Greetings, amazing women of the FWC!

At the time of writing this, I am preparing to travel to the States to celebrate US Thanksgiving with family. This has got me thinking about all that I am thankful for in my life and in the Faculty Women’s Club.

I am thankful for the productive fall that we have had. I am thankful for the always delightful Wine and Cheese Registration Event - for the opportunity to gather with friends old and new, for the hard work of the Executive, namely the Program Committee (Marilyn, Cathy, and Jeanette) for planning, Marie and others for staffing the registration table, and VP Lucie and all of the conveners for showing off your groups and signing up members. And I am especially thankful for Frances who catered the event for us.

I am thankful for the Faculty Club and the longstanding relationship we have with them. I am thankful for the new Manager, Brendan Robbins, who sat down with me recently as we planned and scheduled events well into 2020.

I am thankful for the Program Committee for scheduling the tours of the Anne Lambert Clothing & Textiles Collection (Department of Human Ecology). I am really sad to have missed them.

And mostly, I am thankful for the supportive friendships I have made within the FWC. This has been a chaotic fall for me, but I have had the care and support of so many of you - from gracious Past-President Jan who so kindly (and without judgment) informed me when I accidentally booked two events for the same evening, to the women who took me out for girls’ night to help me relax. This organization is more than just a club; it provides an opportunity for enduring friendships to develop and nurture. I am so glad that each and every one of you are a part of this special group of amazing women. I am thankful for you.

I wish you all a very joyous holiday season. Thank you for a wonderful year in the Faculty Women’s Club.

Sincerely,

Rachel

email: president.fwc@gmail.com
Season’s Greetings! from your Executive

Warm wishes for a happy holiday season to all of you. May the coming year be full of peace and joy.

Here are some events to look forward to in 2019!

❖ Winter and Spring 2019 Events ❖

Celebration Coffee Morning

When: Wednesday, February 6, 2019, 10:00 a.m. to 11:30 a.m.
Where: Saskatchewan Room, University of Alberta Faculty Club
Cost: Free

Everyone is welcome to attend this complimentary event, which is held annually to honour and celebrate our members of long standing.

Pay parking is available at the Faculty Club or the Windsor Parking Lot. We will be arranging rides for members who need them, so please let Rachel Frey know as soon as possible if you require – or are willing to provide – a ride. Rachel’s contact information is in the Members’ Directory. Please RSVP directly to her so that she will have an idea of numbers.

The relationship with Parking Services at the University has changed, and we cannot guarantee a reduced rate for parking. Therefore, we encourage carpooling as you are able.
Spring Luncheon

Save the date!

**When:** Wednesday, March 13, 2019, 11:00 a.m. to 2:00 p.m.

**Where:** Papaschase Room, University of Alberta Faculty Club

Enjoy a buffet lunch and a talk by Dr. Billy Strean: *Joy and Well-being*

In a world where many are tired, busy, distracted, and feeling disconnected, Dr. Billy Strean engages and enlivens people. A former three-sport NCAA coach, Billy Strean earned a PhD in sport and exercise psychology from the University of Illinois. He is also a Master Somatic Coach (Strozzi Institute), Registered Yoga, a Certified Laughter Yoga Teacher, and a Certified Professional Co-active Coach. It is precisely this eclectic range of disciplines and fields of study — somatics, yoga, sport psychology, laughter and play, and his 30-plus years of teaching experience — that is the foundation of Dr. Strean’s success both in the classroom as well as outside the classroom as keynote speaker and workshop facilitator.

In 2008, Dr. Strean received the University of Alberta’s Rutherford Award for Excellence in Undergraduate Teaching. In 2011, he was one of ten Canadians selected to join the prestigious 3M National Teaching Fellowship. His current research addresses mindfulness in schools for social and emotional wellness. His audio book, *Humor Me: Lighten Up and Love Life Laughing*, explores the benefits of laughter and humour and how to apply them in daily life. He recently released *For Those Who Dare to Teach*, which takes an autobiographical approach to sharing insights and practical tips for teaching. His forthcoming book, *Alive with Joy* (working title), reveals how to move from disconnection to optimal living. Through his former company, *Exhilarated Performance*, and currently as the Chief Joy Infuser at *Adventures in Joy*, Billy has provided over 500 dynamic presentations across North America to help people to Re-Charge, Re-Connect, Re-Discover.

Watch for the registration form and additional details to come in early 2019.

Best wishes from the FWC Program Committee!
Literary Salon

Call for Submissions!

When: Sunday, March 17, 2019, 3:00 p.m.
Where: Windsor Park Community League Hall

The first Faculty Women’s Club Literary Salon will take place on March 17, 2019 at 3:00 pm at the Windsor Park Community League Hall.

We know that there are many women in the Faculty Women’s Club with hidden or not-so-hidden literary talents. If you have ever published (including self-published) a short story, novel, creative essay, memoir, or poem, and would like your work to be represented at the salon, we would love to hear from you. The salon will provide a friendly venue to present and celebrate the literary achievements of our members, including a selected number of readings from members’ work.

This call for submissions is directed to all and any members of the Faculty Women’s Club who may wish to have their work included. This is the first of what we hope will be regular future literary salons to foster the talents of our Faculty Women’s Club members.

If you think you would like to be part of this exciting event, please contact Christine Forth, convener of the FWC Creative Writing Group, at cforth@telusplanet.net or 780-438-3052 for more information on what we are planning.

Now that you have your new directory, please don’t throw away or recycle your old one. Please SHRED it to maintain the confidentiality and privacy of all members.
Getting to know your new Executive

We are very excited to share a little about some of this year’s new members on our Executive: Lucie Moussu, Vice-President; Jeanette Fedorak, Program Committee; Linda Seale, Secretary; and Sandra Wiebe, Treasurer.

Thanks to these ladies for sharing their time, energy, and gifts with the Club!

Lucie Moussu (Vice-President)

Lucie was born in Paris, France, and grew up in Switzerland. Her family now lives in France, Switzerland, Germany, Canada, and the U.S., making family reunions a bit complicated to organize. After being a piano teacher for a few years, Lucie went to university in the U.S. and got a Ph.D. in Applied Linguistics, which is annoying because most people don’t know what that means. In short, pure linguists study how languages work, and applied linguists study how languages are used and taught. Lucie then worked for a few years in Toronto before joining the University of Alberta and the FWC in 2009. Besides accumulating sky miles on her credit cards, Lucie loves to play the clarinet, to cook French food for her friends, and to meet with the 2.0 group and the Cookbook Club for fun and delicious activities.

Jeanette Fedorak (Program Committee)

Jeanette joined the FWC about four years ago after retiring from the Government of Alberta and undergoing two hip replacements. She belongs to the Afternoon Book Club, Art Gallery group, and the knitting group. She enjoys the friendly people in the Club and the excellent discussions that she shares with other members. This is her first year on the Executive.

Jeanette came to Edmonton in 1972 to attend the University of Alberta, where she completed two degrees, one in Science and one in Law. Her husband retired from the Faculty of Science and is also a University of Alberta graduate, with three degrees! They have one adult daughter, who also graduated from the University of Alberta. We hope that our two grandsons will continue the tradition and also be University of Alberta graduates. They are now four and one year olds.
Linda Seale (Secretary)

Linda has been a member of the FWC since she retired five years ago and enjoys being a member of the Art Gallery Interest Group. She originally came to Edmonton as a graduate student, got her Master's in Library Sciences here and then worked as an academic librarian for nearly thirty years, mostly in Health Sciences, a position she loved and was reluctant to leave. Now she wonders how she ever had time to work, while she volunteers at the Royal Alberta Museum and at the Provincial Archives, as well as being president of her condo board (ask her about building maintenance!), and other commitments and interests including music, film, theatre and the outdoors. Since her daughters live in Yellowknife and Stockholm, she has every excuse to travel, particularly to Sweden to spend time with three grandchildren.

Linda grew up in the northeast of England in a soccer-mad city, which is perhaps why, although she has been a Canadian citizen for many years, she still, alas, does not understand hockey.

Sandra Wiebe (Treasurer)

Sandra has been a member of FWC since 2011. This is her first position on the Executive. She grew up in southern Manitoba, then spent 10 years in the U.S. making a tour of the Midwest as a graduate student (Minnesota), postdoc (Illinois), and research assistant professor (Nebraska), before returning to Canada to take a faculty position in the U of A’s Psychology department. She enjoys travel, food (both making and consuming), reading, and yoga. She is currently co-convenor of the Cookbook Club.
Member News

Lorraine Thirsk and Ray (Business) welcomed their second child on June 27th - Alexander Thomas Hagtvedt. Congratulations!

Convener of our Golf interest group, Bonnie Austen (centre), had the rare opportunity to play at the birthplace of golf in St. Andrew’s, Scotland this past summer.

Privacy Matters
All contact information, including phone numbers, addresses and email addresses, is published in your Members’ Directory, which is mailed out in the fall. PLEASE keep your directory handy, as this is your main source of contact information. In the interests of privacy, we do not publish contact information for our members or Executive Committee.

Please refer to your members’ directory, or you may also contact the President at president.fwc@gmail.com or the Membership Secretary at membership.fwc@gmail.com if you need further information about the club.
2018 Wine and Cheese Registration Event

Ninety-one members attended our annual Wine and Cheese Registration Event at the Faculty Club’s Saskatchewan Room on Tuesday, September 18. Many old and new members met to register for club membership and to sign up for one or more interest groups. We’re so glad so many could attend!

The event was catered by FWC member Frances Z., who donated her time, table decorating flair, and some delicious produce from her own garden. Wine, coffee, and punch were accompanied by an assortment of cheese, crackers, and fruit. Thanks go to Frances and the Program Committee – Cathy, Marilyn, and Jeanette – for all their hard work in organizing this event.
Food, friendship, and fun at the Wine and Cheese Registration Event
Tour of the Anne Lambert Clothing & Textiles Collection
University of Alberta Department of Human Ecology

By Jeanette Fedorak

In early November, two small groups of FWC members enjoyed a tour of the clothing and textiles collection, part of the Department of Human Ecology. The collection is known as the Anne Lambert collection, named after Professor Lambert. There was a morning and an afternoon tour. The afternoon group was fortunate to have Anne Lambert’s husband join us for the tour.

The collection is quite extensive, and it has many areas to see. It includes men and women’s fashions from as early as the 1700s to more modern designs. There is also a section on children’s clothing and items from other areas of the world. The collection is housed in a temperature and humidity controlled environment and uses volunteers as well as the curator for the tours. As there was no charge for the tour, the attending members made a donation to the museum collection.