The Steth November 20th Edition

The Steth (MSA)
Sun 2016-11-20 6:04 PM
Misc
To: David Fung <fung1@ualberta.ca>
Categories: fung1@ualberta.ca

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http://www.mailoutinteractive.com/industry/View.aspx?id=862516&q=1118027277&gz=b51090

Sunday, November 20, 2016

MSA Exec Updates

Annual Balance Night

When: 17:00-21:00, December 5th, 2016
Where: Bernard Snell Hall

Balance night is an event where doctors are invited to talk to students about nutrition, work-life balance, finance in residency, and other health and wellness topics in a small group setting while enjoying a potluck dinner. Breakout sessions after dinner include yoga, drum circle, dance, and more.

For more information, contact your Health and Wellness Representatives.

In this issue:

Student Updates

Become an AMA Youth Run Club Ambassador!

The AMA Youth Run Club is still looking for medical student ambassadors! Why you should consider becoming one:
1) It's NOT just about running or only for runners: Ambassadors serve as role...
models giving health advocacy talks to students, encouraging them to adopt healthy preventive habits early in life.

2) It's super easy: All the materials are prepared, with 'talking tips' on health advocacy topics (like sleep, exercise, or mental health). You just set up a time to visit a school and talk about a topic of your choice.

3) It's a short, flexible time commitment: You can do one presentation or as many as you like, and arrange the date and location of school visit around your preferences.

Contact finola@ualberta.ca for more information. Contact Vanda Killeen (vanda.killeen@albertadoctors.org) or Hayley Degaust (hayley@everactive.org) to get involved.

>> Click Here

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**Student-led Sexual Harassment Survey**

**When:** ASAP  
**Where:** Online

We are a group of undergraduate medical students and faculty members surveying med students of all genders at all 17 Medical Schools in Canada to evaluate the prevalence and nature of sexual harassment during medical training. We will use the findings to inform medical schools about the extent of the problem and suggest approaches to addressing it. The anonymous survey should take <15 minutes.

To take the survey, click [here](#). Contact jwebber@nosm.ca for more information.

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**Social Entrepreneurship Institute**

**When:** Friday, December 2, 2016  
**Where:** Shubert Theater in New Haven, Connecticut

Presented annually by Unite For Sight, the Social Entrepreneurship Institute provides mentoring, guidance, and successful strategies for participants to apply to their work in global health, social entrepreneurship, and international development. In addition to unique interactive sessions by leaders in global health and social entrepreneurship, the Institute also includes a lunch networking reception with the speakers.

See [website](#) for more information.

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**Society of Rural Physicians of Canada (SRPC) Essay Contest**

**When:** Deadline December 31, 2016  
**Where:** Via Email

Get ready for the annual medical student and resident essay contest! Send in a non-fiction essay with a rural elective theme (500-1000 words) and win $500 towards attendance at the Rural and Remote 2017 Conference in Calgary (April 6-8 2017).

Deadline: December 31, 2016. Send submissions to submissions@srpc.ca.

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- General Surgery Talk by Dr. Dan Schiller
- PARA - Professional Association of Residents of Alberta - November Meeting Update
- Hug Me. I’m Vaccinated! - Vaccinations 101 with Dr. Mel Lewis and Dr. Sarah Forgie
- OB/GYN and MSFC Clinical Skills Night

**Faculty Updates**

- Elective Opportunity: Communicating Care: A Theatre-Based Approach
- Call for Submissions: Muse: McMaster University
- William B. Bean Student Research Award
- Volunteer Opportunity: Venta Care Centre

**CFMS Updates**

- CFMS Membership
- CFMS Communiqué

**Submitting an Article**

- Listserv and Steth Submission Instructions
- UTMJ Surgery Issue - Call for Submissions

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**Events**

**Monday, November 21st**

12:00-13:00 2+1 Residency Lunch Talk
12:00-13:00 General Surgery Talk - Dr. Schiller
18:00-22:00 Fenske Dinner

**Tuesday, November 22nd**

17:00-18:30 Courtyard Choir

**Wednesday, November 23rd**
Click here to view attachment.

Email Christine Patterson at cp8@ualberta.ca for more information.

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**Apply for an AMA Medical Student Bursary!**

**When:** Deadline December 31, 2016  
**Where:** Online

Eligible students are encouraged to apply for the AMA Medical Student Bursary.  
Click here for online application information. Click here to view attachment on bursary. Click here for FAQs.

Deadline to apply is December 31, 2016.

Please note that supporting documents must clearly indicate the applicant’s name. Any documents without the applicant's name as the debt holder will not be considered in the total.

Contact finola@ualberta.ca for more information.

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**Women In Surgery: Dr. Sandy Widder Lunch Talk**

**When:** 1200-1300, December 8th, 2016  
**Where:** Katz 1-080

Women in Medicine and Surgery (December 8th, 12-1pm, Katz 1-080)  
In collaboration with the WIMS Club: Dr. Sandy Widder (a great teacher, trauma surgeon and quality improvement master) is coming to give us a talk on December 8th! Dr. Widder is a trauma/acute care surgeon and intensivist who completed her subspecialty training in Calgary and Miami (visiting fellowship). She possesses a Masters in Health Administration (University British Columbia, Sauder School of Business) and completed her Masters in Quality Improvement and Patient Safety from the University of Toronto in 2014.

For more information, contact MSA.surgery.club@gmail.com

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**General Surgery Talk by Dr. Dan Schiller**

**When:** 1200-1300, November 21, 2016  
**Where:** ECHA 2-190

Dr. Dan Schiller (a really cool General Surgeon... "He's the Bomb dot com" - Shauna) is going to give us a talk on November 21st! He works in the division of general surgery at the RAH with an interest in gastrointestinal surgery and surgical oncology and sarcomas. Fun fact... he also did his Bachelor’s in computer engineering (University of Ottawa), and has a Masters in Experimental Surgery from the U of A. Pizza may or may not be provided but regardless it's a cool event!

For more information, contact MSA.surgery.club@gmail.com
PARA - Professional Association of Residents of Alberta - November Meeting Update

What is PARA? The organization that represents Residents in Alberta.
Why should I care? ~50% of you will become residents in Alberta.
What does PARA do? Advocacy, Collective Bargaining, Social Events, Resident support and more.

Updates from November 7th Assembly Meeting:
1. Resident Health and Wellness
   Assembly discussed promoting mindfulness activities and strategies for coping with the busy lifestyle of resident physicians.

2. PARA Contract Negotiations
   The PARA contract ended in July 2015 and since then the organization has been in negotiation with various stakeholders for the last 18 months to come to a new agreement. There is hope the new agreement will be ready within the next year.

3. Truth and Reconciliation Commission
   The assembly officially supported this document and its recommendations.

4. Social Media
   Check out PARA's social media contacts:
   - Facebook
   - Twitter
   - Instagram

For more information, contact blchrist@ualberta.ca

Hug Me, I'm Vaccinated! - Vaccinations 101 with Dr. Mel Lewis and Dr. Sarah Forgie

When: 12:00-13:00, November 23rd, 2016
Where: ECHA 2-190

Want to learn more about how to protect our pediatric population from scary infectious diseases? Join the Infectious Disease and Tropical Medicine Club on Nov. 23rd for an exciting talk on vaccinations with the fabulous Dr. Mel Lewis and the amazing Dr. Sarah Forgie! Snacks will be provided.

For additional information, contact radhika1@ualberta.ca

OB/GYN and MSFC Clinical Skills Night

Sign up for a clinical skills session taught by residents & staff on November 28th 5:30-7:30.

Skills will include:

1) Pap smears and bimanual exams
2) Suturing tears
3) Cervical Dilation
4) one of: IUD Inserts or D&C

40 spots: random draw. Sign up here.

Contact sregan@ualberta.ca for more information.
Faculty Updates

Elective Opportunity: Communicating Care: A Theatre-Based Approach

**When:** 9:00 - 16:00, December 3 & 4, 2016  
**Where:** 1-182 ECHA

Brush up your communication skills with this unique workshop designed specifically for medical students, taught by professional actor and instructor in the U of A Drama Department, Michele Fleiger.

This workshop counts for 12 hours of elective credit for first and second year medical students. Others may take this workshop out of interest.

For a complete elective description see the catalogue link [here](#).

You MUST register for this workshop in advance at the link below. Due to limited registration we will prioritize first and second year students until November 10.

Register [here](#).

Contact ahhm@ualberta.ca for more information.

>> [Click Here](#)

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Call for Submissions: Muse: McMaster University

**When:** Deadline January 4, 2017, 11:59pm EST  
**Where:** Online

The Muse is a medical humanities journal that aims to create an inclusive interdisciplinary dialogue about key healthcare issues. Founded in 2015, it has served as the platform for undergraduate students across a myriad of disciplines, medical students, patients, nurses, paramedics, physicians, volunteers, and others to share stories of art and healing.

We are pleased to announce that submissions for our print Spring 2017 issue, Beneath the Surface, are open! The type of content we are looking for includes reflections on experiences in a healthcare setting, opinions, fiction, medical history, visual art, and more.

Submission categories are as follows:  
? Prose: 700-1000 words  
? Poetry: up to one page  
? Academic work: 1000-1200 words  
? Visual art: at least ¼ of a page in size and 300 dpi

Click [here](#) for attachment.

The submission deadline is January 4, 2017 at 11:59pm, EST.

Please indicate the type of piece you are submitting in the subject of your email.

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William B. Bean Student Research Award
**Deadline: March 1, 2017**

William B. Bean Student Research Award  
Supporting Research by Medical Students in Medical History & Medical Humanities  
- Candidates must be current students at accredited medical schools in the U.S. or Canada.  
- The research award is $1,500.  
- Successful applicants may be invited to present his/her research findings at a subsequent meeting of the American Osler Society

See the award poster [here](#)!  
For more information, contact aosrenee@gmail.com

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**Volunteer Opportunity: Venta Care Centre**

Amanda Tresham, the Recreation and Volunteer Coordinator at the Venta Care Centre in Edmonton, is looking for medical students interested in gaining volunteer experience in the medical/therapeutic field in a long-term care facility.

Email atresham@ventacarecentre.com if interested.

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**CFMS Updates**

**CFMS Membership**

Welcome to the new medical students! Please ensure to sign up for your CFMS membership using this code: CFMSwebsite14 (website [here](#)). We encourage all students to sign up for the website as it's the only way you can access all of the services, discounts, and resources that we offer, and they we to make sure that you are getting the most out of your membership. Be sure to also follow us on Facebook as well!

For additional information, please contact: msavpext@ualberta.ca

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**CFMS Communiqué**

In This [Communiqué](#)...  
1) CFMS Bilingualism Committee - Call for Applications (Deadline: November 20, 2016)  
2) CMA Awards - Call for Nominations (Deadline: November 30, 2016)  
3) RDoC Resident Profiles  
4) Murmurs Magazine - Call for Submissions (Deadline: January 30, 2017)  
5) UTMJ - Call for Submissions (Deadline: January 1, 2017)  
6) Member Discount: UpToDate

For more information, contact msavpexternal@ualberta.ca

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**Submitting an Article**

Listserv and Steth Submission Instructions
Please use this document as your guide for MSA Communication. It has the details on sending an email to the listserv or submitting an article to The Steth. There is updated information so make sure you take a look!

If you have any questions about communication, please e-mail msavpadm@ualberta.ca.

>> More Info

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UTMJ Surgery Issue - Call for Submissions

**Deadline:** January, 1st 2017 for our print issue

Dear students and faculty,

The University of Toronto Medical Journal (UTMJ), Canada's oldest student-run scientific publication, is looking for submissions for our upcoming issue on Surgery.

We publish several themed issues yearly and serve as a place for students, residents and faculty to publish their primary work, reviews and commentaries.

The deadline for submission is January, 1st 2017 for our print issue. However, we do accept articles on a rolling-basis beyond this deadline and submissions are not restricted to theme-related topics in order to be published.

A description of the theme, details for submission and relevant deadlines can be found in the attached PDF file.

Please let us know if you have any questions at: editors.utmj@utoronto.ca. Submission details available on the UTMJ website at: http://www.utmj.org/

Looking forward to hearing from you.

Best,
Mark Shafarenko & Ahmad Mousa

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