CURRENT EVENTS SALON

The first meeting in 2020 of the Current Events Salon will take place on Thursday January 9 at 2:00 pm in Emeritus House (tomorrow!). The main topic for discussion will be how to solve the problem of homeless people in Canada in general and Edmonton in particular. This issue is garnering a lot of attention in the media, but how best to solve the problem is not yet evident. Should this topic not fill the available time, attendees can bring up other issues for discussion.

BOOK CLUB

The next meeting of the Book Club will be held on Wednesday, January 15 at 2 pm in Emeritus House. The book to be discussed is “French Exit” by Patrick de Witt, and the reviewer will be Jan Murie.

LUNCH WITH...

The next Lunch With… will take place on Wednesday, January 22 at 12 noon in the University Club. The speaker will be Stephanie Chamberlain, who will be talking on “Challenges in caring for unbefriended older adults in long-term care”. More information will follow in the next Newsletter.

DINING OUT GROUP

A reservation has been made for our Dining Out group, at Lyon for 6:30 pm on Thursday January 30. The address of the restaurant is 10335 83 Ave. NW and the phone number is (780)433-0123. The restaurant is wheelchair accessible and parking should not be a problem. January 30 is Ken and Eunice Barron’s 60th Wedding Anniversary so we will be able to drink a toast
to them on this special occasion. If you plan to join us at Lyon please let me know by Monday, January 27 at ma23@ualberta.ca or 780 439-7452.

CURAC

CURAC has recently provided us with two pieces of information which may well be of interest to APE members. The first of these relates to medication taken by seniors, and problems associated with over-medication (polypharmacy). They have issued a position paper, which is attached to this Newsletter.

The second item of interest relates to CURAC’s assessment of what is in store for University pensions in the future. Their assessment is also attached to this Newsletter.

OFFICE ASSISTANT

My hours for the upcoming week will be:

Monday and Wednesday from 3:00-6:00 pm

~ Luke Panteluk