Welcome to the International Summer Program at the University of Alberta!

We are pleased to host Summer Program students to enable you to explore the academic resources of the University of Alberta and look forward to sharing with you a rich and diverse experience of Canada.

The International Summer Program has the goal of allowing students to explore topics related to Canadian educational systems, economics, science, technology, and industry. During the program you will have the opportunity to explore our vibrant campus and city, attend lectures and field trips, and engage in cross-cultural learning.

We hope you will take advantage of the opportunities we have prepared for you to meet with our students and professors. I encourage you to ask questions and explore the University and our community. I have no doubt that you will find the next few weeks stimulating, challenging and rewarding.

Thank you for choosing to visit the University of Alberta.

Sincerely,

Doug Weir
Executive Director, Student Programs and Services
Keeping in Touch

Please be sure to check your e-mail account regularly. Program staff will send program updates via e-mail. Important notifications will also be made via the "Announcements" feature in eClass.

Program participants can access the Wi-Fi available on campus, called UWS, using the CCID you have been assigned. For instructions on how to connect to UWS, please visit [here](#).

International Service Centre

The International Service Centre (ISC) is available for participants to use the computers, eat lunch, read the newspaper, visit with friends, and meet with the program staff.

Location: 142 Telus Centre
Hours: 8:00 AM - 4:00 PM Monday to Friday
Accommodation Information

All program participants are accommodated at the Lister Centre Student Residences.

Address: 11613 - 87 Avenue NW
Phone: (780) 492-6056

- Do NOT move any furniture, appliances, etc. in your rooms.
- Each floor includes a lounge with a telephone, cable television, a kitchen and laundry facilities (additional fees apply).
- Lost keys will be subject to a key replacement fee.
- Quiet hours are in effect from 11:00 pm to 7:00 am. Please be respectful of other guests. If you have a few friends in your room remember to not shout or make lots of noise, especially in the evenings.
- Smoking in the room or any damage to the room can be subject to a minimum $150 charge to your credit card and an automatic eviction from the residence.
- Alcoholic beverages are permitted in the privacy of your own room only. Alcoholic beverages are not permitted in common areas.
- Open flames are not permitted in the residence or common areas. Groups and individuals will refrain from lighting candles and incense.
- Groups and individuals will refrain from engaging in any illegal activity while on University of Alberta property.
- Emergency exits are to be used in emergencies ONLY!
Dining Options

All Summer Program participants receive a ONEcard cash card pre-loaded with a meal allowance. You can use the cash card to purchase food at the following places:

In HUB Mall:
- A&W, Beez, Burrito Libre, Chosun Korean Food, Edo Japan, Feta & Olives, Ho Ho Chinese Food, International Fare, Jacket Potato Man, La Pasta, New York Fries, Subway, Teapsy

In the Student’s Union Building (SUB):
- The Daily Grind, Edo Japan, L’Express, Marco’s Famous Mediterranean Grill, OPA Souvlaki, Room At The Top (RATT), Subway, Taco Time, The Under Grind

Other stores on campus you can use your cash card for are:
- Second Cup, Starbucks, Tim Hortons, Booster Juice, vending machines, UAlberta Bookstore, SUBmart

The full list is available [here](#).

Some businesses are closed for the summer. For a list of operating hours, please check [here](#).
Shopping for Groceries

Sobeys
Walking:
- Walk east along 87 Avenue for 650 m
- Turn right onto 112 Street
- Walk south along 112 Street for 450 m; Sobeys is located on the left

Bus:
- Take bus #4 (Capilano), #7 (Downtown), #57 (Old Strathcona), or #94 (Bonnie Doon) for 2 stops
- Walk south along 112 Street for 150 m; Sobeys is located on the left

Safeway
Walking:
- Walk east along 87 Avenue for 850 m
- Turn right onto 111 Street
- Walk south along 111 Street for 700 m
- Turn left onto 82 Avenue
- Walk east along 82 Avenue for 260 m; Safeway is located on the left

Bus:
Take bus #4 (Capilano), #7 (Downtown), #57 (Old Strathcona), or #94 (Bonnie Doon) for 4 stops; Safeway is located on the left
T&T Supermarket

This store has a large selection of Chinese, Japanese, and Korean foods.

Bus:
- Take bus #4 (West Edmonton Mall/Lewis Farms) or #106 (West Edmonton Mall/Lessard) at University Transit Centre
- Get off at West Edmonton Mall Transit Centre
Transit

The Edmonton Transit System (ETS) operates buses and a light rail transit (LRT) train system which you can use to access different parts of the city.

To purchase individual tickets or day passes, you can use the fare vending machines located inside LRT stations. You can also pay for individual tickets in exact change on the bus.

When taking the bus:
Put your money or ticket into the metal and glass box in front of the bus driver and he/she will give you a transfer ticket. The transfer ticket will be valid for 2 hours from the time you get on the bus which can be used for any other bus or train in that time window. Please hold onto this piece of paper to show the next driver.

When taking the train:
You will need to place your ticket face up into an orange machine in the train terminal to validate it. After that, hold onto the ticket as you can use it as a transfer for 2 hours or may be required to show it as proof of payment.

If you have a question, please ask someone. Bus drivers in the city are quite helpful and can tell you when to get off for your stop and individuals will help you if you are confused. If you want to know how to get somewhere or what the bus times are, you can find schedules on takeets.com.
Things to do in Edmonton

West Edmonton Mall
www.wem.ca
The largest shopping mall in North America, home to more than 800 stores and services including nine world-class attractions, two hotels, over 100 dining venues, the widest variety of one-of-a-kind retailers, and entertainment for all ages.

Address 8882 170 Street NW
Hours Mon-Sat 10:00 AM - 9:00 PM
Sun 11:00 AM - 6:00 PM

Art Gallery of Alberta
www.youraga.ca
The gallery features historical and con-temporary paintings, sculptures, installation works and photographs by Canadian and international artists.

Address 100 Street and 102 Avenue NW
Hours Tue-Sun 11:00 AM - 5:00 PM
Wed 11:00 AM - 9:00 PM
Mon Closed
TELUS World of Science  
[www.telusworldofscienceedmonton.ca](http://www.telusworldofscienceedmonton.ca)  
A hands-on space and science museum, with IMAX theatre, planetarium, exhibits and observatory.

**Address**  
11211 142 Street NW

**Hours**  
Fri & Sat  9:00 AM - 8:00 PM  
Sun-Thu  9:00 AM - 5:00 PM

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Muttart Conservatory  
[www.edmonton.ca/muttart](http://www.edmonton.ca/muttart)  
This innovative botanical garden sets the pace for plant science in Western Canada and defines Edmonton’s skyline with striking glass pyramids rising from the river valley.

**Address**  
9626 96A Street NW

**Hours**  
Mon-Wed & Fri  10:00 AM - 5:00 PM  
Wed  11:00 AM - 9:00 PM  
Mon  Closed
City Centre Mall
www.edmontoncitycentre.com
The mall is the downtown destination choice for shopping, dining and enjoying Edmonton’s urban centre. Visit Holt Renfrew for luxury brands, Empire Cinemas for the latest movies, and Lazia for some Canadian cuisine.

Address
10025 102A Avenue NW

Hours
Mon-Wed 10:00 AM - 6:00 PM
Thu-Fri 10:00 AM - 8:00 PM
Sat  10:00 AM - 6:00 PM
Sun  12:00 AM - 5:00 PM

Farmers’ Markets
A Canadian tradition! Local farmers, artisans, and craftspeople gather to sell their products, from fresh fruits and vegetables, to crafts and other goods.

Old Strathcona Farmers’ Market
osfm.ca
Address 10310 83 Avenue NW
Hours Sat  8:00 AM - 3:00 PM

City Market Downtown
city-market.ca
Address 104 Street, between Jasper Avenue & 104 Avenue
Hours Sat  9:00 AM - 3:00 PM
Fun Neighborhoods

**Old Strathcona/Whyte (82nd) Avenue**
The area along 82nd Avenue and between 109th and 95th Street is a well-known district for food, shopping, and festivals. Explore the outdoor art, treat yourself in one of the many spas and salons, familiarize yourself with the local history and connect with nature in Dr. Wilbert McIntyre Park.

**McCauley District (Chinatown & Little Italy)**
The McCauley District of Edmonton boasts more than 250 businesses that create a dynamic, multi-cultural quarter of the city and offers Edmontonians the chance to stay home and experience the world. This section of the city provides residents and visitors alike with the chance to sample wares and taste delicacies from Asia and Africa to Europe and the Middle-East all within walking distance.

Chinatown and Little Italy are located roughly in the area between 105 Avenue/111 Avenue and 101 Street/92 Street.

**Edmonton River Valley**
At 7,400 hectares, Edmonton’s North Saskatchewan River valley is the largest stretch of urban parkland in North America. There are 22 major parks and over 150 kilometres of trails on which you can enjoy walks, bike rides, picnics, snowshoeing, cross-country skiing and more.
Restaurants and Pubs

**Earls Kitchen + Bar** is a sleek, upscale chain serving gourmet burgers, global comfort food, cocktails, wines & beer.
[earls.ca](http://earls.ca) | 8629 112 Street NW

**The Sugarbowl Bar & Café** is a comfy eatery and bar serving many craft beers, breakfast-to-dinner bistro meals and weekend brunch.
[thesugarbowl.org](http://thesugarbowl.org) | 10922 88 Avenue NW

**Highlevel Diner** offers comfort food including burgers, breakfast, and are renowned for their cinnamon buns.
[highleveldiner.com](http://highleveldiner.com) | 10912 88 Avenue NW

**Remedy Café** is a favourite for many UAlberta students with an easygoing atmosphere and great chai tea. There are vegetarian options as well.
[remedycafe.ca](http://remedycafe.ca) | 8631 109 Street NW

**Leva** is a modern, stylish coffeehouse also serving pastries, organic gelato & light bites, including pizza.
[cafeleva.com](http://cafeleva.com) | 11053 86 Avenue NW

**Noorish** serves carefully sourced vegetarian & vegan food, with juices & teas.
[noorish.ca](http://noorish.ca) | 8440 109 Street NW

**Three Boars Eatery** is a rustic-chic spot with a patio serving seasonal sharing plates, craft beer & classic cocktails.
[threeboars.ca](http://threeboars.ca) | 8424 109 Street NW
The Next Act Pub is a casual pub with burgers and a varied beer selection.
nextactpub.com | 8224 104 Street NW

Meat is a bright, contemporary smokehouse with communal tables serving classic BBQ, sides, and drinks.
meatfordinner.com | 8216 104 Street NW

Nudoru ramen bar is Edmonton’s first ramen noodle house with made-in-house ramen. Noodles are made fresh every day, using only 100% Canadian flour and other natural ingredients.
nodoru.ca | 10532 82 Avenue NW
Health and Wellness

Unfortunately, Summer Program participants do not qualify for a UAlberta gym pass due to your short stay here. You are still able to access the facilities on campus for a fee.

The Van Vliet Centre is located on University of Alberta Campus across from the Student’s Union Building. To purchase passes, please go to the Faculty Services Desk, 1-241, located inside of the building. This allows you access to the pool, fitness centre, gymnasium and courts. For more information about the facilities available at the Van Vliet Complex, please visit physedandrec.ualberta.ca/Facilities.

Hanson Fitness and Lifestyle Centre

*Hours*  
Mon-Fri 6:00 AM - 9:00 PM
Sat & Sun 9:00 AM - 4:00 PM

*Rates*  
Drop-in /$9
1 week pass /$27
10x pass /$76
1 month pass /$85
Aquatic Centre

*Hours*
- Mon-Fri: 6:30 AM - 9:00 AM
- 11:00 AM - 1:00 PM
- 4:30 PM - 7:00 PM
- Sat & Sun: 1:30 PM - 4:30 PM

*Rates*
- Drop-in / $4.50
- 1 month pass / $20

Wilson Climbing Centre

*Hours*
- Mon-Fri: 2:00 PM - 10:00 PM
- Sat & Sun: 12:00 PM - 6:00 PM

*Rates*
- Drop-in / $14
- 1 month pass / $100

*Rentals*
- Shoes / $6
- Harness / $3
- Chalk Bag / $3
- Hardware (per piece) / $2
Personal Safety

The University of Alberta campus is a very safe place. Yet, like other communities, we are not immune to crime and must remain constantly aware to ensure our safety and security.

In any situation, your personal safety is our first priority.

In case of an emergency, dial “911” from any telephone (fire, medical, life-threatening situation).

University of Alberta Protective Services, located at 11390 87 Avenue, in the southwest corner of the Education Car Park, is open 25 hours a day, 7 days a week. They can be reached by telephone at (780) 492-5050 to inquire about personal safety, lost and found items or thefts on campus.

During the evening, it’s recommended to walk with a friend or colleague and to stay in well-lit, well-traveled areas. The University of Alberta Students’ Union also offers “Safewalk”, a free service that sends pairs of volunteers to come walk with you to your destination (within 4 blocks of any LRT stop). You can call (780) 492-5563 to request this service.
What to do in an Emergency

In the event of an emergency, please do the following:

1. Remain calm

2. For serious injuries, personal safety concerns or fire call **911**

3. Call VSP staff:
   - Xiao: (780) 492-7923
   - Danielle: (780) 903-9903

4. Information of the nature of the accident or injury should be reported:
   - Exact location of incident
   - Date/time of accident
   - Nature of injury
   - Part of body involved (specific, i.e. right elbow)
   - Describe how the accident occurred
   - Identify acts or conditions which appear as cause
   - List anyone that saw the accident
   - List the treatment given
Hospitals and Pharmacies

The hospital emergency department is for people who are badly injured and in need of emergency medical care (a cut that is bleeding badly, difficulty breathing, etc.).

The nearest hospital with an Emergency Room is:

University of Alberta Hospital
8440 112 Street NW

Students who have a medical question or something such as a bad cough should visit a walk-in medical clinic. Make sure you bring your insurance information and passport with you to the clinic. You will probably need to pay for the clinic visit up front, and seek reimbursement from your insurance company.

Downtown Medicentre
11087 Jasper Avenue NW
• Take the LRT northbound towards Clareview
• Get off at Corona Station and cross Jasper Avenue
• Take bus #1 or #5 west along Jasper Avenue for 7 stops
• The Medicentre is across the street
**Emergencies and Illness**

**Pleasantview Medicentre**
11076 51 Avenue NW

- Take the LRT southbound towards Century Park
- Get off at Southgate Station and cross Jasper Avenue
- Walk north along 111 Street towards 51 Avenue (approx. 300 m)
- Walk east along 51 Avenue for 100 m; the Medicentre is in the parking lot

If you would like to purchase over-the-counter medication such as Aspirin, cough drops, and other items such as personal hygiene products, you can visit a retail pharmacy.

**Shoppers Drug Mart**
10907 82 Avenue NW

From the University:
- Take bus route #4 (Capilano) or #7 (Downtown) from University Transit Centre for 5 stops
- Walk west along 82 Avenue for 110 m
- Shoppers Drug Mart is on the left
Other Program Information

Attendance Policy

Attendance will be taken and recorded during Summer Program events. If you require the University of Alberta to provide your university with a letter confirming the total number of hours you participated in, these attendance hours will be used.

Cell Phone Policy

Please do not use your cell phone during lectures and workshops. We will employ a three strikes policy - if a VSP staff member has to caution you three times throughout the program about cell phone usage during a lecture, your phone will be subject to confiscation during the day.
Workshops

Topics in Global Leadership

Facilitated by Dr. Richard Field, a Professor of Strategic Management and Organization with the Alberta School of Business, this workshop emphasizes leadership, intercultural behaviour, communication, and working in teams. There will be a focus on skill building for students thinking of future studies in Canada.

Learning goals for this workshop include:

- *Business Fundamentals*: The student will become more aware of and appreciative of the nature of organizations, different organizational types such as for-profit, not-for-profit, governmental, and non-governmental
- *Critical Thinking*: Students will be exposed to issues and ideas from the business press and this will help to develop their ability to analyze problems, situations and issues in a clear-minded, rigorous intellectual manner
- *Ethical Awareness*: Students will develop a high degree of awareness of ethical concepts and issues in the world of business and will begin to learn to develop strategies to both recognize and deal with ethical problems
- *Global Awareness*: Students will develop an awareness of the global community in which business operates and how management and business operations are likely to vary between countries and cultures
- *Practical Experience*: Students will develop the ability to apply academic knowledge to their own real-world work situations
Leadership Skills: Students will be encouraged to develop an understanding of leadership roles and skills and how leadership methods may change depending on organizational circumstances.

Problem Solving: Students will be given the opportunity to use problem-solving and decision-making tools to better understand organizational problems and issues.

Dr. Field graduated with his Master of Business Administration from McMaster University in 1976 and went on to his Doctor of Philosophy from the University of Toronto in 1981. He has been teaching at the University of Alberta since 1985.

His many publications, presentations and awards can be found listed in his University of Alberta Curriculum Vitae.
The Expressive Body & Voice

This workshop will allow you to explore and develop your expressive voice.

Using improvisational theatre techniques you will learn skills and strategies that will allow you to present yourself and your ideas to maximum effectiveness in a variety of circumstances to various audiences.

Activities in the seminar include:

- Exercises to enhance physical and vocal expression
- Practical application of the tools of vocal variety designed to enhance clarify
- Practice in a variety of forms of presentation in a multitude of settings
- Practice of a variety of communicative strategies in relevant contexts designed to familiarize participants with the Canadian post-secondary environment
- The importance of active participation in the classroom: what it means and how to contribute

Michele Fleiger (BFA, MFA), trained as an actor, incorporates theatrical principles to assist diverse groups in the development of their ability to communicate effectively with clarity, integrity and openness. She has been a guest instructor and course coordinator in the Department of Drama since 2000 and has also worked for the Faculty of Science, the Department of Medicine and the International Student Centre. She has taught at numerous colleges across Alberta and been invited to present workshops at various conferences and institutions across the country.
Presenter Bios

Rod Loyola

Rod Loyola was elected to the Legislative Assembly of Alberta as the Member for the constituency of Edmonton-Ellerslie on May 5, 2015.

Loyola currently serves as chair of the Standing Committee on Resource Stewardship and as a member of the Standing Committee on Privileges and Elections, Standing Orders and Printing and as a member of the Select Special Ethics and Accountability Committee. Loyola previously served as a member of the Standing Committee on Public Accounts.

Prior to serving with the Legislative Assembly, Loyola had been heavily involved with the University of Alberta, first having completed a Bachelor of Arts in 1999, later becoming employed as an academic program coordinator and student adviser for University of Alberta International. He was then elected President of the Non-Academic Staff Association, the union that represents support staff that work at the University of Alberta.

Loyola’s volunteer and community involvement includes serving in various roles for the Knottwood Community League, as well as on the Post-Secondary Education Task Force for Public Interest Alberta, and on the board of Friends of Medicare.

Loyola has lived in Edmonton for over 35 years and currently resides in Millwoods with wife, Johanna, and their children, Daniel and Alonso.
Dr. Michael Polushin

Michael A. Polushin received his B.A. (Honours) and M.A. degrees from the University of Alberta and his Ph.D. from Tulane University in New Orleans. A fourth generation educator in the Province of Alberta, he is also the recipient of two teaching awards from the University of Alberta, where he has taught for the last ten years. Meanwhile, he has contributed to the development and maintenance of the Homeglen School of One’s innovative advanced literacy and ePublic History programs called Project Y150 YEG-GA and #CSustainable.
Amanda Gould

Amanda Gould, a nehiyaw iskwew (Cree Woman) from Fort McMurray First Nation, with a Bachelor of Arts in Native Studies, currently works in the Office of the Provost assisting with Indigenous initiatives and supporting Indigenous colleagues throughout the University. Gould is a passionate advocate on community-led approaches to gender-based justice, with a long history of involvement around Missing and Murdered Indigenous Women, Girls and Two-spirit folks. She has co-organized the Sisters in Spirit march and vigil in Edmonton through rain, shine, and snow. She is also a fancy dancer, reconnecting and strengthening her heart to spirit every time she dances at powwow and for community. She is a mom, a sister, an auntie to many young people.

You can see some of her current work [here](#).
Nafisa Mahbub

Nafisa Mahbub received her B.Sc. and M.Sc. in Engineering degrees from Bangladesh University of Engineering and Technology and is currently a PHD Candidate in Mechanical Engineering at University of Alberta. A team member of NSERC/Cenovus/Alberta Innovates Associate Industrial Research Chair Program, Nafisa has also published a text in the International Journal of Industrial and Systems Engineering.

Scott Boyce

Scott completed a BSc in Environmental and Conservation Sciences at the University of Alberta in 2009 with a focus in Conservation Biology and Human Dimensions of Environmental Management. After finishing his degree, he began gaining much professional experience in the environmental field and has worked with many protected species including birds, sea turtles, whales, and rattlesnakes. Since 2015, Scott has been a graduate student in the U of A’s Biodiversity and Landscape Modeling Lab where he is currently working on a PhD in Conservation Biology. His research is focused on urban sustainability, the connection between urban systems and the environment, and energy consumption patterns.
Gregory Bounds

Gregory Bounds cma is a professional accountant with over 25 years of experience in the non-profit sector in Edmonton as a Chief Financial Officer and Executive Director. Gregory has served on the finance committee for several non-profit organizations. Currently he is a board member at the Edmonton Heritage Council, the Edmonton Chamber of Voluntary Organizations, and the Star of the North Retreat Centre.

Dr. David Peacock

David Peacock is the Executive Director of the Community Service-Learning Program. David gained his PhD on “Student Equity Policy and Practice” from the University of Queensland in August 2014. David is a dual Australian-Canadian national who was instrumental in the development of the CSL program at the University of Saskatchewan, where he also completed his Master’s thesis on “Transforming Lives through International Community Service-Learning”. He was a founding steering committee member of the Canadian Alliance for Community Service-Learning (CACSL), and also worked as the Service-Learning Coordinator at Queensland University of Technology where he held the role of Community Engaged Learning Coordinator.
Field Trip Locations

Alberta Legislature Building
www.assembly.ab.ca

The Alberta Legislature Building is the meeting place of the Legislative Assembly and the Executive Council, governmental bodies of the province of Alberta.

Fort Edmonton Park
www.fortedmontonpark.ca

Fort Edmonton Park is a living history museum focusing on Edmonton’s early years. The Park represents four distinct time periods, exploring Edmonton’s development from a fur trade post in the vast Northwest, to a booming metropolitan center after the First World War.
Edmonton Waste Management Centre

The Edmonton Waste Management Centre (EWMC) is a unique collection of advanced waste processing and research facilities. Owned and operated by the City of Edmonton, the EWMC is an integral part of Edmonton’s sustainable approach to waste management.

Edmonton Humane Society
www.edmontonhumanesociety.com

The Edmonton Humane Society enriches the lives of people and companion animals through animal sheltering, programs and services, and community engagement.
### Contact Information

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Contact Information</th>
<th>Contact Regarding</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Police, Fire, Ambulance</strong></td>
<td><strong>Emergency Services</strong></td>
<td>911</td>
<td><strong>Safety, medical, and fire emergencies</strong></td>
</tr>
<tr>
<td>University of Alberta Protective Services</td>
<td>Campus Police</td>
<td>(780) 492-5050</td>
<td>Lost and found Reports of theft</td>
</tr>
<tr>
<td>Danielle French</td>
<td>Student Coordinator, International Summer Program</td>
<td>(780) 903-9903</td>
<td>Call the Student Coordinator for assistance anytime between 8:00 AM and 5:00 PM. If you have a medical or safety emergency you can call anytime. Be sure to call 911 first if it is an emergency.</td>
</tr>
<tr>
<td>Xiao Zhang</td>
<td>Cohort Programs Coordinator</td>
<td>(780) 492-7923</td>
<td>Contact with questions about the sessions or to advise of an absence.</td>
</tr>
<tr>
<td>Gretchen Dubois-Phillips</td>
<td>Manager, Visiting Student Programs</td>
<td>(780) 492-7884</td>
<td>Contact if Danielle or Xiao are not available</td>
</tr>
</tbody>
</table>