Faculty Updates

New Year 1 and 2 Elective Opportunity: The Healer's Act

**When:** Introductory Overview - Feb 13, 6:00 – 9:00 pm *(Optional).* Additional 5 mandatory sessions: Feb 27, Mar 13, Mar 27, Apr 10, and Apr 24, 2018, 18:00-21:00.
**Where:** University of Alberta

In this NEW UofA elective, offered annually at 70 medical schools around the world, students will collectively participate in discussions that focus on values clarification, professionalism, and the practice of medicine. The course is designed to encourage medical students to trust the power of listening and presence to heal, formulate a personal, comfortable, and compassionate response to loss, experience the healing power of grief, recognize awe and mystery in the daily practice of medicine, explore the concept of calling, write a personal mission statement, and explore the personal meaning of physicianhood.

For more information, read the elective description [here](#). To register, click [here](#).

For information, please contact ahhm@ualberta.ca

Student Updates

Roll Out the Reusable Cup

Buy 10 beverages from the Tim Hortons outside Katz 1080 using a reusable cup and get a $5 Tim Horton’s gift card.

For more information contact Alex Perry or Rahul Moorjani

Events

**Monday, April 23rd**
12:00 Disability Dialogue
12:00 Ortho Talk 4
17:00 Jazz Band Practice

**Tuesday, April 24th**
17:00 Courtyard Choir Practice
17:30 Trauma Skills Night

**Wednesday, April 25th**
12:00 Austere Medicine
17:00 MSA Orchestra Practice

**Thursday, April 26th**
17:00 Smash Club

**Friday, April 27th**
(No events)

**Saturday, April 28th**
(No events)

**Sunday, April 29th**
19:00 Ultrasound Skills Night

See More Events
CFMS Health & Environment Earth Week Challenges!

Photo Contest: Submit your favourite environmental shots to finola@ualberta.ca between by April 23 to win cash prizes and have your photos displayed at the CFMS SGM in Halifax!

#Environmed Challenge: Post pictures of your eco-friendly actions to facebook, instagram or twitter with #Environmed between April 16-23 to win cash prizes!

For more information contact julia7@ualberta.ca

Emergency Medicine - Ultrasound Clinical Skills

When: 19:00 - 21:00, April 29, 2018  
Where: Katz DL Rooms

Come learn ultrasound skills from Emergency Medicine residents. This is a great opportunity to network, ask questions about emergency medicine and learn skills that will be vital for clerkship.

For more information, please contact acrocker@ualberta.ca

Volunteers Needed - Starlight Performance Camp

When: July 7, 2018

Where: Ortona Gymnastics, Saville Center, South University Campus

Volunteers needed for Starlight Performance Camp! The Starlight Performance Camp student initiative is looking for 2 junior leaders as well as instructors, group leaders and floating volunteers. Starlight is a camp that gathers workshops in gymnastics, dance, cheerleading and fashion for children living with a chronic illness and/or disability. The only requirement for most positions is a desire to have fun with kids!

Check out our website here.

For more information contact: starlightperformancecamp@gmail.com.

Alberta Doctors Digest Student Spotlight

If you would like to nominate a medical student to be recognized in a Student Spotlight, please submit a maximum of 500-word narrative to the AMA Committee on Student Affairs. We are looking for stories about medical students who are advocating for and leading change in their school, clinical environment or community. We want to recognize these students for their efforts and their ability to positively impact the health care system in Alberta. Together we can make a difference!

Please submit your nomination narrative and a picture to daphne.andrychuk@albertadoctors.org. If you submit a picture, please also include a signed AMA photo consent form for each person in the picture. Here's the form.

For more information, please contact daphne.andrychuk@albertadoctors.org

Looking for coaches to join our team!
MedCoach is a network of medical students across Canada aimed at providing affordable coaching opportunities for students wishing to enter medical school, while also raising money for health-care related charities.

We are looking for medical students at UofA to join our team!
If you are interested in mentoring students through the stressful time of applications, please fill out an application [here](https://secure.campaigner.com/csb/Public/show/cfgr-okzy3--feu0l-5knyquf8/3).

For more information contact support@mymedcoach.ca

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**CFMS Updates**

**CFMS Membership**

Please ensure to sign up for your CFMS membership using this code: MyCFMS_1977 ([website here](https://secure.campaigner.com/csb/Public/show/cfgr-okzy3--feu0l-5knyquf8/3)). We encourage all students to sign up for the website as it’s the only way you can access all of the services, discounts, and resources that we offer, and they we to make sure that you are getting the most out of your membership. Be sure to also follow us on [Facebook](https://www.facebook.com) as well!

For additional information, please contact: msavpext@ualberta.ca

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**CFMS Communiqué**

In This Communiqué...

**CFMS Spring General Meeting - Halifax, April 27-28 2018**

1. Register for SGM 2018! (Deadline: APR 6)
2. Call for Resolutions: CFMS SGM (Due: APR 13)
3. Call for Nominations: CFMS President-Elect (Due: APR 27)

**CFMS Wellness**

4. CFMS Longitudinal Wellness Initiative: Nutrition tips
5. Wellness Spotlight Profiles: Submit your story

**Have Your Voice Heard**

6. Health Impacts of Cannabis Use Contest - Cash prizes! (Closes: APR 15)
7. CMAJ Student Humanities Blog: Call for submissions

**#HowWeAdvocate**

8. Press Conference at Ontario Legislature: Ontario Medical Students Association (OMSA) & CFMS collective advocacy on increasing residency spots & support for unmatched graduates
9. Memorial University Provincial Medical Student Day of Action on medical abortion
10. USask Provincial Medical Student Day of Action on mental health

**CFMS Member Discounts**

11. Free Tax Returns by MNP (taxes are due APR 30)
12. WestJet Discount: Save 10% (until APR 10)
13. Running Room: Save 10% (until MAR 31)
14. UpToDate: Save up to 54% off subscriptions

**CFMS In The News**

15. HealthyDebate: 'Medical students who don't match through CaRMS: "It's like a scarlet letter"
16. CMAJ News: 'Medical trainees want benefit of doubt when reporting harassment'

**CFMS Education**

17. Graduating this year? New MCCQE Part I practice test now available

For more information, contact msavpexternal@ualberta.ca

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**Submitting an Article**

**Listserv and Steth Submission Instructions**

Please use this document as your guide for MSA Communication. It has the details on sending an email to the listserv or submitting an article to The Steth. There is updated information so make sure you take a look!

If you have any questions about communication, please e-mail msavpadm@ualberta.ca.

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