CHRTP 521

Introduction to Art Therapy

Summer Term 2019: JULY 8-12, M-F, 9:00am-5:00pm
Instructor: Micheala Slipp

Art Psychotherapy brings the areas of creativity, spirituality and healing together. This graduate-level course brings you into the Art Therapy studio for both experiential and theoretical learning around the traditions, theoretical approaches, ethics, and history of Art Therapy. Students will be introduced to the spontaneous art therapy approach and have the opportunity to explore directed clinical interventions pertaining to varied populations. The course is intended for self and professional development. This course will be of interest to those studying and working in mental health, spiritual care, counselling, nursing, fine arts and education. Group and individual work, lecture format, readings and assignments integrate course materials in the area of spirituality, psychotherapy, art therapy theory and practice. No art experience required. Materials fee $35.00