm in Edmonton. [https://www.psychedupcme.com/events/2018/10/19/edmonton](https://www.psychedupcme.com/events/2018/10/19/edmonton)

October 19

October 22

October 22-24

October 22-26

October 23
Education Series, *Concurrent disorders and treatment considerations* with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 23

October 23

October 23-26

October 24
Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 24
October 24-26
CGPA Conference, Group therapy: It’s about time. In Winnipeg. [http://cgpa.ca/conference/]

October 24-26
7th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, Beyond the clinic. 9 am- 5 pm in Calgary. [http://interprofessional.ubc.ca/initiatives/obesity2018/]

October 24-26
6th International Conference on Violence in the Health Sector, Advancing the delivery of positive practice. In Toronto. [http://oudconsultancy.nl/toronto_6_ICWV/index.html]

October 25

October 25
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am - 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 25-26

October 25-26
Association of Alberta Sexual Assault Services Training, First responder to sexual assault and abuse in Lloydminster. ($200) [https://aasas.ca/initiatives/first-responders-training/register-for-training/]

October 25-26
Basic Workshop, Mental Health First Aid. 9 am- 4:30 pm in Edmonton. ($185) [https://edmonton.cmha.ca/programs-services/mental-health-first-aid/]

October 25-27
30th Annual Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference, Crisis, controversy and change in Vancouver. Includes a one day symposium on addiction for nurses. [https://www.csam-smca.org/events/2018-csam-annual-meeting-scientific-conference/] Conference is followed by Fundamentals, a day-long course of presentations on screening, assessment, diagnosis and treatment on October 28 [https://www.csam-smca.org/events/2018-fundamentals/]

October 25-27
7th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, Beyond the clinic. In Calgary. [http://interprofessional.ubc.ca/initiatives/obesity2018/]

October 26-28
Canadian Counselling Psychology Conference, Advocating for ourselves, advocating for our communities: Canadian counselling psychology into the next decade and beyond. In Calgary. [http://www.werkund.ucalgary.ca/ccpc]

October 27
SAOT Workshop, Women’s health and Occupational Therapy: Pelvic health and maternal mental health with Lindsey Kaupp and Lara Desrosiers. 8:30 am- 4:30 pm. [https://www.saot.ca/event/womens-health-and-occupational-therapy-pelvic-health-and-maternal-mental-health/]

October 28

October 29-30
Workshop, Advanced Emotionally Focused Therapy with individuals with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. [http://www.talk-therapy.ca/eft-individuals-adv/]

October 29-30
October 30
Workshop, The therapeutic use of medical cannabis with Mary Lynn Mathre. 8:30 am- 4 pm in Kelowna, BC. https://nursinglinks.ca/info_cannabis.html

October 30
Education Series, Concurrent disorders and treatment considerations with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 30

October 30-31
Workshop, Managing anxiety at home and school with Lynn Lyons. 9 am- 4 pm in Calgary. http://www.jackhirose.com/upcoming-workshops/

October 31

October 31- November 2

October 31- November 2
Canadian Association for Suicide Prevention Conference, Signals of hope in St. John’s Newfoundland. https://www.suicideprevention.ca/

November 1-2
Workshop, The neuropsychology of learning disabilities by Dr Steven Feifer. 9 am- 4 pm in Calgary. http://www.jackhirose.com/upcoming-workshops/

November 2
2nd Annual Stollery Conference, Are you thriving or surviving? 7:30 am- 4:15 pm in Bernard Snell Hall, Edmonton. More information when available.

November 2-3

November 3-6

November 5
Workshop, Compassion fatigue with Dr Eric Gentry. 9 am- 4 pm in Edmonton. http://www.jackhirose.com/upcoming-workshops/

November 5
Workshop, Legal issues in nursing by Chris Rokosh. 8:30 am- 4 pm in Calgary. November 6 in Edmonton. https://www.nursinglinks.ca/info_legal.html

November 5
Muslim Medical Association of Canada, 1st Annual Canadian Muslim Mental Health Conference, in Toronto. https://muslimlink.ca/events/toronto/event/2841-

November 5

November 5

November 5 & 12
Online Course, Helping children through divorce and separation with Tammy Schamuhr. 7:30- 9 pm. ($70) https://instituteofchildpsychology.com/services/workshop_detail/divorce_and_separation_online_fall_2018

November 6
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.
November 6-7
Workshop, Trauma competency training with Dr Eric Gentry. 9 am-4 pm in Edmonton.
http://www.jackhirose.com/upcoming-workshops/

November 7
Education Series, Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 9 am-12 noon in Edmonton. Call 780-644-3642 or email preventon.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 7
7th Annual Pain Awareness Education Day. 8 am-4:30 pm in Calgary. Topics include: ‘Cannabis Update’ and ‘Opioid Crisis Update’. https://www.eventbrite.ca/e/7th-annual-pain-awareness-education-day-tickets-43260342850

November 7, 14 & 21
Institute of Child Psychology Online Course, Childhood ADHD: From struggling to thriving. 7-9 pm. ($140) https://instituteofchildpsychology.com/services/workshop_detail/adhd_november_online

November 7-8
Cognitive Workshop, Anxiety Disorders with Dr Christine Padesky in Vancouver. https://www.cognitiveworkshops.com/

November 7-9

November 8
Education Series, Building better mental health and emotional wellness with Crystal Cleland and Jennifer Pollard. 9 am-4 pm in Edmonton. Call 780-644-3642 or email preventon.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 8-9

November 8-11

November 9-11
14th Annual Canadian ADHD Resource Alliance (CADDRA) Conference and Research Day in Calgary. https://caddra.societyconference.com/v2/ amanda.edwards@caddra.ca

November 12-13

November 12-15
Workshop, Emotionally Focused Therapy (EFT) externship with Dr Veronica Kallos-Lilly. 9 am-5 pm daily in Calgary. http://www.talk-therapy.ca/eft-externship/

November 12-18

November 13
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email preventon.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 15
Online Course, Childhood trauma: Finding a way through with Tammy Schamuhn. 7:30-9 pm ($140) https://instituteofchildpsychology.com/services/workshop_detail/trauma_online_fall_2018

November 14-16

November 16
35th Annual Feldman Lecture with Dr Laurence Kirmayer (McGill University). 7:30 am-3 pm in the Auditorium, Grey Nuns Community Hospital, Edmonton. Topics include, ‘Visioning psychiatry: Integrating culture and context in theory/practice’; ‘Cultural safety and cultural competence’; and ‘Cultural based mental health promotion for Indigenous youth’. https://www.feldmanlecture.ca/
November 16
PAA Workshop. Assessments for psychotherapists: (Almost) everything you need to know! by Dr Jamie Dyce. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=70

November 16

November 19

November 20
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 21

November 21
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 22- 23
Basic Workshop, Mental Health First Aid. 9 am- 4:30 pm in Edmonton. ($185) https://edmonton.cmha.ca/programs-services/mental-health-first-aid/

November 24

November 26

November 26
Workshop, Mood and mental disorders update with Dr Roger McIntyre. 8:30 am- 4 pm in Calgary. In Edmonton on November 27. http://www.execulinks.net/frameset_workshops.html

November 26- 27

November 27

November 27
Nursing Workshop, Interpretation of lab tests by Barb Bancroft. 8:30 am- 4 pm in Red Deer. https://www.nursinglinks.ca/info_lab_tests.html

November 27- 28

November 28
Education Series, Tobacco: How to support your clients in making a change with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 28
November 28- 29
http://www.jackhirose.com/upcoming-workshops/

November 28 and December 5 & 19
Online Course, Childhood anger: Working through tempers. 7- 9 pm. ($140)
https://instituteofchildpsychology.com/services/workshop_detail/anger_online_december

November 29
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@ahs.ab.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 29- 30

November 30
Live Webinar, Self-Injury behaviour in youth- Strategies for helping with Kimberly Enns. 12- 1 pm ($32)

November 30
PAA Workshop, What every psychologist should know about forensic practice with Dr Roy Frenzel. 9 am- 4:30 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=77

November 30
Opioid Dependency Treatment, Virtual Learning Sessions, How do I treat my patient who has a concurrent disorder and Opioid Use Disorder? 9 am- 12 noon. Register on iScheduler https://ischeduler.albertahealthservices.ca/ More information at concurrent.disorders@ahs.ca

December 4
Education Series, Suicide prevention is everybody's business with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@ahs.ab.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 6
Workshop, Vicarious trauma- Strategies for resilience with Danielle Forth. 9 am- 4 pm in Edmonton. https://ca.ctrinstitute.com/workshops/vicarious-trauma-edmonton12-4/#tickets

December 6
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@ahs.ab.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 6
Lecture, Hope and compassion: The keys to treating mental health patients and families with Martha Browning and Glenn Kopelson. 12- 1 pm at the Kaye Edmonton Clinic. RSVP to joelle.fawcett-arsenauff@ahs.ca Hosted by the Beryl Institute.

December 11
Live Webinar, Mindfulness- Overview and awareness with Vicki Enns. 12- 1 pm. ($32)
https://ca.ctrinstitute.com/workshops/mindfulness-live-webinar12-11/

December 13
Education Series, Building better mental health and emotional wellness with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@ahs.ab.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.
### December 14
Opioid Dependency Treatment, Virtual Learning Sessions, *What if my patient is pregnant?*
9 am-12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/)
More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### December 18
Live Webinar, *Vicarious trauma - Strategies for resilience with Vicki Enns.* 12-1 pm. ($32)
[https://ca.ctinstitute.com/workshops/vicarious-trauma-live-webinar12-18/](https://ca.ctinstitute.com/workshops/vicarious-trauma-live-webinar12-18/)

### January 11 - March 8
PAA Workshop Series, *Walking the talk on self-care: Understanding compassion fatigue with Dr Easter Yassa.* 12-1:30 pm each Friday. 
[http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=78](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=78)

### January 18
PAA Workshop, *Trauma and PTSD in the First Responder population with Dr Megan McElheran.* 10:30 am–4:30 pm in Edmonton. 
[http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=69](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=69)

### January 18
Opioid Dependency Treatment, Virtual Learning Sessions, *How do I help my patient get off opioids?*
9 am-12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/)
More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### January 18
Presentation, *Between emergencies- A look at mental health in EMS with Greg Gorecki (Paramedic).* 9-10 am in Edmonton. 
[http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=76](http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=76)

### January 21

### February 15
Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my adolescent or senior patient with Opioid Use Disorder 9 am-12 noon.* Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/)
More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### March 6-9
8th International Conference on Fetal Alcohol Spectrum Disorder, *Research, results and relevance: Integrating research, policy and promising practices around the world.* In Vancouver. 

### March 13- March 15
Counselling Insights Conference in Calgary. 9 am-4 pm daily. In Calgary. 

### March 15
Opioid Dependency Treatment, Virtual Learning Sessions, *Why do I have to be aware of cultural diversity when treating my clients?* 9 am-12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/)
More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### April 12
Opioid Dependency Treatment, Virtual Learning Sessions, *How do I treat my patient who is going into a corrections centre with OAT?* 9 am-12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/)
More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### May 2-4

### May 10-11
20th Canadian Collaborative Mental Health Care Conference in Richmond, BC. 

### May 17
Opioid Dependency Treatment, Virtual Learning Sessions, *iOAT and SROM* 9 am-12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/)
More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)

### June 21
Opioid Dependency Treatment, Virtual Learning Sessions, *How do I taper my patient to completion of OAT?* 9 am-12 noon. Register on iScheduler [https://ischeduler.albertahealthservices.ca/](https://ischeduler.albertahealthservices.ca/)
More information at [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca)
Online Learning Resources

- **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. [http://krs.libguides.com/mentalhealth](http://krs.libguides.com/mentalhealth)

- **The Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. [http://summaries.cochrane.org/](http://summaries.cochrane.org/)

- **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification [http://www.albertafamilywellness.org/resources/search](http://www.albertafamilywellness.org/resources/search)


- **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. [http://www.ccsa.ca/](http://www.ccsa.ca/)

- **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. [http://www.samhsa.gov/kap](http://www.samhsa.gov/kap)

- **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. [http://www.healthvedence.org/](http://www.healthvedence.org/)

- **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. [http://www.albertahealthservices.ca/research/Page11217.aspx](http://www.albertahealthservices.ca/research/Page11217.aspx)

- **Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE)** [http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3](http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3)


- **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here: [http://www.albertahealthservices.ca/research/Page11235.aspx](http://www.albertahealthservices.ca/research/Page11235.aspx)

- **The Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. [https://www.cadth.ca/evidence-bundles/evidence-on-mental-health](https://www.cadth.ca/evidence-bundles/evidence-on-mental-health)

- **Anxiety BC** Video library and other emotional regulation education resources including a phone app [https://www.anxietybc.com/resources/video](https://www.anxietybc.com/resources/video)

- **Addiction and Mental Health Channel (AHS)** Clinical videos from provincial, national, and international experts. [http://www.albertahealthservices.ca/info/page14397.aspx](http://www.albertahealthservices.ca/info/page14397.aspx) See also: Mental Health Act presentation at [https://youtu.be/1RVxiK0q6Vo](https://youtu.be/1RVxiK0q6Vo) and CTO [https://youtu.be/R-sjQWo07Wo](https://youtu.be/R-sjQWo07Wo)

- **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. [http://www.albertahealthservices.ca/info/page7634.aspx](http://www.albertahealthservices.ca/info/page7634.aspx) See also the [playlist](https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvs e4nEljWZCVGJzk8U8S-)

- **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. [https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home](https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home)

- **At Home with Eating Disorders Conference Series** Recorded expert speaker presentations [https://www.youtube.com/plaist?list=PLwAIWz3SJJ1Bq3e6] [https://www.youtube.com/plaist?list=PLwAIWz3SJJ1Bq3e6](https://www.youtube.com/plaist?list=PLwAIWz3SJJ1Bq3e6)

- **iScheduler** Online access to all Alberta Health Services Telehealth services. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment. [https://ischeduler.albertahealthservices.ca/ischeduler/exceptionist.asp](https://ischeduler.albertahealthservices.ca/ischeduler/exceptionist.asp)
Healthy Minds/Healthy Children The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. [http://www.albertahealthservices.ca/4718.asp](http://www.albertahealthservices.ca/4718.asp)

Policy Wise for Children and Families Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. [https://policysiwise.com/](https://policysiwise.com/)

Addiction Counselling Webinars The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics [http://www.naaddac.org/webinars](http://www.naaddac.org/webinars)

TED: How the Mind Works The world’s most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. [http://www.ted.com/index.php/themes/view/id/4](http://www.ted.com/index.php/themes/view/id/4)


Community Education Service Free online webinars from presentations at the Alberta Children’s Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. [http://frcc.albertahealthservices.ca/cses/](http://frcc.albertahealthservices.ca/cses/)

Alberta Quits Learning materials and videos about tobacco cessation. [https://www.albertaquits.ca/learning/training-videos](https://www.albertaquits.ca/learning/training-videos)

Chronic Disease Management Education for Health Care Providers Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) [http://cdm.absorbtraining.ca/#/login](http://cdm.absorbtraining.ca/#/login)

Mental Health Commission of Canada (MHCC) Webinars Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. [http://www.mentalhealthcommission.ca/English/webinars](http://www.mentalhealthcommission.ca/English/webinars)

Trauma Informed Care e-Learning Modules Six foundational modules and other resources. [http://www.albertahealthservices.ca/info/page15526.aspx](http://www.albertahealthservices.ca/info.page15526.aspx)

Suicide Prevention, Risk Assessment & Management (SPRAM) Interactive e-Learning series of seven modules to support health practitioners’ competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. [http://www.albertahealthservices.ca.info/Page14579.aspx](http://www.albertahealthservices.ca.info/Page14579.aspx)

Children’s Mental Health Learning Series provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. [http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html](http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html)

Geriatric Grand Rounds with an evidence-based medicine and inter-professional focus [https://sites.google.com/a/ualberta.ca/ggr/](https://sites.google.com/a/ualberta.ca/ggr/)

University of Calgary The Department of Psychiatry calendar of medical rounds, workshops and conferences is at [http://www.ucalgary.ca/psychiatry/calendar/mc/2017-11](http://www.ucalgary.ca/psychiatry/calendar/mc/2017-11) The Faculty of Social Work Professional Development Program workshops are listed at: [http://www.ucalgary.ca/fpd/](http://www.ucalgary.ca/fpd/)


TRIP (Turning Research Into Practice) Clinical search engine designed to allow users to easily find research articles to support practice. [https://www.tripdatabase.com/](https://www.tripdatabase.com/)

RNAO Mental Health and Addiction Initiative Nursing best practice guidelines, education modules and many other resources, [http://rnao.ca/bpg/initiatives/mhai/purpose](http://rnao.ca/bpg/initiatives/mhai/purpose)

The Online Addiction Medicine Diploma is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. [http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/](http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/)

Mental Health First Aid The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. [http://www.mentalhealthfirstaid.ca/en/course-info/courses](http://www.mentalhealthfirstaid.ca/en/course-info/courses)

Epidemiological data indicates that the majority of adults with mental illness and/or addiction had identifiable symptoms or traits as children. Current scientific understanding is moving towards describing addiction and mental disorders as early onset, trajectory-based, brain illnesses. The developmental perspective has significant implications for the nature and organization of treatment and service delivery across all age groups.

This free training is available to all non-AHS staff/public through the Primary Health Care Learning Portal [https://phc.myabsorb.ca/#/login](https://phc.myabsorb.ca/#/login) and AHS staff can take the courses through MyLearningLink [https://insite.albertahealthservices.ca/hr/Page1881.aspx](https://insite.albertahealthservices.ca/hr/Page1881.aspx) (Search for ‘Developmental Pathways’ and the entire series will be displayed). Each module is about 2 hours and CME accreditation is available.

The series was developed by the Edmonton Zone, Addiction and Mental Health, Clinical Educators with support from the federal Drug Treatment Funding Program and AHS Child, Youth and Families Initiatives.

October 17 is coming… See everything that AHS knows about cannabis at [https://insite.albertahealthservices.ca/can/Page18679.aspx](https://insite.albertahealthservices.ca/can/Page18679.aspx) (internal AHS website)