

6th Annual Karin Greaves Memorial Seminar

November 22nd, 2014
8:30 am – 4:00 pm MDT

Rehabilitation for Total Joint Arthroplasty

*A Joint Effort - Stepping through the continuum of care.
Total knee arthroplasty and associated bariatrics.*

Schedule of Events

Time	Topic	Presenter
7:45 – 8:30 am	Registration and Breakfast (Provided)	
8:30 – 8:45 am	<i>Introductions/Welcome</i>	Laruen Beaupre/Allyson Jones
8:45 – 9:00 am	<i>Practice Variation among PTs for Pre, Peri and Postoperative Rehabilitation of Patients undergoing TJA</i>	Ruben San Martin, MScPT Student, Dept Physical Therapy, University of Alberta
9:00 – 9:45	<i>Fallacies of Nutrition Care for Obese Arthroplasty Patients</i>	Heather Oga, RD, Edmonton Hip & Knee Clinic
9:45 – 10:45 am	<i>Pharmacological Management of Patients undergoing TKA</i>	Cheryl Sadowski, PharmD, Associate Professor, Faculty of Pharmaceutical Sciences & Pharmacy, University of Alberta
10:45 – 11:00 am	BREAK	
11:00 – 12:00 pm	<i>Surgical Considerations for Bariatric Patients undergoing TKA</i>	Ed Masson, MD, FRCS(C)
12:00 – 1:00 pm	LUNCH (Provided)	
1:00 – 1:15 pm	<i>Outcomes for Patients with Obesity who undergo TKA</i>	Allyson Jones, PT, Dept of Physical Therapy, University of Alberta
1:15 – 2:00	<i>State of the Science for Rehabilitation of Patients Living with Obesity</i>	Mary Forhan, OT Dept of Occupational Therapy, University of Alberta
2:00 – 2:45 pm	<i>Managing End Stage Knee OA for Patients living with Obesity</i>	Lois Flakstad, PT, Rheumatology Div.
2:45 – 3:00	BREAK	
3:00 – 3:45	<i>Acute Post Op Management of Bariatric TKA Patients</i>	Yvonne Forman, PT Physical Therapy, Royal Alexandra Hospital
3:45 – 4:00	Wrap up	

Presenters

Dr. Ed Masson is an orthopaedic surgeon with a specialty practice in joint arthroplasty surgery. Dr. Masson received fellowship training in arthroplasty and revision joint arthroplasty and has extensive experience with complex joint arthroplasty surgery.

Dr. Cheryl Sadowski joined the Faculty of Pharmacy and Pharmaceutical Sciences, University of Alberta, in August 1999. She has coordinated the geriatrics content in the Pharmacy curriculum since her arrival. She also has a clinical practice at the Misericordia Hospital, where she works in the Seniors Clinic and with the Geriatric Assessment Unit. Dr. Sadowski's research interests include attitudes toward seniors, falls awareness and management of osteoporosis and cognitive issues in older adults.

Heather Oga is a Registered Dietitian with Alberta Health Services. She currently works at the Edmonton Musculoskeletal Centre, the Alberta Hip and Knee Clinic, providing group education on nutrition and active living for pre operative management, and individual nutrition counseling for pre and post operative care. Heather has maintained a patient database which has been used to describe her patient care population and to monitor patients' weight change during their course of care with (Dietitian) intervention before and after surgery.

Lois Flakstad is a physical therapist interested in all aspects of arthritis, osteoporosis and chronic pain management. After graduating from UBC with a combined PT and OT degree Lois has worked at UAH Rheumatology since 2000. She has been a member of both the National Arthritis Society and Provincial Bone and Joint Network committees to improve arthritis care.

Dr. Mary Forhan has practised as an occupational therapist and educator in the areas of obesity, mental health, and chronic disease management for over 20 years. Dr. Forhan is interested in improving the quality of rehabilitation for patients with obesity. Her research areas of interest are focused on bariatric rehabilitation with a goal to develop the capacity to provide evidence-based rehabilitation for patients with multiple chronic health conditions including obesity and to improve access to health care by reducing weight bias and discrimination.

Yvonne Foreman is a physical therapist and team leader for the Arthroplasty team at the Royal Alexandra Hospital. She was a member of the Arthroplasty Implementation Group for the Pilot Arthroplasty Project, and has developed inpatient protocols and assisted with the roll-out of arthroplasty protocols to UAH, CRP, Grandview, Misericordia & East Central Health District. Additionally, Yvonne contributed to the development of the Young Total Hip Program (now OHARP), run by the RAH at the Glenrose Rehab Hospital.

Allyson Jones is an Associate Professor in the Department of Physical Therapy with a cross appointment in the Department of Public Health Sciences. She is also a Fellow with the Institute of Health Economics. She has a PhD in Epidemiology and a MSc in Physical Therapy from the University of Alberta, a BA in Administrative Studies from the University of Winnipeg and a BSc in Physical Therapy from the University of Saskatchewan. Her research interests are patient health outcomes and health-related quality of life in chronic musculoskeletal conditions common in elderly patient populations.