**CHRTP 500**

**Special Topics: Spirituality, from Contemplation to Action**

Spring Term 2020: May 11-15, M-F, 9am-5pm  
Instructor: Norbert Krumins

Spirituality is a word used by people from diverse backgrounds, theological perspectives, education, religious understandings, and life experience. This introductory course will help students uncover their own understanding of spirituality and how they might integrate it into their personal and professional lives. A variety of contemplative practices in the context of traditional and contemporary literature will be explored.

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