1. Make sure you know the exact program you were admitted to
On your Bear Tracks landing page, scroll down to the “Admissions” heading and click on “Application Status” to see which program you have received Admission for.

2. What courses should you register in?

**BSc General, Psychology Major:**
Your program outline is available at: uab.ca/SciGeneralDegree. We recommend you register for the junior core requirements in your first year of study. These 100-level courses are normally the pre-requisites for higher level science subjects and can be used towards professional programs.

**BSc Specialization: Psychology**
Locate your program curriculum in our registration guide at uab.ca/ScienceSpecialization. For the Specialization degree you are required to have a course load of at least *24 through the Fall/Winter terms. You must also achieve a minimum 2.3 GPA each year in order to stay in your program and remain in good standing (this is equivalent to a C+ average). Always review the calendar section in the link above in case there are changes.

**BSc Honors: *Psychology***
For admission requirements to *non-direct entry programs, see Admission Chart 7 in the Calendar. Locate your program curriculum in our registration guide at uab.ca/ScienceHonors. For the Honors degree you are required to have a course load of at least *24 through the Fall/Winter terms. You must also achieve a minimum 3.0 GPA each year in order to stay in your program and remain in good standing (this is equivalent to a B average). Always review the calendar section in the link above in case there are changes.

A minimum of *120 normally taken in no more than five consecutive academic years is required to complete the Honors program for the degree of BSc with Honors. Some departments require that an Honors program be completed in four years, others permit five. See individual departments for details.

3. What courses count as options to fulfill your option requirements for your Psychology degree?

- **Arts options:** Courses offered by the Faculty of Arts, these are a diverse range of courses within Humanities, Social Sciences, Fine Arts and Language courses.
- **Science options:** Courses offered by the Faculty of Science.
- **Outside options:** Courses not offered by the Faculty of Science or Arts. These are available to General Science students.
- **Approved (Pool) options:** only apply to Specialization & Honors students. These are normally science courses chosen by your department. See the calendar for your list of choices.
4. Tips for creating your ideal timetable.

Create a balanced timetable. Do not register for more than three lab based courses per term as you will have lab assignments and exams in addition to regular course work.

Do not register for a course if you do not have the pre-requisite. Students without the appropriate pre-requisites will be removed from the course. Make sure to read the course description before you register in a course on Bear Tracks.

The class you want is full: If a class is full simply place the class on your watch list (found on Bear Tracks). You will be notified via email or text message when a spot becomes available in the class.

Succeed from the start. If you have questions about how to tackle a paper, report, or exam, how to study or take notes, how to plan your term, or manage a course project, visit the Academic Success Centre.

5. Preparing for your degree in Psychology

Biology 30 is required. Having a background in Biology is required to succeed in the first year PSYCO 104 course. Math 30-1 is recommended to succeed in your first year STAT course. STAT 151 is a pre-requisite for many 200 level PSYCO courses. Take STAT in first year to be able to align things properly for second year PSYCO courses.

PSYCO 104/105 labs will not be scheduled in your timetable. Instead, you will be asked to volunteer as participants in various research projects that are happening on campus. In the first 2 weeks of your 104/105 lecture sections, you will be given all necessary information about available research participation and how to sign up. For full participation marks you will need to sign up for at least 5 research involvements.

Psychology offers lots of unique special topics courses in upper years. The Department offers many unique special topics courses (limited enrolment) in later years, as well as a list differentiating between the offered Arts and Science Psychology courses.

6. Additional assistance

• Honors and Specialization students have their own departmental advisors, please contact them for any questions related to your program: science.ualberta.ca/deptadvisors
• Degree assessments and planning for BSc General students are completed through Student Services: advisor.science@ualberta.ca
• See the Science online step-by-step registration guide: uab.ca/afteryouapply
• For all questions relating to psychology courses or registration issues, please email the Department: psyscience@ualberta.ca

For additional questions contact a Faculty Recruiter at science.recruiting@ualberta.ca (while we will not register you in courses, we would be happy to provide assistance and answer your questions).