Little Activators 3 – 7 yrs
This half day camp is intended to introduce our youngest participants to the joy of physical activity. They will develop physical literacy through play, dance and movement activities.
1A: July 6 – 10; 9am – 12pm; $125
2A: August 4 – 7; 9am – 12pm; $125

Explore Camp 7 – 14 yrs
This camp will expose participants to creative play based activities. Participants and Camp Counselors will explore a variety of environments and equipment together, creating a fun dynamic camp experience.
July 13 – 17; 9am – 3pm; $175

Splash & Fun 7 – 14 yrs
The goal of this camp is to teach participants the fundamentals of swimming. Approximately half of this camp will work to develop the skills in the pool. The other half will be spent developing physical literacy through a wide range of games.
1A: July 20 – 24; 9am-3pm; $200
1B (pool only): July 20 – 24; 9am-12pm; $150
2A: August 10 – 14; 9am – 3pm; $200
2B (pool only): August 10 – 14; 9am – 12pm; $150

Nature Discovery 7 – 14 yrs/14+ yrs
This half day camp will ignite curiosiuity around nature and encourage a better understanding of our natural world, all while creating physical activity in its original setting. Physical literacy meets the forest in this brand new camp offering for 2020!
Ages 7-14: July 6 – 10; 1pm – 4pm; $125
Ages 14+: August 4 – 7; 1pm – 4pm; $125

Multi-Sport 14+ yrs
The goals of this camp are to give participants an opportunity to explore a variety of sports and develop general activity skills. This camp is jam-packed with many sports!
July 27 – 31; 9am – 3pm; $175

Fun In The Sun 14+ yrs
The goal of this camp is to have some fun in the sun. Participants will work to develop the skills of summertime activities such as Frisbee and lawn games, plus much more! On one of the camp mornings a swimming session will take place. Make some new friends this summer, while being active in the great outdoors! This is the program formerly known as “Suncatchers”.
August 17 – 21; 9am – 3pm; $175

Registration opens February 3, 2020
Early bird registration (20% off) ends April 30, 2020
For more information or to register, please call (780)492-3182

Free2BMe
2020 Summer Camps

The Steadward Centre
University of Alberta
Faculty of Kinesiology, Sport, and Recreation