VISION AND MISSION

The Steadward Centre (TSC) vision and mission support the achievement of the Faculty of Physical Education and Recreation (FPER) vision and priorities as well as those of the University of Alberta.

MISSION

Inspire individual achievement in Adapted Physical Activity and Para-sport by conducting and applying innovative research, widely sharing expert knowledge and delivering highly successful programs for individuals experiencing disability.

PRACTICAL VISION—WHAT WE ARE WORKING TO CREATE

The Steadward Centre is a hub for pioneering, high-caliber, research-based Adapted Physical Activity and Para-sport development. Supported by:
- Embedded Research and Teaching
- Integrated Continuum of Physical Activity, Fitness and Sport Opportunities
- Comprehensive Athlete Development Pathway
- Strong Strategic Partnerships
- Progressive Funding Framework

OUR PRINCIPLES—VALUES THAT INSPIRE OUR WORK
- Living with an impairment is best understood by those with an impairment
- Adapted Physical Activity and Para-sport development should be accessible by all who choose to participate
- Innovation is our expectation
- Our decisions and approaches are informed by research, and our work informs our research
- More can be accomplished in partnership than alone
- Meaningful inclusion requires communities and individuals informed about the possibilities

STRATEGIC DIRECTIONS—TO ACHIEVE OUR PRACTICAL VISION

Become a hub for high performance athlete and coach development
- Be the “gold standard” for Adapted Physical Activity across Alberta
- Broaden opportunities and access to Adapted Physical Activity with clear pathways to achieve personal physical activity and Para-sport goals
- Expand and fully integrate research, teaching and knowledge transfer into all programs, initiatives and services
- Become known by key internal and external audiences and stakeholders
- Institute a progressive and dynamic funding framework
A YEAR IN REVIEW...

It was a very exciting year for The Steadward Centre this past year with a brand new facility, a new office location and a new five year strategic plan put into action. Our new facility, officially opening May 2, 2016, features 17,000 square feet of program, office and facility space, designed specifically for the inclusion of sport, physical activity and fitness for people experiencing disability.

Our team of 11 full time and six part-time staff worked diligently this year to roll out our new five year strategic plan and set up partnerships and programs for long term sustainability. The strategic plan demonstrates a strong commitment to both Adapted Physical Activity and Para-sport. With focus and efforts put in place to create strong partnerships and increase awareness of the Centre and our programs, the Centre set forth to establish relationships with like-minded organizations who could support us in enhancing our visibility in the community.

Over the past year, The Steadward Centre developed ‘out of the box’ strategies to raise awareness of the work we do. We were involved in two online voting campaigns, bringing in $8000 in funds and increasing our reach across Canada. We launched a #choosethewayyoumove campaign which led us into the planning of a 10 year Free2BMe Anniversary Gala to be held June 24, 2016. In collaboration with a fantastic team of Steadward Centre staff, the University of Alberta’s Office of Advancement team, AW Design Group and TL2 Event Planning, we have been successful at increasing the awareness of our Free2BMe program and the number of ‘friends’ supporting this unique program.

With the generous support of Alberta Sport Connection, along with external granting agencies, community foundations and individual donors, our team of 11 full time and six part-time staff worked diligently this year to roll out our new five year strategic plan and set up partnerships and programs for long term sustainability. The strategic plan demonstrates a strong commitment to both Adapted Physical Activity and Para-sport. With focus and efforts put in place to create strong partnerships and increase awareness of the Centre and our programs, the Centre set forth to establish relationships with like-minded organizations who could support us in enhancing our visibility in the community.

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FREE2BME GREETING CARD CAMPAIGN

After hitting our 10 year anniversary milestone, Lovella Stationery (a division of AW Design Group) has designed a unique line of greeting card designs to help spread awareness of the program and raise funds to sustain a future. This collection includes ten unique greeting cards with inspirational quotes that touch the hearts of the children and parents in the Free2BMe program. Each card is hand lettered and hand painted by Lovella Stationery, a local stationery studio in Edmonton. All proceeds raised go directly to the Free2BMe program.

CONGRATULATIONS TO OUR AWARD WINNING TEAM:

Congratulations to our very own Director and UofA Faculty Lecturer, Karen Slater, for her well-deserved Avenue Magazine’s Top 40 under 40 award. Karen was recognized for her years of work and leadership in the area of physical activity for kids, teens and adults experiencing disability.


Congratulations to Nathan Kindrachuk, our Centre’s Head Coach for the Steadward Bears Para-swim program for receiving the 2016 Mayors Award for Outstanding Service for his work in developing and running University of Alberta’s first para-swim program. Congratulations to Nathan and his team for taking 6 swimmers to compete in the Paralympic trials just three short years after starting the program.

Congratulations to Bobbi-Jo Atchison for taking home the Broadening Horizons Award recognizing outstanding contribution to the advancement of the field of Therapeutic Recreation.
LEARNING

The Steadward Centre strives to be an expert in Adapted Physical Activity and Para-sport development. As a part of the Faculty of Physical Education and Recreation, University of Alberta, the Centre’s strong research and education focus allow it to deliver innovative programs and to share proven expertise with community fitness and sport leaders across Alberta.

As an academic centre, The Steadward Centre provided a diverse range of learning opportunities and volunteer experiences across all our program areas, supporting students in the areas of kinesiology, physical education, recreation, science, nursing, rehabilitation medicine and coaching. Students developed skills, put learning to practice and earned certifications to support their future careers in the area of sport, recreation and fitness.

The Education Advisory Committee, in its second year was active, working to establish key priorities and activities to support the educational opportunities within the Centre. Preparation of the 2017 Adapted Physical Activity Symposium has begun.

VOLUNTEERS

In the 2015-2016 academic year, we supported 261 students in a wide variety of learning experiences across the Centre: volunteer placements, professional practicum placements and community service learning credits. Both undergraduate and graduate students gained valuable learning experiences and in return, created valuable experiences for our participants - contributing to 6648 hours of hands on work within our Centre.

UNDERGRADUATE STUDENTS

Post-secondary students studying in related fields including fields including kinesiology, physical education and recreation received professional practicum placements through The Steadward Centre. Five full time students from the University of Alberta and one full time student from the University of Regina benefited from 14 weeks of applied work experience in Adapted Physical Activity.

COMMUNITY SERVICE LEARNING

As a designated Community Service Learning partner, The Steadward Centre supported 51 students through PEDS 471, PEDS 472, and PSYC 327 classes. A total of 1010 hours were completed by students through Community Service Learning.

CERTIFICATIONS

The Steadward Centre team holds certifications and is certified across a variety of professional provincial and national registering bodies including: Canadian Society for Exercise Physiology (CSEP), Alberta Therapeutic Recreation Association, Alberta Kinesiology Association, National Coaching Certification Program (NCCP), Alberta Fitness and Lifestyle Certification Association (AFLCA) and the Non-violent Crisis Intervention (NVCI) program. Certified Exercise Physiologists (CEP) on staff provided six students with the required amount of hours with a trained CEP for registration with CSEP.

Additionally, two staff received their NCCP Fundamental Movement Skill (FMS) Community Facilitator Training designation, thus providing FMS certifications to 21 student volunteers within the Centre.

DISCOVERY

The Scientific Advisory Committee comprised of researchers from across the Faculty of Physical Education and Recreation (UofA), Faculty of Rehabilitation Science (UofA) and the Glenrose Rehabilitation Hospital met two times this past year. A proposal was set forth to the Faculty of Physical Education and Recreation to allocate .2 FTE of a Faculty appointed position to support in the role of a Research Liaison between the Centre and the Faculty.

The Steadward Centre played host to a variety of research studies over the course of the year, supporting researchers and graduate students with participant recruitment, data collection and knowledge dissemination across a variety of topics in the field of Adapted Physical Activity.

THE CENTRE HAS SUPPORTED IN THE RECRUITMENT OF RESEARCH PARTICIPANTS FOR THE FOLLOWING STUDIES:

University of Toronto and York University – School of Kinesiology and Health Science (Parents role supporting physical activity among children with disabilities)

University of Toronto, York University and Abilities Centre (National Physical Activity Monitoring Study)

University of Alberta – Identifying significant factors in sports wheelchair performance

The Steadward Centre has been actively supporting the following studies:

Dr. Nancy Spencer-Cavaliere – Inclusion in the field(s) of dreams

Dr. Donna Goodwin – Community recreation opportunities: Hidden youth labour

Dr. Donna Goodwin – Setting goals beyond The Steadward Centre: Will the community be ready?

Dr. David Collins – Reducing fatigue of electrically-evoked contractions after spinal cord injury

PUBLICATIONS:


CONFERENCE PRESENTATIONS:


Ebert, A. (2015) Physical literacy for every body. Physical Literacy Summit, Be Fit for Life, Grande Prairie, AB.


Liew, S. (2016). Integrated programmes for children and youth with disabilities: How can we provide? Western Canadian Campus Recreation Conference. Edmonton, AB.

Wheeler, C. (2016). Adapted fitness programs for adults at The Steadward Centre. Western Canadian Campus Recreation Conference. Edmonton, AB.

RESEARCH PRESENTATIONS:

The abstract graphic art represents the five vibrant programs at The Steadward Centre. This artwork will also be painted on the coat wall in the facility.

878 Participants

- 219 Adapted Fitness Programs for Adults
- 131 Athlete Development
- 81 Para-sport
- 81 Community Exercise
- 445 Transition Program
- 28 Functional Electrical Stimulation (FES) Exercise Program
- 28 Free2BMe Physical Activity Programs for Kids and Teens with Disabilities
AdAPTEd FiTNEss PROgRAM FOR AdULTs: Patience and perseverance pays off! After years of anticipation and a few temporary homes, adult participants were welcomed into their brand new facility this spring. Thanks to the generosity of Flaman Fitness, a state of the art fully accessible fitness facility has enhanced the health and wellness of over 200 adult fitness participants. The addition of student floor monitors this past year has enabled the Centre to open its doors over the lunch time period and provide extended drop-in hours for individuals to exercise independently within the facility.

ADAPTED FITNESS PROGRAMS FOR ADULTS: Patience and perseverance pays off! After years of anticipation and a few temporary homes, adult participants were welcomed into their brand new facility this spring. Thanks to the generosity of Flaman Fitness, a state of the art fully accessible fitness facility has enhanced the health and wellness of over 200 adult fitness participants. The addition of student floor monitors this past year has enabled the Centre to open its doors over the lunch time period and provide extended drop-in hours for individuals to exercise independently within the facility.

For some, the new space is a much awaited improvement. Participants like Jeremy Bowers have been coming to The Steadward Centre for decades, seeing the progression of the program through the years. For others who have joined recently, they see it as a welcomed transition.

The most notable changes with the participants are the improved atmosphere, more flexible drop-in times, increased accessibility, and the new equipment. With the reduced distance from the doors to the facility, the adults in the program are now able to focus more of their energy on exercise rather than the commute to and from the previous space.

For Derek Cruz, the new facility has been life-changing. Not only does the new space provide an overall better environment to conduct his physical activity, but the improved accessibility has also made a critical impact on his workout regime. He enjoys being able to take a shower after his workout, which was not possible in the old facility. In fact, he states that the new washroom facilities are even more accessible than in his own home. He also notes the flexibility of the new drop-in times are much more accommodating, not having to worry that we wouldn’t be able to get his exercise in if he was late to his scheduled time slot.

Everyone would agree that the bright windows and spacious new state of the art adapted physical activity facility provides a wonderful atmosphere for participants to conduct their physical activity. As much as the participants are enjoying the new features, they are happy to see the familiar faces of the amazing and supportive staff that every participant speaks to.

“There are always right there to help. It’s really the people that make The Steadward Centre.”

“There’s no judgement, just a fun and inclusive environment.”

A more recent participant, Bob Coyne, joined The Steadward Centre a year ago and has no intentions of transitioning to his neighborhood gym.

“I live in Stony Plain, a forty-five minute drive from The Steadward Centre in good road conditions. There’s a reason why I continue to come three times a week, and look forward to it each time.” - Bob Coyne
ATHLETES IN ACTION:

Six of the 24 Steadward Bears swimmers had an extra eventful year this year, starting off with a trip to Bismarck, USA for the Can/Ams in December 2015. All swimmers qualified to attend the Paralympic Trials in April, and indeed set out for Toronto for a week of swimming April 1, 2016 – April 8, 2016. A significant achievement for the program in only its third year.

BLAIR’S ROAD TO RIO

Blair Nesbitt joined The Steadward Centre’s Athlete Development Program three and a half years ago, facilitated through the sports organization he was involved with. He has noticed substantial improvements in his strength, conditioning and overall wellness, ever since beginning work with the Athlete Development Coordinator – Kirsti Van Dornick – and the staff at The Steadward Centre.

High performance Para-athlete Blair Nesbitt is now heading to Rio for National Goalball to compete in the Paralympic Games at the end of Summer 2016. Goalball is a unique sport designed for athletes who are blind. The objective of the sport is to throw a ball with bells embedded inside, into the opponents’ goal. Athletes use the sound of the bell to judge the location of the ball.

“Kirsti and the staff at The Steadward Centre really care. Kirsti and her staff came out to play goalball to learn more about my sport so they can better create programs specifically for me”, says Blair.

Prior to training with The Steadward Centre, Blair had only worked on strength and body building on his own. Thanks to Kirsti and the staff, he has learned a variety of different workouts that push his boundaries and help him with goalball. They also set him up with a Nutritionist, expanding his knowledge about exercise and nutrition. “The Steadward Centre has helped me become stronger, both mentally and physically”, expresses Blair.

FUNCTIONAL ELECTRICAL STIMULATION (FES)

FUNCTIONAL ELECTRICAL STIMULATION (FES) EXERCISE:

FES cycling continues to grow and evolve under the umbrella of the Centre's provincial wide AltaStim program. FES participants continue to test themselves to the full limits of the equipment—completing interval training, increasing resistance and experimenting with new stimulation parameters. Some individuals have enjoyed the new freedom of choice, with FES cycling available at both Saville Community Sports Centre and now the Don Wheaton YMCA, exercising where one wants, when they want and with whom they want has become a whole lot easier.

FEs YMCA ARTICLE

Beginning in 2015, The Don Wheaton YMCA and The Steadward Centre collaborated to expand the choices available for individuals wanting to access functional electrical stimulation in their communities. As of June 2016 The Don Wheaton YMCA, through the generous donation of Spinal Cord Injury Treatment Centre Society (SCITCS), became the second community recreation facility in Edmonton to receive an FES machine. After staff and participant training, the FES machine was publicly launched on October 26, 2015 and ready for participant use. Through the Community Exercise Transition program, interested participants receive 1:1 training on the FES equipment with a consultant, then progress to using the machine independently.

Deb Bosker, Fitness Coordinator Lead at the YMCA, speaks about one of the participant’s experience with the FES equipment:

“The addition of the FES equipment has been life-changing. One of our female participants have only just started using the equipment, and in a few short months, started feeling sensation in her fingertips. She is now able to straighten her fingers, something she was unable to do before.”

Access to FES cycling now ensures that more people can achieve all of their fitness goals in one place – their community YMCA! The Don Wheaton YMCA and The Steadward Centre are mutually excited to continue seeing more participants utilizing and benefiting from the FES equipment.
Aaron looks forward to “Jump, jump!”, the name he has for the Free2BMe program, all the time. He recognizes the University area and immediately says to his parents “Jump, jump!” each time they are in the neighborhood. Although Aaron doesn’t quite seem to recognize the days of the week yet, he intuitively knows when his Friday session is approaching. He looks forward to his favorite activities “Jump, jump!” (referring to the trampoline), baseball and “Duck, Duck, Goose.”

Aaron’s parents enrolled him into the Free2BMe program in the Fall of 2015. At that time, his mother Maria Parades, was worried about how he would integrate into his Kindergarten classes in the next year. One year later, Aaron can now follow instructions and has even learned his colors! The program is now working with him on learning the letters of the alphabet.

The skills that Aaron has learned through the Free2BMe program have naturally transitioned back into his home environment. Now that he can throw and catch a ball, he is able to play catch with his brothers in the backyard! His parents also note that his listening skills at home have improved since being in the program.

When asked how Free2BMe differs from other physical activity programs Aaron had attended in the past, his parents comment on a few key differences they have experienced. First, they feel the one-on-one time is invaluable for Aaron. Big groups can be overwhelming for him, but the one-on-one attention afforded by Free2BMe really gives Aaron the time and focus to help him learn and grow. Aaron’s parents also commended the structured learning plans that go along with the physical activity. It’s been very exciting for them to see and track Aaron’s growth in the last year. Most importantly, they really enjoy the friendly and inclusive atmosphere Aaron can have fun in.

“Aaron can be himself; He can be free.”

In the Spring of 2016, Aaron was filmed in The Steadward Centre’s Free2BMe video. His parents are very proud to see how far he has come with the Free2BMe program, and look forward to getting a copy of the video to share with their family in the Philippines.
COMMUNITY ENGAGEMENT

The Centre conducted over 50 community workshops, in-services, educational tours and guest lectures over the last year. We estimate that this expands the Centres reach to include an additional 600 professionals and students who have received support from the Centre.

COMMUNITY PRESENTATIONS

Atchison, B. J. (June, 2015). Beat the heat. Exercising safely with multiple sclerosis. MS Society, Edmonton, AB.

Atchison, B. J. (January, 2015). Interview techniques for individuals experiencing disability. Guest Lecture, Faculty of Physical Education and Recreation, PERLS 370, UofA, Edmonton, AB.

Atchison, B. J. (February, 2015). Contraindications to exercise. Guest Lecture, Recreation Therapy Department, Norquest College, Edmonton, AB.


Durocher, S., & Wheeler, C. (November, 2015). MS Clinic In-service. University of Alberta Hospital, Alberta Health Services, Edmonton, AB.

Durocher, S., & Wheeler, C. (February, 2016). Adapted fitness programs for adults at The Steadward Centre. Physiotherapy department, University of Alberta Hospital, Alberta Health Services, Edmonton, AB.

Ebert, A. (June, 2015). Parent panel and lecture. Guest Lecture, EDEL 420, Faculty of Education, UofA, Edmonton, AB.

Ebert, A. (November, 2015). Parent panel. Guest Lecture, PEDS 471, Faculty of Physical Education and Recreation, UofA, Edmonton, AB.

Ebert, A. (November, 2015). Introduction to Free2BMe and interdisciplinary approach to providing for children experiencing disability. Guest Lecture, Faculty of Rehabilitation Science, UofA, Edmonton, AB.


Impola, J. (March, 2016). AIMFREE accessibility audits. Guest Lecture, Faculty of Physical Education and Recreation, PERLS 370, UofA, Edmonton, AB.


Liew, S. (May, 2015). Integrated programming for children and youth with disabilities: How can we provide? St. James Catholic School, Edmonton, AB.

Liew, S., & Impola, J. (November 2015 & March 2016). Community based physical activity and sport opportunities for individuals living with impairment. Panel Discussion, Faculty of Physical Education and Recreation, UofA, PEDS 472, Edmonton, AB.

Van Dornick, K., & Kindrachuk, N. (September, 2015). Athlete Development for Disability Sport. Glenrose Rehabilitation Hospital, Alberta Health Services, Edmonton, AB.


COMMITTEE INVOLVEMENT

Committee | Coordinating Body | TSC Representation
---|---|---
Exercise is Medicine | CSEP | Caitlin Wheeler
PLAY GREAT (Physical Literacy and You - Greater Edmonton) | Edmonton Sports Council | Amanda Ebert & Bronwyn Corrigan
Edmonton’s Interagency Committee on Inclusive Recreation | City of Edmonton | Amanda Ebert, Scott Durocher, Bronwyn Corrigan
Glenrose Rehabilitation Accessibility Committee | Glenrose Rehabilitation Hospital | Bobbi-Jo Atchison
Bridge to Recreation Committee | Glenrose Rehabilitation Hospital & YMCA of Northern Alberta | Amanda Ebert
YMCA Children and Youth Bridging Program Development: Steering Committee | Glenrose Rehabilitation Hospital & YMCA of Northern Alberta | Karen Slater
Community Services Accessibility Committee | City of Edmonton | Bobbi-Jo Atchison
AltaStim Southern Alberta Steering Committee | University of Calgary | Bobbi-Jo Atchison
Alberta FES Interest Committee | Glenrose Rehabilitation Hospital & SCITCS | Bobbi-Jo Atchison

MEDI A

The Steadward Centre found its way to the future by joining in on the social media bandwagon. In addition to receiving a 67% increase in FACEBOOK followers, we introduced a TWITTER handle and INSTAGRAM account to reach more participants, professionals and students.

SOCIAL MEDIA

Facebook - The Steadward Centre for Personal & Physical Achievement
Twitter – @steadwardcentre
Instagram – @thesteadwardcentre

2015-2016 THE STEADWARD CENTRE GOVERNANCE COMMITTEES

MANAGEMENT GROUP
Dr. Kerry Mummery - Dean, Faculty of Physical Education and Recreation
Mr. Lloyd Bentz - Executive Director, Alberta Sport Connection
Judge Bradford Kerby - Chair, The Steadward Society
Ms. Karen Slater - Director, The Steadward Centre

2015-2016 STEADWARD CENTRE SOCIETY
Judge Brad Kirby - President / Chair
Mr. Wallace Whitford - Director / Secretary-Treasurer
Ms. Margaret Conquest - Director
Dr. Dhiren Naidu - Director
Mr. Neil Pierce - Director

SCIENTIFIC ADVISORY COMMITTEE
Dr. Dave Collins - Associate Professor, Faculty of Physical Education and Recreation
Vacant - Representative, The Steadward Centre
Dr. John Andersen - Physiatrist, The Glenrose Rehabilitation Hospital/University of Alberta
Dr. Donna Goodwin - Professor/Associate Dean (Graduate), Faculty of Physical Education and Recreation
Dr. Michael Kennedy - Associate Professor, Faculty of Physical Education and Recreation
Dr. Trish Manns - Associate Professor, Faculty of Rehabilitation Medicine
Dr. Nancy Spencer - Cavadore Assistant Professor, Faculty of Physical Education and Recreation
Ms. Karen Slater - Director, The Steadward Centre

EDUCATION ADVISORY COMMITTEE
Dr. Janice Caugrove Dunn - Associate Dean (Undergraduate), Faculty of Physical Education and Recreation
Vacant - Representative, The Steadward Centre
Ms. Bethe Goldie - Instructor Emeritus, Adapted Physical Activity and Aging, Grande Prairie Regional College
Ms. Stacey Laing - Practicum Supervisor, Faculty of Physical Education and Recreation
Dr. David Legg - Professor, Mount Royal University
Ms. Katherine Mackeigan - Director, Provincial Fitness Unit
Ms. Joanne MacQueen - Manager, Glenrose Rehabilitation Hospital
Ms. Brandi Heather - Instructor, Adapted Physical Education Diploma, Red Deer College
Ms. Karen Slater - Director, The Steadward Centre

2015-2016 PROFESSIONAL PRACTICUM PLACEMENT STUDENTS
Patrick De Montigny (UofA)
Stephanie Knott (UofA)
Haidee Rands (UofA)
Jesse Vander Meulin (UofA)
Celia Michaud (UofR)
Anissa Lukocs (UofA)

2015-2016 STEADWARD CENTRE STAFF
Karen Slater - Director (on leave: September 29, 2015–March 31, 2016)
Bobbi-Jo Atchison - Acting Director (October – March) Community Transition Coordinator (April – October)
Gina Newell - Financial Administrator
Shirley Ewmett - Receptionist (April – November)
Tyler Gerry - Receptionist/ Administrative Support (November – March)
Kirsti Van Dornick - Athlete Development Coordinator
Nathan Kindrachuk - Head Para-Swim Coach
Scott Durocher - AFPA Team Lead
Caitlin Wheeler - AFPA - APA Consultant
Jessica Impola - Community Transition - APA Consultant
Amanda Ebert - Free2BMe Team Lead (April – December)
Bronwyn Corrigan - Free2BMe Team Lead (January – March)
Phil Krol - Free2BMe APA Consultant
Stephanie Liew - Free2BMe APA Consultant
Katherine Hense - APA Instructor
Samantha Chaput - APA Instructor
Harshbir Kang - APA Instructor
Lindsay Tranter - Floor Monitor
Irina Simin - Floor Monitor
Vita Wong - Floor Monitor

FINANCIAL STATEMENT

OPENING BALANCE: $205,667

REVENUE
Program Fees $148,734
GRANTS
Alberta Sport Connection $535,300
Edmonton Oilers Community Foundation $25,000
City of Edmonton $17,500
Edmonton Community Foundation $4,629
University of Alberta Centres & Institutes $2,688

ALBERTA LOTTERY FUND
Casino proceeds $78,629

DONATIONS
Business $26,163
Equipment $75,000
Individuals $9,582

Total Revenue $1,133,516

EXPENSES
Human Resources $857,070
Equipment $90,258
Operations $125,048

Total Expenses $1,072,376

BALANCE: $61,140
THE STEADWARD CENTRE RECOGNIZES THE GENEROUS SUPPORT OF:

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