INFORMED CONSENT AGREEMENT – UNDER 18 YOUTH PROGRAMS

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<th>Participant Full Name:</th>
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<td>Parent/Guardian Full Name:</td>
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<td>Program Name and Barcode #</td>
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DISCLAIMER CLAUSE
I acknowledge that the University of Alberta, the Faculty of Kinesiology, Sport, and Recreation, the Governors of the University of Alberta and their officers, directors, agents, contractors, employees, coaches, instructors, trainers, volunteers, members and representatives (all hereafter collectively referred to as “the University”), are not responsible for any participant’s death, injury, loss or damage of any kind sustained by any person while registered as a participant of Green & Gold Sport System programming except to the extent that such injury, loss or damage was caused by the negligence of the University.

DESCRIPTION OF ACTIVITIES
The following are activities that your child may participate in during our programming:
- Individual Sports: Climbing, Golf, Rowing, Swimming, Tennis, Track and Field, Triathlon and Wrestling.
- AIM Training: Fundamental Movement Skills, Agility, Balance, Coordination, Speed, Strength, Endurance, Flexibility.
- Fitness Instruction: Stability, Strength, Plyometrics, Flexibility, Cardiovascular Training.
- Cooperative Games: Locomotor, Object Manipulation, Body Skills.

ASSUMPTION OF RISKS
In consideration of my child’s participation in Green & Gold Sport System programming and all related activities, I and my child acknowledge that we are aware of, appreciate and freely accept all risks, dangers and hazards associated with being a participant in the Green & Gold Sport System programming, including the possible risk of severe or fatal injury to my child or others. These risks include, but are not limited to:

a) All manner of muscular injuries and soft tissue injuries including bruises, scrapes, cuts, etc, from executing strenuous and physically demanding physical techniques, collisions with the wall, floor, uneven playing surfaces, contact with other participants (including spotters whose role is to enhance safety and learning) and failure in proper use of equipment either by my child, or other participants;
b) All manner of injuries resulting from the mechanical failure of apparatus/equipment;
c) All manner of injuries resulting in dislocations, concussion, hematomas, whiplash, contusions, sprains, pulled or strained muscles, knee injuries, and broken bones;
d) Transmission of diseases through contact with University staff or other participants resulting in death, disease or other illnesses;
e) All manner of head, neck, spinal, facial, eye, nose and/or dental injuries;
f) All manner of injuries resulting from heat cramps, and heat stroke during hot summer days;
g) All manner of injuries and/or death that may result from transition between facilities;
h) Heightened risk of injury as a result of increased fatigue.

Initials: ________
CONDITIONS OF REGISTRATION
The parent/guardian and the participant confirm the following:

a) That the participant sees a licensed medical practitioner on a regular basis and is physically and mentally fit and able to participate in all activities associated with the Green & Gold Sport System.

b) That the participant will wear full protective equipment demanded by the sport/activities and that the equipment brought to the camp by the participant meets or exceeds all minimal CSA or sport governing body standards.

c) Should the participant be injured during the registered program, permission is given to University of Alberta staff to obtain and/or provide emergency medical treatment.

ACKNOWLEDGEMENT OF RESPONSIBILITIES AND RELEASE
The parent/guardian and the participant understand and acknowledge:

a) To obey all rules and regulations pertaining to the Green & Gold Sport System programming.

b) To follow all instructions and rules given by those in charge of the Green & Gold Sport System programming. I understand and accept that the instructions and rules are in place to provide a safe environment for the programming and activities.

c) To indemnify, hold harmless and release the University from any and all liability, claims and costs that might arise out of the participant’s participation in the Green & Gold Sport System and all related activities.

I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THIS AGREEMENT, that I have executed this Agreement voluntarily, and that I understand, appreciate and accept the risks associated with my child’s participation in Green & Gold Sport System programming and all related activities at the University of Alberta. As the parent / guardian for the participant, I consent for my child’s participation in Green & Gold Sport System programming and all related activities.

Name of Parent/Guardian: __________________________ Signature of Parent/Guardian: __________________________ Date Signed: __________________________

Name of Witness: __________________________ Signature of Witness (not a family member): __________________________ Witness Phone Number: __________________________ Date Signed: __________________________

Protection of Privacy - The personal information requested on this form is collected under the authority of section 33(c) of the Alberta Freedom of Information and Protection of Privacy Act, and will be protected under Part 2 of that Act. It will be used for the purpose of administering the Green & Gold Sport System programming offered by the Faculty of Kinesiology, Sport, and Recreation. Direct any questions about the collection, use or disposal of this information to: Green & Gold Sport System, Saville Community Sports Centre, University of Alberta, Edmonton, AB, T6G 2E1. The witness information is being collected to verify the validity of the person who is signing as a witness to this document. Signed documents must be filed by the University and kept for a minimum of five years.