The Professional Development Fund is now accepting applications for 2019/20 from AHS staff. Funding is first-come, first-served. Please review the current fund options as the program has changed.

September 2

September 3
University of Calgary Grand Rounds, Mental health consults in South Asian population using Canadian census with Aleena Shariff and Jamil Jivraj. 10-1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/962](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/962)

September 5
PAA Workshop, Developing expertise with CBT-Insomnia by Dr Gregg Jacobs. 9 am-4 pm in Edmonton [https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=96](https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=96)

September 6
University of Calgary, Psychiatry Quarterly Update, Trauma Half Day. 12-4:30 pm in Calgary. [https://cumming.ucalgary.ca/cme/event/2019-09-06/trauma-half-day](https://cumming.ucalgary.ca/cme/event/2019-09-06/trauma-half-day) Also available by webinar.

September 9-10

September 9-December 9

September 9-December 13
Mount Royal University, Online Course, Sexual Assault Nurse Examiner (SANE) [https://www.mtroyal.ca/ProgramsCourses/ContinuingEducation/healthhumanservice/Nursing/SANE/index.htm](https://www.mtroyal.ca/ProgramsCourses/ContinuingEducation/healthhumanservice/Nursing/SANE/index.htm)

September 10

September 10
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

September 10
University of Calgary, Grand Rounds, Developing teaching moments for Indigenous health with Dr Lynden Crowshoe and Dr Janet de Groot. 12-1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/963](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/963)

September 10
Forensic Grand Rounds with Honourable Justice Richard Schneider. 9 – 10 am in Edmonton. [https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds](https://www.ualberta.ca/psychiatry/grand-rounds/forensic-grand-rounds)

September 11

September 11
Canadian Academy of Psychiatric Epidemiology, Annual Scientific Symposium in Quebec City. [http://www.psychiatricreepidemiology.ca/](http://www.psychiatricreepidemiology.ca/)

September 11-13

September 11- November 6
Eight-Week Course, Mindfulness-Based Stress Reduction (MBSR) for healthcare and other professionals with Dr. Priscilla Koop. Wednesday evenings + Saturday, October 26, in Edmonton. [www.mindfulnessinstitute.ca](http://www.mindfulnessinstitute.ca)

September 12
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.
September 12
Workshop, *Understanding the therapeutic moment: The power of 'being there'* with Dr Bruce Perry. 8:30 am- 4 pm in Calgary. [https://www.eventbrite.ca/e/understanding-the-therapeutic-moment-the-power-of-being-there-symposium-with-dr-bruce-perry-tickets-62513754322](https://www.eventbrite.ca/e/understanding-the-therapeutic-moment-the-power-of-being-there-symposium-with-dr-bruce-perry-tickets-62513754322)

September 12- 14
Canadian Psychiatric Association Annual Conference in Quebec City. [https://www.cpa-apc.org/annual-conference/](https://www.cpa-apc.org/annual-conference/)

September 11- 13

September 13- 14

September 15- 17
39th Annual Canadian Academy of Child and Adolescent Psychiatry Conference in Quebec City. [https://www.cacap-acpea.org/learn/conference/](https://www.cacap-acpea.org/learn/conference/)

September 16- 17

September 17
University of Calgary, Grand Rounds, *Order sets in early psychosis* with Dr Tom Hastings. 12- 1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/965](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/965)

September 17
Education Series. *Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

September 18
Education Series, *Addiction and relapse prevention* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

September 18- 19

September 18- 19

September 19

September 19

September 19
Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

September 20
Workshop, *Pornography 2019: What do we need to know to serve those we work with?* with Dr Marty Klein. 9 am- 4 pm in Calgary. [https://gallery.mailchimp.com/0b666008fad6bb36ce29e1444/files/db22bb8f-3f6a-458f-9441-b20404d9e910/Pornography_2019.pdf](https://gallery.mailchimp.com/0b666008fad6bb36ce29e1444/files/db22bb8f-3f6a-458f-9441-b20404d9e910/Pornography_2019.pdf)

September 20 and October 4
Seminar, *Narcissism: Key concepts and clinical challenges* with Dr DeGroot, Dr Elliott, Dr Scott, and Dr Wallace. 1:30- 3:30 pm in the Rockyview General Hospital, Calgary ($50). [http://www.cppef.ca/?page_id=13&ee=25](http://www.cppef.ca/?page_id=13&ee=25)

September 20- 25
World Sleep Congress, *The best of sleep medicine and research.* In Vancouver [https://worldsleepcongress.com/](https://worldsleepcongress.com/)

September 21
PAA and CAP Annual Meeting and Professional Development Day at the Edmonton Convention Centre. Keynote: *Leadership in Psychology and Psychologists as leaders* by Dr Andrea Piotrowski. [www.psychologistsassociation.ab.ca/site/paa_workshops__forum/?type=event&id=109](www.psychologistsassociation.ab.ca/site/paa_workshops__forum/?type=event&id=109)
September 21

September 23
Workshop, A clinic look at supplements and alternative therapies with Barb Bancroft. 8:30 am- 4 pm in Edmonton. October 1 in Calgary. https://www.nursinglinks.ca/frameset_workshops.html

September 23- 24
Applied Suicide Intervention Skills Training (ASIST). 8:30 am- 4:30 pm in Edmonton. ($250) Presented by CMHA. https://edmonton.cmha.ca/programs-services/applied-suicide-intervention-training-assist

September 23- 24
Sexual Exploitation Training and Awareness Conference in Calgary. https://resetcalgary.ca/conference/

September 23- 25

September 23- 26
Training, Green Stream: Foundations of Play Therapy, Part 1. In Calgary. ($2250) http://rmpti.com/foundations/ (Total of 9 days plus online component, Part 2 is November 18 - 22)

September 23- 26

September 24
University of Calgary, Grand Rounds, Advances in Psychiatry: Targeting glutamate in Major Depressive Disorder 12-1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/966

September 24
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

September 25- 29

September 26
Legacy Place Society, First Responder and Military Personnel Mental Health and Suicide Awareness Conferences in Edmonton. September 19 in Calgary. https://legacyplacesociety.com/conferences/

September 26- 27
Online Training, CBT Primer with Dr Joe Flanders and Rhea Plosker. 7:30 – 10:30 am ($350) https://www.mindfulnessstudies.com/event/20-351-01/

September 26- 28
Mayo Clinic Training, Principles in the care of transgender and intersex patients in Rochester, USA. https://ce.mayo.edu/psychiatry-and-psychology/content/principles-care-transgender-and-intersex-patients-2019

September 27- 29

September 27- 28
Training, Mindfulness-Integrated Cognitive Behaviour Therapy (MCBT): A four stage transdiagnostic treatment approach with Dr Alia Offman and Dr Andrea Grabovac. 9 am- 5 pm in Calgary. https://mindfulness.net.au/BookingRetrieve.aspx?ID=314126

September 28

October 1
Workshop, A clinic look at supplements and alternative therapies with Barb Bancroft. 8:30 am- 4 pm in Calgary. https://www.nursinglinks.ca/frameset_workshops.html

October 1
Education Series, Addiction and relapse prevention with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 1
University of Calgary, Grand Rounds, The ABCs of THC and CBD with Dr Ric Procyshyn. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news/events/calendar#view/event/event_id/967
October 2
University of Alberta Grand Rounds, Dr Lorne Warneke, *Picking, ticking and not letting go: OCD related disorders.* 12-1 pm in the Shaw Auditorium, University of Alberta Hospital. [https://www.ualberta.ca/medicine/events/psychiatryadultgrandrounds/4ib9g3fhcup7m54q25ts709m](https://www.ualberta.ca/medicine/events/psychiatryadultgrandrounds/4ib9g3fhcup7m54q25ts709m)

October 2-3

October 2-4
Dignity Therapy Workshop with Dr Harvey Chochinov in Winnipeg. [https://www.eventbrite.ca/e/dignity-therapy-training-workshop-2019-registration-58027010350](https://www.eventbrite.ca/e/dignity-therapy-training-workshop-2019-registration-58027010350)

October 3

October 3-4

October 3
Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am-4 pm in Edmonton. **October 17** in Calgary. [https://www.nursinglinks.ca/info_geriatric.html](https://www.nursinglinks.ca/info_geriatric.html)

October 3
Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 3-5

October 4

October 4-5

October 5
Workshop, *Trance and trauma: Hypnosis skills for adaptive responses, safe relationships, co-creating resilience* with Dr Julie Linden. 9 am-4:30 pm in Vancouver. [https://hypnosis.bc.ca/training/upcoming-workshops/trance-and-trauma/](https://hypnosis.bc.ca/training/upcoming-workshops/trance-and-trauma/)

October 7-11

October 7-12
Mental Illness Awareness Week [https://www.camimh.ca/mental-illness-awareness-week/about-miaw/](https://www.camimh.ca/mental-illness-awareness-week/about-miaw/)

October 8

October 10

October 8

October 8
University of Calgary, Grand Rounds, *Contemporary ethics issues in Psychiatry* with Dr Helgi Eyford and Susan Herman. 12-1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/968](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/968)

October 8
Werklund School of Education, Satellite Event, *Families in Canada* with Dr Sheila MacDonald, Dr Suzanne Tough, Dr Sheri Madigan, Elizabeth Keys, Dr Carla Ginn, and Dr Kelly Dean Schwartz. In Calgary. [https://familiesincanada.ca/calgary/](https://familiesincanada.ca/calgary/)

October 8
Education Series, *Tobacco- How to support your client in making a change* with Kari Jesswein and Jennifer Pollard. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 9-10

October 9-12
Mental Illness Awareness Week [https://www.camimh.ca/mental-illness-awareness-week/about-miaw/](https://www.camimh.ca/mental-illness-awareness-week/about-miaw/)

October 9-10, 2019
International Nurses Society on Addictions (InNSA), 43rd Annual Educational Conference, Substance use across the lifetime in Baltimore, Maryland, USA. [https://www.intnsa.org/conference/](https://www.intnsa.org/conference/)

October 10-11, 2019
Association of Alberta Sexual Assault Services, First responder to sexual assault and abuse. In Lethbridge.

October 16-17, 2019

October 15, 2019
University of Calgary, Grand Rounds, Sex and gender-based medicine in health care: Proper care or propaganda? with Sofia Ahmed. 12-1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/969](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/969)

October 16, 2019
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 16-18, 2019
Canadian Association for Suicide Prevention, 30th Annual Conference, Réconciliation - Honouring the other in Edmonton. [https://suicideprevention.ca/Annual-Conference](https://suicideprevention.ca/Annual-Conference)

October 17-18, 2019
Certificate in Comprehensive Behavioural Intervention for TICS (CBIT) with Dr Douglas Woods. In Winnipeg. [https://tourette.ca/evidence-based-knowledge/](https://tourette.ca/evidence-based-knowledge/)

October 17-19, 2019

October 18-20, 2019

October 20, 2019

October 21, 2019

October 21, 2019

October 21, 2019

October 21-22, 2019

October 21-23, 2019

October 22, 2019


October 22, 2019
University of Calgary, Grand Rounds, Bill 21: An Act to protect patients with Dr Jeremey Beach. 12- 1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/970](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/970)

October 22, 2019
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 23, 2019
October 23
Education Series, Addiction and mental illness: Concurrent disorders with Laurie Young.
9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 23

October 24
Conference, Self-compassion with Dr Kristin Neff. 9 am- 4:45 pm in Edmonton. ($240) http://www.cast-canada.ca/qt-edmonton-2019-dr-kristin-neff.html

October 24- 26

October 24- 27

October 25
Psychotherapy Day, Narcissism and its discontents: Diagnostic challenges and treatment strategies with narcissistic patients with Dr Glen Gabbard and Dr Holly Crisp. 9 am- 4:30 pm in Calgary. Sponsored by the Calgary Psychodynamic Psychotherapy Education Foundation. https://cumming.ucalgary.ca/sites/default/files/teams/31/Psychotherapy%20Day%202019%20Brochure.pdf

October 25

October 25- 26
Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting in Banff. http://www.cagp.ca/page-1841610

October 25- 27
40th Annual Canadian Art Therapy Association Conference, Weaving community through creative expression in Calgary. https://www.canadianarttherapy.org/conference/

October 28- 29
CMHA Workplace Mental Health Conference, Working stronger. 8 am- 4 pm in Edmonton. https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/

October 28- 30

October 29
Workshop, Physical assessment pearls with Barb Bancroft. 8:30 am- 4 pm in Red Deer. https://www.nursinglinks.ca/info_physical.html

October 29
University of Calgary, Grand Rounds, Adult ADHD with Sara Binder. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/971

October 30
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

October 30
Evening Course for Primary Care, Depressed and not responding with Toba Oluboka. 7- 9 pm in Calgary. https://cumming.ucalgary.ca/cme/event/2019-10-30/evening-course-depression-and-medication-allergies

October 31
Workshop, Working with oppositional, defiant, and anger issues with children and adolescents by Dr Jay Berk. 9 am- 4 pm in Lethbridge. http://www.jackhirose.com/workshop/oppositional-lethbridge/

October 31
Education Series, Addiction and mental illness: Concurrent disorders with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

October 31- November 2
November 1  
Faculty of Social Work Workshop, Inquiry: The heart of mindfulness based programs by Dr Patricia Rockman. 9 am- 4 pm in Calgary.  [https://ucalgary.ca/pd/mindfulinquiry](https://ucalgary.ca/pd/mindfulinquiry)


November 1- 3  

November 1- 3  

November 4- 5  

November 4 and 18  
University of Calgary, Online Workshop, Clinical Social Work Supervision with Dr Jane Matheson. 5:30- 7 pm  [https://ucalgary.ca/pd/clinicalsupervision2019winter](https://ucalgary.ca/pd/clinicalsupervision2019winter)

November 4- 6  

November 4-6  
University of Calgary, Grand Rounds, rTMS update with Dr Alex McGirr. 12- 1 pm in Calgary and by telehealth.  [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/972](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/972)

November 5  

November 6  
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 7- 12  

November 8  
PAA Workshop, Assessments for Psychotherapists: (Almost) Everything you need to know by Dr Jamie Dyce. 9 am- 4:30 pm in Calgary  [https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=113](https://www.psychologistsassociation.ab.ca/site/paa_workshops__forum?type=event&id=113)

November 8  

November 12  
University of Calgary, Grand Rounds, OCD: Developing a road map to improve care with Dr Peggy Richter. 12- 1 pm in Calgary and by telehealth.  [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/972](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/972)

November 13  

November 14  
EFT Edmonton, Four Day Externship in Emotionally Focused Therapy with Jim Thomas. ($875) In Edmonton. Call 780-444-4399  [https://effedmonton.com/training-events/](https://effedmonton.com/training-events/)

November 14- 15  
19th Annual Diverse Voices Conference, Together we make a difference. In Edmonton.  [https://diverse-voices.com/](https://diverse-voices.com/)

November 18  
November 18-20
Gottman Level 1 Training in Calgary https://bestmarriages.ca/events/gottman-level-1-calgary-ab-november2019/

November 19
University of Calgary, Grand Rounds, Clozapine in the era of atypical antipsychotics with Dr Howard Margolese. 12-1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departmentsp/psychiatry/news-events/calendar#view/event/event_id/574

November 19
Education Series, Addiction and relapse prevention with Laurie Young. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 19-20

November 20-22
Gottman Level II Training in Calgary https://bestmarriages.ca/events/gottman-level-2-calgary-ab-3/

November 20-22

November 21
Education Series, Motivational Interviewing: The basics with Crystal Cleland. 9 am-4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

November 21-22
Humane Canada, Canadian Violence Link Conference, Making the link between violence against people and animals. In Toronto. https://clc.humanecanada.ca/

November 22
PAA Workshop, Family Restructuring Therapy with Dr Stephen Carter. 9 am-4:30 pm in Edmonton. https://www.psychologistsassociation.ab.ca/site/paa_workshops___forum?type=event&id=102

November 22-23

November 22-23

November 24-30

November 25-26
Workshop, Decoding Autism with Kim Barthel. 9 am-4 pm daily in Sidney, BC. (Vancouver Island) https://www.kimbarthel.ca/event/2019/11/25/decoding-autism

November 25-27

November 25-27

November 26
University of Calgary, Grand Rounds, Managing agitation in neurocognitive disorders with Dr Zahinoor Ismail. 12-1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departmentsp/psychiatry/news-events/calendar#view/event/event_id/575

November 26
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am-4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

November 28
Workshop, Documentation is your best defense with Chris Rokosh. 8:30 am-4 pm in Edmonton. November 25 in Calgary. https://www.connectmtx.com/connect-to-education/documentation-course

November 28-29
Workshop, How to treat depression: A CBT-based perspective with Dr Randy Paterson. 9 am-4 pm in Richmond, BC. http://www.jackhirose.com/workshop/cbt-richmond-2/
November 29
University of Calgary, Psychiatry Quarterly Update, Women’s Mental Health Day. 9 am- 12 noon in Calgary. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/3128

November 30

December 2- 3

December 2- 4

December 3
University of Calgary, Grand Rounds, Pharmacogenetics in Psychiatry: An update with Dr Chad Bousman. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/976

December 3
Education Series, What is non-suicidal self-injury and how do we intervene? with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 3
Workshop, Liver logic with Barb Bancroft. 8:30 am- 4 pm in Edmonton. December 2 in Calgary https://www.nursinglinks.ca/info_liver.html

December 4- 6

December 5- 6
Skills Practice Workshop, Strengthening executive skills to promote school success with Dr Peg Dawson. 9 am- 4 pm in Calgary. http://www.jackhirose.com/workshop/smart-scattered-4/

December 6
Education Series, Addiction and mental illness: Concurrent disorders with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 10
Education Series, Harm reduction- A way of thinking with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

December 11
Education Series, Suicide prevention is everybody’s business with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 12
Education Series, Vaping: Is it the silver bullet? with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

December 16

December 17
University of Calgary, Grand Rounds, Kolabo with Dr Rachel Grimmnick, Dr Kimberly Williams, Dr Jaylynn Arcand, Dr May Shen and Dr Jian Choo. 12- 1 pm in Calgary and by telehealth. https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#view/event/event_id/978

The Columbia Suicide Severity Rating Scale (C-SSRS) is the standard for suicide screening. The tool is in ConnectCare and can be used by anyone. Free online training is available Click Here
January 16-17
PAA Workshop, *Critical factors in completing parenting assessments* by Dr Ann Marie Dewhurst. 9 am-4:30 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=116](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=116)

February 7

March 12-13
Workshop, *Grief Therapy as meaning reconstruction: Creative practices for counselling the bereaved* with Dr Robert Neimeyer. 9 am-4 pm in Edmonton. [https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467810&parentSite=FSW](https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467810&parentSite=FSW)

March 19
PAA Workshop, *Developing your personalized approach to clinical supervision: The Contextual-Relational Meta-Framework* with Dr Jeff Chang. 9 am-4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=105](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=105)

March 19-22

March 26-28

March 26-28
Alberta Gambling Research Institute, 19th Annual Conference on Gambling Research. In Banff. [https://abgamblinginstitute.ca/](https://abgamblinginstitute.ca/)

March 27
PAA Workshop, *Assessments for psychotherapists: (Almost) Everything you need to know!* with Dr Jamie Dyce. In Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=114](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=114)

April 10
PAA Workshop, *Trauma and PTSD in first responder populations* with Dr Megan McElheran. 9 am-4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=103](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=103)

April 17
PAA Workshop, *What every Psychologist should know about forensic practice* with Dr Roy Frenzel. 9 am-4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=112](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=112)

April 19-22

April 22
9th International Conference on Adolescents and Adults with FASD, *Review, respond and relate: Integrating research, policy and practice around the world*. In Vancouver. [https://interprofessional.ubc.ca/initiatives/fasd2020/](https://interprofessional.ubc.ca/initiatives/fasd2020/)

April 24-26

May 2
PAA Workshop, *Competency-based clinical supervision: An experiential approach* by Dr Carol Falender. 9 am-4 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=117](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=117)

May 8
PAA Workshop, *Understanding, evaluating and treating Autism Spectrum Disorders: New data and new ideas* with Dr Sam Goldstein. 9 am-4:30 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=115](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=115)

May 28-30
Canadian Psychological Association, 81st Annual Convention and Tradeshow. In Montreal. [https://convention.cpa.ca/](https://convention.cpa.ca/)

July 15-18

October 14-17

A change to the Health Professions Act on May 1 allows Registered Nurses to prescribe common medication and diagnostic tests in specific clinical settings and by completing the [Athabasca University RN prescribing course](https://www.aub.ca/programs/home/).
Online Learning Resources

Knowledge Resource Service The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. http://krs.libguides.com/mentalhealth

The Cochrane Collaboration provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. http://summaries.cochrane.org/

Alberta Family Wellness Initiative Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification http://www.albertafamilywellness.org/resources/search

Medical Cannabis Online courses from the Canadian Pharmacist Association https://www.pharmacists.ca/education-practice-resources/professional-development/medical-cannabis-ce/

Canadian Centre on Substance Abuse (CCSA) Online publications intended to contribute to CCSA’s national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. http://www.ccsa.ca/


McMaster University provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. http://www.healthevidence.org/

Alberta Addiction and Mental Health Research Partnership Program Knowledge Notes are concise summaries of current research in a specific area. https://www.albertahealthservices.ca/info/Page11244.aspx

Published clinical guidelines from the National Institute for Health and Clinical Excellence (NICE) http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3

A comprehensive collection of psychiatric rating scales and diagnostic aids from the University of Adelaide https://libguides.adelaide.edu.au/psychiatry/rating_scales

Bridging the Gap is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: http://www.albertahealthservices.ca/research/Page11235.aspx

The Canadian Agency for Drugs and Technologies in Health (CADTH) provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. https://www.cadth.ca/evidence-bundles/evidence-on-mental-health

Anxiety BC Video library and other emotional regulation education resources including a phone app https://www.anxietybc.com/resources/video


Indigenous Health Program Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. http://www.albertahealthservices.ca/info/page7634.aspx See also the You Tube playlist https://www.youtube.com/playlist?list=PL11OF1I5Z0uVe4nElijWZCvG1zk8U8S-

University of Alberta Grand Rounds The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home

At Home with Eating Disorders Conference Series You Tube Recorded expert speaker presentations https://www.youtube.com/channel/UCHJ_kGWdRgTZw2agp0frNZw

Developmental Pathways of Addiction and Mental Health 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal https://phc.myabsorb.ca/#/login or the External AHS Website https://www.albertahealthservices.ca/info/Page15972.aspx

National Education Alliance for Borderline Personality Disorder Resources include a free online course, podcasts, media library, family education materials, and more. https://www.borderlinepersonalitydisorder.com/professionals/

Healthy Minds/Healthy Children The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children’s mental health. http://www.albertahealthservices.ca/info/Page4718.aspx

Policy Wise for Children and Families Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. https://policywise.com/

Addiction Counselling Webinars The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics http://www.naadac.org/webinars

TED: How the Mind Works The world’s most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. http://www.ted.com/index.php/themes/view/id/4
University of California Television provides documentaries, faculty lectures and research symposiums.

Community Education Service Free online webinars from presentations at the Alberta Children’s Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth.
http://fcrc.albertahealthservices.ca/ces/

Alberta Quits Learning materials and videos about tobacco cessation.
https://www.albertaquits.ca/learning/training-videos

Chronic Disease Management Education for Health Care Providers Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations)
http://cdm.absorbtraining.ca/#/login

Mental Health Commission of Canada (MHCC) Webinars Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch.
http://www.mentalhealthcommission.ca/English/webinars

Trauma Informed Care e-Learning Modules Six foundational modules and other resources.
http://www.albertahealthservices.ca/info/page15526.aspx

Suicide Prevention, Risk Assessment & Management (SPRAM) Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide.
http://www.albertahealthservices.ca/info/Page14579.aspx

Children’s Mental Health Learning Series provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns.

Geriatric Grand Rounds with an evidence-based medicine and inter-professional focus
https://sites.google.com/a/ualberta.ca/ggr/

University of Calgary Department of Psychiatry calendar of medical rounds, workshops and conferences is at
http://www.ucalgary.ca/psychiatry/calendar/month/2017-11
The Faculty of Social Work Professional Development Program workshops are listed at:
http://www.ucalgary.ca/pd/A collection of e-Learning courses is available at
http://ecme.ucalgary.ca/program-listing/

TRIP (Turning Research Into Practice) Clinical search engine designed to allow users to easily find research articles to support practice.
https://www.tripdatabase.com/

RNAO Mental Health and Addiction Initiative Nursing best practice guidelines, education modules and many other resources.
http://mapo.ca/bpq/initiatives/mhai/purpose

Mental Health First Aid The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada.
http://www.mentalhealthfirstaid.ca/en/course-info/courses

http://intnsacanada.com/

Psychnwire Online courses in CBT, ACT, Mindfulness and DBT
https://psychwire.com/

Cannabis 101 Online workshop for AHS staff, on MyLearning Link. Search for ‘cannabis’. For more information, contact the Decision Support Team (Calgary) at dst.education@ahs.ca

Canadian Counselling and Psychotherapy Association continuing education collection of online courses on a range of mental health and addiction topics.
https://www.mentalhealthacademy.net/ccpa/

Harvard Centre on the Developing Child Guide to the effects of Toxic Stress on addiction and mental health
https://developingchild.harvard.edu/science/key-concepts/toxic-stress/

TED Ed Mind Matters Numerous brief videos on topics related to your brain.
https://ed.ted.com/series/mind-matters

Jack Hirose Webinars. On demand online learning of clinical topics in therapy.
http://webinars.jackhirose.com/

Crisis & Trauma Resource Institute Training in counselling through workshops and webinars.
https://ca.ctrinstitute.com/

Understanding Stigma Online module about the stigmatization of people by healthcare providers and to develop strategies to improve attitudes and behaviours, leading to improved patient–provider interactions and better overall care for people.
https://moodle9.camhx.ca/moodle/?lang=en

The online Addiction Medicine Diploma Program has been redesigned and updated to bring you a more interactive and seamless learning experience. The new program is called the Addiction Care and Treatment Online Certificate and has formally launched in partnership with UBC Continuing Professional Development and the UBC School of Nursing.
https://ubccpd.ca/course/addiction-care-and-treatment