Dangling the Carrots

Jim Hole (The Enjoy Centre), Darlene Schindel (NSTEP) and Melissa Nilsson (NSTEP) started the Dangling the Carrots program in spring 2016. The program shows schools an easy and inexpensive way to start growing vegetables.

Contact info: DARLENE R. SCHINDEL — EDMONTON NSTEP AMBASSADOR; Email: darlene.schindel@nstep.ca; http://nstep.ca/edmonton-contacts/

The equipment you need:

- Fabric container
- Soil
- Seeds
- Watering supply (hose, watering wand, watering can)
- Fertilizer

The costs

- Costs will vary depending on size of container and associated supplies
- Equipment can be reused the following years
- Estimated costs: about $220 for one outdoor garden container (fabric container, soil, seeds, fertilizer, water)

Success stories from 2017

- Two Edmonton schools participated in 2017 (grades 2 and 5)
- One school only planted carrots the other school planted a variety of vegetables