Statement of Purpose

The goal of the Resident Wellbeing Committee (RWBC) is to provide the support necessary for resident physicians to maximize their own as well as their family’s health and wellbeing. The committee will endeavor to examine the professional and personal issues that affect resident physicians and advocate on their behalf in work, academic and personal areas.

Responsibilities

The RWBC will aim to:

1. Raise awareness about physician health issues among resident physicians, residency programs, faculty members and allied health professionals
2. Identify factors affecting resident wellness in residency programs
3. Monitor the wellness of resident physicians and residency programs
4. Develop, implement and evaluate measures to improve wellness in resident physicians
5. Assist in the planning and funding of resident planned wellbeing events
6. Be available on an individual level to discuss specific issues that arise for resident physicians or in residency programs, and to facilitate appropriate referral
7. Facilitate access to medical care for all resident physicians in conjunction with the appropriate physician health program
8. Aim to effectively represent all resident physicians on the committee

Liaisons

The RWBC will liaise with the following organizations to help promote resident wellness and advocacy:

1. Relevant members of the Faculty of Medicine & Dentistry including:
   a. Vice-Dean Education
   b. Associate Dean Learner Advocacy & Wellness
   c. Associate Dean Postgraduate Medical Education
2. Professional Association of Resident Physicians of Alberta (PARA)
4. Program Directors and Residency Program Committees
5. Medical Students Association (MSA)
6. Alberta Health Services
7. Comparable committees at other Canadian medical schools
8. Other local, regional or national agencies as appropriate

Reporting

The RWBC will report to the Associate Dean Learner Advocacy & Wellness as needed and will update the Postgraduate Medical Education Council at least quarterly

Membership

Chair(s): The committee will be chaired by the Assistant Dean Resident & Fellow Affairs of the Learner Advocacy & Wellness Office. A co-chair may also be appointed by the Associate Dean Learner Advocacy & Wellness.

Members: Resident representation will come from each postgraduate residency training program.

Ex-officio Members: Associate Dean Learner Advocacy & Wellness, PARA Representative(s), MSA Representative(s) and Program Directors from each postgraduate residency training program.

Terms

The Assistant Dean Resident & Fellow Affairs’ term will follow their appointment to the Learner Advocacy & Wellness Office. Where relevant, the co-chair will be appointed to a renewable three year term.

Meeting Schedule

The RWBC will meet every other month during the academic year (September, November, January, March and May) and at the call of the chair if needed.