Postdoc News

Overcoming Culture Shock - August 21
This interactive workshop will explore some of the challenges associated with navigating graduate studies in the Canadian context, and it will equip graduate students and postdocs with real strategies to support their own mental health and well-being.

Managing Diversity - August 23
Diversity offers the potential for a tremendously rich and impactful learning experience, it can also pose challenges around communication among students and with faculty members. Cultural differences in communication will be discussed and faculty/staff will gain strategies for effective cross-cultural communication both inside and outside the classroom.

RSVP or more information

Upcoming Events - Click items to learn more

Communication
1. Toastmasters Presentation Skills - Every Wednesday
2. Pre-session Academic Writing Intensive ($125) - July 3-6
3. Writing for Correctness ($40) - July 11
4. Writing for Coherence ($40) - July 13
5. Writing for Conciseness ($40) - July 16
6. Writing Effective Theses, Introductions, and Conclusions ($40) - July 24
7. Paraphrasing Effectively and Correctly ($40) - August 3

Career
8. Mitacs Career Connect - Due October 1 (6 month internship)
Entrepreneurship
9.  The Ultimate Product Launch $39 - June 21

Teaching
10. New to Teaching Orientation - August 16

Research
11. Technology-enabled knowledge translation for digital health: principles and practices - June 29 - Webinar Series
12. Writing an Effective Funding Proposal ($40) - August 21

Happiness: Moving to Wellness - June 21

Positive Psychology research suggests that we all have the capability of feeling better every day. Practicing gratitude, focusing on what went well and other techniques are introduced, with the goal of assisting participants in living a meaningful and enriching life.

From 2-4 pm in SUB 2-725:

Join the UofA Postdoctoral Fellows Facebook Group
- Learn what’s trending with postdocs
- Gain tips for your professional development
- Hear about events and activities.
- Connect with other postdocs on campus

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