Student Resources

The Faculty of Pharmacy and Pharmaceutical Sciences recognizes the demands of this undergraduate pharmacy training program, and the diversity of our student body. We care about you and your success. These resources were compiled by a pharmacy student to assist fellow students. Please refer to listed resources below for any needed assistance.

### Help Lines

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>HealthLink Alberta (24/7)</td>
<td>811</td>
</tr>
<tr>
<td>Support Network Crisis Line (24/7)</td>
<td>780-482-4357</td>
</tr>
<tr>
<td>Adult Mental Health Crisis Response Services (24/7)</td>
<td>780-342-7777</td>
</tr>
<tr>
<td>Protective Services (24/7)</td>
<td>780-492-5050</td>
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</tbody>
</table>

### Mental Health

**Peer Support Centre**  
2-707 Students' Union Building  
Help Line: 780-492-HELP  
Regular Line: 780-492-4268

The Peer Support Centre (PSC) is a Students' Union service that offers a free, confidential, and non-judgemental place to talk to someone for support. No issue is too big or too small. Our trained volunteers offer: peer support, crisis management, information and resources, as well as a safe and confidential place to talk. Our volunteers will listen to help you uncover some steps you can use to improve your situation, no matter what the issue. We also have a library of on and off campus resources to give you an idea of where to go when you leave the Centre.

**Counselling and Cognitive Services**  
2-600 Students' Union Building  
780-492-5205

Counselling & Clinical Services aims to provide accessible and compassionate psychological and psychiatric services to U of A students. We help students improve their personal, social, and academic well-being and offer consultative services to the University of Alberta community, like opportunities for faculty and staff to consult with us regarding students of concern.

**Community Social Work Team**  
780-492-3342

The Community Social Work Team provides support to students of all ages, groups, backgrounds, and income levels in becoming connected to each other, the campus community, and resources both on and off campus. Connecting to your campus community plays an important role to your overall well-being.

**City of Edmonton Assessment and Short-Term Counselling**  
780-496-4777

Speak privately with a professional social worker on various concerns such as daily life stressors, problems with family, parenting stress, abuse or violence in the family. Also help with referring people to appropriate resources around housing, financial resources and many other community resources.

### Physical Health

**University Health Centre**  
2-200 Students' Union Building  
780-492-2612

Whether it’s time for a regular check-up, you’re not feeling well, or you have questions relating to your health, the physician and nursing staff at the University Health Centre are here to help. We are committed to providing a wide range of professional, friendly and compassionate medical services to students and staff at the University of Alberta. All of our services are strictly confidential.

**Campus Pharmacy**  
1-10 Students’ Union Building  
780-492-2634

Conveniently located in the Students' Union Building, our Pharmacy team is ready to assist you with a wide-range of prescription and over-the-counter medications and sound health advice. We are a full service pharmacy dedicated to serving all students and staff at the University of Alberta.

### Academic Resources

**Student Accessibility Services**  
1-80 Students' Union Building  
780-492-3381

Student Accessibility Services promotes an accessible, inclusive, and universally designed environment at the University of Alberta. Individuals with documented disabilities are connected to the resources and supports needed to achieve full potential. We serve prospective and current students, as well as staff and faculty with disabilities affecting mobility, vision, hearing, learning, and physical or mental health.

**Student Success Centre**  
2-300 Students’ Union Building  
780-492-2682

If you have questions about how to tackle a paper, report, or exam, how to study or take notes, how to present calmly and effectively, how to plan your term, or manage a course project, thesis, or dissertation, we’re here to help!
### Financial and Basic Needs

**Financial Aid Office**

*Student Connect Main Floor Admin Building*

**780-492-3113**

At Student Connect, the Office of the Registrar’s student service centre, you will find answers and guidance on financial support for UAlberta undergraduate, graduate and international students. Our advisors understand that university financial responsibilities can be complicated and stressful, and they are here to provide information, assistance and advising to help guide you through managing your educational costs.

### Other Resources

**Sexual Assault Centre**

*2-705 Students’ Union Building*

**780-492-9771**

The University of Alberta Sexual Assault Centre provides a safe place on campus where unconditional support, confidentiality, respect, and advocacy are available for those affected by sexual assault, sexual harassment, relationship violence, and stalking. The U of A Sexual Assault Centre strives for a campus community free of sexual violence.

**The Landing**

*0-68A Lower Level Students’ Union Building*

**780-492-4949**

The Landing is a student space offering support for gender and sexual diversity. We strive to promote gender equity on a broad scale, and advocate for the safety and acceptance of individuals of all genders and sexualities in campus life.

**Student Ombuds Service**

*5-02 Students’ Union Building*

**(780) 492-4689**

The Office of the Student Ombuds is a confidential service that strives to ensure that university processes related to students operate as fairly as possible. We offer information, advice, and support to students, faculty, and staff as they deal with academic, discipline, interpersonal, and financial issues related to student programs.

**Interfaith Chaplains’ Association**

*3-02 Students’ Union Building or 169 HUB*

**780-492-0339**

Chaplains respect religious liberty and are available for spiritual guidance, care and support to any student, staff, or faculty members, whether or not they identify with a particular faith.

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Resource information and descriptions have been obtained directly from their respective webpages. Information presented on this document may be out of date and/or may not be correct in what the resource currently provides. Please see service website for the most accurate and up to date information.

Sept 2015