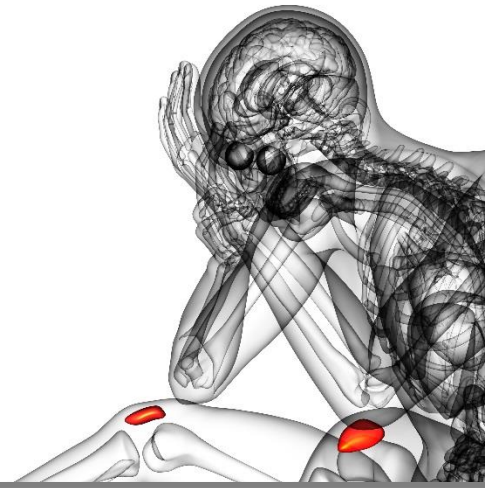


# 8th Annual Karin Greaves Memorial Education Seminar

## Thinking Outside of the Box *Understanding Pain, Depression & Anxiety with Total Joint Arthroplasty*



**Dr. Mark Simmonds** is a Clinical Professor and an anesthesiologist and pain medicine specialist at the Multidisciplinary Pain Centre at the University of Alberta Hospital where he works with adults with chronic pain conditions. He is also the Medical Director of the Stollery Pediatric Chronic Pain Clinic where he provides similar services to young people with chronic pain. In addition to his traditional medical practice, Dr. Simmonds has a keen interest in the mind-body connection and actively practices and is a strong advocate of meditation and yoga for pain and stress management. He has completed several courses on acceptance and commitment therapy and self-compassion.

**Dr. Geoff Bostick** is an assistant professor in the Department of Physical Therapy, Faculty of Rehabilitation Medicine. Geoff's professional interests include the role of neuropathic pain in the development and maintenance of osteoarthritis pain, the interaction between measures of cognitive factors (e.g. beliefs), distress, and pain hypersensitivity in determining outcomes in complex musculoskeletal conditions, and using mixed-methods to better understand the experience of pain. His current research includes the evidence for neuropathic pain in knee osteoarthritis, assessment of pain in marginalized populations: patient (expert) perspectives, and a new model of care to optimize the management of LBP in Alberta.

**Dr. Marcia Clark** is an Orthopedic Surgeon at the Sough Health Campus in Calgary, AB and Clinical Associate Professor at the University of Calgary. She completed her undergraduate degree at the University of New Mexico, her medical degree at the University of Calgary followed by Orthopaedic Residency training at the University of Alberta. Marcia completed two fellowships. Firstly, Hip and Knee Reconstruction at the Wakefield Clinic and the University of Adelaide, South Australia. Her second fellowship was at the University of Calgary in Surgical Education where she earned a Master of Science in Medical Education. Additionally, she has received her Diploma in Sports and Exercise Medicine. Marcia's clinical interests involve complex primary and revision hip and knee surgeries. Additionally, she is an active member of the Canadian Alpine Ski Team Medical group, providing care for athletes and support staff at National and International levels. She also provides medical care in the Indy and Formula 1 international motor sports events, International Rugby and University of Calgary Dino's wrestling and hockey. Academically, she is the medical director of the Advanced Technical Skills Simulation Laboratory, a joint collaborative between Alberta Health Services and the University of Calgary Cumming School of Medicine. Her other areas of interest include curriculum design, evaluation and a special interest in the use of simulation in medical education, specifically around non-technical skills. Marcia has an advisory and teaching role with the Royal College of Physicians and Surgeons of Canada in the CanMEDS 2015 project, Surgical Foundations, the Simulation Educators Course and is a member of the CanMEDS Academy of Educators, promoting medical education internationally in Saudi Arabia and China.

**Dr. Marlis Sabo** is an Orthopedic Surgeon practicing in Calgary, AB

**Dr. Cheryl Sadowski** Associate Professor, joined the Faculty of Pharmacy and Pharmaceutical Sciences, University of Alberta in August 1999. She has coordinated the geriatrics content in the Pharmacy curriculum since her arrival. She also has a clinical practice at the Misericordia Hospital, where she works in the Seniors Clinic and with the Geriatric Assessment Unit. Dr. Sadowski's research interests include attitudes toward seniors, falls awareness and management of osteoporosis and cognitive issues in older adults.

**Penny Claeys** is a Physiotherapist working primarily with the arthroplasty population at the Bone & Joint Clinic at South Health Campus for the last 3 years. Penny has many years of experience in acute care orthopaedics at Peace Arch Hospital in B.C and at RGH in Calgary, as well as outpatient rehabilitation experience in Brandon, Manitoba and Cloverdale , B.C. She has a special interest in mind-body medicine and in introducing complementary tools to the surgical population.